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Program Suggestions-- Lounging and Sleeping Clothes : Extension Circular 4-15-2 B

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E.C. 4-15-2 B

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1950

Nebraska
COOPERATIVE EXTENSION WORK
IN AGRICULTURE AND HOME ECONOMICS
U. of N. Agr. College & U. S. Dept. of Agr. Cooperating
H. G. Gould, Associate Director, Lincoln

Extension Circular
4-15-2 B

PROGRAM SUGGESTIONS - LOUNGING and SLEEPING CLOTHES

Meeting Topic	Roll Call	Discussion	Demonstration	Judging
Planning a Lounging or Sleeping Outfit	An idea for sleeping or lounging clothes. What I would like to make	Styles for Lounging or Sleeping clothes Choosing the fabric; cotton, linen, rayon, wool, silk, nylon, and their characteristics	Keeping the Record Book Fabrics suitable for lounging or sleeping clothes Patterns suitable for lounging clothes	Patterns (pictures) for pajamas, nightie, or house coat. Fabrics suitable for house coat or pajamas
Making Your Outfit	An idea for an accessory A new thing I have learned in sewing	Knowing your pattern and tools Setting in a sleeve Putting on a collar	How to set in a sleeve Marking the grain lines in a sleeve Test for a well fitted sleeve	French seams Hems (slip-stitched) Class of pajamas Class of housecoats
Finishes	Name a seam finish Name a trimming stitch Name a sewing tool	The notched collar Plackets Finishing the Lounging or Sleeping Outfit	Making the continuous placket Putting on a collar Finishes for Lounging clothes	Accessories suitable for lounging clothes Sleeping outfits
Accessories	My favorite accessory Why I choose my accessory	Making a curl cap, scuffs, bed sock, handkerchief case	Use a cording foot How to quilt How to make your own pattern by using squares	Cording attached to edge Quilted pieces Lounging outfits Record Books
Keeping Clothes Trig and Trim	One thing I do to keep my clothes neat What I like about this project	Making frogs Hanger Cover Summarize project Dress Revue of outfits	Washing a sweater Washing corduroy Blocking a sweater	Chinese buttons Frogs A class of bed socks or house slippers

How to Use Program Suggestions: - One copy of "Program Suggestions" is sent to each leader. It may be helpful in developing your club program for the year. There are many suggestions that may be put into a club meeting, so choices may be made when preparing your Club Year Book.

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