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Stephen L. Young  
*University of Nebraska - Lincoln*, steve.young@usu.edu

Guy B. Kyser  
*University of California, Davis*

Jacob N. Barney  
*University of California, Davis*

Victor P. Claassen  
*University of California, Davis*

Joseph M. DiTomaso  
*University of California, Davis*, jmditomaso@ucdavis.edu

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Spatio-Temporal Relationship between Water Depletion and Root Distribution Patterns of *Centaurea solstitialis* and Two Native Perennials

Stephen L. Young,¹ Guy B. Kyser,² Jacob N. Barney,² Victor P. Claassen,¹ and Joseph M. DiTomaso²

¹ Department of Land, Air, and Water Resources, University of California, Davis, CA 95616, U.S.A.
² Department of Plant Sciences, University of California, Davis, CA 95616, U.S.A.

Corresponding author — J. M. DiTomaso, email jmditomaso@ucdavis.edu

Abstract
In a 2-year field study, we quantified lateral root growth patterns and soil water depletion dynamics in the invasive annual *Centaurea solstitialis* and two native perennials, *Elymus glaucus* and *Grindelia camporum*. *Centaurea solstitialis* produced lateral roots most actively from early April to mid-June, during the late rosette to spiny seedhead stage while both root growth and water depletion were completed before flowering. In the wet year, roots were evenly distributed throughout the soil profile to 180 cm deep. Lack of deep soil moisture recharge in the second year restricted root distribution to shallow soil depths (<60 cm). In contrast to *C. solstitialis*, living roots of the native perennials persisted throughout the year. *Elymus glaucus* roots were most abundant (47% of total roots) in the upper soil profile (<60 cm) in the wet year, but most abundant (55%) in the lower profile (>150 cm) in the dry year. However, the distribution of *G. camporum* roots was comparable between the 2 years. This indicates that in years with little to no deep soil moisture recharge, *C. solstitialis* roots are distributed in the shallow soil profile similar to annual grasses, whereas in wetter years it is similar to deep-rooted perennial species. We also show that *C. solstitialis* impacts grassland communities by depleting soil moisture during the short period of lateral root growth from the late rosette to the spiny stage. Therefore, control of *C. solstitialis* early in the season is critical during native plant restoration where success depends upon available soil moisture.

Keywords: biological invasions, *Elymus glaucus*, grassland restoration, *Grindelia camporum*, yellow starthistle

Introduction
In Mediterranean climates, soil moisture recharge occurs almost entirely between late fall and early spring. During years of normal rainfall, the soil typically recharges to a depth of 2 m or more. During late spring and summer, there is a steady decline of soil moisture in most of the profile. For example, in California, late summer soil moisture potentials can range from ~0.5 to ~4.5 MPa, depending on vegetative plant cover (Gerlach 2004). Native grassland species depend on their ability to efficiently extract deep soil moisture following annual fall and winter recharge (Holmes & Rice 1996; DiTomaso et al. 2003; Young et al. 2009). In these systems, the spatio-temporal relationship between water use and root distribution patterns is poorly understood.

Yellow starthistle (*Centaurea solstitialis* L.) is a winter annual forb that can be found in much of the United States, extending as far East as New York, and other areas of the world including nearly all Mediterranean climates and most temperate regions (Maddox et al. 1985). In California, *C. solstitialis* is estimated to infest 600,000 ha and represents the most widely distributed invasive species in the state (Duncan et al. 2005). Despite our limited understanding of the spatio-temporal relationship between water depletion and root distribution patterns in *C. solstitialis*, it is has been shown to successfully compete with other species for soil moisture (Enloe et al. 2004; Gerlach 2004).

In this study, we compared two historically prominent native herbaceous perennial species of this region, blue wildrye (*Elymus glaucus* Buckley) and common gum-plant (*Grindelia camporum* Greene) with *C. solstitialis*. Unlike the two native species, *C. solstitialis* has ruderal characteristics including high-seed production (Roché et al. 1994), reduced seed dormancy, and rapid root development (Sheley et al. 1993; Benefield et al. 2001). Despite being a winter annual forb, *C. solstitialis* appears to be functionally similar to many native perennial grasses and forbs in its resource allocation patterns and phenology (Gerlach & Rice 2003; Gerlach 2004; Young et al. 2009). *Elymus glaucus* is morphologically different (fibrous roots and narrow leaves) than *C. solstitialis*, but is proposed to be functionally similar to its root distribution pattern and soil water use timing (Young et al. 2009). This hypothesis is based on the ability of *E. glaucus* to resist *C. solstitialis* invasion under Central Valley grassland conditions (Young et al. 2009).
In addition, *E. glaucus* is considered to be one of the better adapted and more robust perennial grasses native to the Sacramento Valley (Knapp & Rice 1996; Bugg et al. 1997). *Grindelia camporum*, a perennial forb, is more closely related taxonomically and morphologically to *C. solstitialis*. Both *G. camporum* and *C. solstitialis* are characterized by deep rooting systems and mid-summer growth and flowering. Because of apparent functional similarity and widespread abundance, *E. glaucus* and *G. camporum* have the potential to suppress *C. solstitialis* in grassland restoration projects (Bugg et al. 1997; Claassen & Marler 2004).

