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# Well-Being in Rural Nebraska: 2005 Nebraska Rural Poll Results 

Rebecca J. Vogt<br>Center for Applied Rural Innovation, University of Nebraska-Lincoln, rvogt2@unl.edu<br>Randolph L. Cantrell<br>Nebraska Rural Initiative, University of Nebraska-Lincoln, rcantrell1@unl.edu<br>Bruce B. Johnson<br>University of Nebraska-Lincoln, bjohnson2@unl.edu<br>Alan Tomkins<br>University of Nebraska, atomkins@nebraska.edu

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## A Research Report*

Well-Being in Rural Nebraska

2005 Nebraska Rural Poll Results

Rebecca J. Vogt
Randolph L. Cantrell
Bruce B. Johnson
Alan J. Tomkins

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Phone: 515.288.4431, FAX: 515.243.1979
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## Executive Summary

Nebraska's economy has begun to improve during recent years. How have these changes affected rural Nebraskans? How do rural Nebraskans perceive their quality of life? Do their perceptions differ by community size, the region in which they live, or their occupation? Who do they feel comfortable talking to about their personal problems? What factors are most important to rural Nebraskans when selecting a behavioral health service provider?

This report details 2,851 responses to the 2005 Nebraska Rural Poll, the tenth annual effort to understand rural Nebraskans' perceptions. Respondents were asked a series of questions regarding their individual well-being. Trends for these questions are examined by comparing data from the nine previous polls to this year's results. In addition, comparisons are made among different respondent subgroups, that is, comparisons by age, occupation, region, etc. Based on these analyses, some key findings emerged:

- Rural Nebraskans' views about their current situation did not change much from last year. This year, 39 percent believe they are better off then they were five years ago, compared to 36 percent in 2004. The percent saying they are worse off then they were five years ago decreased from 23 percent to 18 percent. This year, 43 percent say they remained about the same, compared to 41 percent last year.
- When looking to the future, rural Nebraskans' views remained about the same as last year. The proportion believing they will be better off ten years from now remained the same as last year (37\%). This year, 21 percent think they will be worse off, compared to 23 percent last year. Forty-two percent state they will be about the same, compared to 41 percent last year.
- Manual laborers and persons with service occupations are more pessimistic about their future situation than persons with different occupations. Approximately 26 percent of manual laborers and persons with service occupations believe they will be worse off ten years from now. Approximately 11 percent of persons with either sales or professional occupations share this opinion.
- Persons with lower educational levels are more likely than persons with more education to believe that people are powerless to control their own lives. Forty-two percent of persons with a high school diploma or less education agree that people are powerless to control their own lives. However, only 17 percent of persons with a four-year college degree share this opinion.
- Rural Nebraskans generally report being satisfied with most aspects of their lives, with the exception of five economic variables (their financial security during retirement, their current income level, their job opportunities, their job security and their job satisfaction).
- Younger persons are more likely than older persons to express dissatisfaction with their current income level. Fifty-five percent of persons age 19 to 29 are dissatisfied with their current income level. In comparison, only 30 percent of persons age 65 and older are dissatisfied with their current income.
- Rural Nebraskans are most comfortable talking to a family member, a close friend, a medical doctor or a member of the clergy about their personal problems. At least onehalf report they are comfortable talking to the following people about their personal problems: family member (82\%), close friend (79\%), a medical doctor (70\%) and a member of the clergy (61\%). When asked about their comfort level in talking to either a mental health professional or a substance abuse counselor, a significant proportion of the respondents answered "no opinion."
- The most important factors in selecting a behavioral health service provider for rural Nebraskans include: the provider is licensed, the provider is covered by a third-party payer and that the provider is close to their home. The proportion rating the factors as important are as follows: provider is licensed (79\%), provider is covered by a third-party payer (e.g., insurance, vouchers, Medicare, Medicaid) (75\%) and the provider is close to my home (66\%).


## Introduction

Nebraska has experienced some economic growth during the past year. The state has seen growth in the number of jobs and in net taxable retail sales. However, the percent increase in total personal income (4.4\% in 2004) was lower than the national growth rate. Thus, a steady and slow growth pattern is expected to continue in the future. ${ }^{1}$

Given these changes, how do rural Nebraskans believe they are doing and how do they view their future? Have these views changed over the past ten years? How satisfied are they with various items that influence their well-being? Who do they feel comfortable talking to about their personal problems? What factors are most important to rural Nebraskans when selecting a behavioral health service provider? This paper addresses these questions.

The 2005 Nebraska Rural Poll is the tenth annual effort to understand rural Nebraskans' perceptions. Respondents were asked a series of questions about their general well-being. Trends for these questions will be examined by comparing the data from the nine previous polls to this year's results. In addition, some new questions related to behavioral health services were asked this year.

## Methodology and Respondent Profile

This study is based on 2,851 responses from

[^1]Nebraskans living in the 84 non-metropolitan counties in the state. A self-administered questionnaire was mailed in February and March to approximately 6,250 randomly selected households. Metropolitan counties not included in the sample were Cass, Dakota, Dixon, Douglas, Lancaster, Sarpy, Saunders, Seward and Washington. The 14page questionnaire included questions pertaining to well-being, community, work, the past ten years, housing and alternative energy sources. This paper reports only results from the well-being portion of the survey.

A $46 \%$ response rate was achieved using the total design method (Dillman, 1978). The sequence of steps used follow:

1. A pre-notification letter was sent requesting participation in the study.
2. The questionnaire was mailed with an informal letter signed by the project director approximately seven days later.
3. A reminder postcard was sent to the entire sample approximately seven days after the questionnaire had been sent.
4. Those who had not yet responded within approximately 14 days of the original mailing were sent a replacement questionnaire.

The average age of respondents is 56 years. Seventy-one percent are married (Appendix Table $1^{2}$ ) and sixty-eight percent live within

[^2]the city limits of a town or village. On average, respondents have lived in Nebraska 47 years and have lived in their current community 31 years. Fifty-two percent are living in or near towns or villages with populations less than 5,000. Ninety-four percent have attained at least a high school diploma.

Fifty-four percent of the respondents report their 2004 approximate household income from all sources, before taxes, as below $\$ 40,000$. Thirty-three percent report incomes over \$50,000.

Seventy percent were employed in 2004 on a full-time, part-time, or seasonal basis. Twenty-five percent are retired. Thirty-four percent of those employed reported working in a professional, technical or administrative occupation. Fourteen percent indicated they were farmers or ranchers. The employed respondents who do not work in their home or their nearest community reported having to drive an average of 33 miles, one way, to their primary job.

## Trends in Well-Being (1996-2005)

Comparisons are made between the wellbeing data collected this year to the nine previous studies. These comparisons begin to show a clearer picture of the trends emerging in the well-being of rural Nebraskans. It is important to keep in mind

[^3]when viewing these comparisons that these were independent samples (the same people were not surveyed each year).

## General Well-Being

To examine perceptions of general wellbeing, respondents were asked four questions.

1. "All things considered, do you think you are better or worse off than you were five years ago?" (Answer categories were worse off, about the same, or better off).
2. "All things considered, do you think you are better or worse off than your parents when they were your age?"
3. "All things considered, do you think you will be better or worse off ten years from now than you are today?"
4. "Do you agree or disagree with the following statement? Life has changed so much in our modern world that most people are powerless to control their own lives."

Rural Nebraskans’ views about their current situation did not change much from last year. This year, 39 percent believe they are better off than they were five years ago, compared to 36 percent in 2004 (Figure 1). The percent saying they are worse off than they were five years ago decreased from 23 percent to 18 percent. This year, 43 percent of the respondents say they remained about the same, compared to 41 percent last year.

When examining the trends over the past ten years, rural Nebraskans have generally given positive reviews about their current situation. Approximately 36 percent each year have reported that they were better off than they were five years ago. However, there were two noticeable declines that occurred in 2001

Figure 1. Well-Being Compared to Five Years Ago: 1996-2005

and 2003. The proportion stating they were worse off than five years ago decreased between 1996 and 1998 (from 26\% to 15\%), increased to 21 percent in 1999, decreased to 16 percent in 2000, steadily increased to 30 percent in 2003 and then declined to 18 percent this year. The proportion believing they are about the same has generally remained fairly steady around 44 percent since 1998. It did increase to 49 percent, though, in 2001.

When asked to compare themselves to their parents when they were their age, the proportion stating they are better off has remained fairly constant over the ten year period (Figure 2). Similarly, the proportion feeling they are worse off than their parents has remained steady during this period.

When looking to the future, respondents' views remained about the same as last year.

Figure 2. Well-Being Compared to Parents: 1996-2005


The proportion believing they will be better off ten years from now remained the same as last year (37\%) (Figure 3). This year, 21 percent think they will be worse off, compared to 23 percent last year. The proportion stating they will be about the same was 42 percent, compared to 41 percent last year.

When examining the responses over all ten years, the proportion stating they will be better off ten years from now has generally remained about 36 percent. One exception to this general pattern occurred in 1998 when 42 percent of the respondents felt they would be better off in the future. And, in 2003 the proportion fell to 31 percent, the lowest of all ten years. The proportion of respondents stating they will be worse off ten years from now decreased from 31 percent in 1996 to 16

percent in 1998. This proportion then remained around 20 percent from 1999 to 2002. It then increased to 26 percent in 2003 and steadily declined to 21 percent this year.

In addition to asking about general wellbeing, rural Nebraskans were asked about the amount of control they feel they have over their lives. To measure this, respondents were asked the extent to which they agreed or disagreed with the following statement:
"Life has changed so much in our modern world that most people are powerless to control their own lives."

Responses to this question were virtually unchanged from last year. This year, 32 percent strongly agree or agree with the

Figure 4. "...People are
Powerless to Control Their Lives": 1996-2005

———Strongly agree or agree

- 1 - - Undecided
-     - Strongly disagree or disagree
statement that people are powerless to control their lives, basically the same as last year (Figure 4). The proportion strongly disagreeing or disagreeing with the statement was 51 percent this year, compared to 53 percent last year.

