1971

**Know Your Heritage : Extension Circular 23-21-71**

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If possible have your picture taken in

a costume of long ago.
Name __________________________ Age (Jan. 1, 196_) __

Address ____________________________________ Town ____________

Name of Club ___________________ Years ___________ Grade in 4-H ___________ School ____________

Organizational Leader __________________________________________

Project Leader __________________________________________

Date Started ___________ Date Completed ___________
  Month  Day  Year  Month  Day  Year
This project has been developed so that 4-H boys and girls might share and learn the heritage of Nebraska.

The following objectives are listed so you may better understand the purpose of this project.

1. To help you become familiar with your family history and traditions.
2. To stimulate your interest in the local history of your county and the history of Nebraska.
3. To help you develop a sense of responsibility for preservation, conservation and restoration of our heritage.
4. To help you be a better and more informed citizen through appreciation of history.
5. To help you honor the history and heritage of Nebraska.

Project compiled by:
Dorothea F. Holstein
Associate State Leader
4-H and YMW

Your Nebraska Heritage compiled from pilot project prepared by 4-H leaders and agents in Cheyenne and Sarpy Counties. Much credit goes to the following:

**Sarpy County**
- Mrs. Fred Nelson
- Mrs. Oreon Spring
- Mrs. Sally Bredenkamp

**Cheyenne County**
- Mrs. Carl Kurz
- Mrs. Myron Woten
- Mrs. Dale Flora
- Mr. Dale Flora

- Miss Harriet Lute (Library Consultant)
- Mr. R. W. Brown (Librarian)
- Dee Ann Geu
- Rollie Rexroth
- Del Rae Beermann
PROJECT REQUIREMENTS

Everyone:

1. Trace your family tree .................................................................
   a. Collect photographs of as many ancestors as possible and
      identify. You might enjoy making a collection of photographs
      of your relatives.

2. Plan to take a special interest in something historical in your
   county. It could be a museum, historical society, sod house,
   cemetery, Oregon Trail, etc. Plan to beautify, restore or
   publicize in some way .............................................

3. Complete your record book ..........................................................

If you are 9-12 years old, choose three of the following and complete.

1. Learn at least one tradition of the past ...........................................

2. Read a book about Nebraska or one written by a Nebraska author.

3. Tour a museum or visit an historical point ..................................

4. Make a Nebraska Memory Book ..................................................

If you are 13-19 years old, choose three of the following and complete.

1. Learn traditions of the past in each area: Cooking, Holidays, Recreation, Entertainment ..............................................

2. Read two books about Nebraska or two books written by a Nebraska
   author ..................................................................................

3. Prepare an historical map ..............................................................

4. Make a Nebraska Memory Book ......................................................
Suggested Club Activities:

1. Have a dress revue of clothing worn by early Nebraskans.
2. Plan a party or give a demonstration of Nebraska traditions.

County Fair Activities:

1. Exhibit your Nebraska Memory Book or an historical map if there is a division for these at your County Fair.
2. Make and exhibit a sampler of your family tree.

Other Activities:

The birthday of Nebraska offers many opportunities for other 4-H activities. You or your club may like to do some of the following:

Demonstrations

You might use topics concerning Nebraska heritage. Remember demonstrations "show" as well as "tell."

Public speaking

Nebraska history and heritage offer many ideas for topics.

Club Activities

1. Visit or tour historical points of interest.
2. Prepare an exhibit of old times, relics, collections, such as pioneer or Indian relics.
3. Take a hike to an historical place.
4. Prepare a club Nebraska Memory Book.
5. Sing songs about Nebraska.
6. Answer roll call with something interesting about Nebraska.
Fill in this information:

**Important Dates and Places:**

**Birth Date**

Father:_________________ Place:_________________ Grandfather_________________

Mother:_________________ Place:_________________ Grandmother_________________

**Anniversary Dates and Places:**

Parents Wedding Date:____________ Place:_________________

Grandparents Wedding Date and Place:

(Father's parents) Date:___________ Place:_________________

(Mother's parents) Date:___________ Place:_________________
Complete your "Family Tree"

Father

Brother's family

Sister's family

Mother

Brother's family

Sister's family

(Parents, Aunts, Uncles, Cousins)
TRADITIONS OF THE PAST

If you are 9-12 year olds -- fill in one of the following sections.

If you are 13-19 year olds -- complete all three sections.

Write "I remember when" stories here with the signature of the relative who told you the experience. Ask them about what holiday customs your parents or grandparents recall. (If grandparents are not here, visit with someone who lived about the same time they did.)

List "Family Heirlooms or Treasures" with short history or write about the recreation or entertainment of the days when there was no television and radio. (hobbies, trips, games, etc.)
Food habits and customs vary through the years. They also vary among different families.

Ask about interesting food combinations, cooking habits, or recipes that your family used to use. Describe them here.
The moods, the history and the life of Nebraska can be found on the pages of books.

Read books about Nebraska or written by a Nebraska Author. See book list Nebraska Bibliography for suggestions. Visit your library for other suggestions.