We hypothesize that the ability of these native species to resist *C. solstitialis* invasion is due to their functional similarity in root distribution and water resource acquisition timing. We therefore undertook to assess the seasonal root growth dynamics and water depletion patterns of these three species grown under field conditions. We predicted that the invasive *C. solstitialis* develops an extensive root system with a distribution and water depletion pattern similar to the native perennials.

**Methods**

**Study Area and Plant Species**

This study was conducted in the Sacramento Valley near Davis (38°33'N, 121°48'W, 18 m elev.), California, where mean annual precipitation is approximately 480 mm. The area is converted grassland, previously under agricultural production. The dominant vegetation included non-native annual grasses and forbs. The soil was a silt loam with less than 1% slope, mapped as a coarse-loam mixed soil at several phenological stages. We graphed February-to-September soil water depletion for each species in relation to bare ground controls. All statistical analyses were performed using SAS (SAS 2002).

**Soil Moisture**

A neutron probe (Model #503, CPN Inc., Pacheco, California, U.S.A.) was used to measure soil water content (SWC) weekly or biweekly at 30, 60, 120, and 180 cm depth. In 2000, neutron probe access holes were drilled in the center of each plot to approximately 2 m in depth. Neutron probe measurements were converted to volumetric SWC (DiTomaso et al. 2003), which is reported as a percentage.

**Statistical Analysis**

Soil moisture was evaluated between species within each year using analysis of variance (ANOVA). We compared the mean SWC of *C. solstitialis* with *G. camporum* or *E. glaucus* using pair-wise contrasts in the shallow and deep soil at several phenological stages. We graphed February-to-September soil water depletion for each species in relation to bare ground controls. All statistical analyses were performed using SAS (SAS 2002).

**Results**

**Precipitation Patterns**

Precipitation differed substantially between the 2005–2006 and 2006–2007 seasons (Figure 1). Cumulative precipitation in 2005–2006 was 594 mm, or 124% of the 30-year normal of 480 mm. In particular, there was 250 mm precipitation from early February to mid-April 2006, 162% of normal for that period. In contrast, precipitation in 2006–2007 totaled only 242 mm (50% of normal), and rainfall from early February to mid-April was 71% of normal. Following normal winter recharge, deep soil (120 cm) water content in bare ground plots was 25% v/v in early April 2006 (Figure
Water depletion and root distribution in *C. solstitialis* and two native perennials

2), but through evaporation dropped to approximately 18% (~0.00 MPa) by early October of the same year. The lack of soil water recharge in 2007 resulted in only 15% (~0.15 MPa) soil moisture at 120 cm from February through May, which dropped to approximately 12% (~3.65 MPa) by October (Figure 2). Interestingly, there was little soil moisture loss from the 180 cm depth in both 2006 and 2007. Thus, even in the absence of vegetation, evaporation can play a significant role in water loss from the top 120 cm of the soil profile, reducing soil water potentials to levels considered to be below the established crop permanent wilting point (~1.5 MPa).

Phenological Development

*Centaurea solstitialis* rosettes established a month earlier in the wetter 2006 growing season compared with 2007 (22 February and 17 March, respectively), though bolting (15 May and 31 May), spiny (14 June and 12 June), and reproduction (12 July and 26 June) stages occurred within 2 weeks of each other between the 2 years. Growth of *G. camporum* at all stages was delayed by approximately 1 month due to the late winter transplanting in 2006 compared with 2007. The dates of vegetative (8 March and 6 March), inflorescence emergence (3 May and 1 May), and reproduction (14 June and 12 June) stages for *Elymus glaucus* were similar for both years. For *E. glaucus* and *G. camporum*, new leaf development occurred in fall, prior to the appearance of new roots.

