4-7-2016

Using Just-in-Time Teaching in a Flipped Undergraduate Biological Systems Engineering Course

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Abstract for DBER Group Discussion on 2016-04-07

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Title
Using Just-in-Time Teaching in a Flipped Undergraduate Biological Systems Engineering Course

Abstract
This study analyzed the role of the evidence-based instructional practice of Just-in-time (JIT) teaching integrated with the flipped classroom in an undergraduate biological systems engineering course. In the present paper we provide a detailed overview of the course design, development, and implementation of JIT in a flipped approach to instruction by communicating the technologies used, pedagogy employed to integrate online and in-class activities, and the collaboration between the instructional design support and instructor. Based on the results, we provide recommendations for engineering faculty that want to explore the flipped approach to teaching, examples for online learning activities and how to integrate them with clicker in-class active learning activities to increase student engagement and success rates.

The flipped classroom is a form of blended learning where the lecture is moved outside the classroom with the help of technology and learning activities occur inside the classroom. Thus, in-class time can be devoted to active learning through exercises, projects, and discussions that engage students in higher-order cognitive skills. The flipped classroom has been successfully incorporated into various STEM classrooms (Gannod et al. 2008; Moravec et al. 2010; Talbert 2012). In fact, recently, engineers with an educational research interest have taken notice of the recently popularized, theoretically grounded, concept of flipping the classroom and have been successfully implementing it in their courses (Bishop and Verleger 2013; Bland 2006; Nelson 2015; Toto 2009). However, as the research on flipped instruction in engineering gains momentum, it is essential to understand how specific instructional strategies effect students’ learning and perceptions. In this study, we took a close look at the JIT strategy using iClickers to better understand its use and effects on students’ learning and perceptions of the course.

The instructional challenges that we sought out to address were a.) the diverse group of students (Agricultural Engineering and Biological Systems Engineering Biological Systems Engineering) needed different paces of learning, b) both groups of students had different interests in course modules of the course, c.) to increase student engagement, students were typically reluctant to speak in the classroom, and d.) class time was short did not allow for high levels of student engagement.

In terms of the flipped element, students began each week watching online annotated video lectures created by the instructor on a surface pro computer and hosted on the university’s learning management system Blackboard followed by an online quiz. Then, the instructor would review students’ performance and begin each class with the questions that students struggled with the most using iClickers. In terms of the JIT element, the instructor would then adapt his instruction to include a brief summary, overview, or peer-to-peer instruction to enhance students’ understanding of the concepts presented in the online lectures.
The results of this study demonstrated the success in combining JIT and the Flipped approach. More specifically, this approach allowed for more classroom time to solve real-world problems through active student engagement in discussions. Just-in-time teaching allowed the instructor to spend dedicated time on unclear and important concept where students needed help the most. Finally, Peer-instruction enhanced student engagement in the class. A t-test analysis comparing students’ performance on the online quizzes and the in-class iClicker questions demonstrated students’ increased performance post peer discussions and instructor dedicated time on topics.

Figure 1. Still shot from the videos used in the online lectures. With the instructor’s stylus-written solutions.
Just-in-Time Teaching in a Flipped Undergraduate Biological Systems Engineering Course

Tareq Daher, Jiajia Chen, David Jones, Jeyam Subbiah
University of Nebraska - Lincoln
# Why a flipped design?

