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EC551 Year Book for Community Study Clubs : Series I

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EXTENSION SERVICE
AGRICULTURAL COLLEGE
UNIVERSITY OF NEBRASKA
Extension Circular 551

YEAR BOOK
for
COMMUNITY STUDY CLUBS
Series I

Name_____________________________________________________

Address_________________________________________________

Name of Club_____________________________________________
Any community is to be congratulated that has learned the importance of working, playing, and studying together. All over the country the value of increasing community spirit and of developing leadership has been constantly growing.

The Community Study-Club circulars have been prepared for use in communities that wish to study together. The topics in Series I are miscellaneous and so varied that any woman in the community may be interested in them. Series II stresses especially child care. Series III deals with the subjects of food, shelter, and clothing. Series IV has half of the lessons on American literature and the others are miscellaneous.

Any organized group of women such as Community Clubs, Ladies Aids, Kensingtions, etc., may obtain the Community Study-Club circulars. Frequently, clubs meet twice a month and use the Study-Club circulars for one of the meetings and do the Home Project work at the other meeting. The plan for the Home Project work in Home Care of the Sick, Foods, Clothing and Kitchen Improvement is to have two project leaders from each club in the county meet a State Extension Agent once a month. These project leaders pass on to their local club what they have learned at the monthly meeting.

When an Enrollment Blank is received by the Extension Service, a yearbook and one-half of the Series desired will be mailed for each club member. Three months later the rest of the circulars will be mailed. One stitched set of these circulars will be included for the person who has charge of their distribution. In some counties the County Extension Agent may wish to keep the material in his office and send it out as soon as the monthly report is sent to him.

Early in the year the program committee should assign the topics for discussion to those of you who are to appear on the program. This will call attention to anything in the current magazines pertaining to your subject and will enable you to send for any references you desire. If you have a library near, you may find some of the books there, or the librarian may send to the State
Library Commission, Station A, Lincoln, for them. If no library is near, write directly to the Library Commission. Books from this source will be free except for express or postage. Material listed as Extension Service circulars may be obtained from the County Extension Agent, or if there is no agent in the county, send to the Extension Service, Agricultural College.

Either of the following plans may be adopted by the Club for the distribution of the circulars.

(A) - The leader gives the circulars some time in advance to the women who are to prepare the discussions for the meetings. Then at the meetings, the circulars are handed to each of the members to take home for study. The advantage of this plan is that it allows for future study after the leader has created an interest in the topic.

(B) - A club may wish to have the ones who lead the discussion collect material from various sources and not depend entirely upon what is in these circulars. If this plan is followed, it is well to have all the circulars handed to the members at one time, or at least a month or two in advance. The advantage of this plan is that it gives time for all to study the topic and take a part in the discussion.

Those who have a part in the programs are the ones who will receive the most enjoyment and benefit. You know the story of the woman who came home from prayer meeting and said to her husband, "John, that was the best prayer meeting I ever attended - I talked twice." You may not get a chance to "talk twice" this year, but be sure you do not neglect your one opportunity, nor disappoint those who are depending on you to furnish your share of the program.
PREPARING FOR THE SCHOOL YEAR
September

Business Session

Roll Call - Give a suggestion of something you are willing to do to help make this school year better than last year.

Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music

Study Hour - Preparing for the School Year
Extension circular 560

Topics for discussion
Shall we provide for hot lunches in our school this year?
Needed equipment for school house and grounds.

Additional references,
Foght, Rural Teach and His Work
McCormick, Rural Hot Lunch and the Nutrition of the Rural Child.
University of the state of New York.
Hot Lunch for Rural Schools
Extension Circular 9-40-2
The Sanitary Privy
Extension Circular 709

2360-E
MAKING SEWING EASIER
October

Business Session

Roll Call - My favorite sewing economy.
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music or Reading

Study Hour - Making Sewing Easier,
Extension Circular 416

So many of us have taken sewing like the measles,
as a necessary evil and endured it rather than enjoyed
it. It isn't necessary to take it as such a burden,
so cheer up and talk it over with your neighbor and
find out what she is doing to make her sewing easier.

Topics for discussion -
Essentials for sewing room.
Illustrative material always makes a talk
or demonstration much more effective. For
example, if the one who is to talk on
"Essentials for the Sewing Room" would have
a number of the smaller pieces of equipment
at hand she could make a much more interest-
ing and worth while talk than to just
mention them in her discussion. "Things
seen are mightier than things heard."
Demonstration - Care of the sewing machine and
use of the sewing machine attachments. (This
may be given by an Extension Agent or by a
woman who uses her machine attachments.)
Demonstration - The bound buttonhole.
Debate - Resolved: That it is more economical
to buy the family clothing than it is to
make it.
BUDGETS AND HOUSEHOLD ACCOUNTS
November

Business Session

Roll Call - Records I have kept.
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music or Reading

Study Hour - Budgets and Household Accounts,
Extension Circular 1101

Topics for discussion
The difference between a budget and
simply keeping accounts.
Records are time savers as well as
money savers.
The advantage of system in housekeeping.

