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J. C. Nickel

University of Missouri-Kansas City, nickeljc@umkc.edu

Y. M. Gonzalez

University at Buffalo, ymg@buffalo.edu

W. D. McCall

University at Buffalo, wdmccall@buffalo.edu

R. Ohrbach

University at Buffalo, ohrbach@buffalo.edu

D. B. Marx

University of Nebraska-Lincoln, david.marx@unl.edu

See next page for additional authors

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Authors

J. C. Nickel, Y. M. Gonzalez, W. D. McCall, R. Ohrbach, D. B. Marx, H. Liu, and L. R. Iwasaki

Muscle Organization in Individuals with and without Pain and Joint Dysfunction

J. C. Nickel,¹ Y. M. Gonzalez,² W. D. McCall,² R. Ohrbach,²
D. B. Marx,³ H. Liu,¹ and L. R. Iwasaki¹

1. University of Missouri-Kansas City, School of Dentistry, Departments of Orthodontics & Dentofacial Orthopedics and Oral Biology, 650 East 25th St., Kansas City, MO 64108, USA

2. University at Buffalo, School of Dental Medicine, Department of Oral Diagnostic Sciences, Buffalo, NY, USA

3. University of Nebraska-Lincoln, Department of Statistics, 340 Hardin Hall North, Lincoln, NE, USA

Corresponding author – L. R. Iwasaki, iwasakil@umkc.edu

Abstract

Central nervous system organization of masticatory muscles determines the magnitude of joint and muscle forces. Validated computer-assisted models of neuromuscular organization during biting were used to determine organization in individuals with and without temporomandibular disorders (TMD). Ninety-one individuals (47 women, 44 men) were assigned to one of four diagnostic groups based on the presence (+) or absence (-) of pain (P) and bilateral temporomandibular joint disc displacement (DD). Electromyography and bite-forces were measured during right and left incisor and molar biting. Two three-dimensional models employing neuromuscular objectives of minimization of joint loads (MJL) or muscle effort (MME) simulated biting tasks. Evaluations of diagnostic group and gender effects on choice of best-fit model were by analysis of variance (ANOVA) and Tukey-Kramer *post hoc* tests, evaluations of right-left symmetry were by Chi-square and Fisher's exact statistics, and evaluations of model accuracy were by within-subject linear regressions. MME was the best-fit during left molar biting in +DD individuals and incisor biting in men (all $p < 0.03$). Incisor biting symmetry in muscle organization was significantly higher ($p < 0.03$) in healthy individuals compared with those with TMD. Within-subject regressions showed that best-fit model errors were similar among groups: 8 to 15% ($0.68 \leq R^2 \leq 0.74$). These computer-assisted models predicted muscle organization during static biting in humans with and without TMDs.

Keywords: human, modeling, neuromuscular, biting, temporomandibular disorders, masticatory muscles

Introduction

Like all synovial joint systems, the craniomandibular apparatus is mechanically indeterminate. Nevertheless, central nervous system organization of an individual's muscles of mastication results in unique repeatable apportionment of muscle forces to produce bite-forces (Gonzalez *et al.*, 2011). The effects of muscle forces on jaw biomechanics can be investigated effectively and non-invasively by computer-assisted modeling, which can overcome the problem of mechanical indeterminacy. Computer-assisted modeling, however, requires that some assumptions be made for a unique solution to be rendered. Local assumptions—such as assigning muscle forces based on muscle cross-sectional areas and averaged electromyographic (EMG) data, and constraining directions of joint loads (Hannam, 2011; Koolstra, 2002)—are one approach. In contrast, assumptions based on summarized population data produce results for static tasks that, while mathematically correct, may not accurately describe individual-specific biomechanics (Trainor *et al.*, 1995).

Accuracy can be checked if the model uniquely predicts parameters that are measurable *in vivo* and, thus, are testable. An alternative computer-assisted modeling approach that accomplishes this uses three-dimensional numerical methods to render solutions based on an objective likely to be of bi-

ological importance, thus representing a theory of underlying neuromuscular control. Biologically important objectives such as maximization of biteforce and minimization of joint loads, joint loads-squared, muscle force, muscle effort, or muscle force-cubed have been investigated. During static biting, the organization of muscle forces appears to be consistent for healthy individuals in whom, for any given point of application and direction of mandibular load, the activation patterns of the musculature match neuromuscular objectives of minimization of joint loads or muscle effort (Iwasaki *et al.*, 2003a,b, 2004; Nickel *et al.*, 2003). Moreover, computer-assisted models of craniomandibular biomechanics have been useful tools to examine the growth (Nickel *et al.*, 1988; de Zee *et al.*, 2009) and shape (Iwasaki *et al.*, 2010) of TMJ eminences and inter-individual differences in temporomandibular joint (TMJ) loads (Iwasaki *et al.*, 2009a).

To date, computer-assisted models have primarily been used to study healthy individuals, and bilateral symmetry of muscle organization has been assumed. It is unknown if these models accurately predict muscle activation patterns in individuals with temporomandibular disorders (TMD). This project used validated computer-assisted numerical models that predicted masticatory muscle activation patterns based on objective functions of minimization of TMJ loads or mus-

cle effort. The aim was to test if these objective functions accurately predicted masseter and temporalis muscle activities during static incisor and molar biting in healthy individuals and those with TMD.

Materials & Methods

Study Participants

Protocols were approved by the appropriate Institutional Review Boards, and each of 115 individuals gave informed consent. Ninety-one persons (47 women, 44 men) participated in the protocols. Based on results from qualified calibrated examiners using Research Diagnostic Criteria (Dworkin and LeResche, 1992) and computed-tomography and magnetic resonance (MR) images (Ahmad *et al.*, 2009), study participants were assigned to one of four diagnostic groups according to the presence (+) or absence (-) of myofascial and/or TMJ pain (P) and bilateral TMJ disc displacement with reduction (DD). Those with a history of frank TMJ trauma, a diagnosed motor-neurological disease, or osseous TMJ degeneration were excluded from participating.

In vivo Protocol (same repeated at two sessions)

We tested accuracies of computer-assisted numerical models to predict individual-specific *in vivo* muscle activation patterns during biting tasks by comparing model results with measured masseter and anterior temporalis muscle activities *per* bite-force. The center of the muscle bulk was located by palpation, and bipolar surface electrodes were affixed to overlying skin as previously described (Nickel *et al.*, 2003). Surface EMG data were recorded bilaterally during static biting tasks on a pre-calibrated bite-force transducer (Figs. 1A, 1B). The transducer was positioned between custom acrylic crowns on maxillary and mandibular right and left central incisors and first molars. Orientation of the transducer relative to the center of resistance of the mandibular teeth was controlled by 5 depressions aligned vestibulo-lingually on each mandibular crown (Figure 1C). By this means, it was possible to control vestibulo-lingual direction and magnitude of a mechanical moment produced by the bite-force, as previously reported (Uchida *et al.*, 2008). For each of four biting positions (left or right, incisors or molars), with opposing maxillary and mandibular crowns temporarily affixed (Band-Lok Blue, Reliance Orthodontic Products, Itasca, IL, USA), each individual was asked to produce a range of five comfortable bite-forces, each lasting for 5 sec, at each of the five depressions. Rest periods between bites were of approximately 10 seconds in duration. Muscle activities were amplified, viewed in real time, and stored. Data were analyzed for each bite, where muscle activities over a two-second period of approximately steady force were sampled at 2000 samples/second/channel and expressed as root-meansquare (RMS) values (microV), while bite-force (N) was averaged for the same period. For each individual, biting position, moment, and muscle, analyzed data from five bites were plotted, and slopes were calculated (RMS, mV/N; Figure 1D) and normalized to peak slope. Within participants, normalized results from two sessions were compared with numerical model-predicted muscle activities relative to bite-force for the same biting positions and moments, for determination of model accuracy.

Modeling Protocol

Two three-dimensional numerical models based on different objective functions (Trainor *et al.*, 1995) predicted muscle and TMJ forces relative to applied bite-forces. Each model employed the individual's anatomic data and an objective to produce unique solutions for static equilibrium. Anatomic data were determined according to previously described methods (Iwasaki *et al.*, 2010) and consisted of the participant's three-dimensional craniomandibular geometry (Figure 1E) developed from standardized lateral and postero-anterior cephalometric radiographs and validated sagittal effective eminence shape established *via* previously described approaches (Iwasaki *et al.*, 2010). Objectives were: (1) minimization and equalization of right and left TMJ loads (MJL), and (2) minimization of muscle effort (MME), defined as minimization of the sum of muscle forces squared. MJL and MME models calculated muscle forces for ranges of bite-force angles on mandibular incisors and first molars that mimicked moments produced *in vivo* (Figs. 1C, 1E). Each predicted muscle force was expressed as a percentage of the applied bite-force and normalized to peak predicted muscle force for participant, biting position, and angle.

Data and Statistical Analyses

We used customizable software (TestPoint V7, Measurement Computing Corporation, Norton, MA, USA) to identify normalized MJL and MME model results that best matched normalized *in vivo* results. The software compared normalized *in vivo* muscle data for a biting moment with model-predicted data for all reasonable biting angles. RMS errors between measured and predicted data were calculated. The combination of model-predicted/ *in vivo*-measured data with minimum RMS error was identified as the "best-match" result. This process was done for all biting moments.

