

University of Nebraska - Lincoln

DigitalCommons@University of Nebraska - Lincoln

UNOPA Special Events

UNOPA-University of Nebraska Office
Professionals Association

11-10-1995

1995 UNOPA Professional Growth Committee Workshop, November

Follow this and additional works at: <http://digitalcommons.unl.edu/unopaevents>

"1995 UNOPA Professional Growth Committee Workshop, November" (1995). *UNOPA Special Events*. 21.
<http://digitalcommons.unl.edu/unopaevents/21>

This Article is brought to you for free and open access by the UNOPA-University of Nebraska Office Professionals Association at DigitalCommons@University of Nebraska - Lincoln. It has been accepted for inclusion in UNOPA Special Events by an authorized administrator of DigitalCommons@University of Nebraska - Lincoln.



The UNOPA Professional Growth Committee

"SENSIBLE DEFENSE" A HANDS-ON-WORKSHOP

presented by
Tory O'Neal
Fifth-Degree Black Belt in Judo

Friday, November 10, 1995
1:30-4:00p.m.
Registration begins at 1:15 p.m.
Combative Arts Room-Campus Recreation
City Campus

Limit 40 participants
Casual Attire (sweats)
No Jewelry

Registration Deadline is Monday, November 6, 1995

Name: _____

Address: _____

Phone: _____

FREE Workshop to UNOPA MEMBERS-Limit 40

Return bottom portion of this form to:

Kim Freeman, 271 NCCE, UNL, Lincoln, NE 68583-9100 - 402-472-4681