When viewing the responses over all ten years, they have remained fairly consistent. The proportion who either strongly disagree or disagree with the statement has remained approximately 53 percent each year, with slight deviations from this average. Similarly, the proportion that either strongly agree or agree with the statement each year has hovered around 34 percent. The proportion of those who were undecided each year has remained fairly constant, although it increased slightly this year.

## Satisfaction with Specific Aspects of Life

Each year, respondents were also given a list of items that can affect their well-being and were asked to indicate how satisfied they were with each using a five-point scale ( $1=$ very dissatisfied, $5=$ very satisfied). They were also given the option of checking a box to denote "does not apply."

This same question was asked in the nine previous polls, but the list of items was not
identical each year. Table 1 shows the proportions "very satisfied" with each item for each study period.

The rank ordering of the items has remained relatively stable over the years. In addition, the proportion of respondents stating they were "very satisfied" with each item also has been fairly consistent over the years, particularly between 1997 and 2002. All of the proportions in 2003 were slightly lower than previous years. However, most

Table 1. Proportions of Respondents "Very Satisfied" with Each Factor, 1996-2005.*

| Item | 1996 | 1997 | 1998 | 1999 | 2000 | 2001 | 2002 | 2003 | 2004 | 2005 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Your marriage | NA | NA | 67 | 71 | 71 | 73 | 72 | 68 | 71 | 68 |
| Your family | 51 | 62 | 62 | 58 | 62 | 56 | 57 | 53 | 56 | 51 |
| Your religion/spirituality | 42 | 48 | 48 | 46 | 51 | 50 | 49 | 46 | 45 | 42 |
| Your friends | 37 | 47 | 47 | 46 | 48 | 46 | 47 | 44 | 45 | 40 |
| Greenery and open space | NA | NA | 52 | 52 | 46 | 47 | 50 | 37 | 42 | 38 |
| Your housing | NA | 34 | 35 | 39 | 38 | 38 | 39 | 34 | 36 | 33 |
| Clean air | NA | NA | NA | NA | 38 | 41 | 43 | 33 | 37 | 32 |
| Clean water | NA | NA | NA | NA | 34 | 38 | 40 | 33 | 35 | 30 |
| Your spare time** | 13 | NA | 29 | 30 | 32 | 31 | 32 | 30 | 30 | 27 |
| Your education | 24 | 27 | 28 | 28 | 28 | 28 | 31 | 27 | 29 | 23 |
| Your job satisfaction | 22 | 25 | 24 | 25 | 24 | 24 | 28 | 22 | 27 | 23 |
| Your job security | 19 | 24 | 25 | 24 | 27 | 26 | 28 | 21 | 26 | 22 |
| Your health | 26 | 34 | 29 | 29 | 28 | 27 | 27 | 25 | 25 | 20 |
| Your community | 17 | 20 | 16 | 19 | 17 | 20 | 17 | 16 | 17 | 15 |
| Job opportunities for you | 10 | 12 | 11 | 12 | 11 | 11 | 13 | 11 | 12 | 11 |
| Your current income level | 12 | 15 | 12 | 12 | 12 | 12 | 12 | 11 | 12 | 11 |
| Financial security during retirement | 10 | 14 | 10 | 11 | 10 | 10 | 10 | 7 | 9 | 9 |

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proportions increased again last year and then declined again this year. The larger decreases occurred this year with the following items: their family, their friends, clean air, clean water, their education, and their health.

Family, spirituality, friends, and the outdoors continue to be items given high satisfaction ratings by respondents. On the other hand, respondents continue to be less satisfied with job opportunities, current income level, and financial security during retirement.

## General Well-Being by Subgroups

In this section, 2005 data on the four general measures of well-being are analyzed and reported for the region in which the respondent lives, by the size of their community, and for various individual characteristics (Appendix Table 2).

Younger persons are more likely than older persons to believe they are better off compared to five years ago and will be better off ten years from now. Eighty-two percent of persons age 19 to 29 feel they will be better off ten years from now. However, only 12 percent of persons age 65 and older share this opinion. Both the oldest respondents and the youngest respondents are the groups most likely to believe they are better off compared to their parents when they were their age.

Persons with the highest household incomes are more likely than persons with lower incomes to feel they are better off compared to five years ago, are better off compared to their parents when they were their age, and will be better off ten years from now. For example, 65 percent of respondents with
household incomes of $\$ 60,000$ or more think they are better off compared to five years ago. However, only 18 percent of respondents with household incomes under $\$ 20,000$ believe they are better off than they were five years ago.

Persons with higher educational levels are more likely than persons with less education to think they are better off compared to five years ago, are better off compared to their parents when they were their age, and will be better off ten years from now. Fifty-six percent of respondents with at least a fouryear college degree believe they are better off than they were five years ago. Only 27 percent of persons with a high school diploma or less education share this optimism.

Males are more likely than females to think they are better off compared to five years ago and will be better off ten years from now. Females are more likely than males to answer "about the same" to those two questions.

When comparing the marital groups, respondents who have never married are the group most likely to believe they are better off than five years ago and will be better off ten years from now. The widowed respondents are most likely to believe they are better off compared to their parents when they were their age.

Respondents with professional occupations are more likely than persons with other types of occupations to believe they are better off compared to five years ago. Sixty percent of persons with professional occupations believe they are better off compared to five years ago, compared to only 30 percent of manual laborers. Persons with sales
occupations and persons with professional occupations are the groups most likely to think they will be better off ten years from now. Approximately 26 percent of manual laborers and persons with service occupations believe they will be worse off ten years from now (Figure 5). As was the case when asked about their future, persons with sales or professional occupations are the groups most likely to say they are better off compared to their parents when they were their age.

Persons living in or near larger communities are more likely than persons living in or near the smallest communities to believe they are better off compared to their parents when they were their age.

The respondents were also asked if they believe people are powerless to control their own lives. Thirty-two percent either strongly agree or agree that people are powerless to control their own lives (see Figure 4). Seventeen percent are undecided and 51 percent either strongly disagree or disagree.

When analyzing the responses by region,
community size, and various individual attributes, many differences emerge (Appendix Table 3). Persons with lower educational levels are more likely than persons with more education to believe that people are powerless to control their own lives. Forty-two percent of persons with a high school diploma or less agree that people are powerless to control their own lives (Figure 6). However, only 17 percent of persons with a four-year college degree share this opinion.

Persons with lower household incomes are more likely than persons with higher incomes to agree with the statement. Forty-eight percent of persons with household incomes under $\$ 20,000$ believe people are powerless to control their own lives, compared to 19 percent of persons with household incomes of $\$ 60,000$ or more.

Older persons are more likely than younger persons to believe people are powerless to control their own lives. Thirty-nine percent of persons age 65 and older agree with this statement. However, only 18 percent of persons age 19 to 29 think people are powerless to control their own lives.


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The marital status and gender groups most likely to believe people are powerless are widowed respondents and females. When comparing responses by occupation, persons with professional occupations are the group least likely to agree with the statement.

## Specific Aspects of Well-Being by Subgroups

The respondents were given a list of items that may influence their well-being and were asked to rate their satisfaction with each. The complete ratings for each item are listed in Appendix Table 4. At least one-third of respondents are very satisfied with their family (50\%), their marriage (47\%), their religion/spirituality (42\%), their friends (39\%), greenery and open space (38\%), and their housing (33\%). Items receiving the highest proportion of very dissatisfied responses include: financial security during
retirement (21\%), current income level (14\%), and job opportunities for you (10\%).

The top ten items people are dissatisfied with (determined by the largest proportions of "very dissatisfied" and "dissatisfied" responses) will now be examined in more detail by looking at how the different demographic subgroups view each item. These comparisons are shown in Appendix Table 5.

Respondents' satisfaction levels with both their financial security during retirement as well as their current income level differ by most of the individual characteristics examined. Persons with lower household incomes are more likely than persons with higher incomes to be dissatisfied with both of these items. Fifty-nine percent of persons with household incomes under $\$ 20,000$ report being dissatisfied with their current income level, compared to only 21 percent of persons with household incomes of $\$ 60,000$ or more.

Respondents who are divorced or separated are the marital group most likely to be dissatisfied with both their financial security during retirement and their current income level. Sixty-four percent of divorced/ separated respondents are dissatisfied with their financial security during retirement, compared to only 38 percent of widowed respondents.

Persons without a four year college degree are more likely than persons with at least a four year degree to be dissatisfied with both of these items. When comparing the age groups, persons between the ages of 30 and 64 are the groups most likely to be dissatisfied with financial security during
retirement. The youngest persons (age 19 to 29) are the group most likely to express dissatisfaction with their current income level. Over one-half (55\%) of the persons age 19 to 29 are dissatisfied with their current income level (Figure 7).

The manual laborers, skilled laborers and persons with service occupations are the occupation groups most likely to be dissatisfied with their financial security during retirement. At least sixty percent of these groups report being dissatisfied with their financial security during retirement, compared to only 47 percent of persons with professional occupations. Persons with administrative support positions are the group most likely to be dissatisfied with their current income level. Fifty-two percent of persons with these types of positions are dissatisfied with their current income, compared to 31 percent of persons with professional occupations.

Persons with lower household incomes are more likely than persons with higher incomes to be dissatisfied with their job,

their job security and their job opportunities. Fifty-one percent of persons with household incomes under $\$ 20,000$ are dissatisfied with their job opportunities, compared to 28 percent of persons with household incomes of $\$ 60,000$ or more.

Persons who are divorced/separated are the marital group most likely to express dissatisfaction with these three job-related items (job satisfaction, job security and job opportunities). As an example, 28 percent of divorced/separated persons are dissatisfied with their job security, compared to 18 percent of all other marital groups. Persons who have never married are also more likely than the other marital groups to express dissatisfaction with their job.