Analyses of best-match normalized model data with normalized *in vivo* data from two recording sessions of four muscles and all moments, for a given participant and biting position, began with the development of linear regressions between predicted and measured data. Regression slopes, confidence intervals, and coefficients of determination (R²) were calculated. Accuracy of the best-match model-prediction was calculated by the equation:

$$\frac{\text{Absolute Value [Regression Slope - 1.0]}}{\text{Standard Error}_{\text{slope}}}$$

which determined the number of standard deviations the regression slope was away from a perfect predicted slope of 1.0. analysis of variance (ANOVA) and Tukey-Kramer *post hoc* tests examined the combined effects of diagnostic group, gender, position, side, and model. To test for accuracy of model predictions within participants, we identified the smaller of MME or MJL standardized slopes, obtained from the equation above, as the "best-fit" model. If the same model was best for both right and left, then the individual/position combination was considered "symmetric". However, if best-fit models were different for right and left, then the individual/position was considered "asymmetric". Chi-square and Fisher's exact tests evaluated differences between healthy individuals (-P/-DD) and those with TMD (+P/+DD, +P/-DD,

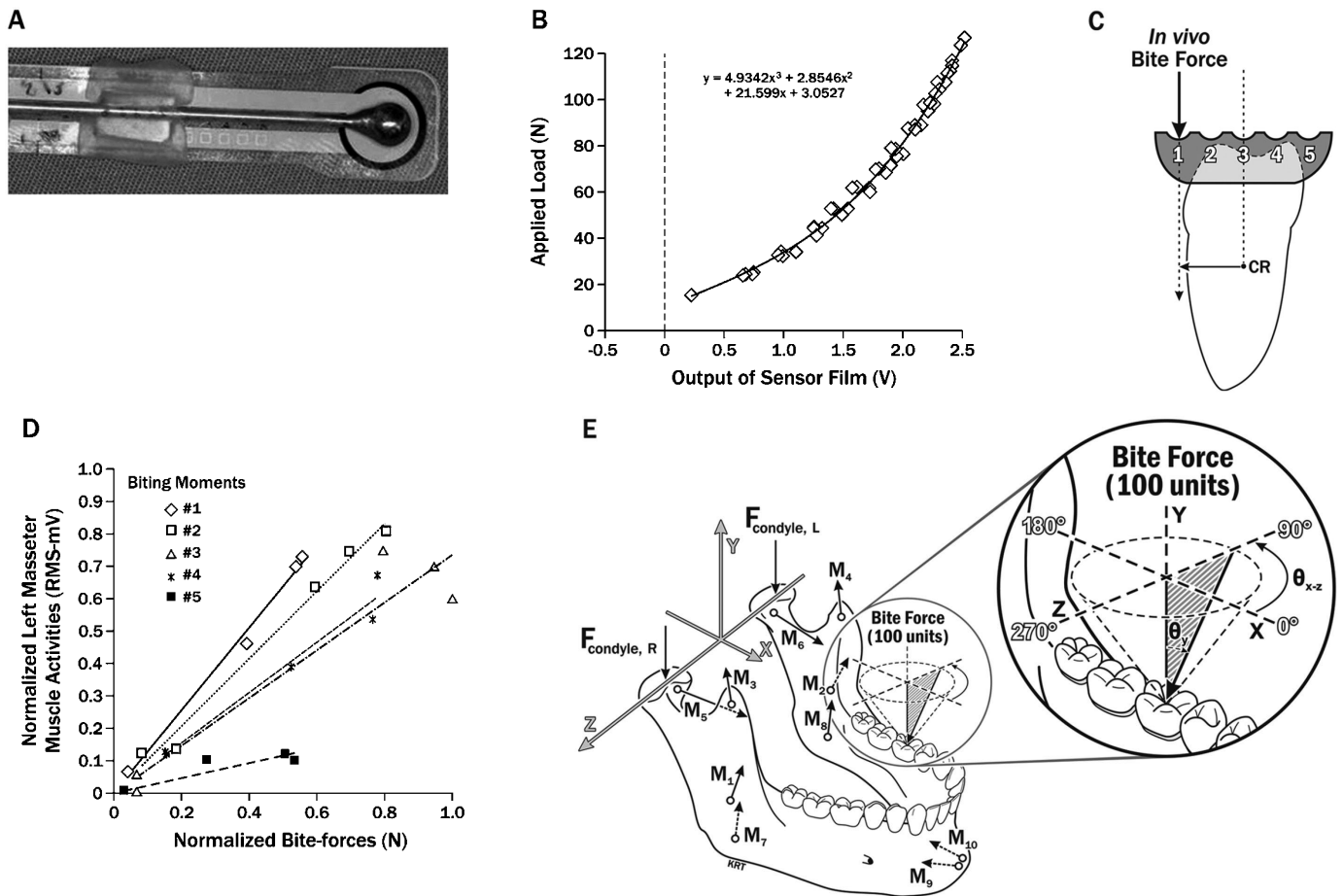


Figure 1. Bite-force measurement and modeling. **(A)** Bite-force transducer consisting of a standardized spherical pseudo-bolus with a flattened side of approximately 5 mm diameter centered on sensor film (Tekscan Flexiforce®, Tekscan Inc., South Boston, MA, USA) which was attached to the wire handle of the pseudo-bolus with light-cured acrylic (modified from Gonzalez *et al.*, 2011). **(B)** Calibration curve from pre-conditioned biteforce transducer (accuracy ± 1.5 N) showing applied *ex vivo* load vs. voltage output (V) from sensor film. **(C)** Line diagram: mesial view of right mandibular molar and custom acrylic crown with five spherical depressions, 5 mm apart, showing bite-force applied at depression #1 (most vestibular) and moment created relative to molar's center of resistance (CR) (modified from Gonzalez *et al.*, 2011). **(D)** Typical normalized data leading to slopes, showing regressions from five biting moments for a given participant's muscle. The horizontal axis gives the normalized biteforces (N), and the vertical axis gives the corresponding normalized root-mean-square (RMS-mV) muscle activities. **(E)** Force vectors involved in numerical models of static biting in humans: Applied bite-force (100 units), joints (F_{condyle}), and representing five muscle pairs ($M_{1,2}$ = masseter, $M_{3,4}$ = anterior temporalis, $M_{5,6}$ = lateral pterygoid, $M_{7,8}$ = medial pterygoid, $M_{9,10}$ = anterior digastric muscles), and the axis system used to characterize relative positions of the condyles, teeth, and muscle vectors, based on an individual's anatomy, are shown (left). Enlargement (right) shows how bite-forces were modeled to mimic *in vivo* biting tasks and characterized by the azimuth angle (θ_{xz} , 0-359°), measured parallel to the occlusal plane, and the angle relative to vertical (θ_y , where 0° is normal to the occlusal plane) (modified from Nickel *et al.*, 2003).

-P/+DD) with respect to right-left symmetry in muscle organization during incisor and molar biting.

Results

Gender composition (average age \pm standard deviation) of the four diagnostic groups was: (-P/-DD) 10 females (34 ± 10 yrs), 10 males (31 ± 14 yrs); (+P/+DD) 13 females (34 ± 12 yrs), 13 males (28 ± 7 yrs); (+P/-DD) 8 females (29 ± 12 yrs), 8 males (27 ± 6 yrs); and (-P/+DD) 16 females (35 ± 14 yrs), 13 males (27 ± 8 yrs). Characteristic of Pain Intensity scores for +P individuals ranged from 3 to 86 out of 100. Based on a cut-point of 50 to delineate between low and high scores, 26% of +P individuals rated pain intensity as high around the

time of EMG recording. Although two diagnostic groups reported pain (+P/+DD; +P/-DD), all participants voluntarily completed the biting tasks. Average peak forces for incisor and molar biting in +P participants were 49 and 112 N, respectively, whereas in -P participants, forces were 30 and 85 N, respectively.

In vivo data represent 336 sets of biting tasks repeated at two sessions out of a potential 364 sets, because early recording problems caused failure of 4 sets, while 24 sets were not performed because of sizeable restorations or missing teeth at a given position in some participants (detailed in Appendix Tables 1-8).

Significant combined effects were found for diagnostic group or gender, and position, side, and model ($p < 0.02$, Ap-

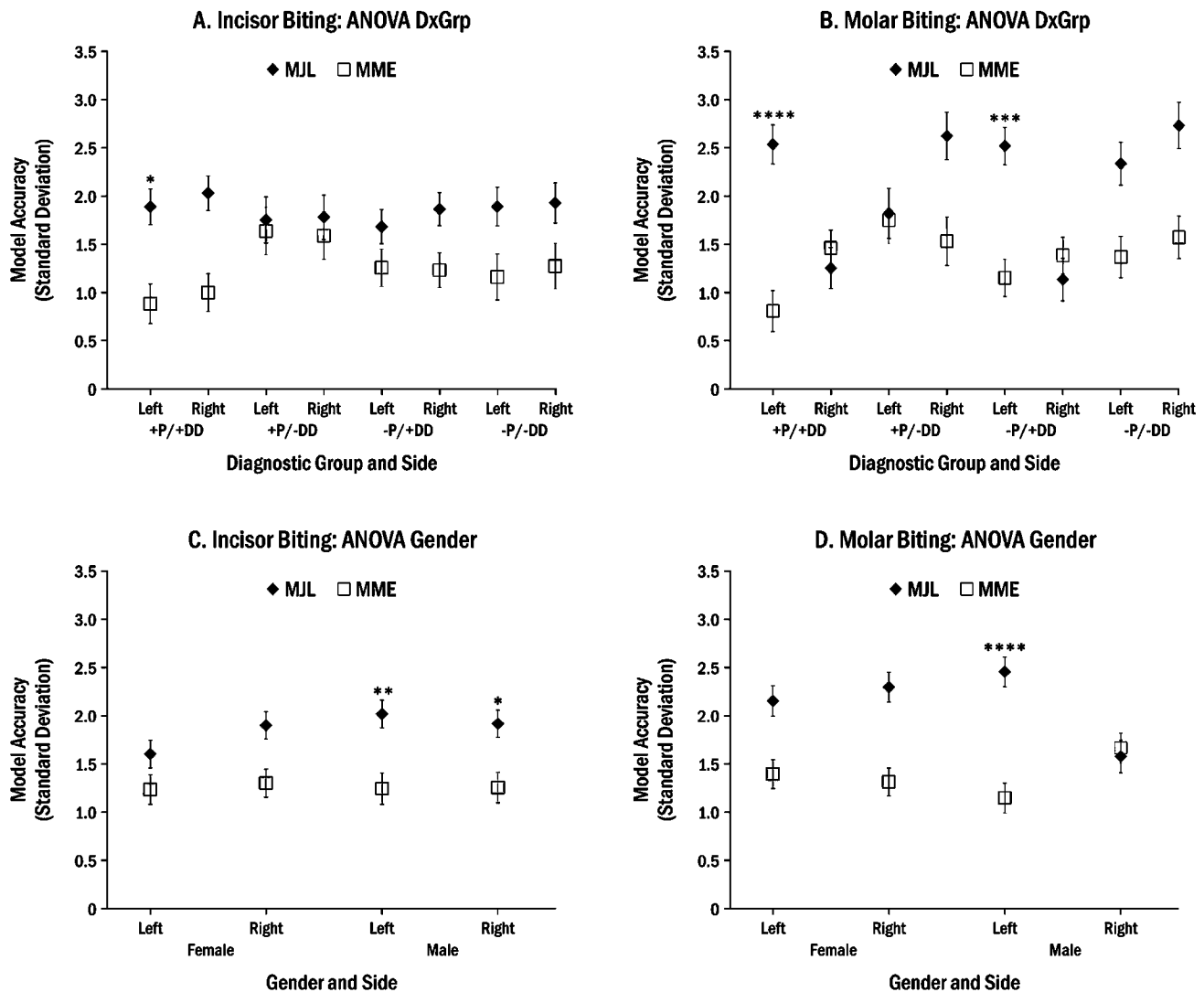


Figure 2. ANOVA-*post hoc* adjusted four-way analyses of diagnostic group or gender effects on choice of "best-fit" model, where: * $p < 0.03$, ** $p < 0.01$, *** $p < 0.001$, and **** $p < 0.0001$. In all cases where significant results were found, MME was the best fit. The combined effects of diagnostic group, side, and model are shown for incisor (A) and molar (B) biting, and those of gender, side, and model are shown for incisor (C) and molar (D) biting.

