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# Consistent individual behavior: evidence of personality in black bears

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## Abstract

Personality is defined as consistency in individual differences in organismal behavior across time or context, a phenomenon of interest within behavioral and evolutionary ecology. Empirical data have revealed an ever-increasing number and diversity of taxa that display these phenotypic patterns in both wild and captive settings. Moreover, these behavioral traits are frequently linked to wild behavior, life history strategies, and measures of individual fitness. Understanding personality is of particular importance for some animals, such as large carnivores, which may express maladaptive behavior that can lead to conflict with humans. To date, few studies of personality exist on large carnivores and none have investigated the presence of personality in black bears (*Ursus americanus*). Through focal animal sampling, and open field, novel object, and startle object tests, we investigate the potential for personality in captive black bear cubs. Results indicate the presence of personality, with consistency in behavior across five metrics for the bold-shy axis, and eight sampling events measuring responses for the activity axis. Information presented here reveals the presence of personality in black bear cubs, and may provide a framework for future investigations into relationships of personality with ecology and life history.

**Keywords** Novel object · Open field · Repeatability · *Ursus americanus* · Captive · Startle object · Activity

## Introduction

An ever-growing body of empirical data demonstrates that individual animals display consistency in behavior across time or context (Bell et al. 2009; Stamps and Groothuis 2010). Repeatable individual behavior has been recognized for more than a century within the discipline of human psychology (Caspi et al. 2005), but only of late has attention been drawn to this in studies of non-human animal behavior (Gosling 2001; Bell et al. 2009; Réale et al. 2010). Influenced in large part by the seminal work of Wilson et al. (1994), studies of personality in non-human animals (hereafter, “animal personality” or, simply, “personality”) frequently include measurements along continua within one of several broad behavioral traits, such as boldness, exploration,

activity, aggression, or sociability. These metrics are often used to define personality or behavioral profiles of individual animals (Réale et al. 2007). Observations of behavioral consistency within individual animals provide an alternative to the long-standing perspective that organisms are phenotypically plastic in response to repeated stimuli (West-Eberhard 1989). Between-individual differences in behavior are now being recognized as indicative of individuality and no longer considered mere deviations from the population mean (Wolf and Weissing 2012). Moreover, many studies have identified that personality traits are not always expressed in isolation, but as suites of correlated behaviors called behavioral syndromes (Sih et al. 2004); for example, an organism may consistently display aggression in one context and boldness in another (Kortet and Hedrick 2007).

Animal personality is now garnering attention regarding its implications for organismal life history and evolution (Wolf and Weissing 2012). For instance, personality traits have been linked to some of the most fundamental of animal behaviors, including reproduction (Cote and Clobert 2007; Réale et al. 2009), foraging (Johnson and Sih 2005), and dispersal (Cote et al. 2010), as well as to some of the most basic life processes, such as metabolism (Careau et al. 2008) and growth rate (Adriaenssens and Johnsson 2010). With

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animal behavior so closely linked to fitness (Dingemanse and Réale 2005), advances in conservation and evolutionary biology necessitate a more thorough understanding of animal personality and behavioral variation, including their ecological and evolutionary implications.

Assessments of animal personality have relied on several principal testing strategies. Open-field trials, which are used to assay a variety of behavioral traits, consist of observations of individuals' behavior in environments to which they are naïve (Valle 1970; Walsh and Cummins 1976; Burns 2008). One such behavior, “wall-hugging,” is an anxiety-related response along the bold-shy axis, in which less bold subjects avoid the interior of unfamiliar or stressful environments. This has been observed in many taxa, including fish (Sharma et al. 2009), rodents (Treit and Fundytus 1988), and humans (Kallai et al. 2007). Exploration is measured as the inclination of animals to investigate novel environments, and has been demonstrated to be correlated with risk-taking and negatively related to neophobia (Meehan and Mench 2002; Mettke-Hofmann et al. 2002; van Oers et al. 2004; Dingemanse et al. 2010; Cole and Quinn 2014). Assays whereby animals are presented with an unfamiliar object which may be interpreted as a threat, are referred to as novel-object tests, and are commonly used to measure fear, with bold subjects less fearful of the object (Burns 2008). Similarly, startle objects, such as light or sound, are used to measure behavior along the bold-shy axis, whereby flight from or latency to return to an object following a stimulus often correspond with levels of boldness (van Oers et al. 2004; Ward et al. 2007). Finally, extended periods of detailed observation on individual subjects is often referred to as focal-animal sampling (Altmann 1974). Such sampling is a form of non-manipulative, observational research that has been widely used for a variety of species in captive and field settings, and allows for the incorporation of a vast array of behavioral data (Coleman and Wilson 1998; Stoinski et al. 2003; Rieucou et al. 2012; Seyfarth et al. 2012), including activity levels (Renner 1990; review in Réale et al. 2007).

