

1937

## EC1153 Home Made Toilet Aids

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1937

Nebraska  
COOPERATIVE EXTENSION WORK  
IN AGRICULTURE AND HOME ECONOMICS  
U. of N. Agr. College & U. S. Dept. of Agr. Cooperating  
W. H. Brokaw, Director, Lincoln

Extension  
Circular  
1153

HOME MADE TOILET AIDS

Aids to Chapped Hands

#1

2 oz. bay rum  
2 oz. glycerin  
Pour ingredients into bottle and shake.

1 tsp. benzoin  
Juice of 1 lemon

#2

4 oz. glycerin  
2 oz. spirits of camphor  
10 oz. witch-hazel

Warm glycerin and witch-hazel together until they can be blended together. Cool and add spirits of camphor.

#3

Rub hands with mutton tallow at night before retiring. Very effective.

Face Creams

#1

Beat with a beater, a good grade of lard (preferably leaf fat lard) until light and creamy. While beating, add a few drops of oil of citronella.

#2

1/2 oz. spermaceti  
1/3 oz. white beeswax  
1 oz. white mineral oil  
1/4 oz. lanolin (anhydrous)  
1/4 oz. water  
1/16 oz. borax

Melt wax and lanolin in oil and heat to 80° C (176° F). Dissolve borax in water. Heat to same temperature. Stir until cold. Ten grams each of spermaceti and beeswax make a softer cream.

Wave Set

Add 2 T flax seed to 1 1/2 cups water and boil until the amount has decreased to about a cupful. Strain and cool, then store in a cool place. (A few drops of alcohol will prevent spoilage.)

Polish Remover

2 oz. of acetone

This has a drying effect on cuticle as does any remover, but is less drying if a few drops of olive oil are added.

Cuticle Remover

Have druggist mix:

2 parts potassium hydroxide  
20 parts glycerin  
78 parts of water

Eye Wash

Dissolve 1 T of boric acid in 1 cup boiling water.

Tooth Powder

Equal parts of salt and baking soda. Mix together thoroughly, then roll with a rolling pin. Store in a container with a tight cover.

Deodorants

#1

2 parts cornstarch  
1 part baking soda

#2

Merely rub over parts of the body which perspire readily with a cake of soap. This leaves a thin coating on the surface of the skin which aids in keeping down body odors.

Liquid Non-Perspirant

Dissolve 1 oz. of powdered alum in 1 c. boiling water. Bottle and cork.

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