pendix Tables 9, 10). MME was found to be more accurate during left incisor biting in +P/+DD individuals (Figure 2A), left molar biting in those with disc displacement (+P/+DD, -P/+DD; Figure 2B), and incisor and left molar biting in men (all $P < 0.03$, Figs. 2C, 2D).

For within-participant analyses, we used the equation above to identify the most accurate model. As a result, average absolute errors between best numerical model-predicted and *in vivo* muscle activities were $\leq 15\%$ overall and were similar among diagnostic groups. Errors ranged from 11 to 13% and 8 to 15% for incisor and molar biting, respectively (Table 1; participantspecific data: Appendix Tables 1-8). Average coefficients of determination (R^2) demonstrated that predicted and *in vivo* data generally matched well and similarly among diagnostic groups, ranging from 0.70 to 0.74 and 0.68 to 0.74 for incisor and molar biting, respectively.

Which model matched best with *in vivo* data was not markedly different among diagnostic groups. MME model predictions matched best with *in vivo* data more frequently for all

biting positions for all diagnostic groups than did MJL model predictions. This was more so for incisor than molar biting, where frequencies of MME as best-fit model were 70 to 89% compared with 63 to 66%, respectively (Table 1).

Chi-square and Fisher exact statistics tested for differences between healthy participants (-P/-DD) and those with TMD (+P/+DD, +P/-DD, -P/+DD) with respect to right-left symmetry in muscle organization. Significant ($P < 0.03$, Table 2) group differences in symmetry of muscle organization occurred during incisor biting, where 89% of healthy participants were symmetric compared with 60% of those with TMD.

Discussion

Average absolute model prediction errors for the diagnostic groups were $\leq 15\%$ and were relatively similar among groups. The finding that right-left asymmetry of the best-fit model was more frequent overall for molar biting was not

Table 1. Summary of Best-fit Model Results for Incisor and Molar Biting Data by Diagnostic Group in Terms of Average Absolute Errors, Coefficients of Determination (R²), and Frequencies (%) of Model Type

Diagnostic Group [N: females, males]	Best-fit Model vs. Incisor Biting Data				Best-fit Model vs. Molar Biting Data			
	Absolute Error (%)	R ²	Frequency (%) [N]		Absolute Error (%)	R ²	Frequency (%) [N]	
			MJL	MME			MJL	MME
+Pain/+Disc Displacement [13, 13]	11	0.71	15 [7 ^a]	85 [41 ^a]	8	0.74	34 [19 ^a]	66 [28 ^a]
+Pain/-Disc Displacement [8, 8]	13	0.70	28 [7 ^a]	72 [22 ^a]	15	0.68	37 [14 ^a]	63 [16 ^a]
-Pain/+Disc Displacement [16, 13]	13	0.70	30 [17 ^a]	70 [37 ^a]	10	0.73	37 [25 ^a]	63 [27 ^a]
-Pain/-Disc Displacement [10, 10]	12	0.74	11 [8 ^a]	89 [30 ^a]	13	0.72	36 [16 ^a]	64 [23 ^a]

a. No *in vivo* data for \leq six teeth within the group. See Appendix Tables 1-8 for details.

Table 2. Chi-square (degrees of freedom = 1) and Fisher's Exact Statistics of Diagnostic Group Differences in Right-Left Symmetry of Muscle Organization*

Biting Position	Group	Frequency		Statistical Test		
		Symmetry	Asymmetry	Chi-square		Fisher's Exact, p
				Value	p	
Incisor	Healthy	16 (89%)	2 (11%)	5.26 (40%)	0.022	0.025
	TMD	39 (60%)	26			
Molar	Healthy	9 (47%)	10 (53%)	0.42	0.518	0.599
	TMD	25 (39%)	39 (61%)			

*Participants were grouped into healthy (-P/-DD) and TMD categories (+P/+DD, +P/-DD, -P/+DD). Analyses determined if there were significant differences in symmetry vs. asymmetry of muscle organization between the two study groups for incisor and molar biting.

expected and may reflect the central nervous system organization of a preferred chewing side (Christensen and Radue, 1985; Nissan *et al.*, 2004). Preferred chewing sides during mastication have been identified in children (Gisel, 1988). In adults, this sidedness can be demonstrated in the sensorimotor cortex by functional MR imaging (Jiang *et al.*, 2010). The preferred side for chewing or biting was not determined in the current study. Hence, whether MME or MJL is more representative of muscle organization during preferred side loading of the mandible remains to be determined. We are not aware of reports of sidedness for biting on incisor teeth.

The symmetry of neuromuscular organization during incisor biting in healthy individuals may reflect mechanical coupling of incisor teeth (Trulsson and Johansson, 2002; Trulsson, 2007), which results in bilateral afferent input from periodontal ligament mechanoreceptors to the central nervous system. That individuals with TMD were more likely to have asymmetry in muscle organization during incisor biting may be considered as supportive evidence of the Pain Adaptation model of muscle recruitment (Peck *et al.*, 2008), where pain results in a new recruitment strategy of motor units. The general consequences of asymmetry of neuromuscular objec-

tives are that whenever MME is invoked, loads increase on at least one TMJ (Iwasaki *et al.*, 2009a). Conversely, when MJL is utilized, higher muscle forces occur to achieve minimization and equalization of TMJ loads (Trainor *et al.*, 1995).

Growth of the temporomandibular joint eminence appears to be consistent with the neuromuscular objective of MJL (Nickel *et al.*, 1988; de Zee *et al.*, 2009). No data are available which describe central nervous system organization of masticatory muscles in children during static biting. Future work may test the hypotheses that the predominant objective for muscle organization is MJL in children and may change to MME in some individuals as they mature.

By definition, models simplify, and hence, cannot exactly simulate *in vivo* conditions. For example, modeled biting at depressions #1-2 and #4-5 (Figure 1C) used angular bite-forces that mimicked specific moments associated with vertical biting at each of these depressions *in vivo* (Iwasaki *et al.*, 2004). This introduced loads in the occlusal (XZ) plane (Figure 1E) during computer modeling, transverse ($\pm F_z$) during molar biting, and vestibulo-lingual ($\pm F_x$) during incisor biting, whereas *in vivo* bite-forces were primarily vertical (Iwasaki *et al.*, 2003b; Nickel *et al.*, 2003). Since model-defined molar F_z

and incisor F_x loads increased biting angle, the greatest likelihood of error between model-predicted and measured muscle activities occurred in the simulation of extreme mechanical moments produced by biting at depressions #1 and #5.

Another source of error may exist, given that no EMG data were recorded from lateral pterygoid muscles during biting. Temporalis and lateral pterygoid muscle activities *vs.* bite-force relations have previously been shown to vary significantly with small changes in sign and magnitude of tooth-tipping moments (Uchida *et al.*, 2008). Therefore, it is possible that data from the lateral pterygoid muscles may affect model accuracies and determination of MJL or MME as good descriptors of CNS organization of masticatory muscles in individuals with pain and/or bilateral disc displacement. Nevertheless, predominance of MME for muscle organization during incisor biting (70-89%, Table 1) is consistent with our previous reports, where muscle activities were measured in masticatory muscles, including the lateral pterygoid, in a total of 14 healthy individuals (Iwasaki *et al.*, 2003b, 2009b). Also, surface EMG from masseter, temporalis, and suprahyoid muscles without the lateral pterygoid muscles have previously shown clear discrimination among specific tasks involving the jaws in those with and without temporomandibular disorders (Ohrbach *et al.*, 2008).

In conclusion, results of this study support the hypothesis that neuromuscular organization of human masseter and temporalis muscle activities during static biting was consistent with MJL and/or MME models for all diagnostic groups. Model predictions matched best with measured data more frequently from MME than MJL for all groups and biting positions. Overall, symmetry of neuromuscular organization was more common during incisor biting in healthy individuals. Asymmetry of muscle organization was common during molar biting in all diagnostic groups. Given that average errors between model-predicted and *in vivo* muscle activities ranged from 8 to 15%, computer-assisted numerical modeling offers a unique and relatively accurate method to investigate group and individual differences in muscle activities and TMJ loads during static biting.

