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## Regional volumetric change of the tongue during mastication in pigs

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### Abstract

Structure and movement of the tongue have been studied extensively, but little study has been carried on its 3D deformation and ensuing volumetric changes during various functions. The purpose of this study is to investigate the volumetric changes of a regional section of the tongue during feeding. Four 12-week-old Yucatan miniature pigs were used. During natural mastication and water drinking, the width, length, thickness and volumetric changes were measured using six implanted ultrasonic crystals, which circumscribed a wedge-shaped volume in the region of the tongue body. Jaw movements were videotaped and digitized. Signals from these two sources were synchronized to allow real-time analyses. Significant volumetric changes ( $P < 0.001$ ) were found in chewing, ingestion and drinking, and these changes were stereotypical in relation to rhythmic jaw movements. Volumetric change during chewing was not only more regular, but significantly larger (45.6%,  $P < 0.001$ ) than that during ingestion (31.4%). The volumetric changes were less regular in drinking and the changing range (30.4%) was close to that during ingestion. Real-time analysis indicated that the volume began increasing at late jaw closing and reached the peak at late power stroke. The increase in duration of volume only took up 33.4% of the total chewing cycle length; significantly shorter than that of volume decrease. Correlation analysis revealed that the change in posterior dorsal and ventral widths had the greatest positive association with volumetric change ( $r = 0.43$ ) in direction. The covariance calculations further indicated that dimensional changes in length and thickness coupled negatively with volumetric changes in amplitude. These results revealed that regional volumetric change of the tongue occurs during feeding and chewing requires larger volumetric changes than do ingestion and drinking. Volumetric expansion occurs in the phase of power stroke during chewing and is coupled with increases in widths in the direction and with decreases of thickness and length in the amplitude. The results further suggested that the regional volumetric expansion may play the determinant role in functional load production on its surrounding tissues, and may also imply that neuromuscular control of the tongue is region-specific, a notion incompatible with traditional scheme of categorizing muscle function in the tongue.

**Keywords:** tongue deformation, volume, ultrasound, jaw movement, mastication

### Introduction

As a complex muscular organ, the mammalian tongue consists of a specialized epithelium underlain by intrinsic and extrinsic muscles. These muscles in-

clude four extrinsic muscles (genioglossus, styloglossus, palatoglossus and hyoglossus) and four intrinsic muscles (superior longitudinal, inferior longitudinal, transversus and verticalis). These muscles comprised of many segments of differently oriented fibres inter-

mingled with each other to facilitate complicated and delicate tongue kinematics (1). The tongue is a vital organ involved in feeding, speech and respiration. Throughout these functions, the tongue as a whole is regarded as a “muscular hydrostat,” or a system that exerts force by contracting its three-dimensional (3D) musculature, altering its shape while keeping its volume constant (2–4). This system is comprised of fluid and musculature that acts to produce movement and as a skeleton. Other examples of muscular hydrostats include the elephant trunk and squid tentacle (5).

Although the muscular hydrostat theory of the tongue has been studied, little has been carried out on its *in vivo* 3D deformation and resulting regional volumetric changes during various functions. Obtaining such information has been an ongoing challenge because of the anatomical complexity and inaccessibility, and functional precision and diversity (6–9). Intra-mural kinematics of the tongue can be determined only through the use of highly specialized equipment that is capable of tracking small markers that are implanted within or secured to multiple “landmarks” on the tongue (10). Tongue motor performances are typically considered to be produced by shifts in relative activity of tongue muscles, whether sequential or co-active. However, coordinative organization of lingual movements for chewing, swallowing and speech are poorly understood.

According to the muscular hydrostat theory of tongue control, the constant volume of the tongue is achieved by deforming or displacing in various regions and dimensions via contractions of highly defined intrinsic and extrinsic tongue muscles (2). Although the entire tongue is incompressible, a volumetric change deriving from independent motor control of regions may occur to allow its diverse functions to be accomplished (11, 12). Therefore, the distance changes (elongation or shortening) of various dimensions (width, length and thickness) in this region may not be parallel or compensatory to each other. This issue has not been explored or discussed in the literature. By using the novel technology of digital microsonometrics, the present study was to record 3D deformation occurring inside the tongue during natural mastication and drinking. With these changing distances between multiple pairs of ultrasonic transmitters/receivers (i.e. piezo-electronic crystals) that represent various dimensions, regional volumetric changes in the body of the tongue were calculated dynamically. We hypothe-

sized that the tongue experiences periodic and rhythmic volumetric changes in regions and these changes are function/behavior-specific. We further hypothesized that these regional volumetric changes are related to specific 3D deformational patterns and jaw movement phases.

