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# CCF Semi-Annual Report October 04 – March 05

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# CCF Semi-Annual Report
# October 04 – March 05

## NEBHANDS

**Nebraskans Expanding Behavioral Health Access through Networking Delivery Systems**

Submitted By the University of Nebraska Public Policy Center – April 29, 2005

## 1. Grant Information

**Grant Number:** 90EJ0010
**Project Title:** Nebraskans Expanding Behavioral Health Access through Networking Delivery Systems (NEBHANDS)
**Grantee Organization Name:** Compassion Capital Fund Demonstration Program
**Contact Person:** Mark DeKraai
402-472-1496
mdekraai@nebraska.edu
**Period Covered by Report:** October 1, 2004-March 31, 2005

## 2. Major Activities and Accomplishments

- Year three sub-awards were awarded to 40 different organizations totaling approximately $425,220. Attachment A provides a list of third year sub-awardees, including the name and location of each, the type of organization, and description of project, as well as more detailed information. Attachment B lists some of the major accomplishments from each of the second-year sub-awardees.

- A number of open technical assistance workshops were held for sub-awardees and other faith-based and community organizations during the reporting period (see Attachment C for samples of information on specific workshops; Attachment D provides a list of some of the technical assistance workshop registrants):

  - December 1, 2004: Early Childhood Behavioral Health Video Conference Workshop (Hastings, Kearney, Lincoln, North Platte, Norfolk, Omaha, Scottsbluff)
  - February 25, 2005: Psychological First Aid Training (Kountze Memorial Lutheran Church: Omaha)
  - February 28, 2005: Program Evaluation Video Conference Workshop (Hastings, Kearney, Lincoln, Omaha, Scottsbluff)
  - March 11, 2005: Psychological First Aid Training (University Of Nebraska-Kearney)
  - March 25, 2005: Psychological First Aid Training (St. Elizabeth's Hospital: Lincoln and Southeast Community College: Lincoln)

- The NEBHANDS Evaluation Committee continued the process of evaluating grant activities, including selecting subaward organizations for case studies, collection of information about subward groups and effectiveness of technical assistance (see Attachment E for survey findings).

- NEBHANDS conducted a number of dissemination activities during the reporting period, including sending a weekly e-mail newsletter to Nebraska policymakers and organizations. We have also posted information on the NEBHANDS web site. In addition, NEBHANDS and many sub-awardees received coverage from local newspapers and other media outlets. Finally, Interchurch Ministries Nebraska continued to operate the NEBHANDS lending library.

- The Cable Channel Nickelodeon featured some of the youth from the Families CARE/Y.E.S. program to talk about the challenges that youth with mental health issues face-October 2004 (for more information, see Attachment B – Success Stories)
- Sound Partners featured in the Nebraska Educational Newsletter –March 2005

- NEBHANDS participated in one of three focus groups for the Surgeon General's Office on Gender and Mental Health Issues-March 2005, Kansas City, MO

- NEBHANDS facilitated the collaboration between United Way, We Care (a group of children providers and systems) and The Continuum (organization being funded by NEBHANDS) to form the Nucleus Group. For more information, see Attachment F.

- The Public Policy Center provides administrative and technical support to the Information & Referral (I&R) Nebraska collaborative group organization from across the state, working to ensure that individuals have an easy means to search the entire state for health and human service agencies and programs, and find the help they need. I&R Nebraska partners maintain databases containing information on several thousand agencies, programs, and services across the state. The partners continually assess and update the resources available in their area to ensure the broadest representation of services possible. The partners combined the information in their individual databases, resulting in a statewide database of human services information that may be accessed either by calling 2-1-1 or by clicking on www.ne211.org.

- Several sub-awardees hosted NEBHANDS sponsored technical assistance in their communities during this reporting period (see Attachment G for samples of information about sub-awardee conferences):

  - October 21, 2004: 10th Annual Spiritual and Mental Health Conference: The Role of the Faith Community in Mental Health Care (Omaha, NE)
  - October 26-27, 2004: 11th Annual Minority Health Conference (Lincoln, NE)
  - November 18-19, 2004: Planting Seeds of Hope-Methamphetamine Abuse and Its Impact on Early Childhood Development and Wellbeing
  - March 23-24, 2005: Bioterrorism Symposia (Lincoln, NE)

- The project continued to track expenditures and cost sharing requirements. The Financial Report is included in Attachment H.

- NEBHANDS subcommittees continued to work and meet throughout the six months:
  - October 21, 2004: Executive Committee Meeting
  - November 2, 2004: Evaluation Committee Meeting
  - November 10, 2004: Dissemination Committee Meeting
  - December 1, 2004: Dissemination Committee Meeting
  - January 19, 2005: Dissemination Committee Meeting
  - January 20, 2005: Executive Committee Meeting
  - January 21, 2005: Evaluation Committee Meeting

- February 17, 2005: Executive Committee Meeting
- February 18, 2005: Evaluation Committee Meeting
- February 20, 2005: Evaluation Committee Meeting
- February 24, 2005: Dissemination Committee Meeting
- February 25, 2005: Evaluation Committee Meeting
- March 11, 2005: Evaluation Committee Meeting

- NEBHANDS partners and sub-awardees continued to develop newsletters related to development of small faith-based and community organizations (see Attachment I for samples):
  - Families CARE/Y.E.S. Newsletter, Volume 2, Issue 4, October 2004
  - Families CARE/Y.E.S. Newsletter, Volume 3, Issue 1, February 2005
  - Matt Talbot Kitchen & Outreach Volunteer Newsletter, March 2005
  - Matt Talbot Kitchen & Outreach Pamphlet
  - NAMI Nebraska The Voice Newsletter, Volume 8, Issue 1, March 2005
  - Take Flight Farms First Annual Report, March 2004 – Printed March 2005

**3. Concern/Problems**

- Noting how many requests we are now getting for technical assistance and funding from groups around the state, as we are now well known and woven into the fabric of the state's service system; we are concerned with the phasing out of the project now that we are depended upon by faith-based and community-based groups.
- Working to sustain the sub-awardees and efforts to assist sub-awardees past the grant period has been a challenge. We have been working with our local, state, and federal partners on this issue.

**4. Significant Stories/Findings**

- NEBHANDS conducted several technical assistance workshops across the state during the six-month period. In addition, a number of sub-awardees held their own workshops to supplement the NEBHANDS presentations (see Attachment G). Various sub-awardees also reported success stories for this reporting period (see Attachment B).
- For this reporting period, many sub-awardees have been successful in grant writing. 11 sub-awardees have turned into NEBHANDS grant incentive applications, totaling $413,733.00.

**5. Communications Activities**

- A weekly e-mail newsletter was distributed to over 1100 public and private organizations throughout the state, which included information about NEBHANDS technical assistance trainings as well as grant funding opportunities (see Attachment J for copies of samples of the newsletter; additional newsletters may be obtained from the following web-address: http://www.nebhands.nebraska.edu/nwsltrpg.htm).

- The NEBHANDS website was updated during the period to more efficiently relay information to sub-awardees and interested stakeholders.
- Through the Sound Partners project, we held one statewide meeting and community meetings in three areas of the state: the Panhandle, central Nebraska, and the Omaha reservation.

## 6. Other Activities

Faith and community based groups have had an increased role in Nebraska's behavioral health policy development as a result of NEBHANDS activities. For example, Nebraska's All Hazards Disaster Behavioral Health Plan was established in January 2005 with a formal role identified for faith leaders as part of the spiritual and behavioral health work force. A Statewide Disaster Chaplaincy is now being formed that will give faith leaders skills to not only assist after disaster, but to prepare them to respond effectively to other behavioral health crisis. This is particularly important as faith leaders in Nebraska work toward supporting returning military and their families in partnership with service providers across the state.

## 7. Activities Planned for the Next Reporting Period (see Attachment K for samples of materials)

- Executive Committee and subcommittees will meet throughout the reporting period.

- NEBHANDS staff will continue to provide individualized technical assistance for the 40 Year 3 sub-awardees throughout the next six months.