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Appendix Table 1. +Pain/+Disc Displacement Group - Incisor Biting Positions: Linear Regression Analysis of Best-match Normalized Model vs. *in vivo* Results from Two Recording Sessions, Four Muscles, All Biting Moments for Each Participant

Participant #	Gender	Tooth #	Model	Slope	SE	t	p	Class Limit		R ²	Absolute Error (%)
								Lower	Upper		
2	Female	31	MME	0.86	0.16	5.43	<0.0001	0.53	1.20	0.58	14
			MJL	0.95	0.10	9.53	<0.0001	0.72	1.17	0.91	5
7	Female	31	MJL	0.88	0.16	5.53	<0.0001	0.55	1.21	0.54	12
			41	MME	0.78	0.19	4.12	0.0005	0.39	1.17	0.51
8	Female	31	MJL	0.94	0.15	6.25	<0.0001	0.63	1.25	0.51	6
			41	MME	0.72	0.16	4.38	0.0002	0.38	1.06	0.45
9	Female	31	MME	0.81	0.21	3.87	0.0008	0.38	1.24	0.53	19
			41	b	b	b	b	b	b	b	b
14	Female	31	MME	1.01	0.07	13.57	<0.0001	0.85	1.16	0.89	1
			41	MME	0.98	0.09	10.85	<0.0001	0.79	1.16	0.86
15	Female	31	MME	1.14	0.10	11.11	<0.0001	0.93	1.35	0.87	14
			41	b	b	b	b	b	b	b	b
18	Female	31	MME	0.86	0.17	5.04	<0.0001	0.50	1.21	0.56	14
			41	MME	0.88	0.10	8.94	<0.0001	0.68	1.09	0.77
38	Female	31	a	a	a	a	a	a	a	a	a
			41	a	a	a	a	a	a	a	a
50	Female	31	MME	1.07	0.09	12.00	<0.0001	0.88	1.25	0.76	7
			41	MME	1.05	0.13	8.14	<0.0001	0.78	1.32	0.75
87	Female	31	MME	0.98	0.05	19.79	<0.0001	0.88	1.08	0.94	2
			41	MME	1.05	0.17	6.19	<0.0001	0.70	1.40	0.70
101	Female	31	MME	0.94	0.04	21.64	<0.0001	0.85	1.03	0.93	6
			41	MME	0.94	0.09	11.01	<0.0001	0.77	1.12	0.90
102	Female	31	MME	0.79	0.09	8.89	<0.0001	0.61	0.98	0.79	21
			41	MJL	0.50	0.19	2.56	0.0178	0.09	0.89	0.38
103	Female	31	MME	1.08	0.24	4.51	0.0002	0.59	1.58	0.54	8
			41	MJL	0.76	0.15	5.16	<0.0001	0.45	1.07	0.44
22	Male	31	MME	0.86	0.14	6.19	<0.0001	0.57	1.15	0.64	14
			41	MME	0.86	0.18	4.74	<0.0001	0.48	1.24	0.56
28	Male	31	MME	1.00	0.02	43.79	<0.0001	0.95	1.04	0.99	0
			41	MME	0.95	0.02	44.86	<0.0001	0.91	1.00	0.98
29	Male	31	MME	0.88	0.13	7.03	<0.0001	0.62	1.14	0.59	12
			41	MJL	0.79	0.24	3.30	0.0033	0.29	1.29	0.35
34	Male	31	MME	0.86	0.08	11.38	<0.0001	0.70	1.01	0.87	14
			41	MME	0.83	0.09	9.26	<0.0001	0.64	1.01	0.80
57	Male	31	MJL	0.74	0.11	6.93	<0.0001	0.52	0.96	0.72	26
			41	MME	0.99	0.05	21.69	<0.0001	0.89	1.08	0.96
60	Male	31	MME	1.01	0.08	12.92	<0.0001	0.84	1.17	0.88	1
			41	MME	1.01	0.11	9.36	<0.0001	0.79	1.24	0.77
77	Male	31	MME	1.03	0.08	13.36	<0.0001	0.87	1.19	0.91	3
			41	MME	1.00	0.08	12.75	<0.0001	0.84	1.16	0.88
89	Male	31	MME	0.94	0.12	7.68	<0.0001	0.68	1.19	0.71	6
			41	MME	0.77	0.16	4.83	<0.0001	0.44	1.09	0.52
107	Male	31	MME	0.94	0.12	8.09	<0.0001	0.70	1.18	0.70	6
			41	MME	0.84	0.24	3.56	0.0018	0.35	1.33	0.37
110	Male	31	MME	1.06	0.12	9.12	<0.0001	0.82	1.30	0.81	6
			41	MME	1.06	0.10	10.96	<0.0001	0.86	1.26	0.77
113	Male	31	MME	0.82	0.16	5.22	<0.0001	0.49	1.15	0.57	18
			41	MME	0.95	0.12	7.82	<0.0001	0.70	1.21	0.73
114	Male	31	MME	0.97	0.10	9.54	<0.0001	0.76	1.18	0.73	3
			41	MME	0.95	0.12	7.97	<0.0001	0.70	1.20	0.76
115	Male	31	MME	1.07	0.15	6.89	<0.0001	0.75	1.39	0.77	7
			41	MJL	1.00	0.12	8.38	<0.0001	0.75	1.25	0.79

Where minimization of joint loads (MJL), minimization of muscle effort (MME), standard error (SE)

a. no data were collected due to sizably restored or missing tooth at this position

b. data are missing due to data recording complications.

Appendix Table 2. +Pain/-Disc Displacement Group - Incisor Biting Positions: Linear Regression Analysis of Best-match Normalized Model vs. *in vivo* Results from Two Recording Sessions, Four Muscles, All Biting Moments for Each Participant

Participant #	Gender	Tooth #	Model	Slope	SE	<i>t</i>	p	Class Limit		R ²	Absolute Error (%)
								Lower	Upper		
78	Female	31	MJL	1.07	0.17	6.46	< 0.0001	0.73	1.42	0.63	7
		41	MME	0.82	0.20	4.18	0.0004	0.41	1.23	0.60	18
83	Female	31	MME	0.88	0.15	6.05	< 0.0001	0.58	1.18	0.64	12
		41	MME	0.72	0.18	4.03	0.0006	0.35	1.08	0.46	28
86	Female	31	a	a	a	a	a	a	a	a	a
		41	a	a	a	a	a	a	a	a	a
90	Female	31	MME	0.99	0.11	9.16	< 0.0001	0.77	1.21	0.80	1
		41	MME	0.89	0.17	5.16	< 0.0001	0.53	1.24	0.57	11
97	Female	31	MJL	0.94	0.12	7.86	< 0.0001	0.69	1.18	0.79	6
		41	MME	0.86	0.08	10.24	< 0.0001	0.69	1.04	0.72	14
98	Female	31	MME	0.91	0.10	9.29	< 0.0001	0.71	1.11	0.75	9
		41	MME	0.92	0.10	9.04	< 0.0001	0.71	1.13	0.82	8
109	Female	31	MME	0.96	0.13	7.23	< 0.0001	0.69	1.24	0.73	4
		41	MME	0.97	0.10	9.20	< 0.0001	0.75	1.18	0.79	3
111	Female	31	MJL	1.03	0.14	7.37	< 0.0001	0.74	1.32	0.68	3
		41	MJL	0.88	0.16	5.39	< 0.0001	0.54	1.21	0.57	12
40	Male	31	MME	0.95	0.13	7.12	< 0.0001	0.68	1.23	0.72	5
		41	MME	0.98	0.07	13.56	< 0.0001	0.83	1.13	0.88	2
56	Male	31	MME	0.83	0.15	5.45	< 0.0001	0.51	1.14	0.65	17
		41	MJL	0.89	0.19	4.69	0.0001	0.50	1.28	0.57	11
70	Male	31	MME	0.82	0.13	6.52	< 0.0001	0.56	1.09	0.73	18
		41	MJL	0.77	0.18	4.29	0.0003	0.40	1.14	0.46	23
76	Male	31	b	b	b	b	b	b	b	b	b
		41	MME	0.91	0.06	14.94	< 0.0001	0.79	1.04	0.94	9
79	Male	31	MME	0.96	0.09	10.78	< 0.0001	0.78	1.15	0.86	4
		41	MME	0.84	0.11	7.76	< 0.0001	0.62	1.06	0.76	16
84	Male	31	MME	0.67	0.19	3.48	0.0021	0.27	1.07	0.34	33
		41	MME	0.58	0.20	2.85	0.0093	0.16	1.00	0.28	42
85	Male	31	MJL	0.86	0.08	10.27	< 0.0001	0.68	1.03	0.83	14
		41	MME	0.80	0.09	8.72	< 0.0001	0.61	1.00	0.79	20
112	Male	31	MJL	0.91	0.09	9.66	< 0.0001	0.71	1.10	0.81	9
		41	MME	0.95	0.03	31.91	< 0.0001	0.89	1.01	0.97	

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Where minimization of joint loads (MJL), minimization of muscle effort (MME), standard error (SE)

a. no data were collected due to sizably restored or missing tooth at this position

b. data are missing due to data recording complications.

Appendix Table 3. -Pain/+Disc Displacement Group - Incisor Biting Positions: Linear Regression Analysis of Best-match Normalized Model vs. *in vivo* Results from Two Recording Sessions, Four Muscles, All Biting Moments for Each Participant