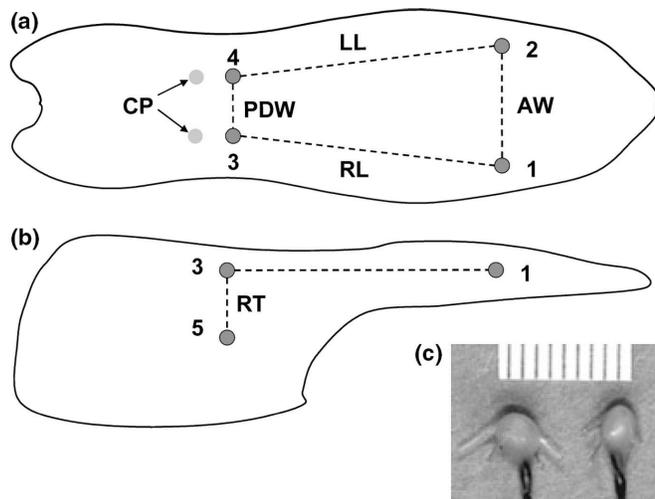
## Materials and methods

### *Animals*

Four 12-week-old Yucatan miniature pigs were obtained from Sinclair Research Center (Columbia, MO, USA). They were two males and two females with the mean body weight of 13.5 kg (11.7–15.0 kg). The pigs were acclimated to the experimental environment through 3–5 days of daily training during which the pig was fed on a feeding table by wearing a neck collar where mock recording devices were placed. A 12-hour starvation was applied before the recording day. The University of Washington Institutional Animal Care and Use Committee approved all procedures.

### *Device placement*

The pigs were placed under anesthesia using isoflurane and nitrous through the nostrils. A mouth opener was used to keep the jaw open at 35–40 mm. The tongue was then pulled forward to expose the circumvallate papillae while maintaining its natural shape. Six 2-mm ultrasonic crystals with B-bards (Sonometric Co., London, Ontario, Canada), which function as tiny transducers that transmit and receive ultrasonic signals between pairs were brought into the proper oral cavity through an incision in the submandibular region, and were surgically implanted into the tongue body to circumscribe a wedge-shaped configuration for a 3D deformational recordings (length, width and thickness) and volume calculations (Figure 1c). This configuration provided the distance changes in the following dimensions available in the circumscribed region (Figure 1a and b): anterior width (AW), posterior (base) dorsal and ventral widths (PDW and PVW), left and right body lengths (LL and RL) and left and right base thickness (LT and RT). In addition, four fluorescent markers were glued to the upper and lower lips forming two linear segments parallel to the occlusal plane for jaw movement tracking (Figure 2). Jaw movement videotaping was also taken before the implantation of



**Figure 1.** Array of implanted crystals. (a) Dorsal view of crystal sites, (b) sagittal view (right) of crystal sites, (c) a pair of ultrasonic crystals. Two crystals (1 and 2) were embedded 15 mm posterior to the tongue tip, two others were implanted 5 mm anterior to each circumvallate papilla (CP, 3 and 4), and the last two (5 and 6) were at a depth of 10–15 mm to 3 and 4. Dashed lines indicate measured dimensions. AW (1–2), anterior width; LL, left length (2–4); RL, right length (1–3); PDW, posterior dorsal width (3–4); RT, right thickness (3–5). Please note that posterior ventral width (PVW, 5–6) and left thickness (LT, 4–6) are not shown in this drawing.

crystals to examine if the implantation interfered with normal jaw movement. The pig was euthanized after completion of all recordings, and the tongue was dissected. The distance of each crystal site to the tongue anatomical landmarks was checked and its accuracy and consistency was confirmed. The direct measurements of tongue volume and weight were performed using the water displacement method and a digital scale, respectively.