Younger persons are more likely than older persons to be dissatisfied with these jobrelated items. Forty-six percent of persons age 19 to 29 report being dissatisfied with their job opportunities, compared to 24 percent of persons age 65 and older.

Persons with a four year college degree are the education group least likely to express dissatisfaction with their job opportunities and their job. This group is also most likely to report being satisfied with their job security.

Females are more likely than males to report dissatisfaction with their job opportunities. Forty-four percent of females are dissatisfied with the job opportunities for them, compared to 35 percent of males.

When comparing responses by occupation, persons with administrative support positions are the group most likely to express dissatisfaction with their job opportunities.

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Fifty-two percent of persons with this type of position are dissatisfied with their job opportunities, compared to 27 percent of farmers and ranchers. Manual laborers, though, are the group most likely to report being dissatisfied with their job. Twenty-six percent of manual laborers are dissatisfied with their job, compared to 11 percent of farmers and ranchers. And, farmers and ranchers are the occupation group least likely to express dissatisfaction with their job security.

Younger persons are more likely than older persons to express dissatisfaction with their spare time. Thirty-six percent of persons between the ages of 19 and 29 report being dissatisfied with their spare time, compared to only five percent of persons age 65 and older.

Other groups most likely to be dissatisfied with their spare time include: persons with higher household incomes, respondents with at least some college education, both divorced/separated respondents and persons who have never married and persons with administrative support positions.

Satisfaction with their health differed by five characteristics: income, age, education, marital status and occupation. The groups most likely to report being dissatisfied with their health are: persons with the lowest household incomes, older respondents, persons without a four year college degree, both divorced/separated and widowed respondents and both manual laborers and persons with administrative support positions.

Persons with both administrative support and service positions are the occupation groups
most likely to express dissatisfaction with their community. Approximately 24 percent of these groups are dissatisfied with their community, compared to 14 percent of the farmers and ranchers.

Divorced/separated respondents are the marital group most likely to be dissatisfied with their community. Twenty-six percent of these respondents are dissatisfied with their community, compared to only eight percent of widowed respondents.

Persons under the age of 64 are more likely than older persons to report dissatisfaction with their community. Persons living in or near communities with populations ranging from 500 to 999 are the community size group most likely to be satisfied with their community. And, persons with at least a four year college degree are the education group most likely to report being satisfied with their community.

Persons living in or near communities with populations ranging from 5,000 to 9,999 are more likely than persons living in communities of different sizes to express dissatisfaction with clean water. Twentyfour percent of persons living in or near communities of this size are dissatisfied with clean water. Only 14 percent of persons living in or near communities with populations less than 5,000 share this opinion.

Other groups most likely to express dissatisfaction with clean water include: persons under the age of 64 , females, persons with only some college education, persons who are divorced or separated and persons with service occupations. Persons with the highest household incomes are more likely
than persons with lower incomes to report being satisfied with clean water.

The groups most likely to be dissatisfied with their education are: younger respondents, persons without a four year college degree, divorced/separated respondents and persons with sales occupations. Persons with the highest household incomes are more likely than persons with lower incomes to express satisfaction with their education.

## Behavioral Health Services

Finally, the respondents were asked two questions relating to behavioral health services. They were first asked to what extent they feel comfortable talking to various people about personal problems. They were given a five-point scale that ranged from "not at all" to "very comfortable."

At least one-half of rural Nebraskans report they are comfortable talking to the following
people about their personal problems: family member (82\%), close friend (79\%), a medical doctor ( $70 \%$ ) and a member of the clergy (61\%) (Figure 8). When asked about their comfort level in talking to either a mental health professional or a substance abuse counselor, a significant proportion of the respondents answered "no opinion."

The responses to this question are analyzed by region, community size and various individual attributes (Appendix Table 6). Many differences emerge.

Older persons are more likely than younger persons to be comfortable talking to a medical doctor about their personal problems. Seventy-eight percent of persons age 65 and older report being comfortable talking to a medical doctor about personal problems, compared to 61 percent of persons age 19 to 29 .

Other groups most likely to be comfortable talking to a medical doctor about their personal problems include widowed persons


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and persons with sales occupations. Females, persons living in the Panhandle (see Appendix Figure 1 for counties included in each region), and persons with at least some college education are the gender, region, and education groups most likely to report being uncomfortable talking to a medical doctor about their personal problems.

The groups most likely to report being comfortable talking to a mental health professional about their personal problems include: younger persons, persons with higher education levels, divorced/separated persons and persons with professional occupations.

Younger persons, persons with the highest education levels and divorced/separated persons are the groups most likely to feel comfortable talking to a substance abuse counselor about their personal problems.

The groups most likely to feel comfortable talking to a teacher about their personal problems include: younger persons, persons with higher incomes, males, persons with higher education levels and both married persons and persons who have never married.

Persons with higher incomes and both widowed and married persons are the groups most likely to feel comfortable talking to a family member about their personal problems. Younger persons, females and persons with higher education levels are the groups most likely to feel comfortable talking to a close friend.

Older persons are more likely than younger persons to report being comfortable talking
about personal problems to a member of the clergy. Sixty-seven percent of persons age 65 and older are comfortable talking about these issues with a member of the clergy, compared to 45 percent of persons age 19 to 29. Other groups most likely to feel comfortable talking about personal problems to a member of the clergy include persons with higher education levels and widowed persons.

The groups most likely to feel comfortable talking to a work colleague or supervisor about personal problems include: persons with higher household incomes, younger persons, males, persons with higher education levels and persons with professional occupations. Widowed persons are the marital group least likely to report being comfortable talking to a work colleague or supervisor. When comparing responses by community size, persons living in or near communities with populations ranging from 500 to 999 are the group least likely to report being comfortable talking about their personal problems to a work colleague or supervisor.

Finally, respondents were asked about the importance of several factors in selecting a behavioral health service provider. The exact question wording was, "In the event that you might need mental health, substance abuse or addiction services, rate how important the following factors would be to you in selecting a service provider." The respondents were given a five-point scale that ranged from "very unimportant" to "very important."

The two most important factors in selecting a service provider include the provider being licensed (79\%) and that the provider is

covered by a third-party payer (e.g., insurance, vouchers, Medicare, Medicaid) (75\%) (Figure 9).

The importance that respondents' place on these factors are examined by region, community size and various individual attributes (Appendix Table 7). Many differences are detected.

Younger persons are more likely than older persons to say that the provider being licensed is an important factor. Ninety-two percent of persons age 19 to 29 say this factor is important, compared to 72 percent of persons age 65 and older.

Other groups most likely to rate being licensed as an important factor include: persons with the highest incomes, females, persons with the highest education levels and persons who have never married. Farmers and ranchers are the occupation group least likely to rate this factor as important.

The groups most likely to rate the provider being covered by a third-party payer as an important factor include: persons living in or
near the larger communities, persons with higher incomes, younger persons, females, persons with higher education levels and persons with administrative support positions.

The following groups are most likely to say having a service provider with spiritual beliefs like theirs is important: females, both married and widowed persons and both farmers and ranchers and persons with professional occupations. The youngest respondents are the age group least likely to rate this factor as being important.

The groups most likely to rate having a service provider that is part of a faith-based organization as being important include: females, persons with higher education levels and both persons age 40 to 49 and persons age 65 and older. Persons with higher incomes are more likely than persons with lower incomes to rate this factor as being unimportant.

Having a provider close to their home is most important for the following groups: younger persons, females and persons with higher
education levels. The occupation groups least likely to rate this factor as important include persons with sales occupations and farmers and ranchers.

## Conclusion

Rural Nebraskans’ views about their current and future situation remained about the same as last year. No noticeable changes are detected when asked how they are compared to five years ago or how they expect to be ten years from now.

Certain groups remain pessimistic about their situation. Persons with lower household incomes, older persons, females, persons with lower educational levels, and manual laborers are the groups most likely to be more pessimistic about the present and the future.

When asked if they believe people are powerless to control their own lives, 32 percent of this year's respondents agreed, virtually the same proportion as in 2004 (33\%). Widowed persons, persons with lower educational levels, older persons, persons with lower household incomes and females are the groups most likely to agree that people are powerless to control their own lives.

Rural Nebraskans continue to be most satisfied with family, spirituality, friends, and the outdoors. On the other hand, they continue to be less satisfied with job opportunities, their current income level, and financial security during retirement. Of some concern is the fact that younger people are more likely than older persons to be dissatisfied with their current income.

Rural Nebraskans are most comfortable talking to their family and friends about personal problems. Many report having no opinion about their level of comfort in talking to mental health professionals or substance abuse counselors about personal problems.

When asked how important various factors are in selecting a behavioral health service provider, rural Nebraskans rated the provider being licensed, the provider being covered by a third party payer and the provider being close to their home as being most important. Faith related factors (having a provider with spiritual beliefs like theirs or having a provider that is part of a faith-based organization) were less important to rural Nebraskans.