Participant #	Gender	Tooth #	Model	Slope	SE	<i>t</i>	<i>p</i>	Class Limit		R ²	Absolute Error (%)
								Lower	Upper		
4	Female	31	MJL	0.95	0.16	6.00	<0.0001	0.62	1.28	0.63	5
		41	MME	1.25	0.28	4.47	0.0002	0.67	1.83	0.54	25
10	Female	31	MJL	1.63	0.21	2.97	0.0070	0.19	1.07	0.31	63
		41	MME	0.98	0.26	3.75	0.0011	0.44	1.52	0.41	2
11	Female	31	a	a	a	a	a	a	a	a	a
		41	a	a	a	a	a	a	a	a	a
19	Female	31	MJL	0.91	0.05	17.62	<0.0001	0.80	1.02	0.94	9
		41	MME	1.11	0.09	12.71	<0.0001	0.93	1.29	0.88	12
37	Female	31	MME	0.76	0.27	2.76	0.0115	0.19	1.32	0.27	24
		41	MME	0.63	0.23	2.73	0.0122	0.15	1.11	0.24	37
47	Female	31	MME	0.71	0.13	5.67	<0.0001	0.45	0.97	0.61	29
		41	MJL	0.70	0.11	6.43	<0.0001	0.47	0.92	0.65	30
52	Female	31	MJL	1.00	0.10	10.31	<0.0001	0.80	1.20	0.80	0
		41	MJL	0.99	0.09	11.13	<0.0001	0.80	1.17	0.83	1
55	Female	31	MME	0.95	0.05	20.80	<0.0001	0.85	1.04	0.95	5
		41	MME	0.91	0.07	12.63	<0.0001	0.76	1.06	0.85	9
69	Female	31	a	a	a	a	a	a	a	a	a
		41	a	a	a	a	a	a	a	a	a
75	Female	31	MJL	0.63	0.21	3.01	0.0060	0.20	1.07	0.33	37
		41	MJL	0.83	0.28	2.95	0.0073	0.25	1.41	0.36	17
80	Female	31	MME	0.93	0.11	8.81	<0.0001	0.71	1.15	0.79	7
		41	MME	0.76	0.14	5.33	<0.0001	0.46	1.05	0.58	24
81	Female	31	MME	0.99	0.02	49.94	<0.0001	0.95	1.03	0.99	1
		41	MJL	1.00	0.11	9.49	<0.0001	0.79	1.22	0.81	0
82	Female	31	MME	0.93	0.05	18.05	<0.0001	0.82	1.04	0.86	7
		41	MME	0.92	0.05	16.98	<0.0001	0.80	1.03	0.93	8
95	Female	31	MJL	0.98	0.11	8.61	<0.0001	0.74	1.22	0.82	2
		41	MME	0.88	0.12	7.51	<0.0001	0.64	1.13	0.61	12
104	Female	31	MME	1.01	0.03	29.08	<0.0001	0.94	1.09	0.96	1
		41	MME	1.05	0.13	7.81	<0.0001	0.77	1.32	0.78	5
105	Female	31	MME	0.80	0.20	4.06	0.0005	0.39	1.20	0.48	20
		41	MME	0.90	0.20	4.58	0.0001	0.49	1.31	0.37	10
16	Male	31	MME	0.57	0.17	3.31	0.0032	0.21	0.93	0.23	43
		41	MME	0.46	0.16	2.93	0.0080	0.13	0.79	0.37	54
42	Male	31	MJL	0.66	0.21	3.12	0.0108	0.19	1.14	0.49	34
		41	MME	0.62	0.19	3.29	0.0033	0.23	1.01	0.38	38
59	Male	31	MME	0.99	0.05	21.02	<0.0001	0.89	1.09	0.94	1
		41	MME	1.07	0.05	19.95	<0.0001	0.96	1.18	0.93	7
61	Male	31	MME	0.98	0.06	15.5	<0.0001	0.85	1.11	0.90	2
		41	MME	0.95	0.10	9.64	<0.0001	0.74	1.15	0.86	5
63	Male	31	MJL	0.77	0.16	4.75	<0.0001	0.44	1.11	0.53	23
		41	MME	0.66	0.26	2.51	0.0198	0.11	1.20	0.27	34
67	Male	31	MME	0.89	0.08	10.69	<0.0001	0.71	1.06	0.85	11
		41	MME	0.93	0.08	10.98	<0.0001	0.76	1.11	0.86	7
71	Male	31	MME	0.93	0.11	8.30	<0.0001	0.70	1.16	0.71	7
		41	MME	0.93	0.13	7.30	<0.0001	0.67	1.20	0.73	7
73	Male	31	MJL	0.97	0.13	7.49	<0.0001	0.70	1.24	0.81	3
		41	MME	1.00	0.10	10.43	<0.0001	0.80	1.20	0.67	0
92	Male	31	MME	0.91	0.17	5.35	<0.0001	0.56	1.26	0.54	9
		41	MJL	0.80	0.15	5.28	<0.0001	0.49	1.12	0.65	20
93	Male	31	MJL	0.93	0.10	9.76	<0.0001	0.73	1.13	0.86	14
		41	MJL	0.98	0.05	18.83	<0.0001	0.87	1.09	0.94	2
100	Male	31	MME	1.03	0.05	21.77	<0.0001	0.93	1.12	0.92	3
		41	MJL	0.98	0.07	14.31	<0.0001	0.84	1.12	0.88	2
106	Male	31	MME	1.00	0.05	22.21	<0.0001	0.91	1.09	0.96	0
		41	MME	1.00	0.07	13.52	<0.0001	0.85	1.16	0.91	0
108	Male	31	MME	0.89	0.09	10.08	<0.0001	0.70	1.07	0.60	11
		41	MME	0.77	0.15	5.19	<0.0001	0.46	1.08	0.50	23

Where minimization of joint loads (MJL), minimization of muscle effort (MME), standard error (SE),
a. no data were collected due to sizably restored or missing tooth at this position.

Appendix Table 4. -Pain/-Disc Displacement Group - Incisor Biting Positions: Linear Regression Analysis of Best-match Normalized Model vs. *in vivo* Results from Two Recording Sessions, Four Muscles, All Biting Moments for Each Participant

Participant #	Gender	Tooth #	Model	Slope	SE	<i>t</i>	<i>p</i>	Class Limit		R ²	Absolute
								Lower	Upper		Error (%)
35	Female	31	MME	0.72	0.13	5.58	<0.0001	0.45	0.98	0.63	28
		41	a	a	a	a	a	a	a	a	a
45	Female	31	MME	0.78	0.16	4.85	<0.0001	0.44	1.11	0.51	22
		41	MME	0.77	0.12	6.27	<0.0001	0.52	1.03	0.67	23
48	Female	31	MME	0.64	0.17	3.83	0.0009	0.29	0.99	0.36	36
		41	MME	0.81	0.18	4.56	0.0002	0.44	1.17	0.48	19
49	Female	31	MME	0.72	0.29	2.47	0.0272	0.09	1.35	0.35	28
		41	MJL	0.65	0.18	3.54	0.0018	0.27	1.03	0.39	35
51	Female	31	MME	0.86	0.08	10.88	<0.0001	0.70	1.03	0.84	14
		41	MME	1.00	0.08	12.28	<0.0001	0.83	1.17	0.85	0
53	Female	31	MME	0.92	0.08	11.15	<0.0001	0.75	1.09	0.86	8
		41	MME	0.45	0.24	1.89	0.0710	-0.04	0.94	0.20	55
64	Female	31	MME	1.00	0.07	14.60	<0.0001	0.86	1.15	0.88	0
		41	MME	1.03	0.08	13.59	<0.0001	0.87	1.19	0.81	3
68	Female	31	MME	1.15	0.10	11.73	<0.0001	0.95	1.36	0.83	15
		41	MME	1.09	0.12	9.25	<0.0001	0.85	1.34	0.83	9
72	Female	31	MME	1.01	0.06	17.59	<0.0001	0.89	1.13	0.93	1
		41	MME	1.01	0.05	19.96	<0.0001	0.91	1.12	0.89	1
88	Female	31	MME	1.06	0.13	7.89	<0.0001	0.78	1.34	0.78	6
		41	MME	1.13	0.13	8.50	<0.0001	0.86	1.41	0.76	13
26	Male	31	MME	0.84	0.08	10.49	<0.0001	0.68	1.01	0.80	16
		41	MME	0.96	0.08	12.22	<0.0001	0.80	1.12	0.86	4
31	Male	31	MJL	0.90	0.16	5.49	<0.0001	0.56	1.24	0.65	10
		41	MJL	0.97	0.19	5.18	<0.0001	0.58	1.35	0.55	3
44	Male	31	MME	0.97	0.08	12.52	<0.0001	0.81	1.13	0.85	3
		41	MME	0.98	0.08	12.50	<0.0001	0.82	1.15	0.86	2
58	Male	31	MJL	0.89	0.09	10.33	<0.0001	0.71	1.07	0.68	11
		41	a	a	a	a	a	a	a	a	a
62	Male	31	MME	0.97	0.07	13.20	<0.0001	0.82	1.12	0.88	3
		41	MME	0.92	0.05	18.02	<0.0001	0.81	1.02	0.88	8
65	Male	31	MME	0.86	0.10	8.39	<0.0001	0.65	1.07	0.80	14
		41	a	a	a	a	a	a	a	a	a
66	Male	31	MME	0.86	0.06	14.23	<0.0001	0.74	0.99	0.86	14
		41	MME	0.97	0.07	13.12	<0.0001	0.81	1.12	0.92	3
74	Male	31	MME	0.97	0.07	13.68	<0.0001	0.82	1.12	0.79	3
		41	MME	0.91	0.08	11.36	<0.0001	0.74	1.08	0.86	9
91	Male	31	MME	0.90	0.06	15.81	<0.0001	0.78	1.02	0.92	10
		41	MME	0.92	0.06	15.58	<0.0001	0.79	1.04	0.93	8
96	Male	31	MME	0.97	0.15	6.61	<0.0001	0.67	1.28	0.70	3
		41	MME	0.86	0.16	5.30	<0.0001	0.52	1.19	0.58	14

Where minimization of joint loads (MJL), minimization of muscle effort (MME), standard error (SE)
a. no data were collected due to sizably restored or missing tooth at this position.