#### *Data collection and analysis*

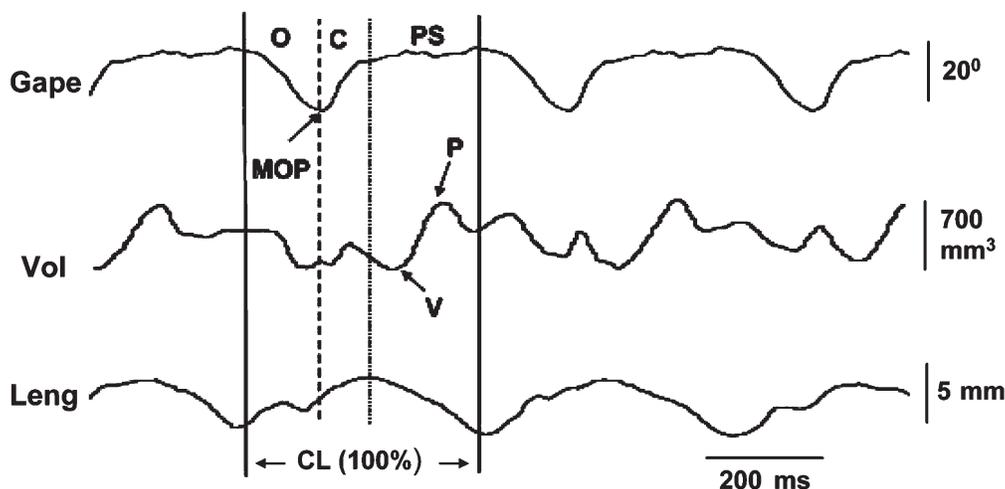
The pigs were allowed to gain consciousness and were offered chow pellets. As described elsewhere, a natural mastication process composed of multiple chewing sequences separated by a transitional episode and a short ingestion sequence. A chewing sequence had 10–50 consecutive cycles or strokes on alternating sides. An ingestion sequence had consecutive 2–8 cycles with fast and steady rhythm and the behavior change was clearly recognizable by a visual inspection. A transitional period occurred between chewing and ingestion sequences and was irregular and less rhythmic with a few extended cycles (13). Water was also of-



**Figure 2.** Jaw marker locations. Four fluorescent markers (dots) were glued onto upper and lower lips to form two segments parallel to the occlusal plane. The dashed lines connecting 1 and 2, and 3 and 4 represent upper and lower segments, respectively. The gape between these two segments during chewing was calculated through digitization of videotaping images.

ferred through a clear glass container during or after masticatory sequences to record drinking sequences. Signals from each crystal pairs were recorded at the sampling frequency of 252 Hz through a SonoLAB system (TRX Series 8; Sonometric Co., London, Ontario, Canada). Jaw movement was videotaped using a digital video camcorder (NTSC 2R50MC; Sony Co., Tokyo, Japan). through a Motus system (Vicon/Peak Co., Centennial, CO, USA). To allow for real-time analysis, an Event & Video Control and an Analog to Digital (A/D) Interface units (Vicon/Peak Co., Centennial, CO, USA) were used to synchronize sonomicrometric signals with jaw movement images.

The Euclidean distance between crystal pairs was calculated using the SONOVUE to obtain linear deformational changes in each dimension after low-pass filtration at 30 Hz. These dimensional data were further used to make a 3D image reconstruction using SONOXYZ program. Then, a specific software, SONOVOL (Sonometric Co., London, Ontario, Canada) was applied, which uses the *xyz* coordinates and 3D reconstruction to calculate the actual volume at each time point sampled. Overall, 8–10 ingestion and 20–30 chewing cycles from 2–3 masticatory sequences and 10–15 drinking cycles



**Figure 3.** Methods for jaw movement and microsonometric data analyses. Jaw movements were synchronized with the signal outputs from the ultrasonic crystals to allow for real-time analysis. Solid, dashed and dotted lines indicate the starts of jaw opening, jaw closing and power stroke (occlusal) phases, respectively. Two solid lines define one chewing cycle length and represent 100% for all timing calculations. Gape, degree of jaw opening; Vol, volumetric measurement; Leng, length measurement; O, jaw opening phase; C, jaw closing phase; PS, power stroke; MOP, maximal jaw opening; P, peak; V, valley. Arrows indicate maximal opening of jaw movement, and peak (maximum) and valley (minimum) of volumetric changes.