Bears (family Ursidae), despite their large brain size and demonstrated cognition (Vonk et al. 2012; Benson-Amram et al. 2016; Johnson-Ulrich et al. 2016), have been largely unexamined with regard to personality (Gosling 2001; Bell et al. 2009; but see Fagen and Fagen 1996). Understanding bear behavior is critical, given that they often spatially overlap with human populations (Bateman and Fleming 2012), are known to utilize anthropogenic resources (Beckmann and Berger 2003; Hostetler et al. 2009), and can threaten human lives and property (Treves and Karanth 2003). The American black bear (*Ursus americanus*), for instance, is the most widely distributed North American bear, possesses many traits that allow persistence in human-dominated landscapes (Stirling and Derocher 1990; Larivière 2001; Beckmann and Berger 2003; Johnson et al. 2015), and is

frequently involved in human-wildlife conflict (Can et al. 2014). Thus, elucidating bear personality may contribute to our understanding of the many ecological and evolutionary consequences of behavior, facilitate an understanding of the mechanisms inherent to the phenomenon (Wolf and Weissing 2012), and, ultimately, benefit wildlife management and conservation efforts (McDougall et al. 2006).

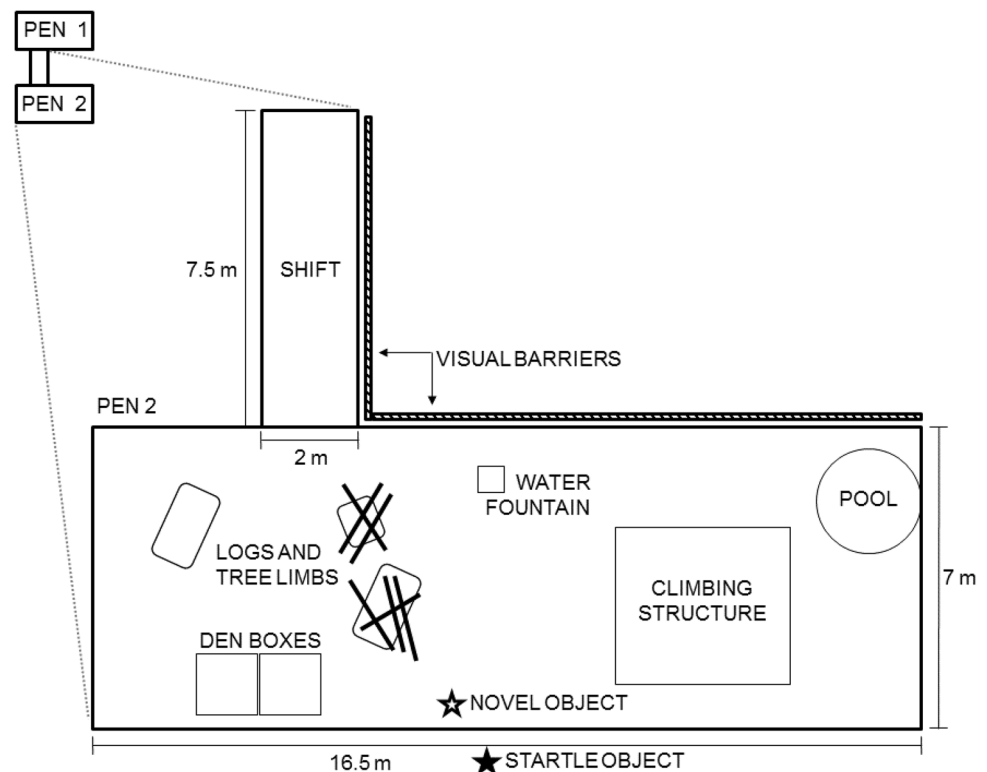
Here, we present the first investigation into personality of American black bears (*U. americanus*). Through the use of open-field, novel object, and startle object tests, and focal-animal sampling, we examine the existence of repeatable, across-context, individual differences in behavior along the bold-shy and activity axes of black bear cubs. We predicted that the bears would exhibit intra-individual consistency and inter-individual variation in behaviors across assays for each axis. Similar to previous studies (Huntingford 1976; Lantová et al. 2011; Herde and Eccard 2013), we anticipated correlation between the bold-shy and activity axes. Our study aimed to facilitate a better understanding of black bears and their behavior, include black bears in the ongoing pursuit of personality research, and broaden the tools with which we approach wildlife ecology and conservation.