## Appendix Figure 1. Regions of Nebraska


$\square$ Metropolitan counties (not surveyed)

Appendix Table 1. Demographic Profile of Rural Poll Respondents Compared to 2000 Census

|  | $\begin{gathered} 2005 \\ \text { Poll } \end{gathered}$ | $\begin{gathered} 2004 \\ \text { Poll } \end{gathered}$ | $\begin{gathered} 2003 \\ \text { Poll } \end{gathered}$ | $\begin{gathered} 2002 \\ \text { Poll } \end{gathered}$ | $\begin{gathered} 2001 \\ \text { Poll } \end{gathered}$ | $\begin{gathered} 2000 \\ \text { Poll } \end{gathered}$ | $\begin{gathered} 2000 \\ \text { Census } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age : ${ }^{1}$ |  |  |  |  |  |  |  |
| 20-39 | 15\% | 18\% | 18\% | 16\% | 17\% | 20\% | 33\% |
| 40-64 | 51\% | 49\% | 51\% | 51\% | 49\% | 54\% | 42\% |
| 65 and over | 34\% | 32\% | 32\% | 32\% | 33\% | 26\% | 24\% |
| Gender: ${ }^{2}$ |  |  |  |  |  |  |  |
| Female | 32\% | 32\% | 51\% | 36\% | 37\% | 57\% | 51\% |
| Male | 69\% | 68\% | 49\% | 64\% | 63\% | 43\% | 49\% |
| Education: ${ }^{3}$ |  |  |  |  |  |  |  |
| Less than $9^{\text {th }}$ grade | 3\% | 3\% | 2\% | 3\% | 4\% | 2\% | 7\% |
| $9^{\text {th }}$ to $12^{\text {th }}$ grade (no diploma) | 5\% | 5\% | 5\% | 4\% | 5\% | 4\% | 10\% |
| High school diploma (or equivalent) | 33\% | 34\% | 34\% | 32\% | 35\% | 34\% | 35\% |
| Some college, no degree | 24\% | 24\% | 23\% | 25\% | 26\% | 28\% | 25\% |
| Associate degree | 13\% | 12\% | 11\% | 10\% | 8\% | 9\% | 7\% |
| Bachelors degree | 14\% | 15\% | 16\% | 16\% | 13\% | 15\% | 11\% |
| Graduate or professional degree | 10\% | 8\% | 9\% | 10\% | 8\% | 9\% | 4\% |
| Household income: ${ }^{4}$ |  |  |  |  |  |  |  |
| Less than \$10,000 | 8\% | 9\% | 8\% | 8\% | 9\% | 3\% | 10\% |
| \$10,000-\$19,999 | 14\% | 15\% | 14\% | 15\% | 16\% | 10\% | 16\% |
| \$20,000-\$29,999 | 16\% | 16\% | 16\% | 17\% | 20\% | 15\% | 17\% |
| \$30,000-\$39,999 | 16\% | 16\% | 16\% | 17\% | 16\% | 19\% | 15\% |
| \$40,000-\$49,999 | 14\% | 13\% | 13\% | 14\% | 14\% | 17\% | 12\% |
| \$50,000-\$59,999 | 10\% | 11\% | 11\% | 11\% | 9\% | 15\% | 10\% |
| \$60,000-\$74,999 | 10\% | 10\% | 11\% | 9\% | 8\% | 11\% | 9\% |
| \$75,000 or more | 13\% | 11\% | 11\% | 10\% | 8\% | 11\% | 11\% |
| Marital Status: ${ }^{5}$ |  |  |  |  |  |  |  |
| Married | 71\% | 69\% | 73\% | 73\% | 70\% | 95\% | 61\% |
| Never married | 7\% | 9\% | 7\% | 6\% | 7\% | 0.2\% | 22\% |
| Divorced/separated | 11\% | 10\% | 9\% | 9\% | 10\% | 2\% | 9\% |
| Widowed/widower | 11\% | 12\% | 11\% | 12\% | 14\% | 4\% | 8\% |

${ }^{1} 2000$ Census universe is non-metro population 20 years of age and over.
${ }^{2} 2000$ Census universe is total non-metro population.
${ }^{3} 2000$ Census universe is non-metro population 18 years of age and over.
42000 Census universe is all non-metro households.
${ }^{5} 2000$ Census universe is non-metro population 15 years of age and over.

Appendix Table 2. Measures of Individual Well-Being in Relation to Community Size, Region and Individual Attributes.

## Compared to Five Years Ago

## Compared to Parents

Better
Off Significance
( $\mathrm{n}=2723$ )

| Less than 500 | 16 | 45 | 39 |  |
| ---: | :--- | :--- | :--- | :---: |
| $500-999$ | 18 | 45 | 37 |  |
| $1,000-4,999$ | 21 | 42 | 38 |  |
| $5,000-9,999$ | 17 | 47 | 36 | $\chi^{2}=8.94$ |
| 10,000 and up | 18 | 41 | 41 | $(.348)$ |

$$
(\mathrm{n}=2824)
$$

42
$\begin{array}{rlll}\text { North Central } & 17 & 46 & 38 \\ \text { South Central } & 19 & 42 & 40 \\ \text { Northeast } & 20 & 42 & 39 \\ \text { Southeast } & 17 & 47 & 36\end{array}$
Cor
Wor
Worse Better

| Off | Same | Off | Significance | Off | Same | Off | Significance |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentages <br> $(\mathrm{n}=2710)$ $(\mathrm{n}=2662)$ |  |  |  |  |  |  |  |
| 19 | 30 | 51 |  | 21 | 43 | 36 |  |
| 16 | 29 | 55 |  | 23 | 41 | 37 |  |
| 16 | 26 | 58 |  | 20 | 43 | 36 |  |
| 16 | 25 | 59 | $\chi^{2}=23.64$ | 21 | 42 | 37 | $\chi^{2}=2.24$ |
| 12 | 25 | 63 | (.003) | 20 | 42 | 38 | (.973) |
|  | ( $\mathrm{n}=2811$ ) |  |  |  | $\mathrm{n}=2752$ |  |  |
| 20 | 26 | 55 |  | 23 | 37 | 40 |  |
| 14 | 28 | 58 |  | 20 | 46 | 34 |  |
| 15 | 25 | 60 |  | 21 | 40 | 39 |  |
| 14 | 27 | 59 | $\chi^{2}=8.38$ | 21 | 43 | 37 | $\chi^{2}=9.59$ |
| 16 | 28 | 57 | (.397) | 20 | 45 | 35 | (.295) |

Individual
Attributes:

| Income Level |  | $(\mathrm{n}=2609)$ |  |
| :---: | :---: | :---: | :---: |
| Under $\$ 20,000$ | 29 | 53 | 18 |
| $\$ 20,000-\$ 39,999$ | 20 | 48 | 32 |
| $\$ 40,000-\$ 59,999$ | 15 | 39 | 45 |
| $\$ 60,000$ and over | 9 | 26 | 65 |

$\chi^{2}=310.54$

| Age |  |  | $(\mathrm{n}=2840)$ |  |  |
| ---: | ---: | :---: | :---: | :---: | :---: |
| $19-29$ | 10 | 18 | 73 |  |  |
| $30-39$ | 9 | 31 | 61 |  |  |
| $40-49$ | 18 | 34 | 48 |  |  |
| $50-64$ | 22 | 40 | 38 | $\chi^{2}=291.51$ |  |
| 65 and older | 18 | 59 | 22 | $(.000)$ |  |
| Gender | $(\mathrm{n}=2803)$ |  |  |  |  |
| Male | 18 | 41 | 41 | $\chi^{2}=11.11$ |  |
| Female | 18 | 47 | 35 | $(.004)$ |  |


|  | $(\mathrm{n}=2600)$ |  |
| :---: | :---: | :---: |
| 23 | 29 | 48 |
| 17 | 29 | 53 |
| 15 | 29 | 57 |
| 7 | 20 | 73 |

$\chi^{2}=100.27$
$(.000)$

|  | $(\mathrm{n}=2558)$ |  |
| :---: | :---: | :---: |
| 31 | 49 | 21 |
| 25 | 44 | 32 |
| 16 | 42 | 43 |
| 9 | 32 | 58 |

$\chi^{2}=215.28$
$(.000)$
( $\mathrm{n}=2827$ )
$10 \begin{array}{lll}15 & 24 & 66\end{array}$
$15 \quad 28 \quad 57$
$\begin{array}{lll}19 & 29 & 52 \\ 19 & 27 & 53\end{array}$
$\chi^{2}=57.76$
(.000)
( $\mathrm{n}=2790$ )
$15 \quad 26$
16
( $\mathrm{n}=2600$ )

$\chi^{2}=100.27$
(.000)
( $\mathrm{n}=2768$ )

|  | $(\mathrm{n}=2768)$ |  |  |
| :---: | :---: | :---: | :---: |
| 1 | 16 | 82 |  |
| 6 | 24 | 70 |  |
| 10 | 34 | 56 |  |
| 25 | 43 | 32 | $\chi^{2}=613.16$ |
| 30 | 58 | 12 | $(.000)$ |

