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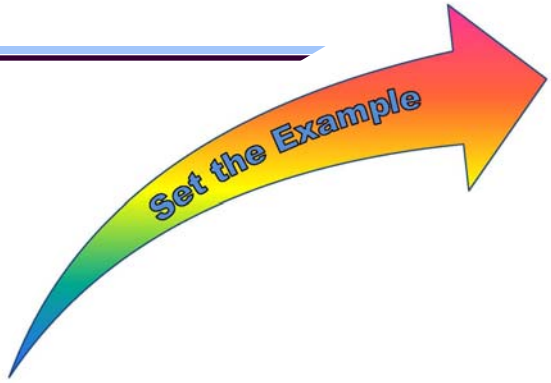
UNOPA Notes



Volume 48 Issue 8 April 2010

Special points of interest:

Meeting Reminder

Registration Deadlines

Officer Candidates

Fun Facts

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Message from Our President

Peg Johnson

I'm ready for sunshine ! I'll take all the rays that come my way that is within reason. I'm not a person who likes to tan or get sunburned, I'm just ready to get outside and add more steps on my pedometer. It's been difficult for me to get moving for a number of reasons. Hope to pass you on the trails around campus!

I'm very disappointed that I missed out on our meeting and the presentation of the downtown arena last month due to another meeting conflict. I would like to thank everyone who donated tuna for the BackPack and Food Bank Programs. We turned in a total of seventy cans (50 from our meeting, 10 from my department and 10 from me) which equal 33 pounds. When I saw that one of the local stores had canned tuna on sale, I couldn't resist the temptation. At our next meeting, we will be collecting ***16 ounce bags of white rice***. I sincerely hope you will continue to contribute.

I wanted to keep you in the loop of things. The Faculty Senate recommended, the Academic Planning Committee (APC) agreed, and the Chancellor concurred that the Presidents (or designees) of UNOPA and UAAD will be on the APC during Phases 1, 2, and 3 of the budget reallocations and reductions process as non-voting individuals, pending official adoption of a new Procedures document. If the scenario presents itself, we will be able to express our concerns.

Recently I came across an article on the internet by Jim Rohn, "Four Words That Make Life Worthwhile". They are "learn, try, stay and care." If you are interested in expanding your horizon, check out this short article.

Hopefully you have had time to read about the Central Area Professional Development Day / NEOPA Spring Conference, April 23-24, 2010. Remember the deadline date to register is April 9th.

In case you haven't heard, UNOPA and UAAD are sponsoring the city campus Toastmasters. The original members came up with the name NU Toasters. This group meets every Thursday from 12:00-1:00 p.m. in the city union.

I hope to see you at our next UNOPA meeting.

Mary Ann Bede

Louisa May Alcott Portrayed at the Annual PSP Luncheon

by Lorraine Moon, CEOE

The Professional Standards Program (PSP) Endowment Group of the University of Nebraska Office Professionals Association journeyed to the 1800s at their 4th Annual PSP Luncheon on March 6. The Speaker, Mary Ann Bede, portrayed Louisa May Alcott, the author of Little Women and numerous other books which were written during the Civil War period. Mary Ann dressed as the author and spoke as if she were Louisa. This 1800s author was influenced by Ralph Waldo Emerson and Henry David Thoreau.

(Continued on page 3)

UNOPA Mission Statement: Education is the birthright of every person. We, as members of the University of Nebraska Office Professionals Association, pledge ourselves to safeguard that right. We acknowledge the unique role of educational office professionals and the importance of their contributions to the university and the community. The purpose of UNOPA is to provide professional growth and promote high professional standards for educational office professionals with the University of Nebraska, as partners, upholding the quality of service to the university educational systems and community .

Officers

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UNOPA March General Meeting

UNOPA April General Meeting
Tuesday, April 13, 2010
11:45 a.m.
East Campus Union

Return Registration by 4-6-10
Helen Sexton
511 OLDH
CC 0328
472-2341
hsexton2@unl.edu

Make check out to UNOPA

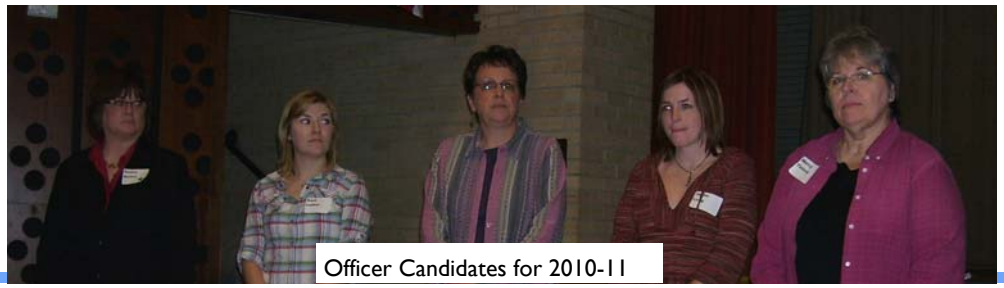
Rose Frolik Award Presentation
UNOPA Past Presidents Recognition
2010 Special Olympics Representative

March Meeting. Food—Friends– Fun—Oh MY!

Buffet line at the March General Meeting

Jennifer Brinkman
RichtersBrinkman Consulting

Make your vote count:
Officer Candidates for 2010-2011
President-Elect — Donna Boone
Recording Secretary — Sara Luther and Cathy Robertson
Corresponding Secretary — Jamie Long and Marcy Tintera
Treasurer — Marlene Crombie



Officer Candidates for 2010-11

WHAT I OWE MY MOTHER — Some Fun Facts

1.. **My mother taught me TO APPRECIATE A JOB WELL DONE** .
"If you're going to kill each other, do it outside. I just finished cleaning."