Root Growth Dynamics

Lateral roots of *C. solstitialis*, which were generally 1.5–2.0 mm in diameter, appeared in the upper soil profile by early to mid-March in both years, and in the lower profile by late March to mid-April (Figs 3 & 4). Root density deeper in the soil profile peaked in June 2006, when plants were in the bolting to spiny stage, and began to decline in July preceding reproduction. By early August, long before flowering was completed, there were no living roots visi-
ble at all depths (Figure 3). During the much drier 2007 season, peak root production occurred between late April and early May (Figure 4), but tapered off much quicker than in the wetter season in 2006. This coincided with plants in the rosette to bolting stage. The lack of deep soil moisture recharge suppressed *C. solstitialis* root development from 120 to 180 cm, and completely prevented lateral root growth at 180 cm. In 2006, the cumulative percentage of living roots was equally distributed throughout the soil profile (Figure 3), but in 2007, the majority of the roots (77%) were found in the upper half of the soil profile (Figure 4). The total number of roots produced in the drought year of 2007 was 72% less than in 2006.

Although *E. glaucus* was well established at the site, roots were not observed until March and May 2006 due to the time required to grow through the backfilled soil.
against the observation window. Once lateral roots appeared, they persisted throughout the study except at 30 cm during the 2007 drought year (Figs. 3 & 4). Roots of *E. glaucus* were the thinnest of the three species, with diameters of 0.3–0.6 mm, and had fewer branching roots than the other two species. In *E. glaucus*, growth of shallow (30–60 cm) roots peaked from mid-April to early May 2006, with some senescence occurring from June through September (Figure 3). In 2006, the cumulative percentage of living roots was 47% at 30–60 cm, and evenly distributed at lower depths (Figure 3). However, in the drier 2007 season, only 15% of the roots were found in the top 60 cm of the soil, and 55% were found at 150–180 cm (Figure 4). As with *C. solstitialis*, the total number of roots produced in 2007 was significantly lower (45%) than in 2006.

*Grindelia camporum*, which was transplanted on 20 February 2006, produced roots that appeared on the glass about 3 months later, and persisted through 2007 (Figs. 3

Figure 4. Mean live roots for *Centaurea solstitialis*, *Elymus glaucus*, and *Grindelia camporum* for the 2007 growing season in 30-cm intervals in the soil. Totals are expressed in number of roots per square centimeter per week for the visible root system in underground chambers. The period of active shoot elongation, denoted as vegetative or bolt growth, and the principal periods of flowering and seed set are also indicated for each species.
Roots of *G. camporum* were of similar diameter (1.5–2 mm) and morphology to those of *Centaurea*. Despite the delay in the appearance of roots in 2006, maximum root growth below 30 cm in the soil occurred during rapid stem elongation in both 2006 and 2007. Due to the delay in lateral root establishment following transplanting, it was not possible to compare cumulative root numbers between the 2 years. Unlike the other two species, the percent distribution of roots in the soil profile was not dramatically different between the 2 years.

**Soil Moisture Depletion Patterns**

The root distribution of these three species in the different soil layers corresponds with soil moisture depletion patterns during the growing season (March–September). In the wet winter and spring of 2006, soil moisture recharge was sufficient such that soil water in monoculture plots was not different from bare ground plots from 6 February through 17 April (Figure 5). All three species began to deplete soil water at 30 cm by 1 May 2006, and in the deeper soil by mid-May or early June (Figure 5). By mid-June, soil moisture at 30–60 cm reached a minimum for all three species. *C. solstitialis* and *G. camporum* depleted soil moisture at 120 and 180 cm to a minimum by 26 June, corresponding to the reproductive stage in both species, and there were no statistical differences in the total amount of water depleted by these two species in 2006 (Table 1). However, *E. glaucus* depleted much less deep soil moisture compared with the other two species (Fig-

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**Figure 5.** Soil moisture depletion for *Grindelia camporum* (GC), *Elymus glaucus* (EG), and *Centaurea solstitialis* (CS) in comparison to bare ground control plots (species plot–bare ground plot) at 30 (A), 60 (B), 120 (C), and 180 (D) cm for 2006. Negative values indicate greater volumetric soil moisture in the bare ground plot.
The 2 years of this study were represented by very different precipitation patterns, with the first year being a wetter than average winter and spring and the second an extremely dry winter and spring. This provided an opportunity to evaluate root growth and soil water depletion patterns in a very successful invasive species, *Centaurea solstitialis*, and two native perennial species, *Elymus glaucus* and *Grindelia camporum*, under these two conditions.