<table>
<thead>
<tr>
<th>Out-of-Class Components that are typically delivered in-class are delivered out-of-class in an LMS</th>
<th>In-Class Time used in-class is used for higher-order thinking and increased student engagement.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Video lectures</td>
<td>Clarify unclear concepts (just-in-time teaching)</td>
</tr>
<tr>
<td>Short Quizzes</td>
<td>Problem solving and Discussion</td>
</tr>
<tr>
<td>Feedback for Just-in-Time Teaching</td>
<td>Peer instruction (iClickers)</td>
</tr>
</tbody>
</table>
What is JITT

“teaching and learning strategy based on the interaction between web-based study assignments and an active learner classroom. Students respond electronically to carefully constructed web-based assignments which are due shortly before class, and the instructor reads the student submissions "just-in-time" to adjust the classroom lesson to suit the students' needs.”

http://jittdl.physics.iupui.edu/jitt/what.html
Introduction

Using Just-in-time instructional strategies in a flipped classroom to address Instructional Challenges:

AGEN/BSEN 303: Principles of Process Engineering
Course instructor: Dr. Jeyam Subbiah
Teaching Assistant: Jiajia Chen
Instructor Design Support: Dr. Tareq Daher
How often it is taught: Every Spring- Tuesday-Thursdays (3 credits)
Course topic: Selection of fans and pumps
Number of students: 53
### Instructional Challenges

1. Diverse group of students need different pace of learning:
   - Two diverse group of students – Agricultural Engineering and Biological Systems Engineering
   - Biological Systems Engineering likes the selection of pumps for non-Newtonian Fluids
   - Agricultural Engineering likes the selection of fan for drying grains in grain bin

2. Difficult to engage students, because they were
   - Reluctant to speak
   - Did not have the knowledge to create an informed opinion
   - Class time was short did not allow for high levels of student engagement
## Addressing the challenges (AGEN/BSEN 303)

<table>
<thead>
<tr>
<th>Challenges</th>
<th>Course Changes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diverse group of students</td>
<td>Video lectures allowed them to learn at different paces</td>
</tr>
<tr>
<td>Students not reading the text</td>
<td>Pre-quizzes (self-assessment) after the video lectures ensured watching and understanding lectures carefully.</td>
</tr>
<tr>
<td>Students not in a knowledge level to engage in discussions</td>
<td>Students engaged in online learning activities that prepared them for in-class discussion and activities.</td>
</tr>
<tr>
<td>Students not interested in discussions</td>
<td>Peer-instruction using student response system and problem solving improved engagement</td>
</tr>
<tr>
<td>Less time spent on solving real-world problems and discussion</td>
<td>90% of class time used for application and active learning</td>
</tr>
<tr>
<td>No feedback from students</td>
<td>Just-in-time teaching and student response system provided feedback to the instructor</td>
</tr>
</tbody>
</table>
Technology Tools

- View of one lecture folder
- Book chapter
- Slides
- Videos
- Pre-quiz and assignments
Video Recording

- Used a “Surface” Tablet to write on slides
- Used a USB noise-cancelling microphone to record audio
- Used Camtesia Studio to record the video
- Uploaded in YouTube – provided versatility to watch video in computers, tablets, and smartphones

How would you do system curves of complex systems other than simple pipes?

- Let us determine for grain systems
- University of Nebraska pioneered research in determining air flow resistance in grains in 1950s
Pore-class Quizes

• After watching the videos, the students have to do quizzes (about 10 multiple choice questions).
• Can have two attempts.
• Question order was changed at each attempt and for each student
• Short question for feedback on content and video quality
Just in Time Teaching

• The class starts with clarification of unclear points
• Students use clickers (student response system) to do few quiz question (in which error was greater than 10%)
• One-two new questions are presented during the class
• Peer-instruction is also used.
Problem Solving in-class

- Used One-Note to solve the problem in Surface Tablet
- Used Adobe-Connect to project on the screen
- Made a pdf file of the solved problem and posted in blackboard.
Instructor Perspectives - Videos

• Videos allowed the students to pause or speed-up and replay depending upon the needs of the student.

• This system provided all necessary resources for a student, who is sincere, but need those resources to catch up.
Instructor Perspectives – Pre-class quizzes

• Sometimes, students struggle to answer the quizzes just from watching video. They give excellent feedback telling which concepts they could not understand.

• When the instructor explains those unclear concepts in the class, they pay lot more attention and understand and remember the material longer.