- A number of technical assistance activities are scheduled for the next six months:

  **April**

  - From Bullying to Battering: Making Prevention the Priority – Kearney
  - Logic Models: Developing Systems of Care Video Conference Training Session – Hastings, Kearney, Norfolk, North Platte, Omaha, Scottsbluff
  - Bioterrorism Symposia
  - Psychological First Aid Training (3 days in April)
  - Expanding Revenues and Governance of 501c3 Organizations
  - North American Association of Christians in Social Work Audio Conference: Spiritual Development as a Component of Social Work Practice: Approaches, Our Own Development, and Utilizing Spiritual Assessment Tools
  - Nebraska Association for Translators & Interpreters: Spanish and English Grammar Comparison and Contrast: Improving Comprehension and Rendition in Translation and Interpretation
  - F.I.R.S.T. PROJECT presents "Lessons from the Field": A Conference on Working With New Americans
  - Early Childhood Mental Health Advisory Committee

  **May**

- Bioterrorism Symposia
- Substance Abuse Action Conference: Get on Track
- Community Coalition Building Workshop
- Legal Issues for Leaders of Non-Profits Video Conference – Hastings, Kearney, Lincoln, Norfolk, North Platte, Omaha, Scottsbluff
- Philanthropy

**June**

- Bioterrorism Symposia
- Board Development and Management Workshop
- Nebraska Ecumenical Disaster Recovery Network Kickoff Conference
- Consumer Spirituality Conference
- Co-Occuring Disorders – one day conference and two day "train the trainer" workshop

**July**

- Fundraising Workshop
- Disaster Mental Health Workshop
- Peer Summit: Best Practice Models for Mental Health Consumers
- Early Childhood Mental Health Advisory Committee

**August**

- Substance Abuse 101 Workshop

**September**

- Dual Diagnosis
- Foundation Funding

- Nebhands will hold a Subawardee and Stakeholders meeting in September 2005

- The Sound Partners project will commence during the next six month period including the following activities:

  - Community meetings — Apr 05
  - Work with NPRN to identify stories, link with state partners — Apr 05
  - NPRN to create on-air promotions — Apr 05
  - Staff at mental health professional conference to promote project — Apr 05
  - Community meetings — May05
  - NPRN to continue to write and edit the radio series — May05
  - Integrate radio series with Community Guide — Jun 05

- Community meetings — Jun 05
- Community plans completed — Jun 05
- Focus groups conducted — Jun 05
- NPRN to broadcast the radio series — Jun 05
- NPRN to continue to broadcast the radio series — Jul 05
- Analyze evaluation results — Jul 05
- Create evaluation report — Jul 05
- PPC discussion with state policy makers on implications for behavioral health reform — Aug 05

- The Community Guide project will commence during the next six month period the following activities:

  - Evaluate content for missing information — Apr05
  - Test design — May05
  - Contact NETV — June05
  - Begin planning for community meetings to disseminate guide — Jun 05
  - Final product — Jun 05

- Interchurch Ministries Nebraska has scheduled the following activities:

  - Externally Focused Congregation Workshop for Clergy — Sep 05
  - "Pastor's Desk Reference (PDR) of information and helpful resources regarding mental illness/substance abuse — Sep 05

**8. Financial Status Report**

See Attachment H

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**Attachments:**

- **A.** Year 3 Sub-awardees
- **B.** Sub-awardee success stories
- **C.** Information on technical assistance workshops
- **D.** Technical assistance workshop registrants
- **E.** Survey Findings
- **F.** Information on the Nucleus Group
- **G.** NEBHANDS sub-awardee hosted technical assistance (conferences)
- **H.** Financial Status Report
- **I.** Sub-awardee Newsletters
- **J.** NEBHANDS Newsletters
- **K.** Activities Planned for Next Reporting Period

# ATTACHMENT A

## YEAR 3 SUB-AWARDEES

# NEBHANDS: Third Year Sub-Awardees

| | |
|---|---|
| Sub-Awardee | Abundant Living Counseling and Ministries |
| Geographical area: | Omaha |

This newly established non-profit corporation provides outpatient mental health services to youth and adults that integrates spirituality with traditional mental health treatment approaches. The long term goal of this group is to establish a specialized behavioral childcare component that serves children who age out of Omaha's 'Behavin Daycare'. NEBHANDS is assisting the organization with strategic planning, establishing relationships with funders, and obtaining a lease and equipment to establish a location big enough for all operations in North Omaha.

**Primary Service Area: children and mental health**
**Type of Organization: both faith-based and community based**
**Award amount: $25,000**

| | |
|---|---|
| Sub-Awardee | Bethesda Urban Development Corp. (Nebraska Continuum of Services) |
| Geographical area: | North Omaha |

Bethesda Urban CDC is a not for profit agency affiliated with Greater St Paul Ministries. This proposal includes a collaboration between Bethesda, Turning Point Ministries, Charles Drew Ministries, and Omaha Public Schools. The organization is also a member of the Nebraska Continuum of Services and will benefit from technical assistance provided through that collaboration. NEBHANDS will work with Bethesda to further refine their vision to serve youth in the North Omaha area who have behavioral health needs. This organization was in development during year one and is now ready to receive funds with the Nebraska Continuum as a fiscal agent.

**Primary Service Area: youth and mental health**
**Type of Organization: community-based organization**
**Award amount: $25,000**

| | |
|---|---|
| Sub-Awardee | Blue Valley Community Action- Elder Care |
| Geographical Area: | Saline County |

Summary: Saline Eldercare is a community-based organization that provides services for at-risk, frail elderly individuals. The funding requested is for the "Friendly Visitors" program that provides social visits, respite care, and transportation to the elderly.

**Primary Service Area: supportive services and the elderly**
**Type of Organization: community-based organization**
**Award amount: $17,266 (for all Blue Valley projects)**

| | |
|---|---|
| Sub-Awardee | Blue Valley Community Action- Respite |
| Geographical area: | Southeast NE |

The Blue Valley Community Action Partnership is a community-based private nonprofit organization that has become a part of the Nebraska Respite Network. This network serves as a single point of contact for families in need of respite services. Respite care is temporary, short-term relief for families in crisis, foster parents, caregivers of adults/children with disabilities, persons of age, and families. NEBHANDS will work with them to increase volunteerism and respite work within faith communities.

**Primary Service Area: respite/mentoring and families**
**Type of Organization: community-based organization**
**Award amount: $7,266 (for all Blue Valley projects)**

| | |
|---|---|
| Sub-Awardee | Blue Valley Community Action- Youth Conference |
| Geographical area: | Fairbury |

Blue Valley Community Action, Inc. sponsors this group of youth who promote youth leadership, empowerment and investment in the community. Most of the youth on the council are at-risk youth who choose to be involved following completion of the Jefferson County Juvenile Diversion program. NEBHANDS will work with this organization to prioritize its funding requests for youth leadership/development activities it proposes.

**Primary Service Area: crime prevention and at-risk youth**
**Type of Organization: community-based organization**
**Award amount: $7,266 (for all Blue Valley projects)**

| | |
|---|---|
| Sub-Awardee | Center for Holistic Development (CHD) |
| Geographical area: | Omaha |

CHD is a nonprofit behavioral health agency committed to offering a variety of programs, workshops and activities for individuals, families and communities. The primary focus is to provide prevention and education services. NEBHANDS will fund CHD staff to allow them to participate in collaborative efforts that may lead to funding opportunities.

**Primary Service Area: substance abuse and mental health counseling**
**Type of Organization: community-based organization**
**Award amount: $25,000**

| | |
|---|---|
| Sub-Awardee | Chabad |
| Geographical area: | Greater Omaha area |

Chabad is a 501(c) (3), Jewish synagogue that offers behavioral health classes, counseling, crisis intervention and pre-employment counseling to those in need, regardless of their affiliations or

membership. NEBHANDS will continue to work with Chabad to expand their capacity to provide behavioral health services.

**Primary Service Area: substance abuse and counseling**
**Type of Organization: faith-based organization**
**Award amount: $20,000**

| | |
|---|---|
| Sub-Awardee | Crossroads Center |
| Geographical area: | Hastings |

Summary: The Crossroads Center is a faith-based homeless mission that seeks to promote self-sufficiency and faith. The funding requested is for two initiatives. The first initiative is funding to develop, produce and distribute an information brochure to local attorneys, financial brokers, and investment bankers to place in their offices in order to attract and secure estate and bequest gifts in addition to an informational luncheon with the aforementioned parties. The second initiative is to contract a grant writer to secure funding for existing and future programming.