- 

|  | $(\mathrm{n}=2734)$ |
| :---: | :---: |
| 21 | 40 |

$$
\begin{gather*}
\chi^{2}=15.66  \tag{39}\\
(.000)
\end{gather*}
$$

## Compared to Five Years Ago

## Compared to Parents

Ten Years from Now

|  | Worse Off | Same | Better Off | Significance | Worse Off | Same | Better Off | Significance | Worse Off | Same | Better Off | Significance |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Education | ( $\mathrm{n}=2803$ ) |  |  |  | ( $\mathrm{n}=2790$ ) |  |  | ( $\mathrm{n}=2733$ ) |  |  |  |  |
| H. S. diploma or less | 22 | 51 | 27 |  | 14 | 28 | 59 |  | 26 | 49 | 25 |  |
| Some college | 18 | 42 | 40 | $\chi^{2}=142.60$ | 18 | 26 | 56 | $\chi^{2}=16.88$ | 19 | 38 | 43 | $\chi^{2}=120.22$ |
| Bachelors or graduate degree | 12 | 32 | 56 | (.000) | 12 | 26 | 62 | (.002) | 14 | 39 | 47 | (.000) |
| Marital Status | ( $\mathrm{n}=2799$ ) |  |  |  | ( $\mathrm{n}=2786$ ) |  |  | ( $\mathrm{n}=2729$ ) |  |  |  |  |
| Married | 17 | 41 | 42 |  | 13 | 26 | 61 |  | 19 | 41 | 39 |  |
| Never married | 14 | 37 | 49 |  | 17 | 32 | 52 |  | 13 | 36 | 52 |  |
| Divorced/separated | 26 | 37 | 36 | $\chi^{2}=132.43$ | 29 | 31 | 40 | $\chi^{2}=76.56$ | 22 | 40 | 39 | $\chi^{2}=121.48$ |
| Widowed | 20 | 68 | 12 | (.000) | 11 | 25 | 64 | (.000) | 34 | 56 | 10 | (.000) |
| Occupation | ( $\mathrm{n}=1840$ ) |  |  |  | ( $\mathrm{n}=1834$ ) |  |  | ( $\mathrm{n}=1820$ ) |  |  |  |  |
| Sales | 18 | 36 | 46 |  | 15 | 21 | 64 |  | 11 | 39 | 50 |  |
| Manual laborer | 22 | 48 | 30 |  | 19 | 32 | 49 |  | 27 | 36 | 37 |  |
| Prof/tech/admin | 12 | 28 | 60 |  | 13 | 26 | 62 |  | 12 | 36 | 52 |  |
| Service | 18 | 39 | 43 |  | 22 | 27 | 51 |  | 26 | 36 | 38 |  |
| Farming/ranching | 19 | 40 | 41 |  | 22 | 26 | 51 |  | 16 | 38 | 46 |  |
| Skilled laborer | 18 | 38 | 43 | $\chi^{2}=74.50$ | 17 | 27 | 55 | $\chi^{2}=36.32$ | 19 | 35 | 46 | $\chi^{2}=47.80$ |
| Admin. support | 22 | 37 | 41 | (.000) | 28 | 27 | 46 | (.001) | 15 | 39 | 46 | (.000) |

Appendix Table 3. Life Has Changed So Much in Our Modern World that Most People Are Powerless to Control Their Own Lives.

|  | Strongly Agree | Agree | Undecided | Disagree | Strongly Disagree | Significance |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Community Size |  |  | Percentages $(\mathrm{n}=2690)$ |  |  |  |
| Less than 500 | 7 | 30 | 14 | 35 | 14 |  |
| 500-999 | 9 | 23 | 21 | 35 | 13 |  |
| 1,000-4,999 | 9 | 24 | 16 | 40 | 12 |  |
| 5,000-9,999 | 7 | 24 | 17 | 39 | 12 | $\chi^{2}=18.86$ |
| 10,000 and up | 7 | 22 | 18 | 40 | 13 | (.276) |
| Region |  |  | ( $\mathrm{n}=2786$ ) |  |  |  |
| Panhandle | 8 | 25 | 14 | 40 | 13 |  |
| North Central | 9 | 23 | 17 | 39 | 12 |  |
| South Central | 7 | 22 | 17 | 40 | 15 |  |
| Northeast | 7 | 26 | 17 | 38 | 12 | $\chi^{2}=19.02$ |
| Southeast | 7 | 27 | 21 | 34 | 11 | (.268) |
| Individual Attributes: |  |  |  |  |  |  |
| Income Level |  |  | ( $\mathrm{n}=2580$ ) |  |  |  |
| Under \$20,000 | 12 | 36 | 18 | 27 | 8 |  |
| \$20,000-\$39,999 | 7 | 27 | 20 | 35 | 11 |  |
| \$40,000-\$59,999 | 7 | 20 | 16 | 44 | 14 | $\chi^{2}=180.10$ |
| \$60,000 and over | 4 | 15 | 12 | 49 | 21 | (.000) |
| Age |  |  | ( $\mathrm{n}=2802$ ) |  |  |  |
| 19-29 | 1 | 17 | 21 | 40 | 20 |  |
| 30-39 | 5 | 19 | 15 | 41 | 20 |  |
| 40-49 | 7 | 19 | 16 | 42 | 16 |  |
| 50-64 | 8 | 25 | 14 | 40 | 13 | $\chi^{2}=107.78$ |
| 65 and older | 9 | 30 | 21 | 33 | 7 | (.000) |
| Gender |  |  | ( $\mathrm{n}=2768$ ) |  |  |  |
| Male | 8 | 23 | 16 | 40 | 13 | $\chi^{2}=11.39$ |
| Female | 7 | 27 | 19 | 35 | 12 | (.023) |
| Education |  |  | ( $\mathrm{n}=2767$ ) |  |  |  |
| H.S. diploma or less | 11 | 31 | 20 | 31 | 7 |  |
| Some college | 7 | 24 | 16 | 39 | 14 | $\chi^{2}=184.32$ |
| Bachelors or grad degree | 3 | 14 | 13 | 50 | 20 | (.000) |
| Marital Status |  |  | ( $\mathrm{n}=2764$ ) |  |  |  |
| Married | 7 | 23 | 16 | 41 | 14 |  |
| Never married | 6 | 23 | 26 | 31 | 15 |  |
| Divorced/separated | 9 | 25 | 17 | 37 | 12 | $\chi^{2}=66.71$ |
| Widowed | 9 | 36 | 21 | 28 | 5 | (.000) |

Appendix Table 3 Continued.

|  | Strongly <br> Agree | $\underline{\text { Agree }}$ | $\underline{\text { Undecided }}$ | $\underline{\text { Disagree }}$ | Strongly <br> Disagree | $\underline{\text { Significance }}$ |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Occupation |  |  | $(\mathrm{n}=1825)$ |  |  |  |
| Sales | 8 | 23 | 11 | 42 | 17 |  |
| Manual laborer | 8 | 24 | 24 | 35 | 9 |  |
| Prof/technical/admin. | 4 | 16 | 13 | 49 | 19 |  |
| Service | 7 | 26 | 18 | 37 | 12 |  |
| Farming/ranching | 7 | 23 | 18 | 39 | 13 |  |
| Skilled laborer | 8 | 24 | 20 | 37 | 11 | $\chi^{2}=78.63$ |
| Admin. support | 5 | 27 | 16 | 46 | 7 | $(.000)$ |

Appendix Table 4. Satisfaction with Items Affecting Well-Being, 2005.

|  | Does Not <br> Apply | Very <br> Dissatisfied | Somewhat <br> Dissatisfied | No <br> Opinion | Somewhat <br> Satisfied | Very <br> Satisfied |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Item | $1 \%$ | $1 \%$ | $3 \%$ | $8 \%$ | $37 \%$ | $50 \%$ |
| Your family | 30 | 1 | 2 | 4 | 17 | 47 |
| Your marriage | 2 | 1 | 4 | 18 | 33 | 42 |
| Your religion/spirituality | 1 | 1 | 3 | 13 | 43 | 39 |
| Your friends | 0 | 1 | 4 | 11 | 45 | 38 |
| Greenery and open space | 0 | 2 | 7 | 11 | 47 | 33 |
| Your housing | 0 | 3 | 7 | 12 | 47 | 32 |
| Clean air | 0 | 5 | 11 | 10 | 44 | 30 |
| Clean water | 2 | 4 | 15 | 13 | 39 | 27 |
| Your spare time | 0 | 2 | 10 | 17 | 48 | 23 |
| Your education | 0 | 6 | 13 | 13 | 49 | 20 |
| Your health | 32 | 8 | 9 | 33 | 16 |  |
| Your job satisfaction | 0 | 4 | 13 | 17 | 51 | 15 |
| Your community | 32 | 4 | 10 | 11 | 28 | 15 |
| Your job security | 0 | 14 | 25 | 13 | 37 | 11 |
| Current income level |  |  |  |  |  |  |
| Financial security during | 0 | 21 | 26 | 13 | 30 | 9 |
| retirement | 10 | 17 | 18 | 19 | 8 |  |
| Job opportunities for you | 28 |  |  |  |  |  |



[^5]

[^6]

[^7]

[^8]

Appendix Table 6. Extent Feel Comfortable Talking to People about Personal Problems by Region, Community Size, and Various Individual Attributes