• Without that pre-class quiz experience, the students may not pay attention to those key concepts.

• Pre-class quizzes ensured students to be well-prepared for the class – at least spend 30-45 minutes thinking about the material before coming to the class.
Instructor Perspectives – Peer Instruction

• Instructor used the quizzes (where errors > 10%) as a clicker question in class.
• If errors persist, students discuss in groups and re-answer the same quiz.
• Peer instruction benefits several students.
• Similar questions were asked in the exams – which emphasized the students to pay attention.
On average, **how many times** did you watch the videos in order to successfully answer the questions that follow the videos?

![Bar chart showing the percentage of responses]

- **85%** watched the videos 1 to 2 times
- **15%** watched the videos 2 times or more
- **0%** did not watch the videos
Skipping videos

- 54% Watch completely
- 44% Skip portions
- 2% Typically not watch
Multi-tasking/Interruptions

- Watch without interruption: 69%
- Multitask (check email, text, ...): 31%
- Not watch: 0%
Is the length of the videos

- Short: 4%
- Just right: 61%
- Long: 35%
Is the pace of the videos

- Slow: 19%
- Just right: 62%
- Fast: 19%
I believe that **post-video questions** are pertinent and worth completing.
I believe that the post-video questions evaluated my understanding of video content.
How much time are you spending outside of class per week on this class? (Readings, videos, post-video questions, and others)

- Less than 3 hours: 29%
- 3-5 hours: 42%
- 6-9 hours: 29%
- More than 10 hours: 0%
In comparison to traditional lecture courses of the same level in your degree program, the total workload for this flipped class is

![Bar chart showing the breakdown of workload comparisons.](chart)

- **13%** less
- **60%** equal or similar
- **27%** more
In comparison to traditional lecture courses of the same level in your degree program, how enjoyable was the flipped class experience?

- Less: 27%
- Equal or similar: 40%
- More: 33%
In comparison to traditional lecture courses of the same level in your degree program, this flipped class provided me with a

- Better learning experience: 42%
- Equal or similar learning experience: 40%
- Worse learning experience: 17%
I believe solving problems in class enhanced my understanding of concepts when compared to solving problems out of class time.

![Bar chart showing 73% agree, 10% neutral, 18% disagree]
I believe I am better engaged in class activities in flipped design in comparison to a traditional lecture classroom.
Class time was better spent on active and engaging learning activities rather than traditional lecturing.

- **Agree**: 51%
- **Neutral**: 21%
- **Disagree**: 25%
After participating in this flipped classroom I am more likely to attend other flipped classes offered in the science or engineering programs.
I would prefer taking this class completely in person and not doing any of it online.
Summary

• Flipped classroom provided more time in class to
  – Solve real-world problems
  – Active student engagement in discussions

• Just-in-time teaching allowed the instructor to spend more time on
  – Unclear concepts, where students need help
  – Important concepts
  – Decreased average error rate from 20% to 8%

• Peer-instruction
  – Enhanced student engagement in the class
  – Frequent testing allowed for longer memory
Discussion

• About 25% of students were unsatisfied
• If a student did not pay attention the video prior to the class (but completed the quiz), a flipped classroom environment can have more detrimental effect on learning
• Availability of videos allowed sincere students to have more resources
Questions?
In a week, how much time do you spend on watching videos outside of class

- Half: 10%
- Half to one Hour per week: 40%
- One to two Hour per week: 42%
- More than two Hour per week: 8%
In a week, **how much time** do you spend on answering post-video questions outside of class

<table>
<thead>
<tr>
<th>Time Range</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 min or less</td>
<td>13%</td>
</tr>
<tr>
<td>15 min to 30 min</td>
<td>21%</td>
</tr>
<tr>
<td>30 min to an hour</td>
<td>38%</td>
</tr>
<tr>
<td>More than one hour</td>
<td>27%</td>
</tr>
</tbody>
</table>