**Primary Service Area: homeless population and supportive services**
**Type of Organization: faith-based organization**
**Award amount: $$15,129**

| | |
|---|---|
| Sub-Awardee | Cuming County Juvenile Justice Awareness |
| Geographical area: | Cuming County |

This community coalition has worked to put together a plan to meet needs of youth in the juvenile justice system. This coalition consists of faith-based and community partners who have been working along side government officials. NEBHANDS will assist the group in their exploration of ways to bring behavioral health services into the area via distance technology or through new collaborative partnerships. It will also assist the group in locating funding for services as well as with the development of volunteer or para-professional supports that can augment the behavioral health care provided youth in the juvenile justice system.

**Primary Service Area: substance abuse prevention**
**Type of Organization: community-based organization**
**Award amount: $10,000**

| | |
|---|---|
| Sub-Awardee | Families Care/YES |
| Geographical area: | Kearney and Central Nebraska |

Families Care is a community based non-profit family organization that empowers families of children with severe emotional disorders. The Youth Encouraging Support (YES) program provides opportunities for youth with mental, behavioral, and/or emotional disorders to participate in a positive peer supported environment. NEBHANDS will work with Families Care to expand their collaborations with other faith-based and community groups to grow the YES program and their family support groups.

**Primary Service Area: mental health information/referral and public education/advocacy**
**Type of Organization: community-based organization**
**Award amount: $10,000**

| | |
|---|---|
| Sub-Awardee | Family Resource Center |
| Geographical Area: | McCook and South West Nebraska |

Summary: The Family Resource Center is a community-based nonprofit organization that provides a variety of services for families, including education, behavioral health and substance abuse. One program, the Partner in Parenting provides education, support, resources, and community connection. This is primarily supplied through home visitation, programs that build relationships that make families more open to learning and changing behaviors.

**Primary Service Area: mental health respite/mentoring and information/referral**
**Type of Organization: community-based organization**
**Award amount: $10,000**

| | |
|---|---|
| Sub-Awardee | First Project |
| Geographical area: | Lincoln |

FIRST's mission is to work collaboratively for the enrichment of lives and the eradication of torture by developing a multicultural behavioral health center. NEBHANDS will provide funding for training and consultation, as well as TA for grant writing and strategic planning

**Primary Service Area: mental health counseling and case management**
**Type of Organization: community-based organization**
**Award amount: $8,000**

| | |
|---|---|
| Sub-Awardee | Fresh Start Home |
| Geographical area: | Lincoln |

Fresh Start Home is a community based transitional living facility for homeless women. The organization offers a safe, structured, alcohol and drug free environment for women invested in attaining self-sufficiency. NEBHANDS will assist the organization with technology infrastructure development, training in volunteer recruitment and retention, case management and program evaluation.

**Primary Service Area: substance abuse and housing**
**Type of Organization: community-based organization**
**Award amount: $12,000**

| | |
|---|---|
| Sub-Awardee | Friendship Home |
| Geographical area: | Lincoln |

Friendship Home is an emergency and transitional living facility for victims of domestic violence and their children. The organization also provides crisis counseling, case management, support groups, and information and referral services. Financial assistance is requested to aid in the preparation of grants to secure additional government funding to continue providing these services.

**Primary Service Area: domestic abuse and housing**
**Type of Organization: community-based organization**
**Award amount: $10,000**

| | |
|---|---|
| Sub-Awardee | Heartland Counseling |
| Geographical area: | South Sioux City, Region IV |

Heartland Counseling is a community mental health center offering services to individuals with limited access to health care. NEBHANDS will assist the organization by supporting mental health awareness in the area through mental health officer training for law enforcement personnel, educational presentations for ministerial alliances, and presentations to Assisted Living Center staff regarding mental illness in geriatric populations.

**Primary Service Area: mental health education and counseling**
**Type of Organization: community-based organization**
**Award amount: $5,000**

| | |
|---|---|
| Sub-Awardee | Hope Harbor Inc. |
| Geographical area: | Grand Island |

Hope Harbor strives to aid individuals in sustaining self-sufficiency. The organization provides services to a variety of individuals with a transitional program, emergency services, central resource and referral services, as well as a crisis center. NEBHANDS will assist the organization by facilitating the development of Skills, Opportunities, Achievements, Rewards (SOAR), a comprehensive program integrating Hope Harbor, Crisis Center, and Adult Basic Education to provide individuals will skills necessary to achieve and maintain self-sufficiency.

**Primary Service Area: supportive services and education**
**Type of Organization: community-based organization**
**Award amount: $12,000**

| | |
|---|---|
| Sub-Awardee | Lutheran Family Services of Nebraska-Linked for Service |
| Geographical area: | Nebraska |

Lutheran Family Services (LFS) is a faith based not for profit agency that has capabilities to deliver behavioral health services throughout Nebraska. LFS is uniquely positioned to increase their reach to communities and small congregations throughout Nebraska through the use of distance technology. NEBHANDS will continue to partner with LFS to empower congregations and communities, increasing access to behavioral health via distance technology.

**Primary Service Area: supportive services and mental health**
**Type of Organization: faith-based organization**
**Award amount: $25,000**

| | |
|---|---|
| Sub-Awardee | Matt Talbot |
| Geographical area: | Lincoln |

Matt Talbot Kitchen and Outreach is a non-profit organization that provides no-cost meals, outreach, and supportive services to homeless individuals in Southeastern Nebraska. NEBHANDS will assist the organization by providing financial support for technology needs, equipment, and public relations materials promoting their services to increase organizational capacity.

**Primary Service Area: supportive services**
**Type of Organization: community-based organization**
**Award amount: $10,000**

| | |
|---|---|
| Sub-Awardee | NAMI Nebraska |
| Geographical Area: | Statewide |

Summary: NAMI-NE is a community-based organization that seeks to empower mentally ill persons and their families. The funding requested is for presentation costs and staffing for media regarding spirituality and mental health.

**Primary Service Area: mental health and public education/advocacy**
**Type of Organization: community-based organization**
**Award amount: $23,000**

| | |
|---|---|
| Sub-Awardee | Nebraska Center for Faith-Based and Community Initiatives |
| Geographical area: | Omaha and surrounding area |

The NCFBCI is a community based, faith centered organization dedicated to the empowerment, support and development of faith base, community and economic initiatives. They have developed a curriculum of workshops, video presentation and other professional resources to assist organizations in developing partnerships, improving capacity building, and the enhancement of organizational structure of such groups. NEBHANDS will assist with funding for a conference that will bring federal grantors to Omaha to present information about their granting procedures.

**Primary Service Area: information and referral to non-profit organizations**
**Type of Organization: faith-based organization**
**Award amount: $15,000**

| | |
|---|---|
| Sub-Awardee | Nebraska Family Support Network |
| Geographical area: | Omaha |

The Nebraska Family Support Network is working with the Coalition for the Advancement of Children's Mental Health to implement the Metropolitan Omaha Area Early Childhood Mental Health System of Care, providing treatment for children with mental health and behavioral problems. NEBHANDS will assist the organization by supporting efforts to develop a database of early childhood services available in the area and provide training for mental health professionals.

**Primary Service Area: children's mental health**
**Type of Organization: community-based organization**
**Award amount: $15,000**

| | |
|---|---|
| Sub-Awardee | Nebraska Statewide Individual Living Coalition |
| Geographical area: | Kearney (statewide) |

The Nebraska Statewide Individual Living Coalition is a non-profit agency that provides supportive services to individuals with a variety of disabilities. NEBHANDS will assist the organization by funding a learning institute in Kearney for independent living staff, CIL board members, and Nebraska Assistive Technology Partnership staff to educate in the area of Nebraska mental health reform.

**Primary Service Area: education and mental health**
**Type of Organization: community-based organization**
**Award amount: $5,000**

| | |
|---|---|
| Sub-Awardee | Northeast Family Center |
| Geographical area: | Lincoln |

The Northeast Family Center is a grassroots organization that provides parent support and respite services for teen parents. They also provide volunteer mentors for youth with Attention Deficit Hyperactivity Disorder. NEBHANDS will work with The Northeast Family Center to provide a college intern who can recruit volunteers from faith based groups to assist with these programs.

**Primary Service Area: mental health prevention and recreation**
**Type of Organization: community-based organization**
**Award amount: $12,860**

| | |
|---|---|
| Sub-Awardee | OASIS |
| Geographical area: | Nebraska |

OASIS is a non-profit organization that addresses the behavioral health needs of survivors of crime and offenders through restorative justice principles. OASIS partners with faith based and community based organizations to provide referral services for both survivors and offenders. NEBHANDS will partner with OASIS to enhance its infrastructure so that pre-release and post-

release services can be offered to offenders as they return to our communities and to survivors of crime as they heal.

