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Drug Policy in Sports

Autumn Wimbush
Omaha North High Magnet School

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Abstract

I always wanted to look at how drugs impacted high school athletes and how many of them actually start using drugs. With the research I found, I hoped to analyze why athletes aren’t getting tested and why associations aren’t trying to test them.

With my research I found that most leagues and associations don’t take the right precautions to testing their athletes. High school athletes feel pressured to do better because of scholarships and competitions. The pressure causes many athletes to start using performance-enhancing drugs and several leagues are still trying to figure out how to end the epidemic.

Key points

• Many athletes are at risk of losing their entire career because of the decision they made to use performance enhancing drugs

• Many drug policies aren’t being as enforced as they should be and are easily neglected. WADA statistics have shown that only 1% to 2% of worldwide drug tests have been reported positive (Epstein, 2)

• In some cases, high school athletes feel pressured into using steroids to become better athletically and physically

Conclusion & Discussion

Drug testing should become routine in all sports, professional or high school. It will help decrease the number of athlete’s who use drugs. Athlete’s always feel the pressure to become the best that they can possibly be; but choose to abuse drugs to become better.

Using steroids causes the leagues to look bad in the media today. It makes it look like league officials aren’t worried about what their athletes are doing. Many leagues and associations must take actions to reduce the use of performance enhancing drugs in sports.

Future Research Ideas

• Opportunities for future research would be to interview high school and college athletes

• Compare drug use from today to the 1990’s.

Works Cited