### Centaurea solstitialis

In previous work using a minirhizotron camera, DiTomaso et al. (2003) showed that under full sunlight, *C. solstitialis* roots extended over 1 m into the soil profile 110 days after germination. However, this growth was primarily due to the development of a thin taproot. In this study, the first rainfall occurred in November of 2005 and 2006. Early seasonal rainfalls have been demonstrated to account for the bulk of seed germination in *C. solstitialis* (Benefield et al. 2001). Thus, by late February in 2006 and 2007 (approximately 120 days after the first significant rainfall), the taproots of *C. solstitialis* would be expected to have penetrated to a soil depth of at least 1 m. At this time, however, no roots were visible on the chamber glass, even at the shallowest depth. Roots appeared on the glass wall in early March in the shallow soil depth and very soon afterwards at all other depths. This strongly suggests that the roots observed on the chamber wall were derived from lateral root development.

Root development in *C. solstitialis* was evenly distributed throughout the soil profile in 2006 and most prevalent in the upper 90 cm in the drier 2007, with production peaking in June and May, respectively. New root production ceased during the spiny stage, when seedheads were developing but had not yet reached anthesis. By mid-July, when plants were in the reproductive stage, there were few living roots remaining in the entire soil profile, which suggests that no further soil moisture depletion occurred through seed production and development. This stage is characterized by increased production of pubescence and a reflective cuticular wax to minimize water loss and heat loading (DiTomaso et al. 2006).

Seasonal rainfall and soil moisture recharge ended in early April of both 2006 and 2007. At this time, there were few lateral roots present in the soil profile. As such, it ap-

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### Table 1. Differences in percent soil water content (%SWC) between *Centaurea solstitialis* and *Grindelia camporum* or *Elymus glaucus* at two ranges in soil depth (30 and 60 cm combined and 120 and 180 cm combined) and five *Centaurea solstitialis* phenological stages in 2006 and 2007.

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<td>Grindelia %SWC</td>
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Numbers in bold represent F values. Underlined F values indicate that SWC values were greater for *Centaurea solstitialis* than for native species. When comparisons were significantly different at *p* < 0.05, mean %SWC values were listed for each species comparison. Significant difference occurred between plant species at levels differentiated by *p* < 0.05, **p** < 0.01, or ***p*** < 0.001. Dash marks indicate non-significance.
pears that the most rapid soil moisture depletion by *C. solstitialis* is from mid-April to no later than the end of June (end of May in 2007), and this coincides with the primary expansion of lateral roots. No further soil moisture depletion occurred by the time *C. solstitialis* had initiated flowering, even in the above average rainfall year of 2006.

When considering the timing of taproot and lateral root expansion, water acquisition, and flowering, there appear to be three distinct stages of development in the life cycle of *C. solstitialis* (Figure 7). The first stage (establishment) is characterized by rapid taproot growth which begins soon after germination and extends into the rosette stage (see DiTomaso et al. 2003). In the Central Valley of California, this occurs from around November until the beginning of March. The second stage (shoot development and expansion) begins in early March and ends in mid-June, and is characterized by the formation of lateral roots and the drawdown of soil moisture throughout the profile. At this stage, plants undergo rapid rosette expansion (DiTomaso et al. 2003), and soon thereafter bolt and reach the spiny bud stage (Benefield et al. 2001). The third stage (reproduction) begins in mid-June and extends through the remainder of the season. During this stage, lateral roots are senescing with no significant water depletion from the soil, and plants transition into flowering and seed production.
Although the lateral roots of \textit{C. solstitialis} have senesced by the flowering state, we hypothesize that the taproot must continue to play a key role in the late-season survival of the plant. When the taproot is severed 30 cm below the soil surface, stems and foliage wilt and subsequently senesce within a couple of days (M. Pitcairn 2009, California Department of Food and Ag., Sacramento, California, U.S.A., personal communication). Thus, although it does not appear that the taproot is a major source of water uptake in the reproductive stage, it is possible that it provides critical stored water during this time period.

Under drought, \textit{C. solstitialis} produced 72\% fewer roots throughout the season when compared with the 2006 season. However, root distribution in the soil profile differed dramatically between the wet and dry years. In the absence of soil moisture recharge, as occurred in 2007, \textit{C. solstitialis} roots either did not (1) extend their taproots into deeper soil depths, (2) produce lateral roots at these depths, or (3) survive for a long enough period to produce lateral roots in deeper soils. Even when roots were present at 120 cm, they did not significantly deplete soil moisture. The implications of this are critical to understanding the competitive interaction between \textit{C. solstitialis} and other grassland species. In a recent study, Young et al. (2009) showed that native annual forbs and introduced winter annual grasses were not capable of resisting \textit{C. solstitialis} invasion into grassland ecosystems of California. This may occur because \textit{C. solstitialis} roots are generally distributed deeper in the soil profile compared with the shallow root distribution typical of annual plants (Gerlach 2004). However, our results suggest that in years with little to no deep soil moisture recharge, \textit{C. solstitialis} roots remain in the shallow regions of the soil which are typically occupied by annual grasses, thereby intensifying competitive interactions. Thus, \textit{C. solstitialis} would be functionally similar to annual grasses in drought years, but in normal or wet years would be functionally similar to deep-rooted perennial species, such as \textit{E. glaucus}.