Appendix Table 5. +Pain/+Disc Displacement Group - Molar Biting Positions: Linear Regression Analysis of Best-match Normalized Model vs. *in vivo* Results from Two Recording Sessions, Four Muscles, All Biting Moments for Each Participant

Participant #	Gender	Tooth #	Model	Slope	SE	t	p	Class Limit		R ²	Absolute Error (%)
								Lower	Upper		
2	Female	36	MME	1.08	0.11	9.48	<0.0001	0.82	1.33	0.85	8
		46	MME	0.96	0.17	5.57	<0.0001	0.60	1.31	0.65	4
7	Female	36	MJL	1.00	0.06	15.55	<0.0001	0.87	1.13	0.88	0
		46	MME	1.02	0.05	19.95	<0.0001	0.91	1.12	0.85	2
8	Female	36	MJL	0.80	0.11	7.07	<0.0001	0.57	1.03	0.73	20
		46	MME	0.75	0.16	4.58	0.0001	0.41	1.09	0.55	25
9	Female	36	b	b	b	b	b	b	b	b	b
		46	MME	0.98	0.09	10.58	<0.0001	0.79	1.17	0.83	2
14	Female	36	MME	0.93	0.12	7.93	<0.0001	0.69	1.17	0.73	7
		46	MJL	0.99	0.16	6.00	<0.0001	0.64	1.34	0.69	1
15	Female	36	MME	1.04	0.12	8.69	<0.0001	0.79	1.28	0.80	4
		46	MME	0.92	0.19	4.75	<0.0001	0.52	1.32	0.54	8
18	Female	36	a	a	a	a	a	a	a	a	a
		46	a	a	a	a	a	a	a	a	a
38	Female	36	MME	0.89	0.09	9.47	<0.0001	0.69	1.08	0.68	11
		46	MME	0.66	0.17	3.81	0.0010	0.30	1.02	0.50	34
50	Female	36	MME	0.99	0.04	25.53	<0.0001	0.91	1.08	0.97	1
		46	MME	0.97	0.04	23.37	<0.0001	0.88	1.06	0.96	3
87	Female	36	MME	0.89	0.10	9.07	<0.0001	0.69	1.10	0.76	11
		46	MME	0.74	0.12	6.41	<0.0001	0.50	0.98	0.69	26
101	Female	36	MME	0.86	0.10	8.56	<0.0001	0.65	1.07	0.74	14
		46	MJL	1.10	0.12	9.07	<0.0001	0.85	1.35	0.78	10
102	Female	36	MME	0.85	0.14	6.29	<0.0001	0.57	1.13	0.61	15
		46	MJL	0.89	0.08	11.45	<0.0001	0.73	1.05	0.89	11
103	Female	36	MME	1.06	0.17	6.20	<0.0001	0.71	1.42	0.57	6
		46	MME	0.83	0.24	3.51	0.0020	0.34	1.31	0.36	17
22	Male	36	a	a	a	a	a	a	a	a	a
		46	a	a	a	a	a	a	a	a	a
28	Male	36	MME	0.84	0.08	10.55	<0.0001	0.68	1.01	0.88	16
		46	MJL	1.02	0.10	9.82	<0.0001	0.81	1.24	0.80	2
29	Male	36	MME	0.96	0.13	7.57	<0.0001	0.69	1.22	0.73	4
		46	MJL	1.09	0.14	7.83	<0.0001	0.78	1.39	0.38	9
34	Male	36	MME	0.96	0.04	25.79	<0.0001	0.88	1.04	0.93	4
		46	MJL	0.98	0.02	41.10	<0.0001	0.93	1.03	0.98	2
57	Male	36	MME	1.00	0.11	9.42	<0.0001	0.78	1.22	0.81	0
		46	MJL	0.87	0.07	11.58	<0.0001	0.71	1.02	0.84	13
60	Male	36	MME	1.10	0.13	8.70	<0.0001	0.84	1.36	0.80	10
		46	MJL	0.92	0.07	13.44	<0.0001	0.78	1.06	0.81	8
77	Male	36	MME	1.00	0.06	17.91	<0.0001	0.88	1.11	0.95	0
		46	MJL	1.01	0.12	8.39	<0.0001	0.76	1.26	0.78	1
89	Male	36	MME	1.10	0.07	15.91	<0.0001	0.95	1.24	0.75	10
		46	MME	0.92	0.16	5.79	<0.0001	0.59	1.25	0.60	8
107	Male	36	MME	0.90	0.16	5.66	<0.0001	0.57	1.23	0.58	10
		46	MME	0.85	0.24	3.58	0.0017	0.36	1.34	0.34	15
110	Male	36	MME	1.06	0.10	10.50	<0.0001	0.85	1.27	0.86	6
		46	MJL	1.00	0.12	8.36	<0.0001	0.76	1.25	0.75	0
113	Male	36	MME	0.91	0.14	6.30	<0.0001	0.61	1.21	0.60	9
		46	MJL	1.01	0.10	9.84	<0.0001	0.80	1.23	0.76	1
114	Male	36	MME	0.97	0.12	7.96	<0.0001	0.72	1.22	0.76	3
		46	MJL	1.08	0.08	13.74	<0.0001	0.92	1.24	0.86	8
115	Male	36	MJL	0.94	0.08	11.85	<0.0001	0.78	1.11	0.90	6
		46	MJL	1.02	0.08	13.25	<0.0001	0.86	1.18	0.86	2

Where minimization of joint loads (MJL), minimization of muscle effort (MME), standard error (SE)
 a. no data were collected due to sizably restored or missing tooth at this position
 b. data are missing due to data recording complications.

Appendix Table 6. +Pain/-Disc Displacement Group - Molar Biting Positions: Linear Regression Analysis of Best-match Normalized Model vs. *in vivo* Results from Two Recording Sessions, Four Muscles, All Biting Moments for Each Participant

Participant #	Gender	Tooth #	Model	Slope	SE	<i>t</i>	<i>p</i>	Class Limit		R ²	Absolute Error (%)
								Lower	Upper		
78	Female	36	MJL	0.91	0.10	9.20	<0.0001	0.70	1.11	0.77	9
		46	MME	0.85	0.12	7.10	<0.0001	0.61	1.10	0.71	15
83	Female	36	MJL	0.96	0.17	5.51	<0.0001	0.60	1.32	0.63	4
		46	MME	0.77	0.18	4.35	0.0003	0.40	1.14	0.44	23
86	Female	36	MJL	0.95	0.09	10.91	<0.0001	0.77	1.13	0.83	5
		46	MME	0.68	0.16	4.18	0.0004	0.34	1.02	0.56	32
90	Female	36	MME	0.89	0.07	12.53	<0.0001	0.74	1.03	0.89	11
		46	MME	0.72	0.17	4.24	0.0003	0.37	1.08	0.44	28
97	Female	36	a	a	a	a	a	a	a	a	a
		46	a	a	a	a	a	a	a	a	a
98	Female	36	MME	1.01	0.10	10.36	<0.0001	0.81	1.22	0.82	1
		46	MME	0.80	0.17	4.77	<0.0001	0.45	1.14	0.58	20
109	Female	36	MME	0.99	0.12	8.55	<0.0001	0.75	1.23	0.80	1
		46	MJL	1.04	0.15	7.05	<0.0001	0.73	1.34	0.70	4
111	Female	36	MJL	0.90	0.11	8.20	<0.0001	0.67	1.13	0.80	10
		46	MME	0.86	0.23	3.80	0.0010	0.39	1.33	0.52	14
40	Male	36	MJL	0.84	0.19	4.39	0.0006	0.43	1.25	0.58	16
		46	MJL	0.87	0.11	7.71	<0.0001	0.64	1.11	0.74	13
56	Male	36	MME	0.80	0.14	5.73	<0.0001	0.51	1.09	0.66	20
		46	MME	1.11	0.15	7.45	<0.0001	0.80	1.41	0.74	11
70	Male	36	MME	0.78	0.13	5.99	<0.0001	0.51	1.04	0.59	22
		46	MME	0.91	0.11	8.27	<0.0001	0.68	1.13	0.73	9
76	Male	36	MME	0.61	0.22	2.82	0.0100	0.16	1.07	0.20	39
		46	MJL	0.88	0.06	14.16	<0.0001	0.75	1.01	0.90	12
79	Male	36	MJL	0.98	0.08	12.86	<0.0001	0.82	1.14	0.88	2
		46	MME	0.62	0.09	6.89	<0.0001	0.43	0.81	0.61	38
84	Male	36	MME	0.67	0.14	4.86	<0.0001	0.38	0.96	0.50	33
		46	MJL	0.89	0.17	5.36	<0.0001	0.54	1.23	0.54	11
85	Male	36	MME	0.84	0.12	7.18	<0.0001	0.60	1.08	0.69	16
		46	MME	0.86	0.06	14.47	<0.0001	0.74	0.99	0.88	14
112	Male	36	MME	1.03	0.10	10.68	<0.0001	0.83	1.23	0.85	3
		46	MJL	0.91	0.06	16.51	<0.0001	0.80	1.03	0.92	9

Where minimization of joint loads (MJL), minimization of muscle effort (MME), standard error (SE), a no data were collected due to sizably restored or missing tooth at this position.

Appendix Table 7. -Pain/+Disc Displacement Group - Molar Biting Positions: Linear Regression Analysis of Best-match Normalized Model vs. *in vivo* Results from Two Recording Sessions, Four Muscles, All Biting Moments for Each Participant