## Methods

Between 1 July and 29 August 2014, six orphaned black bear cubs were captured by Utah Division of Wildlife Resources personnel and transported to the US Department of Agriculture (USDA) National Wildlife Research Center's (NWRC) Predator Research Facility in Millville, Utah, USA for rehabilitation. The housing structure contained two open-air enclosures, each 16.5 m long, 7 m wide, and 2.5 m tall (288.8 m<sup>3</sup>), separated by a 7.5-m-long, 2-m-wide, and 2.5-m-tall transitional pen, called a “shift” (Fig. 1). The walls and ceilings of the pens and shift were chain-link fencing. Solid-metal, guillotine-style doors, operated by observers from an adjacent area, allowed for entrance and egress of bears between the pens and shift. Both pens were functionally identical and contained wooden climbing structures, logs, a large pool of water, two den boxes, natural vegetation, and a constantly flowing source of fresh water. To reduce familiarity with humans, the cubs had one primary caretaker and all bear-human interactions were minimal. All captive care was provided in accordance with the NWRC Animal Care Protocol, derived from widely accepted procedures (Beecham and Ramanathan 2007), administered NWRC-SOP no. ACUT-006.00, with research permitted under the Institutional Animal Care and Use Committees at NWRC QA-2354 and a Utah State University permit (#2434).

Bears were given at least 7 days to acclimate to various aspects of their captive environment (i.e., structures,

**Fig. 1** One of two black bear cub rehabilitation enclosures at the US Department of Agriculture National Wildlife Research Center's Predator Research Facility in Millville, Utah, USA, displaying approximate locations of object placement for two of the behavioral tests



conspecifics, feeding schedule, and human caretaker) before behavioral assays began. No enrichment items were proffered to the bears during the acclimation or testing periods. Prior to the start of trials, the bears had been allowed access to one pen and the shift, but remained naïve to the second pen, which was used as the arena for several assays that would measure their responses related to the bold-shy behavioral axis. After testing that required a novel environment was completed, and the bears became familiar with both pens, we then administered bold-shy and activity tests that were not reliant on novelty of environment, with the trial pen selected opportunistically based on ease of bear isolation. Trials were ordered in a manner that preserved the novelty of individual testing paradigms; for instance, novel object trial date preceded that of the startle object, given that potential trepidation in response to introduced objects would be expected to wane with each occurrence. For all behavioral assays, we randomized dates of trials (although these were adjusted opportunistically according to weather conditions), times from all possible times during daylight hours, and subject order. As some studies have reported that olfactory or chemical cues from previous subjects or human caretakers may influence behavior (Whittier and McReynolds 1965; McCall et al. 1969), the arena and all of its contents were sprayed with high-pressure water and left to dry and ventilate for  $\geq 1$  h between all tests. All trials were conducted in mild weather between 31 August and 21 November, and administered and recorded by the same human observer.

Open-field trials were preceded by subjects being individually isolated in the shift, and all non-participating individuals confined to one pen. Following an acclimation period of 900–1800 s, we opened the door on the opposite side of the shift to allow entry into the novel pen. Prior to this point, bears did not have access to the arena, although we could not limit all arena visibility. The start of the open-field trial was delineated by the point at which the subject had entered the novel environment, defined by all four feet of the subject being on the ground of the arena. The time and duration of several coded behaviors were used to assess three measures of boldness: two variants of “wall-hugging” behavior, i.e., latency to the interior and thigmotaxis; and exploration. Latency to the interior was measured according to the number of seconds between the start of the trial and the time at which the individual entered the middle of the arena ( $> 2$  m from the perimeter), with boldness negatively related to the number of seconds. Thigmotaxis was measured as the proportion of time an individual spent at the perimeter ( $< 2$  m from the fence), with the proportion inversely related to boldness. Exploration was measured as the time during which subjects actively moved about and inspected the novel environment, with boldness positively related to active behaviors. We terminated open-field trials after each subject had been in the arena for 300 s, in order to mitigate for the animals becoming familiar with the environment. Open-field trials were recorded via four video cameras (SDR-H85; Panasonic, Osaka, Japan) placed on the exterior

of the pen, and later analyzed using VLC software (VideoLAN, Paris).