2. **My mother taught me RELIGION**.
"You better pray that will come out of the carpet."

3. **My mother taught me about TIME TRAVEL**.
"If you don't straighten up, I'm going to knock you into the middle of next week!"

4. **My mother taught me LOGIC**.
" Because I said so, that's why."

5. **My mother taught me MORE LOGIC** .
"If you fall out of that swing and break your neck, you're not going to the store with me."

6. **My mother taught me FORESIGHT**.
"Make sure you wear clean underwear, in case you're in an accident."

7. **My mother taught me IRONY**.
"Keep crying, and I'll give you something to cry about.."

8. **My mother taught me about the science of OSMOSIS** .
"Shut your mouth and eat your supper."

9. **My mother taught me about CONTORTIONISM**.
"Will you look at that dirt on the back of your neck!"

10. **My mother taught me about STAMINA** ..
"You'll sit there until all that spinach is gone."

11. **My mother taught me about WEATHER**.
"This room of yours looks as if a tornado went through it."

12. **My mother taught me about HYPOCRISY**.
"If I told you once, I've told you a million times. Don't exaggerate!"

13. **My mother taught me the CIRCLE OF LIFE**.
"I brought you into this world, and I can take you out.."

14. **My mother taught me about BEHAVIOR MODIFICATION** .
"Stop acting like your father!"

15. **My mother taught me about ENVY**.
"There are millions of less fortunate children in this world who don't have wonderful parents like you do."

16.. **My mother taught me about ANTICIPATION**.
"Just wait until we get home."

17. **My mother taught me about RECEIVING** .
"You are going to get it when you get home!"

18. **My mother taught me MEDICAL SCIENCE**.
"If you don't stop crossing your eyes, they are going to get stuck that way."

19. **My mother taught me ESP**.
"Put your sweater on; don't you think I know when you are cold?"

20. **My mother taught me HUMOR**.
"When that lawn mower cuts off your toes, don't come running to me."

21. **My mother taught me HOW TO BECOME AN ADULT** .
"If you don't eat your vegetables, you'll never grow up."

22. **My mother taught me GENETICS**.
"You're just like your father."

23.. **My mother taught me about my ROOTS** .
"Shut that door behind you. Do you think you were born in a barn?"

24. **My mother taught me WISDOM**.
"When you get to be my age, you'll understand."

And my favorite: 25.. **My mother taught me about JUSTICE** .
"One day you'll have kids, and I hope they turn out just like you."

(Continued from page 1)
Decorations from the past adorned the tables.

The luncheon was held at Vine Congregational Church. In addition to the presentation and lunch, a silent auction was enjoyed by all those attending. Donations by Committee Members and various Lincoln businesses contributed to a very successful auction.

UNOPA PSP members on the Committee were Jeanne Andelt, Kathy Bennetch, Lynn DeShon, Debbie Hendricks, Barbara Homer, Pat Hust, Tricia Liedle, Linda Luedtke, Lorraine Moon, Cathy Robertson, Edie Schleiger, Doreen Wagenaar, Gretchen Walker, Diane Wasser, Carol Wusk, and Lola Young.

Diane Wasser, Editor
UNOPA Notes Staff:
Tina Ahrens
Donna Boone
Debbie Hendricks
Tonda Humphress

Volume 48 Issue 8

UNIVERSITY OF NEBRASKA OFFICE PROFESSIONALS ASSOCIATION

http:unopa.unl.edu

Calendar

April	**6**	**Board Meeting**
	13	**UNOPA General Meeting**
		Rose Frolik Award and Past Presidents Luncheon
	23-24	**Joint NEOPA Spring Conference and Central Area Professional Development Day**
May	**4**	**Board Meeting**
	11	**UNOPA General Meeting and Installation**
July	**4-10**	**NAEOP Annual Conference in Kansas City**

Support Our Community Project:

We will be collecting the following at the General Meetings:

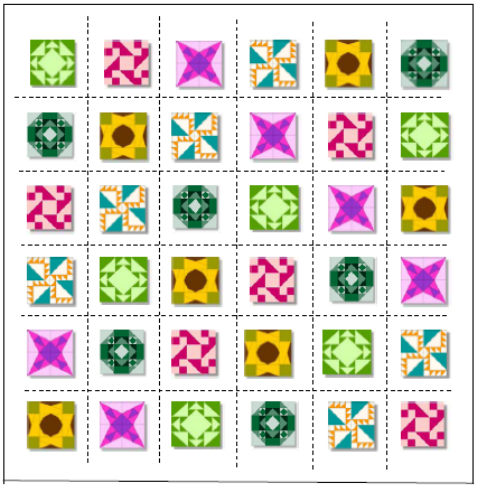
April — 16 ounce bags of White Rice
May — 16 ounce cans of Refried Beans

Time is running out to donate.

JOIN US in Lincoln, Nebraska

on April 23-24, 2010
at the Holiday Inn Downtown
for the NEOPA Spring Conference/Central Area Professional Development Day

Piecing Together Your Professional Career!



SPEAKERS:

Michelle Roggasch
"Communication Quilt: All the Pieces for Success"

Nancy Myers
"Team Building"

Nanette Shackelford
"Ethics in Business"
"Escape from Meeting Hell: Running a Productive Meeting"

Deborah Smith-Howell
"Effective Public Speaking"

REGISTER NOW!
at http://neopa.unl.edu

Deadline: April 9

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