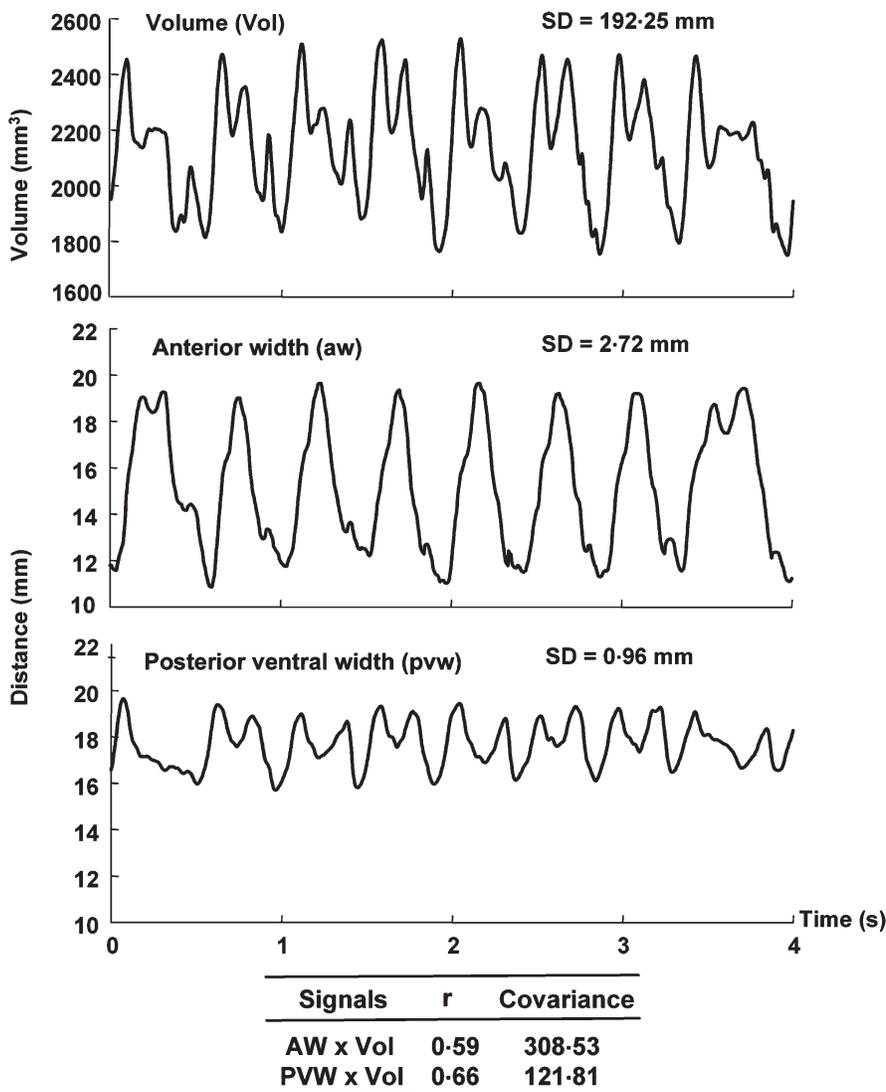
were analyzed for each animal. The baseline volume was defined before the pig awoke fully by directly visualizing that there were no visible movements of jaw and tongue. From each chewing, ingestion or drinking cycle, the difference between maximum (peak) and minimum (valley) for the volumes were measured. The time durations from valley to peak (volume increase) and from peak to valley (volume decrease) were calculated as well (Figure 3). To avoid influences from the variations of cycle length within an animal, amplitudes and durations of volumetric changes for each animal were converted to % of baseline amplitude of microsonometric record and % of cycle length measured from synchronized jaw movements in this animal, respectively.

Jaw movement images were digitized by using the four glued fluorescent markers. The beginning of jaw opening, maximum opening (beginning of jaw closing) and the beginning of power stroke (occlusal phase) were marked as events for each chewing cycle. The details about identification of these jaw movement events were published elsewhere (14). The frequency of chewing was defined by jaw movement digitalization from the beginning of jaw opening to that of the next cycle (Figure 3).