If you are 9-12, read one book, list it and briefly tell about it.

If you are 13-19, read two books, list both books and briefly tell about one of them.

What book or books did you read?

Title___________________________________________________________
Author_________________________________________________________

Title___________________________________________________________
Author_________________________________________________________
Tell about your book:
NEBRASKA BIBLIOGRAPHY

Age Group
(9-12)

Non-Fiction

Sheldon, Addison Erwin - Nebraska Civil Government
Adams, Samuel Hopkins - Riders of the Pony Express
Nathan, Adele (Gutzman) - Building of the First Transcontinental Railroad
Aulaire, Ingri'd - Buffalo Bill
Garst, Shannon - Buffalo Bill
Dorian, Edith - Hokahey! American Indians, Then and Now
American Heritage - Indians of the Plains
Bleeker, Sonia - Sioux Indians
Hofsinde, Robert - Indian Fishing and Camping; Indian Warriors and Weapons
Brown, Dee - Showdown at Little Big Horn
Gorham, Michael - Real Book about Cowboys
McCall, Edith - Heroes of the Western Outposts
Bailey, Bernadine - Nebraska
Condra, George - Nebraska Story
Nicoll, Bruce H. - Know Nebraska
Olson, James C. - Nebraska is My Home
Nebraska Atlas
### NEBRASKA BIBLIOGRAPHY

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Fiction</th>
</tr>
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<tbody>
<tr>
<td>(9 - 12)</td>
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</tr>
<tr>
<td>Bothwell, Jean</td>
<td>Tree House at Silver Oaks; Wishing Apple Tree</td>
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<tr>
<td>Bulla, Clyde Robert</td>
<td>Riding the Pony Express</td>
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<tr>
<td>Dick, Trella Lamson</td>
<td>Tornado Jones</td>
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<tr>
<td>Franchere, Ruth</td>
<td>Willa</td>
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<tr>
<td>Gendron, Val</td>
<td>Fork in the Trail</td>
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<tr>
<td>Halladay, Anne M.</td>
<td>Davy of the Sandhills</td>
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<tr>
<td>Kroll, Francis Lynde</td>
<td>Top Hand; Young Crow Raider; Young Medicine Man; Young Sand Hills Cowboy</td>
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<tr>
<td>Lampman, Evelyn (Sibley)</td>
<td>Tree Wagon</td>
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<tr>
<td>Sandoz, Mari</td>
<td>Horse Catcher; Story Catcher</td>
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<tr>
<td>Sperry, Armstrong</td>
<td>Wagons Westward</td>
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<tr>
<td>Wilder, Laura Ingalls</td>
<td>Little House on the Prairie</td>
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<td>Age Group</td>
<td>Non-Fiction</td>
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<tr>
<td>(13 &amp; over)</td>
<td>NEBRASKA BIBLIOGRAPHY</td>
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<tr>
<td></td>
<td>Pound, Louise - Nebraska Folklore</td>
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<td></td>
<td>Sandoz, Marie - Hostiles and Friendlies</td>
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<td></td>
<td>Neihardt, John G. - Cycle of the West</td>
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<td></td>
<td>Federal Writer's Project - Nebraska, a Guide to the Cornhusker State</td>
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<td></td>
<td>O'Kieffe, Charles - Western Story</td>
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<td></td>
<td>Bratt, John - Trails of Yesterday</td>
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<td></td>
<td>Burt, Andrew Sherman - Indians, Infants and Infantry</td>
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<td>Jackson, Charles Tenny - Buffalo Wallow</td>
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<td>Moody, Ralph - Little Britches</td>
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<td></td>
<td>Sandoz, Mari - Old Jules</td>
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<td>Snyder, Grace - No Time on My Hands</td>
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<td></td>
<td>Doane, Gilbert H. - Searching for your Ancestors</td>
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<td></td>
<td>McLeod, Robert - Medicine Bull</td>
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<td></td>
<td>Sandoz, Mari - Crazy Horse</td>
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<td></td>
<td>Sandoz, Mari - Cheyenne Autumn</td>
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<td></td>
<td>Dick, Everett - Sod House Frontier; Tales of the Frontier; Vanguard of the Frontier</td>
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<tr>
<td></td>
<td>Sandoz, Mari - Buffalo Hunters; Cattlemen; Love Song to the Plains; Old Jules Country</td>
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<td>Faulkner, Virginia - Round-up; A Nebraska Reader</td>
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<td></td>
<td>Morton, J. Sterling - History of Nebraska</td>
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<td></td>
<td>Olson, James C. - History of Nebraska</td>
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<td></td>
<td>Sheldon, Addison Erwin - Semi Centennial History of Nebraska</td>
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<td></td>
<td>Shumway, Grant L. - History of Western Nebraska Nebraskans</td>
</tr>
</tbody>
</table>