Novel-object tests were preceded by subjects being individually isolated in the shift, and all non-participating individuals confined to the pen previously used for open-field trials. To avoid confounding subject responses to the novel object with responses associated with a stress-inducing arena, we administered novel-object tests in the familiar pen. The novel object was represented by an orange traffic cone (1 m high) placed on the floor of the arena (Fig. 1). We used a black bag to conceal the object during placement and situated the object behind a familiar solid, wooden climbing structure, until the subjects were in the arena. We recorded observations from behind visual barriers outside the arena. Following an acclimation period of 15–30 min, we opened the shift door to allow subjects access to the arena. The novel-object trial phase began when the subjects had fully entered the arena, and terminated when the subject was at  $\leq 1$ -m distance from the object, with the differential in time termed as latency to approach, and scores inversely related to boldness.

We conducted startle-object trials 2 days after novel-object trials. The startle object consisted of two items: a 22-cm-diameter, blue plastic ball, used to attract the interest of the test subjects; and an acoustics playback device (FOXPRO Crossfire; FOXPRO, Lewiston, PA). We situated both objects  $< 1$  m outside of the arena fence, with the speaker directly behind the ball and, similar to the novel object test, obfuscated by a visual barrier until the subject had entered the arena (Fig. 1). When the subject reached the fence in front of the object, the human observer, recording behavior from behind visual barriers outside the arena, remotely activated the acoustic device. The device was programmed to emit a sound at  $\sim 70$  dB(A) (at 1 m), a volume loud enough to elicit a response from the test subjects, but not be heard by conspecifics in the adjacent pen. We selected an animal (raccoon *Procyon lotor*) growling/fighting noise as the stimulus because of its potential to produce a fear-induced response and for its novelty; unlike common testing stimuli, such as beeps, sirens, or lights, this noise would likely not have been encountered by the bears in the wild, or during capture and transport. We recorded the time between the flight response of the subjects after the sound was emitted and the subject returning to the object, with the number of seconds inversely proportional to boldness.

Focal-animal sampling occurred on days on which no other tests were administered, after all bears had been fully acclimated to both pens, and with no restrictions to pen access or conspecific interaction; these measures were to ensure that no unintended, confounding stimuli, threats, or novelty were present (Réale et al. 2007). We conducted eight focal-animal sampling events per subject, each 900 s in duration, with an interval average of 6 days ( $SE = 1.3$ ) between

trials. The human observer recorded behaviors from behind visual barriers outside the arena. Active behaviors included locomotion, climbing, and playing alone or with conspecifics, while inactivity included sitting, lying down, or otherwise remaining stationary. We recorded time and duration of behaviors in seconds and converted these to proportions to reflect activity scores.

We conducted statistical analyses using program R 3.2.3 (R Development Core Team 2016). We first transformed bold-shy data for intuitive directionality, with high scores corresponding to high degrees of boldness, and rescaled data to standardize scores around a mean of 0 and a SD of 1. Because activity scores were proportions, no rescaling or transformations were necessary. We first tested for individual consistency, or repeatability, in behavior. As described by Lessells and Boag (1987), repeatability can be characterized by the proportion of variance in responses for one individual, relative to the variance among individuals. We calculated intraclass correlation coefficients (R package irr) (Gamer et al. 2012), derived from the variance components produced by one-way ANOVA, to assess consistency of responses for each individual among the suite of tests for each of the two behavior axes. As bold-shy tests were designed to provide multiple measures for responses along the same axis, we looked for correlation between scores for each individual by performing principal component analysis (PCA). PCA reduced and enhanced directionality of variables, and illustrated relationships between variables. The number of components retained was determined according to the Kaiser–Guttman criterion (Kaiser 1991), variance contributed, and scree plot visualization. Using the loadings matrix from the retained components, composite scores were generated for each individual, representing single values for the subjects along the bold-shy continuum. Unlike bold-shy scores, activity-level scores consisted of repeated focal-animal samplings with identical measurements and units across each sampling occasion; as such, composite scores of captive activity level for each individual were achieved by averaging the eight scores. Using Spearman's rank correlation, we tested for rank-order consistency between bold-shy composite scores and activity-level composite scores.

