The Effects of Heart Disease

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Abstract

• Physical: The physical risks and complications for contracting cardiovascular disease and how to prevent it.
• Social: Being social with the patient is a good way to lead the patient to the right path of recovery whereas if the patient had some family problems and had no family to comfort them.
• Emotional: The family is affected as well as the patient and I will be discussing how they act and feel before the surgeries of their child/family members and after the surgery.

Key Points

• The need for social interaction regarding the patient (having support versus not having support).
• How families are affected when surgery becomes an option.
• Risk factors for cardiovascular disease.

Conclusion & Discussion:

Discussion of the causes and effects in contracting cardiovascular disease helps the audience become more aware that anyone can get it, and that they need to be careful. Patients can’t just sit in a bed all day, they need a social crutch as well as an emotional one and family is a great outlet for the patient to have. Families also are put through hard times when they have to help decide what happens to their family member in things like surgery, and how the family acts is an important effect caused by cardiovascular disease.

Works Cited

"CDC - Number of Persons with Heart Disease or Stroke by Condition - Cardiovascular Disease - Data & Trends - Diabetes DHT." RefGrab. 4/17/2014 <http://www.cdc.gov/diabetes/statistics/cvd_data.htm>.