**Primary Service Area: mental health counseling and information/referral**
**Type of Organization: community-based organization**
**Award amount: $25,000**

| | |
|---|---|
| Sub-Awardee | Oasis Counseling International |
| Geographical Area: | Norfork & O'Neil, NE |

Summary: Oasis Counseling International is a faith-based counseling organization that is seeking to establish a mentoring program. The "Befriend" project will create mentoring relationships matching stable, well adjusted, higher functioning families with families challenged with behavioral needs such as mental health issues and substance abuse. The funding requested is to support this new project.

**Primary Service Area: mental health counseling and information/referral**
**Type of Organization: faith-based organization**
**Award amount: $20,000**

| | |
|---|---|
| Sub-Awardee | Omaha Nation Community |
| Geographical area: | Macy, NE |

Summary: The Omaha Nation Community is a community based organization that is seeking to establish a substance abuse prevention program. The "Rain Maker" project, will be data driven, strictly utilizing evidence-based strategies, and will produce data for evaluative and process development. NEBHANDS funding will allow for hiring a consultant to develop and Financial Management Plan and a consultant to work on Model Development.

**Primary Service Area: information and referral to non-profit organizations and substance abuse education/prevention**
**Type of Organization: community-based organization**
**Award amount: $20,000**

| | |
|---|---|
| Sub-Awardee | Peace Lutheran Church |
| Geographical area: | Grand Island, NE |

Summary: Peace Lutheran Church is a faith-based organization that provides information, education, and referral services surrounding topics most identified through the needs assessment. NEBHANDS will assist the organization to enhance the development and the capacity of networking with other organizations to best provide services for underserved populations.

**Primary Service Area: information and referral about mental health services**
**Type of Organization: faith-based organization**
Award amount: $2,000

| | |
|---|---|
| Sub-Awardee | Presbyterian Outreach |
| Geographical area: | Omaha, NE |

Summary: Presbyterian Outreach is a faith-based non-profit organization that provides behavioral health services to underserved populations. This organization wishes to expand its capacity to meet the needs of people in the community. NEBHANDS will assist the organization to install a new server and software and purchase hardware that will enable them to reach and communicate with other constituencies.

**Primary Service Area: information and referral and behavioral health services**
**Type of Organization: faith-based organization**
**Award amount: $11,000**

| | |
|---|---|
| Sub-Awardee | Project SUN |
| Geographical area: | Omaha |

This program of Lutheran Family Services of Nebraska proposes to enhance the ability of First Baptist Church in Omaha to operate a computer training center for the neighborhood. NEBHANDS will assist the project to purchase appropriate software and further conversational English groups that feature behavioral health topics.

**Primary Service Area: supportive services and mental health**
**Type of Organization: faith-based organization**
**Award amount: $1,000**

| | |
|---|---|
| Sub-Awardee | Rainbow Center |
| Geographical area: | Columbus, NE |

Summary: Rainbow Center is a community-based organization that provides a variety of services to meet the needs of the severe and persistently mentally ill. The funding requested will be for the development and addition of a web-site with behavioral health information. The web page and e-mail link will allow consumers to share information, concerns, and obtain the support they need in a private manner.

**Primary Service Area: information and referral and mental health services**
**Type of Organization: community-based organization**
**Award amount: $2,000**

| | |
|---|---|
| Sub-Awardee | Samaritan Counseling |
| Geographical area: | Lincoln, NE |

Samaritan Counseling is a non-profit organization that provides professional counseling services to individuals with mental health needs. They provide outpatient counseling, behavioral health workshops, and professional consulting to clergy and congregations. Funding will assist in increasing their technological capacity, such as obtaining internet and e-mail access. Funding will also assist in the accessing of professional resources to treat clients, develop psycho-educational workshops, and/or in the development of proposals for expanding programming and securing funding for these programs.

**Primary Service Area: information and referral and mental health services**
**Type of Organization: faith-based organization**
**Award amount: $13,300**

| | |
|---|---|
| Sub-Awardee | SPEAKOUT |
| Geographical Area: | Nebraskan Panhandle |

Summary: Supporting Parents through Education and Advocacy for Kids – Outreach is a community-based parent organization for parents and children with emotional and behavioral disorders. The funding requested is to train parent leaders for parent groups, organizational development and Fiscal Agent Administration.

**Primary Service Area: education and mental health**
**Type of Organization: community-based organization**
**Award amount: $13,665**

| | |
|---|---|
| Sub-Awardee | Spirit Horse Ranch |
| Geographical area: | Omaha, NE |

Spirit Horse Ranch is a not for profit agency that offers equine therapy for individuals, families, and at risk youth. This is not a riding program, most of the work with horses is done with participants on the ground. NEBHANDS funding will assist in developing basic organizational infrastructure including, fundraising, marketing, strategic planning, program development, evaluation, and research.

**Primary Service Area: mental health counseling/therapy**
**Type of Organization: community-organization**
**Award amount: $10,000**

| | |
|---|---|
| Sub-Awardee | St. Monica's Behavioral Health Services |
| Geographical area: | Lincoln, NE |

St. Monica's is a faith-based organization that is the only gender specific (females) substance abuse residential treatment service provider in the state of Nebraska. Funding will assist in the improvement of technological capacity of the agency and in providing additional programmatic tools that will result in greater success and more helpful treatment outcomes for women served and their children.

**Primary Service Area: mental health and substance abuse counseling/therapy**
**Type of Organization: faith-based organization**
**Award amount: $8,000**

| | |
|---|---|
| Sub-Awardee | Stephan's Center |
| Geographical area: | Omaha, NE |

Stephan's Center is a shelter program that works with individuals with dual diagnosis (mental health and substance abuse).They also collaborate with other organizations. NEBHANDS will work with them as they seek to obtain certification as a licensed substance abuse treatment facility. Funding will also assist in development of a program manual that meets all state guidelines and the development of outcome measures for program evaluation.

**Primary Service Area: mental health and substance abuse counseling/therapy**
**Type of Organization: faith-based organization**
**Award amount: $15,000**

| | |
|---|---|
| Sub-Awardee | Sudanese National Community, Nebraska, Inc. (SNCN) |
| Geographical Area: | Omaha and Bellevue, NE |

Summary: The SNCN is a community-based organization that provides assistance to Sudanese and African refugees. This organization seeks to provide access to behavior health providers, transportation for refugees. The funding requested is for the formation of a Program Coordinator position and for the purchases of a new van as well as vehicle maintenance for this and other vehicles.

**Primary Service Area: substance abuse transportation and information/referral**
**Type of Organization: community-based organization**
**Award amount: $5,000**

| | |
|---|---|
| Sub-Awardee | Take Flight Farms |
| Geographical area: | Omaha area |

Take Flight Farms is a not for profit agency that offers equine therapy for challenged children. NEBHANDS will work with them as they seek to obtain certification of volunteers so they can serve higher risk clientele. In year two, NEBHANDS funding will bring a noted equine therapy trainer to Omaha to enhance their volunteer experience and demonstrate techniques to potential funders.

**Primary Service Area: mental health and substance abuse counseling/therapy**
**Type of Organization: community-based organization**
**Award amount: $15,000**

| | |
|---|---|
| Sub-Awardee | Third City Community Clinic |
| Geographical area: | Grand Island, NE |

Third City Community Clinic is a non-profit organization serves individuals that are not able to receive proper mental health care due to no access to health insurance, government medical assistance, asnd who have no funds to seek services. The funding requested is for the designing of new brochures for the clinic, including Spanish translated brochures.

**Primary Service Area: mental health therapy/counseling**

**Type of Organization: community-based organization**
**Award amount: $12,000**

| | |
|---|---|
| Sub-Awardee | Trinity United Methodist Church |
| Geographical Area: | Grand Island, NE |

Summary: Trinity United Methodist is a faith-based organization that seeks to provide medical and behavioral health referrals to the community. A part-time Parish Nurse will be trained and equipped to make behavioral health referrals. The funding requested is for training, grant writer assistance, educational materials and computer equipment.