To better understand the spatio-temporal coupling between dimensional and resultant volumetric changes, a correlation analysis was applied to the 4–10 s extracted microsonometric data which included

distance changes of the paired crystals and volumetric changes. Correlation coefficients (positive or negative) were computed on the distance time histories of selected crystal pairs to volumetric changes. Because pigs chew alternatively in sides (15), the chewing side of the collected data was assumed to distribute evenly in the left and right sides. Thus, bilateral lengths and thicknesses were combined before the analysis. As a result, five correlations were computed, i.e. three widths times volume ( $AW \times Vol$ ,  $PDW \times Vol$  and  $PVW \times Vol$ ), and length  $\times$  Vol and thickness  $\times$  Vol. Correlations approaching 1 or near 0 represented strongly or weakly coupled dimensional and volumetric changes, respectively; whereas, correlations approaching  $-1$  represented strong, negatively coupled dimensional and volume changes; i.e. an increase in a given dimension coincided with a decrease in volume or vice versa.

Because the correlation-based analysis was inherently normalized to signal amplitude, the contribution of each dimensional change to overall volumetric change could not be determined. Therefore, the covariance between the distance time histories associated with above-mentioned five correlations were also calculated (Figure 4). Conceptually, the covariance is a bivariate correlation ( $r$ ) that is weighted by the amplitude of each signal (16). Specifically for each dimensional change and volume comparison, the covariance was the correlation between the signal pairs times the standard deviation of each signal. Therefore, the cova-



**Figure 4.** To quantify the contribution of dimensional changes (as represented by the distance between each crystal pair) to tongue volume changes, covariance was computed between each distance and volume time histories. The time histories for the volume (Vol), anterior width (AW), and posterior ventral width (PVW) for a single masticatory sequence from the pig #1 are displayed in the top, middle and bottom panels, respectively. The figure shows that the magnitude of change in distance was greater for AW than it was for PVW (s.d. = 2.72 versus 0.96), but the coupling between each crystal pair and volume were similar ( $r_{AW \times Vol} = 0.59$  and  $r_{PVW \times Vol} = 0.66$ ). Consequently, the covariance was much larger for AW than for PVW. In contrast to the correlation analysis, the covariance analysis provided a means to distinguish between dimensions that exhibited small distance changes during chewing from those that exhibited large ones; presumably, dimensions with large distance changes would contribute more to volumetric changes than those with small distance change.

riance provides a quantitative means to examine patterns of functional dependence between individual dimensional and resultant volumetric changes across multiple chewing cycles. A relatively high-positive or negative covariance value suggests that the selected dimensional change is contributing significantly to volumetric changes. Because of the limit of sample size, correlation analysis and covariance calculations were only performed on chewing cycles.

#### Statistics

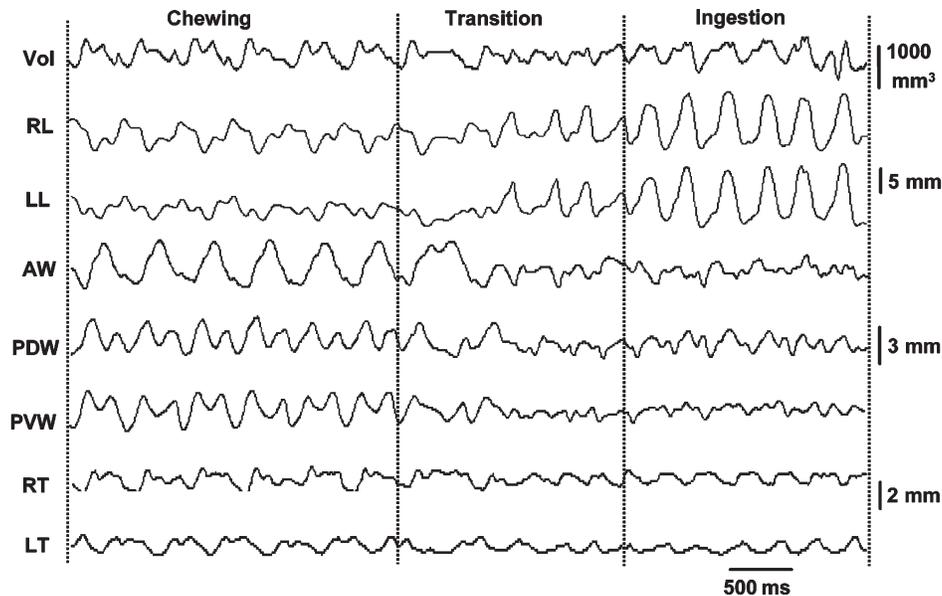
Data were averaged across feeding sequences for each animal and for dimensional or volumetric change. Because data were distributed asymmetrically, non-parametric Mann-Whitney *U*-tests were used to examine the differences in volumetric changes between chewing and ingestion and between durations of volumetric increase and decrease. The differences of five

correlations were examined by Kruskal-Wallis *H*-test, followed by Mann-Whitney *U*-tests. Significance level was set at  $P < 0.05$ . Bonferroni adjustment was applied to set up the significant level ( $P < 0.01$ ) for multiple pair-wise comparisons following Kruskal-Wallis *H*-test.