## Results

Six orphaned black bear cubs (two females, four males), approximately 8 months of age, were tested. The bears displayed intra-individual consistency and between-individual variation with regard to responses within each of the suite of tests for both the bold-shy and activity axes (Table 1). Intraclass correlation coefficients for analysis of the five bold-shy measurements indicated that some subjects were consistently more bold than others, across time and context



**Table 1** Scores from assays measuring responses of six black bear cubs for personality along the bold-shy and activity behavior axes with individual rankings (*R*; 1 boldest or most active, 6 least bold or active)

Bear	Latency to interior <sup>a</sup>	<i>R</i>	Thigmotaxis <sup>a</sup>	<i>R</i>	Exploration <sup>a</sup>	<i>R</i>	Latency to approach <sup>b</sup>	<i>R</i>	Latency to return <sup>c</sup>	<i>R</i>	Composite bold-shy <sup>d</sup>	<i>R</i>	Activity score <sup>e</sup>	<i>R</i>
1401	− 0.090	5	− 0.351	4	0.817	2	0.432	3	− 1.389	6	− 0.055	4	0.823	1
1402	− 1.907	6	− 1.263	6	− 1.624	6	− 0.707	5	− 0.025	4	− 2.769	6	0.637	3
1403	0.174	4	0.660	3	− 0.032	5	− 1.546	6	1.027	2	0.380	3	0.290	6
1404	0.302	3	1.158	1	0.297	4	− 0.131	4	0.276	3	0.989	2	0.584	4
1405	0.562	2	− 0.964	5	0.584	3	0.953	2	− 0.927	5	− 0.573	5	0.377	5
1406	0.957	1	0.760	2	1.125	1	0.999	1	1.037	1	2.028	1	0.694	2

<sup>a</sup>Open-field trial<sup>b</sup>Novel object trial<sup>c</sup>Startle object trial<sup>d</sup>From bold-shy assays and first PC<sup>e</sup>Mean of activity-level scores from eight focal-animal sampling trials**Table 2** Results from principal component (*PC*) analysis of responses to captive tests of bold-shy behavior for six black bear cubs

Behavioral test	PC1	PC2
Latency to interior	<i>0.550</i>	− 0.201
Thigmotaxis	<i>0.529</i>	0.335
Exploration	<i>0.555</i>	− 0.165
Latency to approach	0.204	− 0.664
Startle response	0.260	<i>0.616</i>
SD	1.627	1.302
Proportion of variance (%)	52.9	33.9
Cumulative proportion	52.9	86.8

The first two components were retained, explaining 87% of the overall variance. Loadings in *italic* represent those that contributed heavily to the formation of respective components

( $F_{5,20} = 3.61$ ,  $P = 0.017$ ). Similarly, intraclass correlation coefficients indicated that activity tests revealed some subjects to be consistently more active than others ( $F_{5,35} = 3.61$ ,  $P = 0.052$ ).

PCA allowed us to retain two components, each with eigenvalues greater than 1 which, when combined, accounted for 87% of the total variance (Table 2). The first principal component explained 53% of the variance and was characterized by the three metrics measured in the open-field tests. PCA loadings for latency to the interior (0.550), thigmotaxis (0.529), and exploration (0.555) all contributed equally to the first principal component. Conversely, the two metrics that were associated with novel objects—latency to approach and startle object response—were the primary contributing variables for the second principle component (− 0.664 and 0.616, respectively), which accounted for 34% of the variance.

## Discussion

We present an important finding within the fields of animal behavior, ecology, and evolution—that black bears exhibit consistent individual behavioral differences. To our knowledge, this study represents the first application of testing to reveal individual personality for black bear cubs or any other species in the family Ursidae. Responses to a suite of behavioral assays commonly utilized in the field of personality research (e.g., focal-animal sampling, and open field, novel object, and startle object tests) to explore consistency of animal behavior (Bell et al. 2009) revealed that some bear cubs are consistently more bold or more active than others across contexts in captive settings. Provided that this is the first instance of such testing for bears, and considering the captive nature of bears subjected to these tests and the forms of rapid assays used (Butler et al. 2006; Biro 2012), we contend that all relevant correlations to ecological traits should be investigated further after rehabilitated bears are released into the wild.

The concept of individual variation has existed for a considerable time (Darwin 1861), and assessments of bear personality have been previously considered (Fagen and Fagen 1996). However, we are unable to compare our results to the Fagen and Fagen (1996) study, given that the authors conducted observations of brown bears (*U. arctos*) at a wild feeding site and considered nearly 70 subjective behavioral classifications to identify individuality among observed bears. Fagen and Fagen (1996) acknowledge several shortcomings of their study, and given that, prior to our study, this is the sole investigation into bear personality research, we highlight how this taxon has been largely overlooked.