**Primary Service Area: substance abuse support groups**
**Type of Organization: faith-based organization**
**Award amount: $5,000**

| | |
|---|---|
| Sub-Awardee | United Methodist Community Centers Inc. |
| Geographical area: | Omaha |

United Methodist Community Centers, Inc (UMCC) is a private not for profit community center that is a National Mission Institution of the United Methodist Church. It operates a free behavioral health clinic for high risk youth and their parents in collaboration with local providers. Behavioral health practitioners and clinical supervisors donate their time to the free clinic run by the UMCC. NEBHANDS will provide resources to help support the infrastructure of the clinic so they can continue to recruit and maintain a volunteer pool of highly skilled, culturally diverse practitioners.

**Primary Service Area: mental health counseling and substance abuse prevention**
**Type of Organization: faith-based organization**
**Award amount: $2,000**

| | |
|---|---|
| Sub-Awardee | United Methodist Ministries |
| Geographical area: | Nebraska |

United Methodist Ministries and partners Friendship Home, Rape/Spouse Abuse Crisis Center, and NAF Multicultural Human Development Corporation are working to address the multifaceted needs of undocumented Hispanic victims of domestic violence. NEBHANDS will provide support to create linkages and develop infrastructure of Equity-in-Nebraska so it can serve as a model for other communities in Nebraska.

**Primary Service Area: supportive services and domestic violence**
**Type of Organization: faith-based organization**
**Award amount: $20,000**

# ATTACHMENT B

## SUB-AWARDEES
## SUCCESS STORIES

# ATTACHMENT C

## SAMPLES OF TECHNICAL ASSISTANCE WORKSHOP

# ATTACHMENT D

## TECHNICAL ASSISTANCE WORKSHOP REGISTRANTS

# ATTACHMENT E

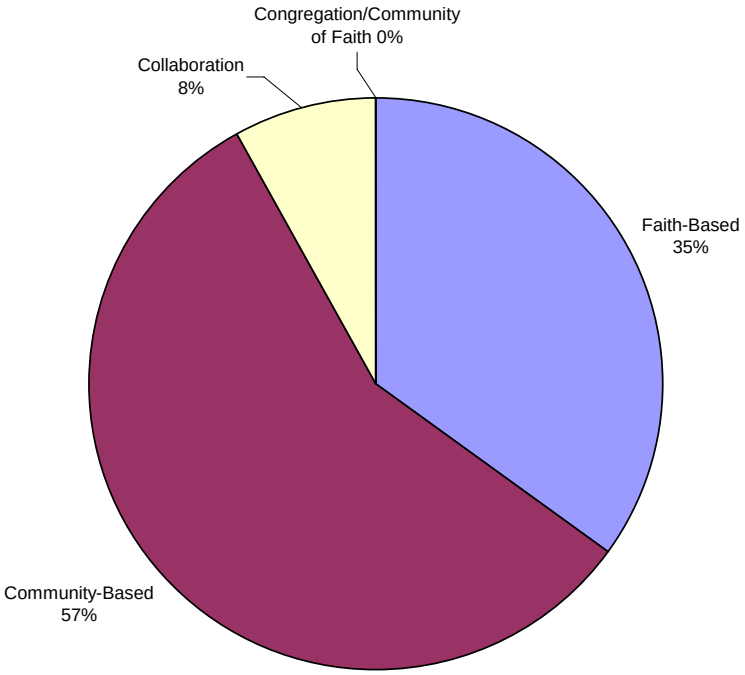
## SURVEY FINDINGS

The purpose of the NEBHANDS Semiannual Sub-Awardee Survey is to obtain information about the impact this project has had in Nebraska. Sub-awardees are asked to fill out this survey every six months. For this reporting period, 56 surveys were sent out, and we had a 68% response rate. Some of the major findings include:

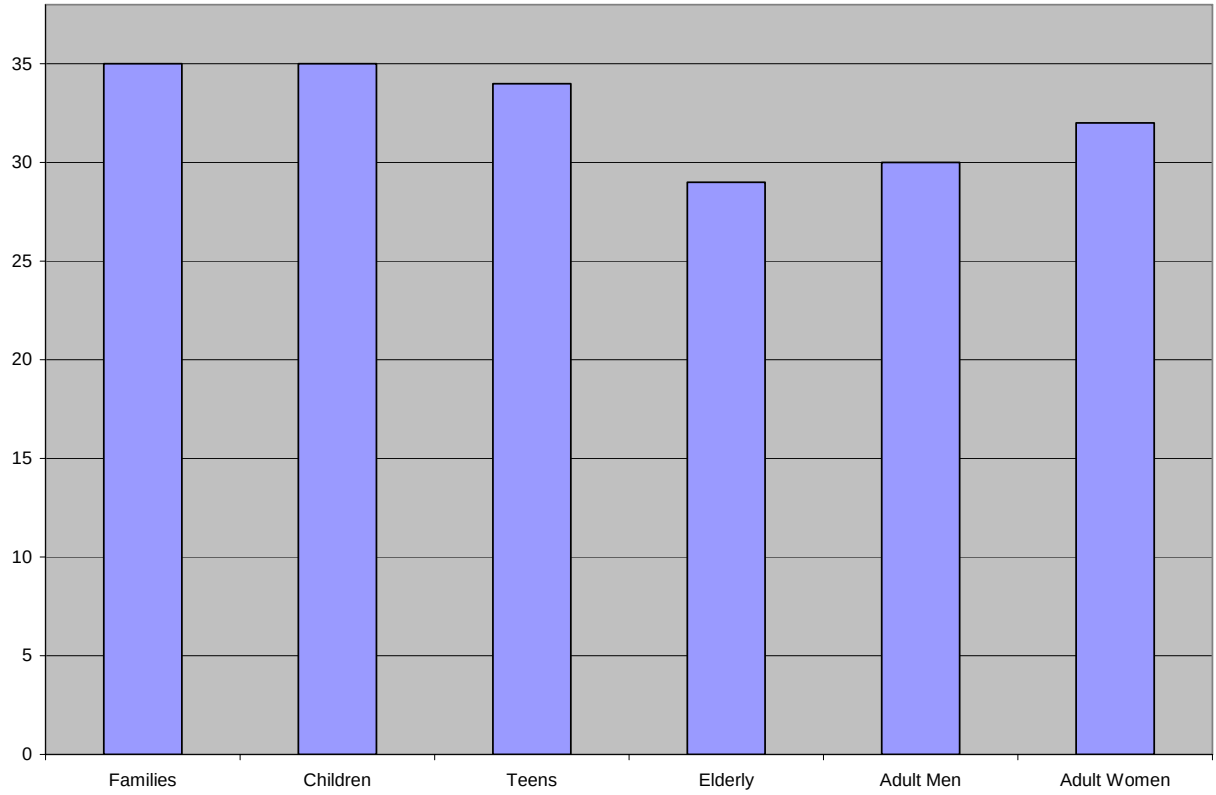
- Majority of sub-awardees organizations are community-based
- Organizational capacity has increased since receiving NEBHANDS funding and they are able to offer services to more people
- The organizations budget has increased from last year
- The majority of sub-awardees volunteer hours have increased
- The majority of organizations have bilingual staff
- The majority of sub-awardees have applied for other grants after receiving NEBHANDS funding

Below are the findings from the Semiannual Sub-Awardee Survey.