#### Results

No difference of jaw movement was found before and after crystal implantation. Post-mortem measurements on the tongue sizes indicated that the averages of volume and weights were  $7525 \pm 355 \text{ mm}^3$  and  $74.05 \pm 5.11 \text{ g}$ , respectively.

All four animals ate pig chow vigorously, but only one animal was willing to drink water under experimental setting. Stereotyped and rhythmic volumetric



**Figure 5.** Raw tracing of masticatory process from the pig #3 as a typical representative. Dotted lines separate chewing, ingestion and transitional cycles. Refer to Figures 1 and 3 for all captions.

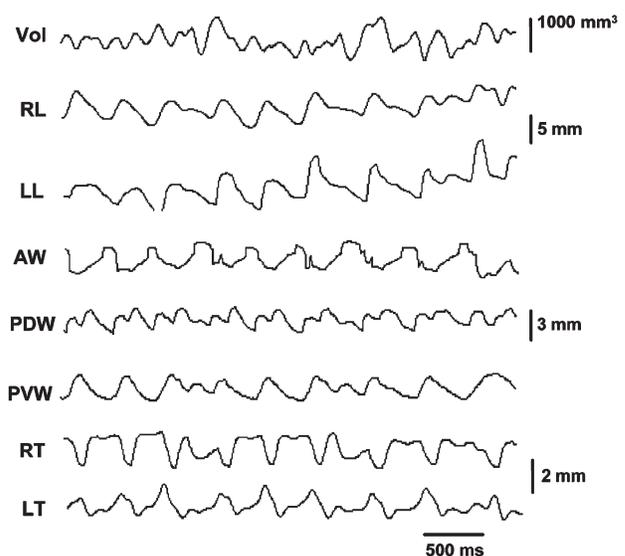
changes, which significantly differed from the baseline volume ( $P < 0.001$ ), were found during both chewing and ingestion episodes similar to dimensional changes described elsewhere (13). Waves of volumetric change were more regular during chewing than during ingestion (Figure 5). Quantitative analysis further indicated that the range of volumetric changes relative to the baseline volume during chewing was significantly larger than those during ingestion ( $45.6 \pm 20.4\%$  versus  $31.4 \pm 18.3\%$ ,  $P < 0.01$ ).

Although the stereotypical nature remained during drinking, the waves of volumetric changes were less regular in both rhythm and amplitude compared with those during chewing and ingestion (Figure 6). The range of volumetric changes during drinking ( $30.4 \pm 13.5\%$ ) was close to that during ingestion, but the quantitative comparison was not available because of limited data source.

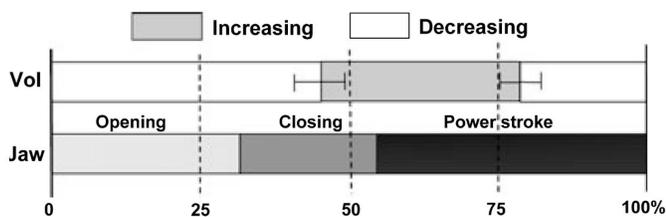
Time relationship between volumetric changes and jaw movements during chewing indicates that volume began increasing at the middle-late of jaw closing phase, reaching the maximum at the middle of power stroke. The duration of increase in volume only took up  $33.4 \pm 3.50\%$  of the total chewing cycle length; significantly shorter than that of volume decrease ( $P < 0.001$ , Figure 7).

As demonstrated in Table 1, the ranges of both correlation coefficient and covariance values differed considerably across various dimensions in relation to the volume. The largest coefficients ( $r = 0.43$ ) were found

in both  $PDW \times Vol$  and  $PVW \times Vol$ , indicating that linear changes in these two widths were positively associated with volumetric changes in overall direction. On the contrary, both length and thickness showed a weak, negative association ( $r = -0.13$ ) with volumetric changes (length  $\times Vol$  and thickness  $\times Vol$ ); significantly smaller than those of three widths versus volume. However, covariance values were significantly smaller in both  $PDW \times Vol$  and  $PVW \times Vol$  compared with that  $AW \times Vol$ . Both length  $\times Vol$  and



**Figure 6.** Raw tracing of drinking sequence from the pig #3 as a typical representative. Refer to Figures 1 and 3 for all captions.