Our study focused on black bear cubs rehabilitated in captivity until reintroduction, providing a contextual generality at a given age, time, and life experience (Stamps

and Groothuis 2010). The personality of young animals is commonly assessed, but whether personality traits are consistent across ontogeny needs further study (Groothuis and Trillmich 2011). Because of the small sample size, and use of tests mostly conducted when individuals were isolated from the other bears, we did not control for social status in our analysis. While social structure may have existed within this cohort, we believe it would not have influenced outcomes. For instance, even in a carnivore with strong social hierarchical structure, such as the spotted hyena (*Crocuta crocuta*), personality dimensions were not explained by dominance status (Gosling 1998). Instead, social interactions may increase stability in individual traits used to measure personality. For example, wolf (*Canis lupus*) pups housed with other pups showed more stable responses to novel objects than pups housed in isolation (MacDonald 1983).

Studies of personality may prove to be a valuable tool for rehabilitated wildlife. The reasons for rehabilitation often stem from variable and nontraditional early life experiences, which are known to alter a variety of individual traits and have lasting impacts on future fitness (Lindström 1999). For instance, an individual's exposure to predators (Bell and Sih 2007) and the availability of resources (Brydges et al. 2008; Chapman et al. 2010) have been shown to influence personality. Maternal effects—one early life component that is often shortened or altered for rehabilitated wildlife—impact a variety of phenotypic expressions, with mammals being most profoundly affected, given their extended gestation, lactation, and other facets of maternal care (Reinhold 2002).

For rehabilitated bear cubs, in particular, and other animals with life histories that lend themselves to interaction with humans, personality testing could be an invaluable window to behavior after release. Administering bold-shy tests allows researchers to quantify the level of fear elicited by unfamiliar and potentially threatening objects and situations (Réale et al. 2007). Behavioral testing may be able to provide predictive insights into an individual's level of fear toward novelty. This is precisely why behavioral traits and personality have historically been referred to as “coping styles” (Koolhaas et al. 1999); reactions along the bold-shy axis may, in large part, demonstrate an organism's ability to cope with environmental conditions. Understanding an animal's boldness may reflect upon its future potential responses to anthropogenic activity and myriad other stressors after release, including its propensity to engage in conflict situations (Linnell et al. 1999).

Results of this study allude to a possible relationship between bold-shy object testing (i.e., novel and startle) and captive activity level. Previous studies have reported relationships between boldness and activity axes (Boyer et al. 2010; Lantová et al. 2011; Dammhahn 2012; Herde and Eccard 2013), while others have demonstrated links

between those traits and dispersal (Fraser et al. 2001; Dingemanse et al. 2003) or space use (Boon et al. 2007; Minderman et al. 2010). Although we did not relate tests to behavior of bears after release, we believe our study provides a framework for future rehabilitation and release programs interested in assessing individual behavior and correlates to post-release behavior and space use.

While behavioral phenotype may shift later in life due to internal changes or environmental stressors (Stamps and Groothuis 2010), the expressions exhibited by rehabilitated wildlife during personality assays shortly before release may mean the difference between life and death in a species with potentially lethal conspecific interactions (Sih and Bell 2008), or in a world of immediate anthropogenic dangers (Wilcove et al. 1998). Previous research has identified correlations between personality and the fitness and behavior of animals after reintroduction (Cavigelli and McClintock 2003; Bremner-Harrison et al. 2004; Smith and Blumstein 2008). Identifying the mechanisms that shape and are shaped by behavioral traits is fundamental to understanding individual life history and population dynamics (Stamps and Groothuis 2010).

Ultimately, understanding the mechanisms behind animal behavior and broadening our scope to include new species in personality research will illuminate relationships to fundamental components of life history and species ecology. Through this, we hope to facilitate a better understanding of black bears and their behavior, include black bears in the ongoing pursuit of personality research, and broaden the tools with which we approach wildlife ecology, management, and conservation.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

**Human and animal rights statement** All applicable international, national, and/or institutional guidelines for the care and use of animals were followed. Captive care and handling was administered through NWRC-SOP no. ACUT-006.00, with research permitted under NWRC Institutional Animal Care and Use Committee (IACUC) permit QA-2354 and Utah State University IACUC permit #2434. This article does not contain any studies with human participants performed by any of the authors.

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