\textit{Elymus glaucus} and \textit{Grindelia camporum}

The roots of both native perennial species survived throughout 2006 into the following year. It has been reported that late-season depletion of soil moisture induces native perennial plant dormancy in California’s Mediterranean climate (Laud 1953; Holmes & Rice 1996). \textit{Elymus glaucus} and \textit{G. camporum} were no longer using soil moisture at any depth by early July in 2006 or June 2007, but did not transition into dormancy until August or later in both years. This suggests that their living roots were also storing water.

\begin{figure}[h]
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\includegraphics[width=\textwidth]{figure7.png}
\caption{Time course showing the three distinct developmental stages of \textit{Centaurea solstitialis}.}
\end{figure}
In the wet 2006 growing season, the water depletion pattern of *G. camporum* was very similar to *C. solstitialis* at all soil depths. *Elymus glaucus* demonstrated a similar water depletion pattern at shallower soil depths but depleted significantly less water at 120 cm and below. Other studies in California have similarly shown that native perennial grasses failed to deplete deep soil water during the summer season to the extent of non-native invasive species such as *C. solstitialis* (Holmes & Rice 1996; Dyer & Rice 1999; Reever Morgan & Rice 2006). In the drought year of 2007, the two native species did not utilize soil moisture below 120 cm and *G. camporum* did not deplete water at 60 cm. Nevertheless, roots at these depths continued to survive.

Interestingly, the root distribution pattern of *E. glaucus* under drought conditions was opposite to that of *C. solstitialis*. Although the invasive annual produced more roots at shallow soil depths (60% of total roots at 30–60 cm) in the drought year, *E. glaucus* had more roots deep in the soil (55% of total roots at 150–180 cm), which survived despite no soil moisture recharge during the preceding rainy season. However, despite the clear difference in root distribution between *C. solstitialis* and *E. glaucus*, no water was depleted deep in the profile (150–180 cm) by either species. Water acquisition primarily occurred in the upper soil profile (30–60 cm) where *E. glaucus* failed to deplete soil water to the same levels as *C. solstitialis* during much of the growing season. In contrast to *E. glaucus*, *G. camporum* did not undergo a dramatic shift in root distribution within the soil profile in the very dry 2007 season, but like the other two species did not utilize deep soil moisture.

*Grindelia camporum* is more closely related taxonomically and morphologically to *C. solstitialis* and both species are characterized by late-season growth and flowering, deep roots, and similar water use timing. On the basis of these characteristics, it would appear that *G. camporum* would be the ideal species to compete with *C. solstitialis* in a restoration program. However, Young et al. (2009) found *G. camporum* to be a poor competitor over time, not only with *C. solstitialis* but also with other annual and perennial species, including *E. glaucus*. Although *G. camporum* established rapidly, it was not persistent in these systems and is not likely to provide long-term suppression of *C. solstitialis*. Thus, we concluded (Young et al. 2009) that *G. camporum* is an early succession species and a good colonizer in newly restored or disturbed plant communities, but is not tolerant to further disturbance or competition with other grassland species in California.

In contrast to *G. camporum*, *E. glaucus* is very competitive with *C. solstitialis* (Young et al. 2009). The ability of *E. glaucus* roots to persist in the soil profile throughout the year may partially explain why this species can resist invasion in ecosystems with deep, well-developed soils. This appears to support the concept of functional resistance, in which functional traits of desirable species (i.e., spatio-temporal soil water use) are matched against potential invaders in order to maximize competitiveness (Young et al. 2009). These results demonstrate that developing a restoration program for *C. solstitialis* or other invasive species requires a thorough understanding of the interactions between the desirable species and potential invaders under a number of environmental and climatic conditions.

### Implications for Practice

- *Elymus glaucus* is highly competitive with *Centaurea solstitialis* and can provide resistance to invasion due, in part, to similarities in soil water depletion patterns.
- In low rainfall years with subnormal deep soil moisture recharge, *C. solstitialis* roots are restricted to the upper soil profile where shallow-rooted annual species can provide competitive suppression.
- In water-limited sites infested with *C. solstitialis*, successful restoration will depend on management of *C. solstitialis* prior to initiation of stem development and expansion when most water use occurs.

### Literature Cited