**Figure 7.** Time relationship between volumetric change and three phases of jaw movement during chewing. Left error bar indicates one s.d. of time difference between start of volumetric increase and start of jaw opening, and right error bar indicate one s.d. of duration of volumetric increase. Note that the duration of volumetric increase is much shorter than that of volumetric decrease.

thickness  $\times$  Vol showed larger negative covariance values, particularly in length  $\times$  Vol, indicating that the lengthening in tongue body and thickening in tongue base were negatively coupled with volumetric expansion in amplitude (Figures 4 and 5).

## Discussion

Because of its highly aqueous content, the tongue tissue is effectively incompressible, and thus it maintains the ability to deform without altering tissue volume as a whole. Therefore, the tongue maintains a constant volume as it changes shape (2). The results from various studies have supported the theory that when the muscular arrangement in the tongue causes a contraction (decrease) in one dimension, the change in shape will be translated into an expansion (increase) in other dimension, for e.g., a decrease in thickness is com-

pensated for elongation during food capturing in the tongue of frog and during swimming in the fins of cuttlefish (5, 17). However, this theory is only applicable, provided the entire tongue and dimension are taken into account. In fact, tongue motor control is far beyond the whole muscle level, i.e. tongue retrusor (styloglossus) or protrusor (genioglossus) (18), as co-activation of these muscles including tongue intrinsic muscles, and selective activation of muscle fibres from a single tongue muscle (genioglossus) often occur during function (14, 19–21). These region-specific and behavior-contingent muscle elongations or shortenings may not fit with the hydrostat theory. The present study did find that the tongue volume changed regionally during all three feeding behavior: chewing, ingestion and drinking. These volumetric changes are greater during chewing than during ingestion and drinking. As anticipated, this regional volumetric expansion during chewing resulting from widening of body and base, shortening of body length and thinning of base (Figure 5) mainly occurred in the power stroke phase of jaw movement (Figure 7). Such a regional volumetric expansion of the tongue may play a critical role for positioning the food onto molar surfaces and/or squeezes the food against the hard palate for grinding. Therefore, it could be inferred that this kind of regional volumetric expansion is a major force source producing masticatory loads on tissues surrounding the tongue, such as premaxilla, palate and alveolar processes (22). Smaller volumetric expansion during ingestion and drinking than chewing may further demonstrate that these feeding behaviors generate lesser loads.

The constant volume of the tongue during function is achieved by deforming or displacing various re-

**Table 1.** Correlation coefficients and covariance values

	Coefficients		Covariances	
	Mean	s.d.	Mean	s.d.
AW $\times$ Vol (1)	0.207	0.191	390.5	170.6
PDW $\times$ Vol (2)	0.432	0.213	119.1	91.9
PVW $\times$ Vol (3)	0.429	0.321	139.8	35.4
Leng $\times$ Vol (4)	-0.130	0.117	-649.0	204.2
Thick $\times$ Vol (5)	-0.125	0.072	-276.3	118.5
Kruskall-Wallis H-test	$\chi^2 = 17.46^{**}$		$\chi^2 = 22.43^{**}$	
Mann-Whitney U-test(2),(3) > (1)*			(1) > (2),(3)*	
	(4),(5) < (1),(2),(3)*(4),(5) < (1),(2),(3)*			

AW = anterior width; PDW = posterior dorsal width; PVW = posterior ventral width;