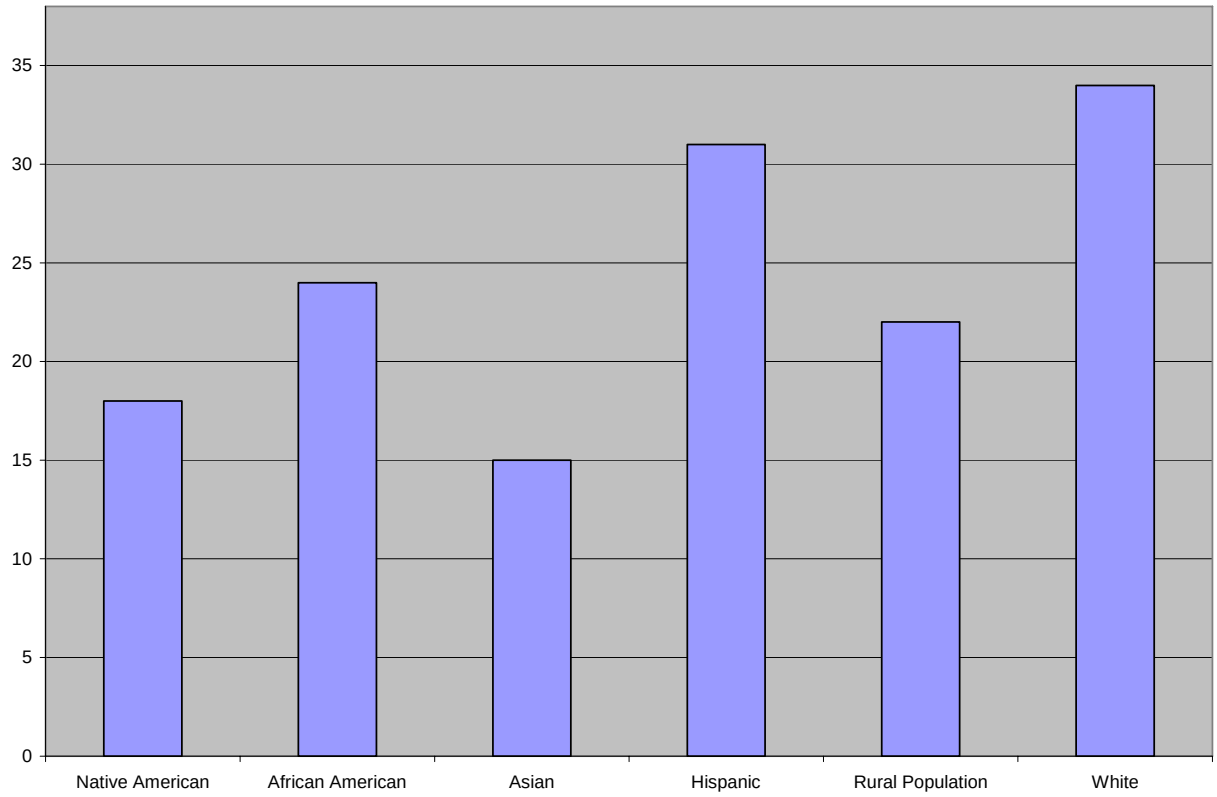
Type of Organization



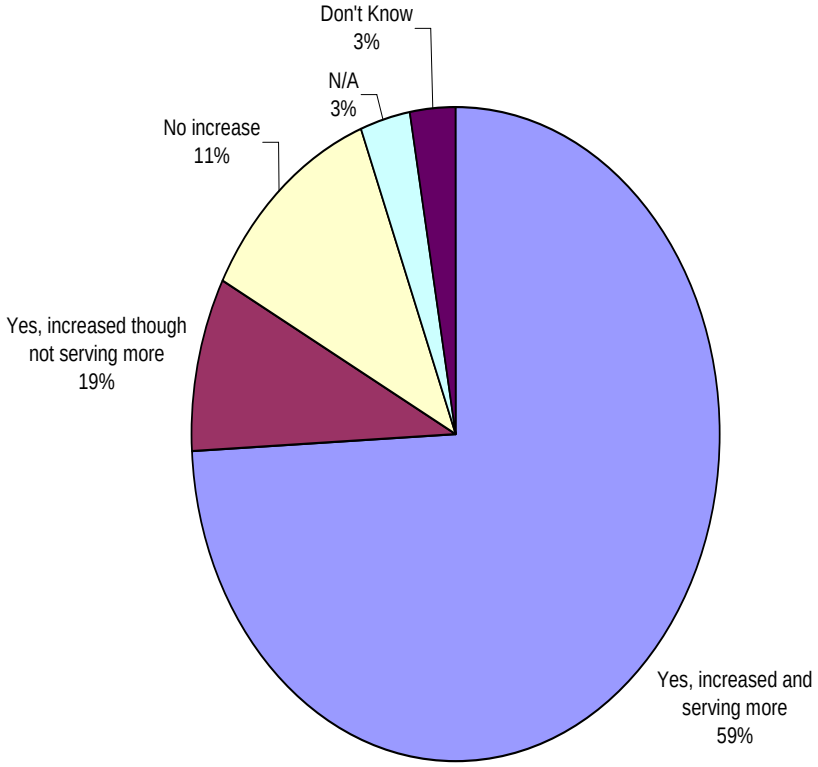
Age Groups Served



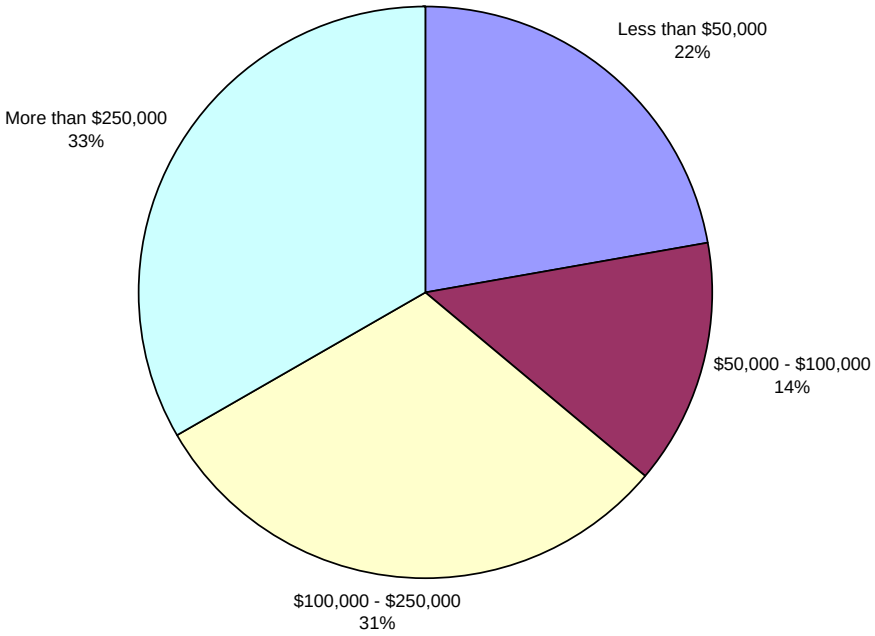
Populations Served



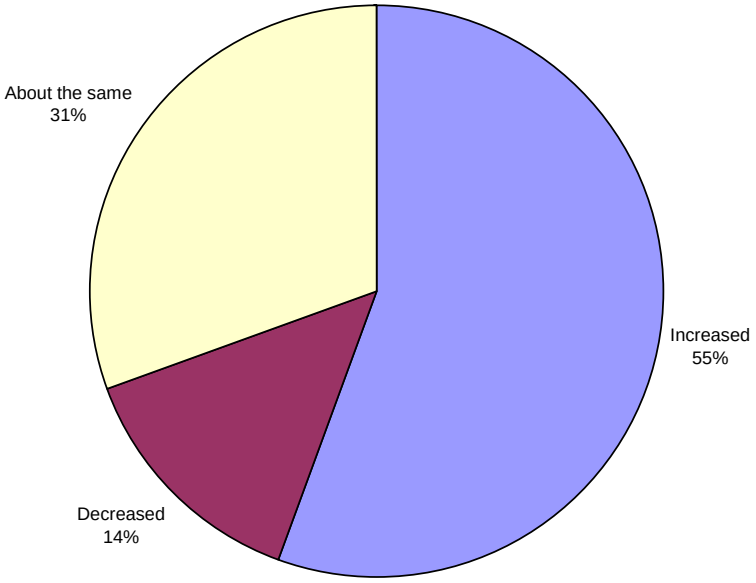
Has Your Capacity to Offer Services Increased?