Participant #	Gender	Tooth #	Model	Slope	SE	<i>t</i>	<i>p</i>	Class Limit		R ²	Absolute Error (%)
								Lower	Upper		
4	Female	36	MJL	1.05	0.10	10.19	<0.0001	0.83	1.26	0.84	5
		46	a	a	a	a	a	a	a	a	a
10	Female	36	MME	0.68	0.15	4.43	0.0003	0.36	1.01	0.46	32
		46	MME	0.91	0.21	4.23	0.0003	0.46	1.35	0.48	9
11	Female	36	MME	0.92	0.05	19.00	<0.0001	0.82	1.02	0.93	8
		46	MME	0.97	0.08	11.80	<0.0001	0.80	1.14	0.68	3
19	Female	36	a	a	a	a	a	a	a	a	a
		46	a	a	a	a	a	a	a	a	a
37	Female	36	MME	0.95	0.09	11.03	<0.0001	0.77	1.12	0.87	5
		46	MJL	1.00	0.11	9.31	<0.0001	0.78	1.22	0.80	0
47	Female	36	MME	0.84	0.07	11.45	<0.0001	0.69	1.00	0.84	16
		46	MME	0.85	0.11	7.99	<0.0001	0.63	1.07	0.69	15
52	Female	36	MME	0.96	0.11	8.97	<0.0001	0.74	1.19	0.79	4
		46	MME	1.05	0.06	18.57	<0.0001	0.93	1.16	0.92	5
55	Female	36	MME	1.00	0.15	6.84	<0.0001	0.70	1.31	0.76	0
		46	MJL	0.98	0.11	8.52	<0.0001	0.74	1.22	0.73	2
69	Female	36	MJL	0.95	0.03	28.02	<0.0001	0.88	1.02	0.97	5
		46	MJL	0.99	0.07	13.78	<0.0001	0.84	1.14	0.88	1
75	Female	36	MJL	0.99	0.06	17.47	<0.0001	0.88	1.11	0.78	1
		46	MME	0.64	0.19	3.36	0.0028	0.24	1.01	0.32	36
80	Female	36	MME	0.83	0.17	4.75	<0.0001	0.47	1.19	0.59	17
		46	MJL	0.88	0.10	8.61	<0.0001	0.67	1.09	0.75	12
81	Female	36	MJL	0.91	0.12	7.86	<0.0001	0.67	1.15	0.76	9
		46	MME	0.82	0.12	6.73	<0.0001	0.57	1.07	0.66	18
82	Female	36	MJL	0.97	0.10	9.46	<0.0001	0.76	1.18	0.57	3
		46	MJL	0.98	0.10	9.90	<0.0001	0.78	1.19	0.85	2
95	Female	36	MME	0.60	0.18	3.35	0.0029	0.23	0.97	0.34	40
		46	MJL	0.85	0.14	6.12	<0.0001	0.56	1.13	0.62	15
104	Female	36	MME	1.01	0.07	15.14	<0.0001	0.87	1.15	0.85	1
		46	MJL	0.85	0.14	6.00	<0.0001	0.56	1.15	0.61	15
105	Female	36	MME	0.69	0.20	3.42	0.0024	0.27	1.10	0.33	31
		46	MJL	1.17	0.15	7.58	<0.0001	0.85	1.49	0.73	17
16	Male	36	a	a	a	a	a	a	a	a	a
		46	a	a	a	a	a	a	a	a	a
42	Male	36	MME	1.00	0.11	9.13	<0.0001	0.77	1.23	0.79	0
		46	MJL	1.03	0.08	13.62	<0.0001	0.87	1.18	0.90	3
59	Male	36	MME	1.11	0.07	15.35	<0.0001	0.96	1.26	0.86	11
		46	MME	0.89	0.04	20.25	<0.0001	0.80	0.98	0.80	11
61	Male	36	MME	0.92	0.09	10.27	<0.0001	0.73	1.11	0.83	8
		46	MME	0.92	0.21	4.49	0.0002	0.49	1.35	0.45	8
63	Male	36	MME	1.12	0.11	10.04	<0.0001	0.89	1.35	0.82	12
		46	a	a	a	a	a	a	a	a	a
67	Male	36	MME	0.76	0.13	5.75	<0.0001	0.49	1.04	0.64	24
		46	MME	1.00	0.10	9.67	<0.0001	0.78	1.21	0.83	0
71	Male	36	MME	0.85	0.09	9.05	<0.0001	0.65	1.04	0.80	15
		46	MJL	1.06	0.17	6.22	<0.0001	0.71	1.42	0.66	6
73	Male	36	MME	1.01	0.09	11.84	<0.0001	0.84	1.19	0.68	1
		46	MME	0.97	0.08	12.38	<0.0001	0.81	1.13	0.72	3
92	Male	36	MME	0.97	0.17	5.73	<0.0001	0.62	1.32	0.56	3
		46	MJL	0.98	0.07	13.79	<0.0001	0.83	1.13	0.79	2
93	Male	36	MME	0.99	0.05	19.48	<0.0001	0.88	1.09	0.94	1
		46	MJL	1.03	0.06	16.93	<0.0001	0.90	1.16	0.93	3
100	Male	36	MME	0.92	0.09	10.16	<0.0001	0.73	1.11	0.80	8
		46	MME	0.92	0.08	11.77	<0.0001	0.75	1.08	0.91	8
106	Male	36	MME	0.67	0.15	4.38	0.0002	0.35	0.99	0.59	33
		46	MJL	0.94	0.08	12.32	<0.0001	0.78	1.10	0.84	6
108	Male	36	MME	0.95	0.15	6.42	<0.0001	0.64	1.25	0.61	5
		46	MME	0.86	0.06	13.67	<0.0001	0.73	0.99	0.87	14

Where minimization of joint loads (MJL), minimization of muscle effort (MME), standard error (SE)
a. no data were collected due to sizably restored or missing tooth at this position.

Appendix Table 8. -Pain/-Disc Displacement Group - Molar Biting Positions: Linear Regression Analysis of Best-match Normalized Model vs. *in vivo* Results from Two Recording Sessions, Four Muscles, All Biting Moments for Each Participant

Participant #	Gender	Tooth #	Model	Slope	SE	<i>t</i>	<i>p</i>	Class Limit		R ²	Absolute Error (%)
								Lower	Upper		
35	Female	36	MME	0.94	0.14	6.61	<0.0001	0.65	1.24	0.67	6
		46	MME	0.76	0.09	7.97	<0.0001	0.56	0.95	0.77	24
45	Female	36	MJL	0.91	0.11	8.07	<0.0001	0.68	1.14	0.67	9
		46	MME	0.76	0.18	4.35	0.0003	0.40	1.13	0.52	24
48	Female	36	MME	0.72	0.11	6.53	<0.0001	0.49	0.95	0.73	28
		46	MME	0.83	0.19	4.46	0.0002	0.44	1.21	0.37	17
49	Female	36	MME	0.97	0.14	6.90	<0.0001	0.68	1.26	0.67	3
		46	MME	0.95	0.11	8.62	<0.0001	0.72	1.18	0.67	5
51	Female	36	MME	0.88	0.11	7.90	<0.0001	0.65	1.11	0.76	12
		46	a	a	a	a	a	a	a	a	a
53	Female	36	MME	0.83	0.20	4.08	0.0005	0.41	1.26	0.48	17
		46	MME	0.87	0.11	7.95	<0.0001	0.64	1.10	0.76	13
64	Female	36	MME	0.54	0.21	2.60	0.0163	0.11	0.97	0.20	46
		46	MME	0.91	0.09	10.26	<0.0001	0.73	1.10	0.78	9
68	Female	36	MME	1.02	0.16	6.52	<0.0001	0.70	1.35	0.71	2
		46	MJL	0.99	0.12	8.10	<0.0001	0.73	1.24	0.76	1
72	Female	36	MJL	0.75	0.10	7.38	<0.0001	0.54	0.95	0.75	25
		46	MME	0.90	0.07	12.91	<0.0001	0.75	1.04	0.88	10
88	Female	36	MJL	0.91	0.07	12.25	<0.0001	0.75	1.06	0.88	9
		46	MJL	1.01	0.07	15.44	<0.0001	0.87	1.14	0.74	1
26	Male	36	MME	0.91	0.05	16.55	<0.0001	0.80	1.02	0.83	9
		46	MJL	0.95	0.07	13.54	<0.0001	0.80	1.09	0.88	5
31	Male	36	MJL	0.97	0.11	9.10	<0.0001	0.75	1.19	0.82	3
		46	MME	0.82	0.08	10.37	<0.0001	0.65	0.98	0.83	18
44	Male	36	MME	0.83	0.14	5.84	<0.0001	0.53	1.12	0.71	17
		46	MME	0.84	0.07	11.26	<0.0001	0.69	1.00	0.86	16
58	Male	36	MJL	0.95	0.05	18.71	<0.0001	0.85	1.06	0.82	5
		46	MME	0.61	0.17	3.62	0.0015	0.26	0.97	0.47	39
62	Male	36	MME	0.76	0.13	5.91	<0.0001	0.5	1.03	0.62	24
		46	MME	0.70	0.12	5.93	<0.0001	0.46	0.94	0.61	30
65	Male	36	MJL	0.97	0.04	22.64	<0.0001	0.88	1.06	0.90	3
		46	MME	1.04	0.20	5.32	<0.0001	0.64	1.45	0.52	4
66	Male	36	MME	0.99	0.10	10.14	<0.0001	0.79	1.20	0.87	1
		46	MJL	1.10	0.11	9.89	<0.0001	0.87	1.33	0.82	10
74	Male	36	MJL	0.91	0.08	11.17	<0.0001	0.74	1.08	0.88	9
		46	MJL	1.02	0.10	10.68	<0.0001	0.82	1.22	0.74	2
91	Male	36	MME	0.91	0.04	24.59	<0.0001	0.83	0.99	0.94	9
		46	MJL	1.06	0.06	16.44	<0.0001	0.93	1.20	0.88	6
96	Male	36	MME	1.02	0.12	8.57	<0.0001	0.77	1.26	0.77	2
		46	MJL	0.69	0.15	4.74	<0.0001	0.39	0.99	0.49	31

Where minimization of joint loads (MJL), minimization of muscle effort (MME), standard error (SE), a no data were collected due to sizably restored or missing tooth at this position.

Appendix Table 9. ANOVA with Tukey-Kramer Adjusted Differences in Least-squares Means (p value) for the Combined Effects of Diagnostic Group, Position, Side, and Model (where degrees of freedom = 456)*