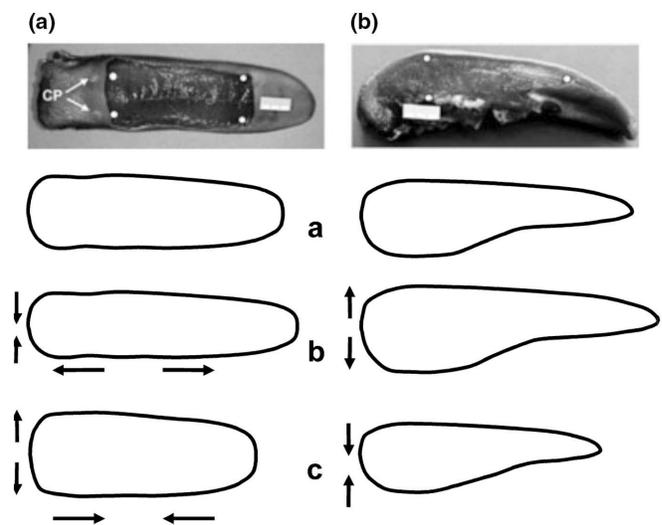
Leng = length measurement; Thick = thickness

Numbers in parentheses represent correlation pairs. Numbers in italic indicate significantly higher coefficients and values.

Significance levels: \*  $P < 0.01$ ; \*\*  $P < 0.001$

gions and dimensions via contractions through a compensating pattern, i.e. the loss in one whole dimension accompanying a gain of the other whole dimension. However, according to the theory of region-independent motor control of the tongue (11, 12), the scenario that one dimension of the tongue compensates for the other dimension or the loss of one dimension is parallel to the gain of other dimension may not really occur. The present findings indicated that a sequential elongation or shortening of various dimensions (width, length and thickness) in a region was not actually parallel to or compensatory to each other, and one dimension may change more than the other. The correlation analyses between dimensional and volumetric changes during chewing clearly showed that the volume expansion was strongly associated with widening of tongue base, both dorsal and ventral, but loosely with tongue body lengthening and base thickening (Table 1). Therefore, volumetric expansion during the power stroke of chewing is primarily due to an increase of widths while thickness and length actually decrease. The covariance analyses further demonstrated that if the overall changes in amplitudes of various dimensions and resulting volume are counted, thinning of the tongue base and shortening of tongue body length are two biggest contributors to volumetric expansion during chewing. In other word, distance time histories (amplitude changes) of these two dimensions (base thickness and body length) and volume are tightly coupled in an opposite direction (Table 1).

Assuming the overall shape of the tongue follows these regional dimensional changes during chewing, the estimated tongue shapes during three stages of chewing is sketched in Figure 8. Compared with the overall shape during jaw opening phase (Figure 8a), elongation of the body, narrowing of the width and thickening of the base are main deformations during jaw closing phase (Figure 8b). During power stroke, the tongue extensively widens and shortens along with thinning of the base (Figure 8c). Taking these dimensional and volumetric changes together, it can be concluded that increases in the widths are greater than decreases in the length and thickness, which when combined are most likely to be responsible for volumetric expansion during power stroke. On the other hand, decreases in the widths and thickness are greater than the increase in the length which is a combination most likely to be responsible for volumetric contraction during jaw opening.



**Figure 8.** The estimated overall tongue shape in relation to three jaw movement phases during chewing. (A) column: dorsal view; (B) column: sagittal (right-side) view. White dots indicate sites of ultrasonic crystal implantation. (a) Jaw opening, (b) jaw closing, (c) power stroke. Arrows indicate the direction of dimensional changes.

Although the technique used for the current study is novel and the results are promising, there are some limitations. First, dimensional and volumetric changes were only measured in one region with no comparison between regions, thus the theory of region-independent motor control of the tongue could not be really tested by the present results. Secondly, the microsonometric technique is only able to measure linear deformations of the tongue, whereas bending and twisting are also major components of tongue deformations. Thirdly, variations in the initial distances for each crystal pair might affect the precise evaluations for contributions of various dimensional changes to volumetric changes in amplitude through covariant calculation, because a larger initial distance of a crystal pair might be related to a larger standard deviation of a given signal. Lastly, the volumetric reconstruction can only be realized when all six crystals are operational during recording. This restriction resulted in the limited sample size (4/8) of the present study because the failure or malfunction of one or two crystals happened frequently.

In summary, the present study suggests that although the tongue is recognized as a muscular hydrostat model with constant volume, regional volumetric changes occur during all three feeding behavior, and these changes are stereotypical in relation to rhythmic

jaw movement. Volumetric changes are greater during chewing than ingestion and drinking. Volumetric expansion occurs in the phase of power stroke during chewing and is coupled with increases in widths in the direction and with decreases in thickness and length in the amplitude. The regional volumetric expansion of the tongue meets the functional demand and may play the determinant role in functional load production on its surrounding tissues.

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