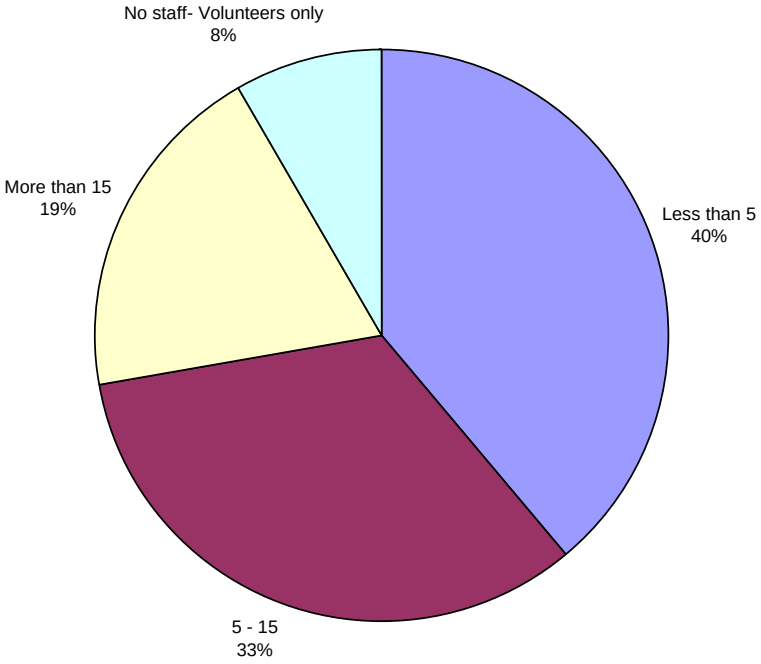
Total Annual Budget for this Year



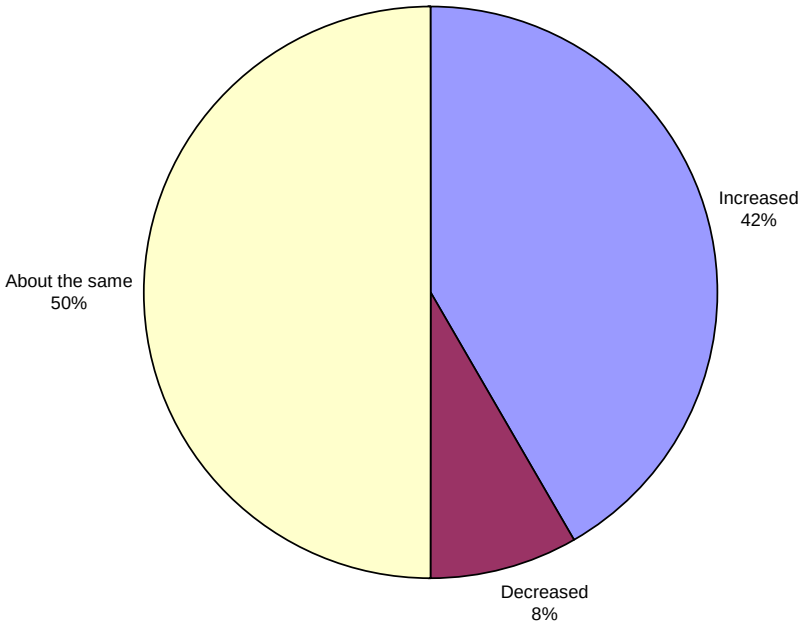
Since last year, has your organizations budget changed?



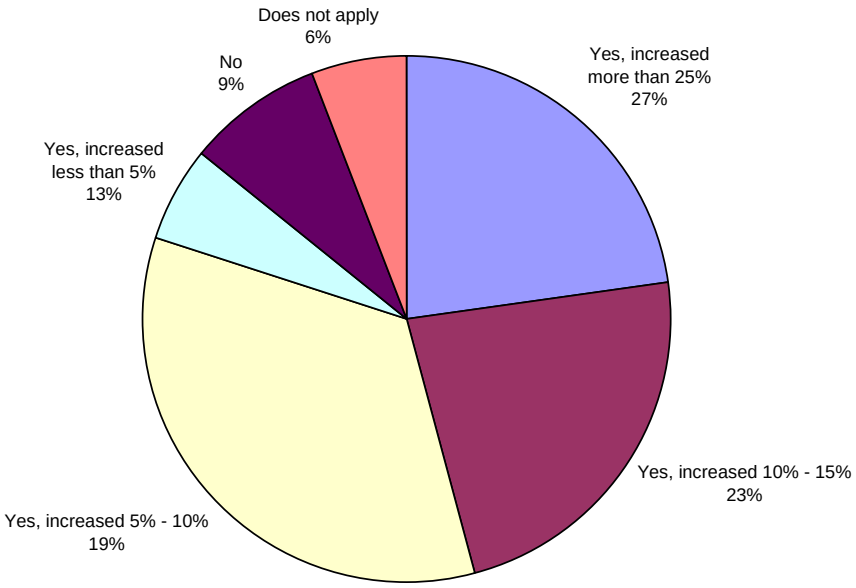
# Number of Staff Members



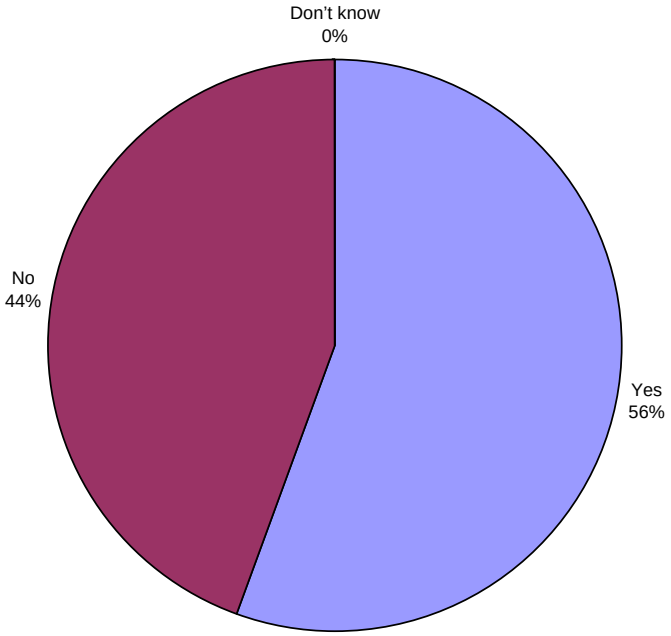
Compared to last year, has your organizations staffing changed?



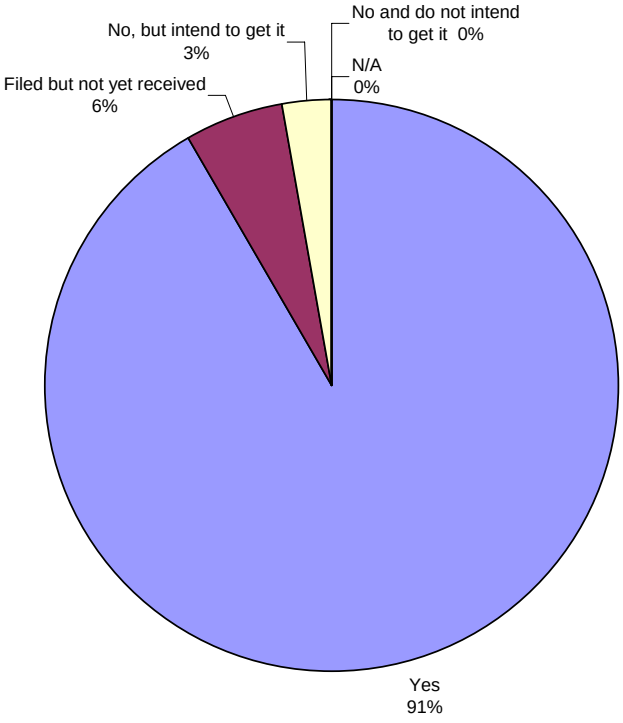
Has the number or number of volunteer hours increased since you began receiving NEBHANDS funding?