|  | A substance abuse counselor |  |  | A teacher |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Not | No |  |  | Not | No |  |  |
|  | Percentages |  |  |  |  |  | Comfortab | Siq. |
| Community Size | ( $\mathrm{n}=2563$ ) |  |  | ( $\mathrm{n}=2572$ ) |  |  |  |  |
| Less than 500 | 20 | 59 | 21 |  | 21 | 43 | 37 |  |
| 500-999 | 16 | 66 | 18 |  | 17 | 44 | 38 |  |
| 1,000-4,999 | 18 | 63 | 19 |  | 19 | 43 | 38 |  |
| 5,000-9,999 | 19 | 65 | 16 | $\chi^{2}=5.50$ | 17 | 48 | 35 | $\chi^{2}=8.08$ |
| 10,000 and up | 18 | 63 | 19 | (.703) | 18 | 49 | 34 | (.425) |
| Region | ( $\mathrm{n}=2647$ ) |  |  | ( $\mathrm{n}=2656$ ) |  |  |  |  |
| Panhandle | 25 | 61 | 14 |  | 23 | 47 | 30 |  |
| North Central | 19 | 63 | 18 |  | 19 | 44 | 36 |  |
| South Central | 17 | 63 | 20 |  | 18 | 47 | 36 |  |
| Northeast | 17 | 64 | 19 | $\chi^{2}=13.1$ | 17 | 47 | 36 | $\chi^{2}=8.0$ |
| Southeast | 18 | 62 | 20 | (.108) | 18 | 45 | 37 | (.433) |
| Individual Attributes: |  |  |  |  |  |  |  |  |
| Income Level | ( $\mathrm{n}=2476$ ) |  |  | ( $\mathrm{n}=2481$ ) |  |  |  |  |
| Under \$20,000 | 17 | 68 | 15 |  | 18 | 54 | 28 |  |
| \$20,000-\$39,999 | 18 | 63 | 19 |  | 18 | 47 | 35 |  |
| \$40,000-\$59,999 | 20 | 60 | 19 | $\chi^{2}=11.9$ | 20 | 41 | 40 | $\chi^{2}=26.1$ |
| \$60,000 and over | 20 | 59 | 21 | (.064) | 21 | 42 | 37 | (.000) |
| Age | ( $\mathrm{n}=2663$ ) |  |  | ( $\mathrm{n}=2672$ ) |  |  |  |  |
| 19-29 | 24 | 51 | 25 |  | 24 | 32 | 44 |  |
| 30-39 | 22 | 57 | 22 |  | 23 | 36 | 42 |  |
| 40-49 | 23 | 55 | 22 |  | 24 | 37 | 39 |  |
| 50-64 | 20 | 61 | 20 | $\chi^{2}=78.4$ | 20 | 45 | 35 | $\chi^{2}=104$ |
| 65 and older | 12 | 75 | 13 | (.000) | 12 | 59 | 29 | (.000) |
| Gender | ( $\mathrm{n}=2636$ ) |  |  | ( $\mathrm{n}=2646$ ) |  |  |  |  |
| Male | 19 | 63 | 19 | $\chi^{2}=0.01$ | 18 | 45 | 37 | $\chi^{2}=8.04$ |
| Female | 18 |  | 19 | (.996) | 20 | 49 | 31 | (.018) |
| Education | $(\mathrm{n}=2634)$ |  |  | ( $\mathrm{n}=2645$ ) |  |  |  |  |
| High school diploma or |  |  |  |  |  |  |  |  |
| less | 16 | 68 | 17 |  | 16 | 54 | 30 |  |
| Some college | 20 | 62 | 18 | $\chi^{2}=20.1$ | 21 | 42 | 37 | $\chi^{2}=45.4$ |
| Bachelors or grad degree | 21 | $57$ | 22 | (.000) | 20 | 40 | 40 | (.000) |
| Marital Status | $(\mathrm{n}=2632)$ |  |  | ( $\mathrm{n}=2642$ ) |  |  |  |  |
| Married | 19 | 63 | 18 |  | 19 | 44 | 37 |  |
| Never married | 19 | 64 | 17 |  | 20 | 43 | 37 |  |
| Divorced/separated | 22 | 51 | 27 | $\chi^{2}=33.2$ | 20 | 47 | 33 | $\chi^{2}=30.0$ |
| Widowed | 14 | $74$ | 12 | (.000) | 15 | 62 | 23 | (.000) |
| Occupation | ( $\mathrm{n}=1784$ ) |  |  | ( $\mathrm{n}=1789$ ) |  |  |  |  |
| Sales | 16 | 66 | 17 |  | 20 | 42 | 39 |  |
| Manual laborer | 18 | 65 | 17 |  | 20 | 50 | 30 |  |
| Prof./technical/admin | 21 | 56 | 23 |  | 21 | 38 | 42 |  |
| Service | 21 | 58 | 21 |  | 21 | 41 | 38 |  |
| Farming/ranching | 23 | 59 | 18 | $\begin{gathered} \chi^{2}=15.8 \\ (.323) \\ \hline \end{gathered}$ | 24 | 40 | 37 | $\begin{gathered} \chi^{2}=15.3 \\ (.361) \\ \hline \end{gathered}$ |
| Skilled laborer | 19 | 59 | 22 |  | 17 | 42 | 41 |  |
| Admin. support | 26 | 58 | 16 |  | 19 | 48 | 34 |  |


|  | A family member |  |  | A close friend |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Not comfortable | No opinion | Comfortable | Siq. | Not comfortable | No opinion | Comfortable | Siq. |
|  | Percentages |  |  |  |  |  |  |  |
| Community Size | ( $\mathrm{n}=2644$ ) |  |  | ( $\mathrm{n}=2643$ ) |  |  |  |  |
| Less than 500 | 7 | 10 | 84 |  | 6 | 12 | 82 |  |
| 500-999 | 6 | 14 | 80 |  | 7 | 17 | 77 |  |
| 1,000-4,999 | 7 | 12 | 81 |  | 7 | 15 | 78 |  |
| 5,000-9,999 | 8 | 10 | 82 | $\chi^{2}=6.46$ | 6 | 13 | 81 | $\chi^{2}=6.36$ |
| 10,000 and up | 7 | 10 | 83 | (.596) | 8 | 14 | 78 | (.607) |
| Region | ( $\mathrm{n}=2736$ ) |  |  | ( $\mathrm{n}=2732$ ) |  |  |  |  |
| Panhandle | 6 | 9 | 86 |  | 8 | 12 | 80 |  |
| North Central | 6 | 10 | 84 |  | 6 | 15 | 79 |  |
| South Central | 9 | 12 | 79 |  | 8 | 14 | 78 |  |
| Northeast | 6 | 12 | 82 | $\chi^{2}=11.5$ | 7 | 15 | 78 | $\chi^{2}=4.61$ |
| Southeast | 8 | 11 | 82 | (.177) | 6 | 13 | 81 | (.798) |
| Individual Attributes: |  |  |  |  |  |  |  |  |
| Income Level | ( $\mathrm{n}=2550$ ) |  |  | ( $\mathrm{n}=2544$ ) |  |  |  |  |
| Under \$20,000 | 9 | 15 | 76 |  | 8 | 16 | 77 |  |
| \$20,000-\$39,999 | 6 | 10 | 84 |  | 7 | 13 | 80 |  |
| \$40,000-\$59,999 | 7 | 10 | 83 | $\chi^{2}=14.9$ | 8 | 15 | 78 | $\chi^{2}=6.26$ |
| \$60,000 and over | 7 |  | 83 | (.021) | 7 | 11 | 82 | (.395) |
| Age | $(\mathrm{n}=2752)$ |  |  | ( $\mathrm{n}=2748$ ) |  |  |  |  |
| 19-29 | 6 | 4 | 89 |  | 6 | 6 | 87 |  |
| 30-39 | 7 | 9 | 84 |  | 5 | 10 | 84 |  |
| 40-49 | 9 | 12 | 79 |  | 8 | 11 | 81 |  |
| 50-64 | 7 | 11 | 82 | $\chi^{2}=15.3$ | 8 | 15 | 78 | $\chi^{2}=31.3$ |
| 65 and older | 6 | 13 | 81 | (.053) | 8 | 18 | 75 | (.000) |
| Gender | ( $\mathrm{n}=2722$ ) |  |  | ( $\mathrm{n}=2718$ ) |  |  |  |  |
| Male | 7 | 12 | 81 | $\chi^{2}=6.06$ | 8 | 15 | 77 | $\chi^{2}=10.7$ |
| Female | $(\mathrm{n}=2719)$ |  |  | (.048) | 7 | 11 | 82 | (.005) |
| Education |  |  |  | ( $\mathrm{n}=2716$ ) |  |  |  |  |
| High school diploma or |  |  |  |  |  |  |  |  |
| less | 6 | 12 | 82 |  | 7 | 17 | 76 |  |
| Some college | 9 | 11 | 80 | $\chi^{2}=11.2$ | 7 | 13 | 79 | $\chi^{2}=16.9$ |
| Bachelors or grad degree | 6 |  | 84 | (.024) | 8 | 10 | 82 | (.002) |
| Marital Status | $(\mathrm{n}=2718)$ |  |  | ( $\mathrm{n}=2713$ ) |  |  |  |  |
| Married | 7 | 11 | 83 |  | 8 | 14 | 78 |  |
| Never married | 10 | 14 | 76 |  | 8 | 12 | 80 |  |
| Divorced/separated | 12 | 11 | 77 | $\chi^{2}=19.7$ | 8 | 11 | 82 | $\chi^{2}=10.2$ |
| Widowed | 4 |  | 84 | (.003) | 4 | 16 | 81 | (.115) |
| Occupation | $(\mathrm{n}=1816)$ |  |  | ( $\mathrm{n}=1813$ ) |  |  |  |  |
| Sales | 6 | 6 | 88 |  | 3 | 10 | 87 |  |
| Manual laborer | 10 | 10 | 80 |  | 10 | 13 | 78 |  |
| Prof./technical/admin | 7 | 8 | 85 |  | 8 | 9 | 84 |  |
| Service | 7 | 9 | 84 |  | 7 | 16 | 77 |  |
| Farming/ranching | 7 | 11 | 81 | $\begin{gathered} \chi^{2}=14.3 \\ (.429) \\ \hline \end{gathered}$ | 7 | 15 | 79 |  |
| Skilled laborer | 7 | 14 | 79 |  | 8 | 16 | 76 | $\chi^{2}=21.9$ |
| Admin. support | 10 | 8 | 82 |  | 9 | 13 | 78 | (.080) |