Diagnostic Group	Biting Position	Side	Model	Side	Model	Estimate	Standard Error	t value	p value
+P/+DD	Incisor	L	MJL	L	MME	1.0360	0.2618	3.9566	0.0297
+P/+DD	Incisor	L	MJL	R	MJL	-0.0483	0.2690	-0.1796	1.0000
+P/+DD	Incisor	L	MJL	R	MME	0.9880	0.2691	3.6711	0.0771
+P/+DD	Incisor	L	MME	R	MJL	-1.0844	0.2691	-4.0290	0.0229
+P/+DD	Incisor	L	MME	R	MME	-0.0480	0.2690	-0.1784	1.0000
+P/+DD	Incisor	R	MJL	R	MME	1.0364	0.2747	3.7723	0.0558
+P/-DD	Incisor	L	MJL	L	MME	0.2042	0.3384	0.6033	1.0000
+P/-DD	Incisor	L	MJL	R	MJL	-0.2246	0.3384	-0.6637	1.0000
+P/-DD	Incisor	L	MJL	R	MME	0.2306	0.3386	0.6810	1.0000
+P/-DD	Incisor	L	MME	R	MJL	-0.4288	0.3386	-1.2664	1.0000
+P/-DD	Incisor	L	MME	R	MME	0.0264	0.3384	0.0780	1.0000
+P/-DD	Incisor	R	MJL	R	MME	0.4552	0.3384	1.3450	1.0000
-P/+DD	Incisor	L	MJL	L	MME	0.5144	0.2519	2.0419	0.9780
-P/+DD	Incisor	L	MJL	R	MJL	-0.1214	0.2519	-0.4817	1.0000
-P/+DD	Incisor	L	MJL	R	MME	0.4624	0.2520	1.8352	0.9954
-P/+DD	Incisor	L	MME	R	MJL	-0.6358	0.2520	-2.5233	0.7905
-P/+DD	Incisor	L	MME	R	MME	-0.0520	0.2520	-0.2066	1.0000
-P/+DD	Incisor	R	MJL	R	MME	0.5838	0.2520	2.3171	0.9032
-P/-DD	Incisor	L	MJL	L	MME	0.7181	0.3005	2.3898	0.8692
-P/-DD	Incisor	L	MJL	R	MJL	-0.0868	0.3056	-0.2840	1.0000
-P/-DD	Incisor	L	MJL	R	MME	0.7947	0.3056	2.6006	0.7365
-P/-DD	Incisor	L	MME	R	MJL	-0.8049	0.3056	-2.6340	0.7115
-P/-DD	Incisor	L	MME	R	MME	0.0765	0.3056	0.2505	1.0000
-P/-DD	Incisor	R	MJL	R	MME	0.8814	0.3084	2.8583	0.5308
+P/+DD	Molar	L	MJL	L	MME	1.5869	0.2730	5.8121	<0.0001
+P/+DD	Molar	L	MJL	R	MJL	1.1083	0.2704	4.0994	0.0177
+P/+DD	Molar	L	MJL	R	MME	0.9280	0.2704	3.4324	0.1546
+P/+DD	Molar	L	MME	R	MJL	-0.4786	0.2704	-1.7702	0.9974
+P/+DD	Molar	L	MME	R	MME	-0.6589	0.2704	-2.4372	0.8436
+P/+DD	Molar	R	MJL	R	MME	-0.1803	0.2671	-0.6752	1.0000
+P/-DD	Molar	L	MJL	L	MME	0.2367	0.3384	0.6994	1.0000
+P/-DD	Molar	L	MJL	R	MJL	-0.5710	0.3384	-1.6872	0.9989
+P/-DD	Molar	L	MJL	R	MME	0.2654	0.3386	0.7838	1.0000
+P/-DD	Molar	R	MJL	R	MME	0.8364	0.3384	2.4714	0.8235
-P/+DD	Molar	L	MJL	L	MME	1.2758	0.2531	5.0406	0.0003
-P/+DD	Molar	L	MJL	R	MJL	1.1309	0.2587	4.3722	0.0061
-P/+DD	Molar	L	MJL	R	MME	0.9701	0.2590	3.7460	0.0608
-P/+DD	Molar	R	MJL	R	MME	-0.1608	0.2632	-0.6110	1.0000
-P/-DD	Molar	L	MJL	L	MME	0.6744	0.2926	2.3052	0.9081
-P/-DD	Molar	L	MJL	R	MJL	-0.5001	0.2969	-1.6842	0.9989
-P/-DD	Molar	L	MJL	R	MME	0.4452	0.2969	1.4994	0.9999
-P/-DD	Molar	L	MME	R	MJL	-1.1745	0.2969	-3.9556	0.0298
-P/-DD	Molar	L	MME	R	MME	-0.2292	0.2969	-0.7720	1.0000
-P/-DD	Molar	R	MJL	R	MME	0.9453	0.3005	3.1457	0.3112

*Overall, pooled diagnostic group data gave no evidence that one model was generally better in predicting muscle behavior. There were significant differences where the MME model was better at predicting muscle behavior than MJL in +P/+DD individuals when biting on the left molar and left incisor (Main Article Figs. 2A, 2B; all adjusted p <0.03). This was also the case in -P/+DD participants during left molar biting (Main Article Figure 2B; adjusted p <0.001).

Appendix Table 10. ANOVA with Tukey-Kramer Adjusted Differences in Least-squares Means (p value) for the Combined Effects of Gender, Position, Side, and Model (where degrees of freedom = 456)*

Biting Position	Gender	Side	Model	Gender	Side	Model	Estimate	Standard Error	t value	p value
Incisor	Female	L	MJL	Female	L	MME	0.4337	0.2054	2.1115	0.7569
Incisor	Female	L	MJL	Female	R	MJL	-0.3310	0.2093	-1.5813	0.9710
Incisor	Female	L	MJL	Female	R	MME	0.3975	0.2101	1.8918	0.8786
Incisor	Female	L	MME	Female	R	MJL	-0.7647	0.2101	-3.6395	0.0266
Incisor	Female	L	MME	Female	R	MME	-0.03621	0.2093	-0.1730	1.0000
Incisor	Female	R	MJL	Female	R	MME	0.7285	0.2125	3.4277	0.0528
Incisor	Female	L	MJL	Male	L	MJL	-0.4050	0.2172	-1.8645	0.8905
Incisor	Female	L	MJL	Male	L	MME	0.3977	0.2178	1.8262	0.9058
Incisor	Female	L	MJL	Male	R	MJL	-0.3145	0.2178	-1.4439	0.9876
Incisor	Female	L	MJL	Male	R	MME	0.4354	0.2172	2.0047	0.8217
Incisor	Female	L	MME	Male	L	MJL	-0.8387	0.2178	-3.8508	0.0127
Incisor	Female	L	MME	Male	L	MME	-0.0360	0.2172	-0.1657	1.0000
Incisor	Female	L	MME	Male	R	MJL	-0.7482	0.2172	-3.4448	0.0501
Incisor	Female	L	MME	Male	R	MME	0.0017	0.2178	0.0077	1.0000
Incisor	Female	R	MJL	Male	L	MJL	-0.0739	0.2214	-0.3338	1.0000
Incisor	Female	R	MJL	Male	L	MME	0.7288	0.2209	3.2989	0.0777
Incisor	Female	R	MJL	Male	R	MJL	0.0165	0.2209	0.0749	1.0000
Incisor	Female	R	MJL	Male	R	MME	0.7664	0.2214	3.4608	0.0477
Incisor	Female	R	MME	Male	L	MJL	-0.8025	0.2209	-3.6326	0.0273
Incisor	Female	R	MME	Male	L	MME	0.0002	0.2214	0.0010	1.0000
Incisor	Female	R	MME	Male	R	MJL	-0.7120	0.2214	-3.2150	0.0987
Incisor	Female	R	MME	Male	R	MME	0.0379	0.2209	0.1715	1.0000
Molar	Female	L	MJL	Female	L	MME	0.6120	0.2061	2.9695	0.1863
Molar	Female	L	MJL	Female	R	MJL	-0.2478	0.2074	-1.1946	0.9983
Molar	Female	L	MJL	Female	R	MME	0.6272	0.2083	3.0106	0.1686
Molar	Female	L	MJL	Male	L	MJL	-0.4696	0.2179	-2.1548	0.7281
Molar	Female	L	MJL	Male	L	MME	0.8054	0.2184	3.6877	0.0226
Molar	Female	L	MJL	Male	R	MJL	0.3623	0.2194	1.6515	0.9577
Molar	Female	L	MJL	Male	R	MME	0.2076	0.2190	0.9482	0.9999
Molar	Female	L	MME	Female	R	MJL	-0.8598	0.2083	-4.1274	0.0044
Molar	Female	L	MME	Female	R	MME	0.0152	0.2074	0.0731	1.0000
Molar	Female	L	MME	Male	L	MJL	-1.0815	0.2184	-4.9520	0.0001
Molar	Female	L	MME	Male	L	MME	0.1934	0.2179	0.8877	1.0000
Molar	Female	L	MME	Male	R	MJL	-0.2497	0.2190	-1.1401	0.9990
Molar	Female	L	MME	Male	R	MME	-0.4043	0.2194	-1.8430	0.8993
Molar	Female	R	MJL	Female	R	MME	0.8749	0.2082	4.2021	0.0033
Molar	Female	R	MJL	Male	L	MJL	-0.2218	0.2195	-1.0103	0.9998
Molar	Female	R	MJL	Male	L	MME	1.0532	0.2190	4.8092	0.0002
Molar	Female	R	MJL	Male	R	MJL	0.6101	0.2200	2.7726	0.2888
Molar	Female	R	MJL	Male	R	MME	0.4554	0.2205	2.0656	0.7859
Molar	Female	R	MME	Male	L	MJL	-1.0967	0.2190	-5.0078	0.0001
Molar	Female	R	MME	Male	L	MME	0.1783	0.2195	0.8121	1.0000
Molar	Female	R	MME	Male	R	MJL	-0.2648	0.2205	-1.2011	0.9982
Molar	Female	R	MME	Male	R	MME	-0.4195	0.2205	-1.9064	0.8720
Incisor	Male	L	MJL	Male	L	MME	0.8027	0.2037	3.9406	0.0091
Incisor	Male	L	MJL	Male	R	MJL	0.0905	0.2040	0.4436	1.0000
Incisor	Male	L	MJL	Male	R	MME	0.8403	0.2045	4.1084	0.0048
Incisor	Male	L	MME	Male	R	MJL	-0.7122	0.2045	-3.4819	0.0446
Incisor	Male	L	MME	Male	R	MME	0.0377	0.2040	0.1846	1.0000
Incisor	Male	R	MJL	Male	R	MME	0.7499	0.2037	3.6813	0.0231
Molar	Male	L	MJL	Male	L	MME	1.2749	0.2044	6.2384	<0.0001
Molar	Male	L	MJL	Male	R	MJL	0.8318	0.2055	4.0484	0.0060
Molar	Male	L	MJL	Male	R	MME	0.6772	0.2058	3.2909	0.0795
Molar	Male	L	MME	Male	R	MJL	-0.4431	0.2058	-2.1533	0.7292
Molar	Male	L	MME	Male	R	MME	-0.5978	0.2055	-2.9091	0.2146
Molar	Male	R	MJL	Male	R	MME	-0.1547	0.2064	-0.7493	1.0000

*Pooling gender data resulted in significant gender effects where the MME model was better at predicting muscle behavior in men during right and left incisor biting, and left molar biting (Figs. 2C, 2D; all adjusted p <0.03).