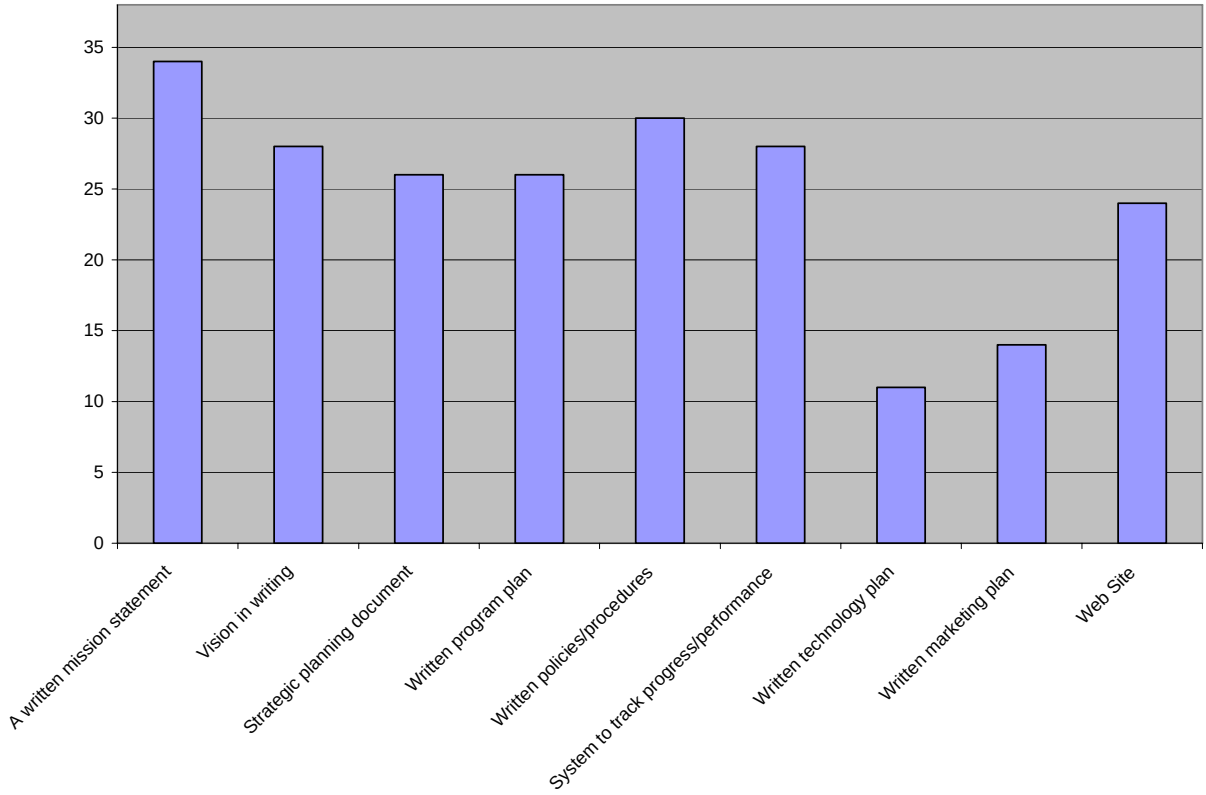
Does your organization employ bilingual/multilingual staff?



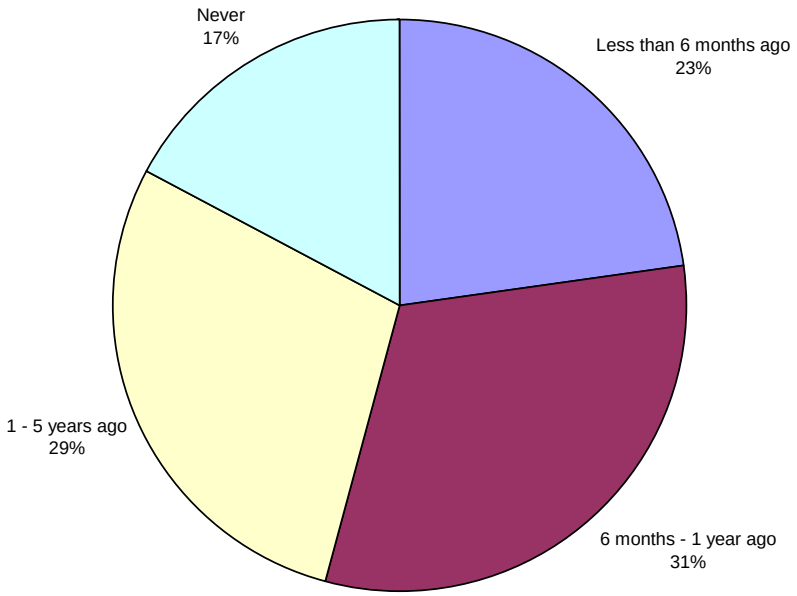
Does your organization have a non-profit status?



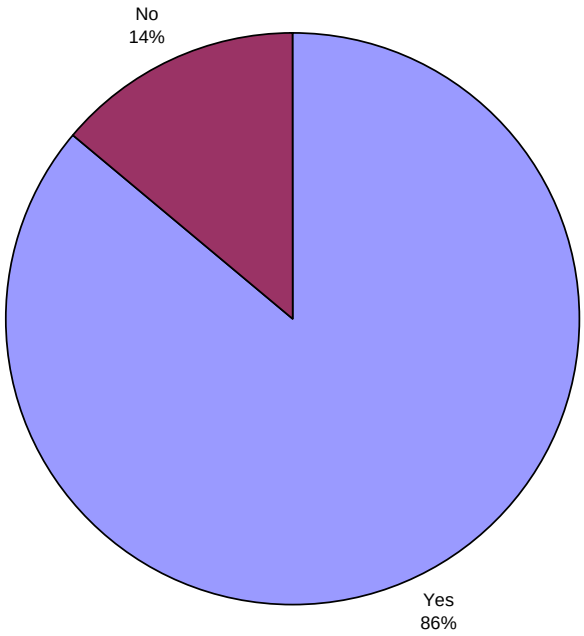
What do the organizations have?



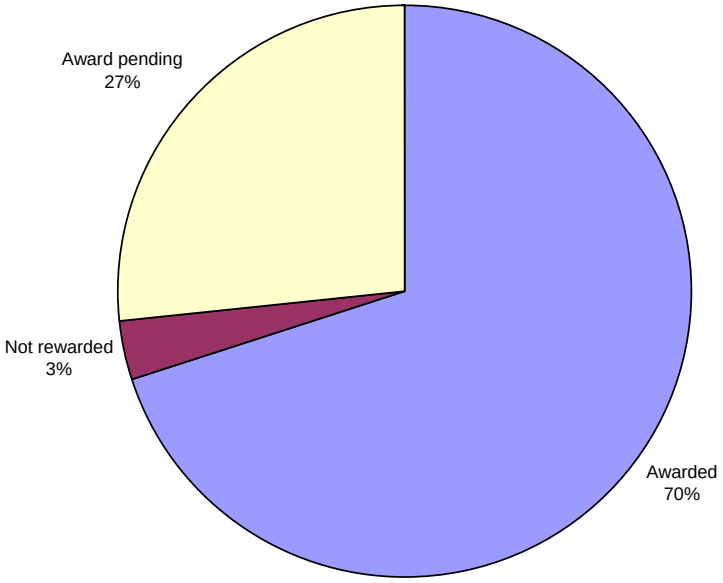
When was the last time your organization completed a strategic planning process?



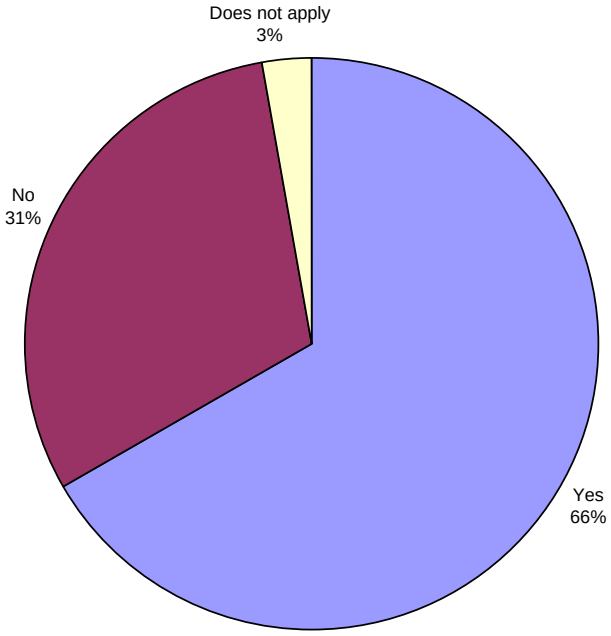
Has you organization applied for any grants after receiving NEBHANDS funds?



Has you organization applied for any grants after receiving NEBHANDS funds (continued)?



Does your organization have a formal connection to a licensed mental health or substance abuse professional?



# ATTACHMENT F

## NUCLEUS GROUP INFORMATION

# ATTACHMENT G

## NEBHANDS SUB-AWARDEE HOSTED TECHNICAL ASSISTANCE

# ATTACHMENT H

## FINANCIAL REPORT

# ATTACHMENT I

## SUB-AWARDEE NEWSLETTERS

# ATTACHMENT J

## NEBHANDS NEWSLETTERS

# ATTACHMENT K

## ACTIVITIES PLANNED FOR NEXT REPORTING PERIOD