|  | A member of the clergy |  |  | A work colleague or supervisor |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Not | No |  |  | Not | No |  |  |
|  | comfortable | opinion | Comfortable | Siq. | comfortable | opinion | Comfortable | Siq. |
|  | Percentages |  |  |  |  |  |  |  |
| Community Size | ( $\mathrm{n}=2617$ ) |  |  | ( $\mathrm{n}=2532$ ) |  |  |  |  |
| Less than 500 | 15 | 22 | 63 |  | 25 | 37 | 39 |  |
| 500-999 | 13 | 25 | 61 |  | 23 | 44 | 33 |  |
| 1,000-4,999 | 14 | 24 | 61 |  | 20 | 41 | 39 |  |
| 5,000-9,999 | 14 | 25 | 61 | $\chi^{2}=2.44$ | 23 | 38 | 39 | $\chi^{2}=17.1$ |
| 10,000 and up | 15 | 26 | 60 | (.964) | 27 | 34 | 39 | (.029) |
| Region | ( $\mathrm{n}=2700$ ) |  |  | ( $\mathrm{n}=2610$ ) |  |  |  |  |
| Panhandle | 16 | 25 | 60 |  | 30 | 35 | 36 |  |
| North Central | 14 | 24 | 62 |  | 23 | 38 | 39 |  |
| South Central | 14 | 26 | 60 |  | 24 | 39 | 37 |  |
| Northeast | 13 | 25 | 61 | $\chi^{2}=4.44$ | 24 | 40 | 37 | $\chi^{2}=9.30$ |
| Southeast | 16 | 22 | 63 | (.815) | 24 | 35 | 42 | (.317) |
| Individual Attributes: |  |  |  |  |  |  |  |  |
| Income Level | ( $\mathrm{n}=2523$ ) |  |  | ( $\mathrm{n}=2440$ ) |  |  |  |  |
| Under \$20,000 | 14 | 29 | 57 |  | 24 | 47 | 29 |  |
| \$20,000-\$39,999 | 13 | 24 | 63 |  | 24 | 40 | 36 |  |
| \$40,000-\$59,999 | 15 | 26 | 59 | $\chi^{2}=14.0$ | 24 | 36 | 41 | $\chi^{2}=62.1$ |
| \$60,000 and over | 17 | 21 | 62 | (.029) | 27 | 26 | 47 | (.000) |
| Age | ( $\mathrm{n}=2716$ ) |  |  | ( $\mathrm{n}=2625$ ) |  |  |  |  |
| 19-29 | 21 | 34 | 45 |  | 26 | 20 | 54 |  |
| 30-39 | 19 | 24 | 58 |  | 26 | 24 | 50 |  |
| 40-49 | 17 | 24 | 59 |  | 25 | 30 | 45 |  |
| 50-64 | 15 | 25 | 60 | $\chi^{2}=44.9$ | 29 | 33 | 38 | $\chi^{2}=207$ |
| 65 and older | 9 | 24 | 67 | (.000) | 18 | 58 | 25 | (.000) |
| Gender | ( $\mathrm{n}=2689$ ) |  |  | ( $\mathrm{n}=2598$ ) |  |  |  |  |
| Male | 14 | 26 | 60 | $\chi^{2}=3.91$ | 23 | 39 | 39 | $\chi^{2}=7.61$ |
| Female | 16 | 23 | 62 | (.142) | 28 | 36 | 36 | (.022) |
| Education | ( $\mathrm{n}=2687$ ) |  |  | $(\mathrm{n}=2595)$ |  |  |  |  |
| High school diploma or |  |  |  |  |  |  |  |  |
| less | 12 | 29 | 59 |  | 23 | 46 | 31 |  |
| Some college | 16 | 24 | 60 | $\chi^{2}=26.7$ | 25 | 36 | 39 | $\chi^{2}=59.0$ |
| Bachelors or grad degree | 16 | 19 | 65 | (.000) | 25 | 29 | 46 | (.000) |
| Marital Status | ( $\mathrm{n}=2685$ ) |  |  | $(\mathrm{n}=2594)$ |  |  |  |  |
| Married | 14 | 23 | 63 |  | 24 | 37 | 39 |  |
| Never married | 20 | 35 | 46 |  | 25 | 35 | 40 |  |
| Divorced/separated | 18 | 30 | 53 | $\chi^{2}=42.0$ | 32 | 30 | 37 | $\chi^{2}=55.3$ |
| Widowed | 8 | 23 | 69 | (.000) | 18 | 58 | 24 | (.000) |
| Occupation | ( $\mathrm{n}=1800$ ) |  |  | ( $\mathrm{n}=1782$ ) |  |  |  |  |
| Sales | 14 | 22 | 64 |  | 25 | 30 | 45 |  |
| Manual laborer | 14 | 29 | 58 |  | 29 | 31 | 40 |  |
| Prof./technical/admin | 17 | 19 | 64 |  | 27 | 22 | 51 |  |
| Service | 15 | 24 | 61 |  | 26 | 27 | 47 |  |
| Farming/ranching | 16 | 26 | 58 | $\chi^{2}=20.9$ | 28 | 39 | 34 |  |
| Skilled laborer | 14 | 29 | 57 |  | 24 | 31 | 45 | $\chi^{2}=50.3$ |
| Admin. support | 20 | 27 | 53 | (.104) | 35 | 23 | 43 | (.000) |


|  | Provider is licensed |  |  | Provider is covered by a third-party payer |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Perce | tages |  |  |  |
| Community Size |  | ( $\mathrm{n}=2612$ ) |  |  |  | ( $\mathrm{n}=2600$ ) |  |  |
| Less than 500 | 5 | 18 | 77 |  | 6 | 25 | 70 |  |
| 500-999 | 5 | 14 | 81 |  | 4 | 22 | 74 |  |
| 1,000-4,999 | 7 | 15 | 78 |  | 6 | 19 | 75 |  |
| 5,000-9,999 | 3 | 18 | 79 | $\chi^{2}=19.2$ | 3 | 22 | 75 | $\chi^{2}=16.9$ |
| 10,000 and up | 6 | 12 | 82 | (.014) | 6 | 17 | 77 | (.031) |
| Region |  | ( $\mathrm{n}=2702$ ) |  |  |  | ( $\mathrm{n}=2688$ ) |  |  |
| Panhandle | 5 | 15 | 80 |  | 4 | 19 | 77 |  |
| North Central | 7 | 16 | 77 |  | 6 | 23 | 71 |  |
| South Central | 6 | 14 | 80 |  | 4 | 19 | 77 |  |
| Northeast | 7 | 13 | 80 | $\chi^{2}=5.47$ | 7 | 19 | 75 | $\chi^{2}=11.0$ |
| Southeast | 6 | 17 | 77 | (.706) | 7 | 21 | 73 | (.199) |
| Individual Attributes: |  |  |  |  |  |  |  |  |
| Income Level |  | ( $\mathrm{n}=2529$ ) |  |  |  | ( $\mathrm{n}=2522$ ) |  |  |
| Under \$20,000 | 9 | 15 | 76 |  | 8 | 20 | 71 |  |
| \$20,000-\$39,999 | 6 | 14 | 79 |  | 6 | 20 | 75 |  |
| \$40,000-\$59,999 | 6 | 14 | 80 | $\chi^{2}=20.8$ | 4 | 18 | 78 | $\chi^{2}=14.9$ |
| \$60,000 and over | 3 | 13 | 84 | (.002) | 4 | 20 | 77 | (.021) |
| Age |  | ( $\mathrm{n}=2717$ ) |  |  |  | ( $\mathrm{n}=2703$ ) |  |  |
| 19-29 | 0 | 9 | 92 |  | 1 | 21 | 79 |  |
| 30-39 | 4 | 9 | 87 |  | 5 | 15 | 81 |  |
| 40-49 | 5 | 14 | 80 |  | 5 | 19 | 76 |  |
| 50-64 | 7 | 13 | 80 | $\chi^{2}=55.7$ | 6 | 18 | 77 | $\chi^{2}=33.5$ |
| 65 and older | 8 | 20 | 72 | (.000) | 7 | 25 | 68 | (.000) |
| Gender |  | ( $\mathrm{n}=2690$ ) |  |  |  | ( $\mathrm{n}=2677$ ) |  |  |
| Male | 6 | 17 | 77 | $\chi^{2}=16.4$ | 5 | 22 | 73 | $\chi^{2}=18.2$ |
| Female | 6 | 11 | 83 | (.000) | 7 | 15 | 78 | (.000) |
| Education |  | ( $\mathrm{n}=2689$ ) |  |  |  | ( $\mathrm{n}=2676$ ) |  |  |
| High school diploma or |  |  |  |  |  |  |  |  |
| less | 8 | 17 | 75 |  | 7 | 23 | 71 |  |
| Some college | 5 | 14 | 81 | $\chi^{2}=25.7$ | 5 | 20 | 76 | $\chi^{2}=18.9$ |
| Bachelors or grad degree | 5 | 11 | 84 | (.000) | 5 | 16 | 79 | (.001) |
| Marital Status |  | ( $\mathrm{n}=2685$ ) |  |  |  | ( $\mathrm{n}=2673$ ) |  |  |
| Married | 6 | 15 | 79 |  | 5 | 20 | 75 |  |
| Never married | 5 | 10 | 85 |  | 6 | 19 | 75 |  |
| Divorced/separated | 7 | 11 | 82 | $\chi^{2}=17.1$ | 6 | 16 | 78 | $\chi^{2}=11.6$ |
| Widowed | 9 | 20 | 72 | (.009) | 7 | 26 | 67 | (.071) |
| Occupation |  | ( $\mathrm{n}=1803$ ) |  |  |  | ( $\mathrm{n}=1800$ ) |  |  |
| Sales | 3 | 16 | 81 |  | 3 | 23 | 74 |  |
| Manual laborer | 5 | 10 | 86 |  | 7 | 12 | 81 |  |
| Prof./technical/admin | 4 | 11 | 85 |  | 4 | 16 | 81 |  |
| Service | 7 | 11 | 83 |  | 6 | 15 | 79 |  |
| Farming/ranching | 6 | 19 | 76 |  | 5 | 30 | 66 |  |
| Skilled laborer | 8 | 11 | 81 | $\chi^{2}=32.7$ | 5 | 15 | 80 | $\chi^{2}=46.8$ |
| Admin. support | 7 | 6 | 87 | (.003) | 8 | 9 | 83 | (.000) |