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**NEBRASKA BIBLIOGRAPHY**

<table>
<thead>
<tr>
<th>Age Group</th>
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<tbody>
<tr>
<td>(13 &amp; over)</td>
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<tr>
<td>Aldrich, Bess Streeter</td>
<td>Lantern in her Hand; Lieutenant's Lady; Spring Came on Forever; White Bird Flying</td>
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<tr>
<td>Cather, Willa</td>
<td>My Antonia; O Pioneers</td>
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<tr>
<td>Davis, Clyde Brian</td>
<td>Nebraska Coast</td>
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<tr>
<td>Hough, Emerson</td>
<td>Covered Wagon</td>
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<tr>
<td>Johnson, Alvin</td>
<td>A Touch of Color and Other Tales</td>
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<tr>
<td>Lane, Rose (Wilder)</td>
<td>Let the Hurricane Roar</td>
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<tr>
<td>Leonard, Elizabeth, Jane</td>
<td>Call of the Western Prairie and Other Tales</td>
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<td>Morris, Wright</td>
<td>Home Place</td>
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<tr>
<td>O'Neil, Kathryn Fingado</td>
<td>Retreat of the Frontier</td>
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<tr>
<td>Rolvaag, O. E.</td>
<td>Giants in the Earth</td>
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<tr>
<td>Sandoz, Mari</td>
<td>Son of the Gamblin Man; Winter Thunder</td>
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<td>Spindler, Will Henry</td>
<td>Rim of the Sandhills</td>
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</table>
MY TOUR TO A NEBRASKA MUSEUM OR VISIT OF HISTORICAL POINT

On my visit I went to ____________________________________________________________

____________________________________________________________________________

Describe the most interesting thing ________________________________________________

____________________________________________________________________________

____________________________________________________________________________

____________________________________________________________________________

____________________________________________________________________________

If you visited an historical point, what was the history and why is it important to Nebraska?

____________________________________________________________________________

____________________________________________________________________________

____________________________________________________________________________

____________________________________________________________________________

____________________________________________________________________________

Do you or your club members know of a place that has historical value which could be improved? (If so, where?) ________________________________

____________________________________________________________________________

____________________________________________________________________________

Does your club plan to do anything to restore it? _________________________________

____________________________________________________________________________
MY NEBRASKA MEMORY BOOK

A scrapbook is defined as "a book of pages for pasted clippings, pictures and souvenirs; a memory book."

First, decide what you would like your 'Nebraska Memory Book' to record; then enjoy collecting 'goodies' and putting them together in your book.

Here are some ideas you might consider:

Local Area History  
Your County History  
Nebraska History  
Nebraska Birds  
Trees of Nebraska  
Indians and Nebraska

Nebraska Towns  
Nebraska Grasses  
Weeds of Nebraska  
Historical Places in Nebraska  
Many Others

(Please do not clip from valuable books, magazines or library materials)

My Nebraska Memory Book is about ____________________________________________

__________________________________________________________________________

I chose this because ________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

19
Where are the interesting historical points in your county? Many small points of history are not known to residents of your county. By making a map you can help people know where history has been made.

Perhaps you want to trace the old trails across Nebraska.

There are many things and ideas you can work into a map. Use your ideas and suggestions to make your map interesting.

Tell about your map.
YOUR COUNTY __________

(Name)

In the space below draw the size of your county and mark the county seat. After you have done this, fill out the following:

1. Length of county __________
2. Width of county __________
3. Number of square miles __________
4. Year your county was formed __________
5. Which tribe of Indians formerly lived there? ________________
6. Locate historical sites.
MY 4-H ACTIVITIES RECORD

Club office I held

Club committee I served on

Other offices or committees

My club held meetings, I attended

I participated in activities below:

4-H Camp
Club tour
4-H Picnic
List other

4-H displays
Health improvement
Led group singing
Led games
Led discussions

I took part in demonstrations, judging, song contest, public speaking and other contests as listed below:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Team or Individual</th>
<th>Where</th>
<th>Other (where)</th>
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<tbody>
<tr>
<td>Example:</td>
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<tr>
<td>Safety Demonstration</td>
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<td>B R</td>
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<tr>
<td>Song Group</td>
<td>Trio</td>
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<td>P B</td>
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MY EXHIBITION RECORD
(Include showmanship and dress revue)

<table>
<thead>
<tr>
<th>Article</th>
<th>Where exhibited</th>
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I have read this report:

______________________________  ______________________________
Parent                            Leader
CAREERS

If you enjoyed learning more about your family heritage and Nebraska in this project you may want to think about a career in which you will do more things like this. You will need to take as many history and literature classes as you can in school or register for a correspondence course at the University of Nebraska Extension Division. You could become a history teacher in high school or college.

You should talk to the people who work at the historical society or museum. There are many different phases of that type of work -- from director to curator to artists who paint background scenes for displays, to those who are in charge of displays and to others who go out and help explore and dig and restore fossils for the museum.

An interest in history could help you get a part time job while you are going to college. Guides are needed at the State Capitol, at museums and similar places of interest. To better prepare yourself for any of the above-mentioned careers, 4-H members will profit by taking part in 4-H public speaking, demonstrations and judging. These activities train you to think on your feet and help you learn how to communicate with others.