Additional references
Household Management, Bertha M. Terrill
The Business of the Household, C. W. Taber
WHAT CHRISTMAS SHOULD MEAN TO
THE HOME AND TO THE COMMUNITY
December

Business Session

Roll Call - A Christmas verse of not more than five lines.
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Club Sing Christmas Carols

Study Hour - What Christmas Should Mean to the Home and to the Community
Extension Circular 565

Topics for discussion
Christmas folk stories.
A simpler menu for the Christmas dinner.
A few suggestions on what presents a child can make.
What Christmas may mean to this community this year.
HEALTH HABITS FOR HOME FOLKS
January

Business Session

Roll Call - Suggest a good health habit to be cultivated in the home.

Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music

Study Hour - Health Habits for Home Folks,
Extension Circular 1004

Topics for discussion
Economy of health in the home.
How can we overcome the "fear" of fresh moving air?
What inducements can be given to children for accomplishing health chores which form habits?
What can a community do to increase the milk supply?
What can you do as a club to educate the public in the needs of vaccination to eradicate smallpox?
What can this organization do to better the health of this community?
Health Crusade in our public schools.
What other organizations are doing to promote health:
Red Cross
State Health Department
Anti-Tuberculosis Association
Child Health Organization
The Government
INTERIOR DECORATION AND HOUSE FURNISHINGS
February

Business Session

Roll Call - What attractive pieces of furniture have you seen made from old pieces? Or, mention one picture that you would like for your living room.

Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Study Hour - Interior Decoration and House Furnishing Extension Circular 1156

Topics for discussion
What "useless" furnishings shall we eliminate from our homes?
What questions will you want to raise in selecting any piece of furniture, rugs or wall paper for your home?
Which rooms do you enjoy most in your home?
Tell why.
Give several reasons why the boys or girl should have a pleasant room.

Additional references
Burbank, Be Your Own Decorator
Daniels, Furnishing of a Modest Home
McClure and Eberlein, House Furnishing and Decoration
Quinn, Planning and Furnishing the Home.
Business Session

Roll Call - My favorite tree or shrub.
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Reading - "Trees", Joyce Kilmer.

Study Hour - Planting the Home Grounds
Extension Circular 1240

Topics for discussion
The best arrangement and location for
trees, shrubs, and flowers.
Description of a farm, or town home,
where the grounds are beautifully kept
and well planned.
A beautiful lawn and how to secure it.

Recreation - Test the members on their knowledge of
trees, shrubs, and flowers by numbering leaves, twigs,
or bark of trees and shrubs. Or, if these are not
available, cut out pictures of them from magazines.
Give each person a sheet of paper and pencil. Have
them write the number and name.

Additional references
Roses for Nebraska, Ext. Circ. 1246
Fall Planting of Bulbs for Spring Bloom,
Ext. Circ. 1249
Planting Evergreen Trees in Nebraska,
Ext. Circ. 1247
- A Plan for a Farm Vegetable Garden,
Ext. Circ. 1209.
MAKING THE MOST OF THE MEAL HOUR
April

Business Session

Roll Call - Give a suggestion of something that has helped to make your meal hour pleasant.

Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Study Hour - Making the Most of the Meal Hour
Extension Circular 951

A good way to conduct this program would be to have the meeting held in a home. A member can be appointed to give a table setting and serving demonstration. This demonstration would include:

- Placing the silence cloth and table cloth
- Placing the china and silver
- Serving the imaginary meal - with two people besides the host and hostess at the table.

Topics for discussion

- The tea wagon as an aid in meal service.
- Attractive and simple bouquets and plants for every day center pieces.
- Menus carrying out color schemes for special occasions.
- The value of napkin holders for family use.
- Discussion of table linens and luncheon sets.
- Simple courtesies for the home table.

Additional references

- Cooking Club Problem 3, Ext. Cir. 9-03-2
- Cooking Club Problem 4, Ext. Cir. 9-04-2
- Cooking Club Problem 9, Ext. Cir. 9-09-2
EQUIPMENT FOR HOME GAMES
May

Business Session
Roll Call - Tell of some home made equipment you enjoyed when a child.
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music

Study Hour - Equipment for Home Games
Extension Circular 1139

Topics for discussion
How play will help us to stay young.
The benefits derived from vacations.

Recreation - Let us forget that we are "grown up" and play some of the indoor or outdoor games we enjoyed when children.

"Are we forgetting how to play?"

2860-W
HOME MAKING A PROFESSION
June

Business Session

Roll Call - Quotation concerning the home, or the name of a good book which can be recommended on Home Making.

Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music

Study Hour - Home Making a Profession -
Extension Circular 1108

Topics for discussion
Should the woman in the home consider homemaking a profession in the same way that her husband considers his work a profession?
The study of Home Economics as an aid in homemaking.
System in housekeeping.

Additional references
Are Business Methods Possible in the Home?
C.W. Taber, Ladies Home Journal, May 1919
Successful Family Life, Mary Himan Abel
Housewifery, L. Ray Balderston
Increasing Home Efficiency, Breuer.