|  | Provider has spiritual beliefs like  <br> mine  <br> No  <br> Unimportant opinion Important |  |  | Sig. | Provider i <br> Unimportan | part of a f <br> organization <br> No <br> opinion | aith-based <br> Important | Sig. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Percen | tages |  |  |  |
| Community Size |  | ( $\mathrm{n}=2601$ ) |  |  |  | ( $\mathrm{n}=2584$ ) |  |  |
| Less than 500 | 12 | 36 | 51 |  | 17 | 41 | 42 |  |
| 500-999 | 13 | 39 | 48 |  | 19 | 44 | 38 |  |
| 1,000-4,999 | 13 | 35 | 52 |  | 17 | 41 | 42 |  |
| 5,000-9,999 | 17 | 37 | 46 | $\chi^{2}=11.0$ | 19 | 44 | 37 | $\chi^{2}=4.18$ |
| 10,000 and up | 11 | 38 | 51 | (.204) | 17 | 42 | 41 | (.841) |
| Region |  | ( $\mathrm{n}=2688$ ) |  |  |  | ( $\mathrm{n}=2670$ ) |  |  |
| Panhandle | 14 | 33 | 53 |  | 20 | 40 | 41 |  |
| North Central | 11 | 35 | 54 |  | 15 | 44 | 42 |  |
| South Central | 12 | 37 | 52 |  | 18 | 40 | 42 |  |
| Northeast | 13 | 38 | 49 | $\chi^{2}=15.1$ | 17 | 43 | 40 | $\chi^{2}=7.78$ |
| Southeast | 15 | 42 | 43 | (.057) | 18 | 45 | 37 | (.455) |
| Individual Attributes: |  |  |  |  |  |  |  |  |
| Income Level |  | ( $\mathrm{n}=2520$ ) |  |  |  | ( $\mathrm{n}=2504$ ) |  |  |
| Under \$20,000 | 14 | 37 | 49 |  | 15 | 44 | 41 |  |
| \$20,000-\$39,999 | 13 | 37 | 51 |  | 19 | 40 | 40 |  |
| \$40,000-\$59,999 | 12 | 39 | 49 | $\chi^{2}=5.56$ | 15 | 45 | 40 | $\chi^{2}=15.1$ |
| \$60,000 and over | 15 | 34 | 51 | (.474) | 21 | 38 | 41 | (.019) |
| Age |  | ( $\mathrm{n}=2703$ ) |  |  |  | ( $\mathrm{n}=2684$ ) |  |  |
| 19-29 | 13 | 46 | 41 |  | 18 | 44 | 38 |  |
| 30-39 | 12 | 38 | 50 |  | 20 | 41 | 39 |  |
| 40-49 | 13 | 33 | 54 |  | 18 | 40 | 42 |  |
| 50-64 | 15 | 37 | 48 | $\chi^{2}=16.6$ | 20 | 41 | 39 | $\chi^{2}=16.1$ |
| 65 and older | 11 | 39 | 51 | (.034) | 13 | 45 | 42 | (.042) |
| Gender |  | ( $\mathrm{n}=2678$ ) |  |  |  | ( $\mathrm{n}=2658$ ) |  |  |
| Male | 13 | 39 | 48 | $\chi^{2}=11.0$ | 18 | 44 | 38 | $\chi^{2}=16.4$ |
| Female | 13 | 33 | 54 | (.004) | 16 | 38 | 46 | (.000) |
| Education |  | ( $\mathrm{n}=2676$ ) |  |  |  | ( $\mathrm{n}=2656$ ) |  |  |
| High school diploma or |  |  |  |  |  |  |  |  |
| less | 13 | 42 | 45 |  | 15 | 48 | 37 |  |
| Some college | 12 | 36 | 52 | $\chi^{2}=17.7$ | 18 | 40 | 42 | $\chi^{2}=29.7$ |
| Bachelors or grad degree | 14 | 32 | 54 | (.001) | 21 | 36 | 44 | (.000) |
| Marital Status |  | ( $\mathrm{n}=2673$ ) |  |  |  | ( $\mathrm{n}=2653$ ) |  |  |
| Married | 13 | 36 | 52 |  | 17 | 42 | 41 |  |
| Never married | 19 | 39 | 43 |  | 20 | 43 | 37 |  |
| Divorced/separated | 16 | 43 | 41 | $\chi^{2}=22.0$ | 22 | 45 | 33 | $\chi^{2}=14.9$ |
| Widowed | 9 | 38 | 53 | (.001) | 13 | 43 | 44 | (.021) |
| Occupation |  | ( $\mathrm{n}=1800$ ) |  |  |  | ( $\mathrm{n}=1795$ ) |  |  |
| Sales | 10 | 42 | 48 |  | 14 | 42 | 43 |  |
| Manual laborer | 17 | 34 | 49 |  | 21 | 44 | 35 |  |
| Prof./technical/admin | 14 | 32 | 54 |  | 20 | 37 | 43 |  |
| Service | 17 | 34 | 49 |  | 21 | 41 | 39 |  |
| Farming/ranching | 9 | 36 | 55 |  | 16 | 43 | 41 |  |
| Skilled laborer | 10 | 40 | 50 | $\chi^{2}=24.3$ | 15 | 45 | 40 | $\chi^{2}=17.6$ |
| Admin. support | 18 | 33 | 48 | (.042) | 22 | 33 | 45 | (.226) |


|  | Provider is close to my homeNo |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentages |  |  |  |
| Community Size | ( $\mathrm{n}=2569$ ) |  |  |  |
| Less than 500 | 10 | 25 | 66 |  |
| 500-999 | 9 | 24 | 67 |  |
| 1,000-4,999 | 9 | 22 | 68 |  |
| 5,000-9,999 | 10 | 27 | 62 | $\chi^{2}=4.45$ |
| 10,000 and up | 10 | 23 | 67 | (.815) |
| Region | ( $\mathrm{n}=2653$ ) |  |  |  |
| Panhandle | 9 | 21 | 70 |  |
| North Central | 9 | 27 | 64 |  |
| South Central | 9 | 24 | 68 |  |
| Northeast | 11 | 24 | 65 | $\chi^{2}=8.33$ |
| Southeast | 10 | 27 | 63 | (.402) |
| Individual Attributes: |  |  |  |  |
| Income Level | ( $\mathrm{n}=2496$ ) |  |  |  |
| Under \$20,000 | 10 | 24 | 66 |  |
| \$20,000-\$39,999 | 9 | 25 | 67 |  |
| \$40,000-\$59,999 | 10 | 24 | 67 | $\chi^{2}=2.37$ |
| \$60,000 and over | 11 | 22 | 68 | (.883) |
| Age | ( $\mathrm{n}=2668$ ) |  |  |  |
| 19-29 | 6 | 21 | 74 |  |
| 30-39 | 10 | 22 | 69 |  |
| 40-49 | 9 | 22 | 69 |  |
| 50-64 | 11 | 22 | 67 | $\chi^{2}=23.5$ |
| 65 and older | 10 | 30 | 61 | (.003) |
| Gender | ( $\mathrm{n}=2642$ ) |  |  |  |
| Male | 10 | 26 | 64 | $\chi^{2}=12.9$ |
| Female | 9 | 20 | 71 | (.002) |
| Education | ( $\mathrm{n}=2643$ ) |  |  |  |
| High school diploma or |  |  |  |  |
| less | 10 | 28 | 62 |  |
| Some college | 9 | 24 | 67 | $\chi^{2}=24.9$ |
| Bachelors or grad degree | 10 |  | 72 | (.000) |
| Marital Status | $(\mathrm{n}=2638)$ |  |  |  |
| Married | 9 | 24 | 67 |  |
| Never married | 9 | 23 | 68 |  |
| Divorced/separated | 12 | 23 | 66 | $\chi^{2}=3.50$ |
| Widowed | 10 | 27 | 63 | (.743) |
| Occupation | ( $\mathrm{n}=1787$ ) |  |  |  |
| Sales | 8 | 27 | 65 |  |
| Manual laborer | 11 | 17 | 72 |  |
| Prof./technical/admin | 10 | 20 | 70 |  |
| Service | 11 | 17 | 72 |  |
| Farming/ranching | 9 | 31 | 60 |  |
| Skilled laborer | 8 | 22 | 70 | $\chi^{2}=24.5$ |
| Admin. support | 7 | 19 | 74 | (.039) |

CARI Research Report 05-4, September 2005
It is the policy of the University of Nebraska-Lincoln not to discriminate on the basis of sex, age, disability, race, color, religion, marital status, veteran's status, national or ethnic origin, or sexual orientation.


[^0]:    Vogt, Rebecca J.; Cantrell, Randolph L.; Johnson, Bruce B.; and Tomkins, Alan, "Well-Being in Rural Nebraska: 2005 Nebraska Rural Poll Results" (2005). Faculty Publications, Department of Psychology. 20. https://digitalcommons.unl.edu/psychfacpub/20

[^1]:    ${ }^{1}$ Source: Recent Nebraska Economic Trends, published by the Nebraska Sate Department of Economic Development, August 2005. http://info.neded.org/trends/trends.htm

[^2]:    2 Appendix Table 1 also includes demographic data from previous rural polls, as well as similar data based on the entire non-metropolitan population of Nebraska (using 2000 U.S. Census data). As can be seen from the table, there are some marked differences between some of the demographic variables in our sample compared to the Census data. Certainly some variance from 2000 Census data is to be expected as a result of changes that have occurred

[^3]:    in the intervening five years. Nonetheless, we suggest the reader use caution in generalizing our data to all rural Nebraska. However, given the random sampling frame used for this survey, the acceptable percentage of responses, and the large number of respondents, we feel the data provide useful insights into opinions of rural Nebraskans on the various issues presented in this report.

[^4]:    Note: The list of items was not identical in each study. "NA" means that item was not asked that particular year.

    * The proportions were calculated out of those answering the question. The respondents checking "does not apply" were not included in the calculations.
    ** Worded as "time to relax during the week" in 1996 study.

[^5]:    * Only the ten items with the highest combined proportion of "very dissatisfied" and "dissatisfied" responses are included in this table.

[^6]:    * Only the ten items with the highest combined proportion of "very dissatisfied" and "dissatisfied" responses are included in this table.

[^7]:    * Only the ten items with the highest combined proportion of "very dissatisfied" and "dissatisfied" responses are included in this table.

[^8]:    * Only the ten items with the highest combined proportion of "very dissatisfied" and "dissatisfied" responses are included in this table. 25

