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Relaxin signaling activates peroxisome proliferator-activated receptor gamma

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ABSTRACT

Relaxin is a polypeptide hormone that triggers multiple signaling pathways through its receptor RXFP1 (relaxin family peptide receptor 1). Many of relaxin's functions, including vascular and antifibrotic effects. are similar to those induced by activation of PPARy. In this study, we tested the hypothesis that relaxin signaling through RXFP1 would activate PPARy activity. In cells overexpressing RXFP1 (HEK-RXFP1), relaxin increased transcriptional activity through a PPAR response element (PPRE) in a concentrationdependent manner. In cells lacking RXFP1, relaxin had no effect. Relaxin increased both the baseline activity and the response to the PPAR γ agonists rosiglitazone and 15d-PG $_{12}$, but not to agonists of PPAR α or PPARô. In HEK-RXFP1 cells infected with adenovirus expressing PPARy, relaxin increased transcriptional activity through PPRE, and this effect was blocked with an adenovirus expressing a dominant-negative PPARy. Knockdown of PPARy using siRNA resulted in a decrease in the response to both relaxin and rosiglitazone. Both relaxin and rosiglitazone increased expression of the PPARy target genes CD36 and LXRα in HEK-RXFP1 and in THP-1 cells naturally expressing RXFP1. Relaxin did not increase PPARγ mRNA or protein levels. Treatment of cells with GW9662, an inhibitor of PPARγ ligand binding, effectively blocked rosiglitazone-induced PPARy activation, but had no effect on relaxin activation of PPARy. These results suggest that relaxin activates PPARy activity, and increases the overall response in the presence of PPARy agonists. This activation is dependent on the presence of RXFP1. Furthermore, relaxin activates PPARγ via a ligand-independent mechanism. These studies represent the first report that relaxin can activate the transcriptional activity of PPARy.

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1. Introduction

Relaxin is a polypeptide hormone of the insulin superfamily, which also includes the relaxin-like peptides relaxin-3 and insulin-like peptide-3 (InsL3) (Sherwood, 2004). Despite considerable structural similarity to insulin, relaxin does not bind to the insulin receptors and has no insulin-like glucocoregulatory effects. The identification of a relaxin receptor proved elusive, which hampered progress in relaxin research for many years, until Hsu et al. identified two relaxin receptors in 2002. Somewhat surprisingly, unlike the receptors for insulin and insulin-like growth factor I, which signal through tyrosine kinase receptors, the leucine-rich G protein-coupled receptors 7 and 8 (LGR7 and LGR8) were identi-

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fied as relaxin receptors (Hsu et al., 2002). These receptors are now known as relaxin family peptide receptor (RXFP) 1 and 2, respectively (Bathgate et al., 2006). Although relaxin will bind to and activate both receptors *in vitro*, the evidence thus far suggests that only RXFP1 is activated by relaxin *in vivo*, and therefore RXFP1 is considered to be the cognate relaxin receptor, while RXFP2 is the InsL3 receptor.

Activation of RXFP1 stimulates adenylyl cyclase and increases cAMP through a complex, biphasic mechanism (Halls et al., 2006; Nguyen et al., 2003). Initially, RXFP1 couples to $G\alpha_s$, resulting in rapid increase in cAMP (Halls et al., 2006). This is followed by coupling to $G\alpha_o$ and a transient decrease in cAMP production, then finally a delayed and sustained increase in cAMP mediated through coupling to $G\alpha_i$ and activation of phosphoinositide 3′-kinase and protein kinase $C\zeta$ through $G\beta/\gamma$ subunits (Halls et al., 2006; Nguyen et al., 2003). In addition to stimulation of cAMP, a number of other pathways can also be triggered by relaxin signaling. Relaxin effects in a number of tissues are mediated by stimulation of nitric oxide synthase and increased nitric oxide production (Baccari and Bani,

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2008). In some cells, relaxin can activate the extracellular signal-related kinase 1 and 2 (ERK1/2) pathway, in a process that may involve the nuclear factor NF-κB (Dschietzig et al., 2003; Ho et al., 2007; Zhang et al., 2002; Mookerjee et al., 2009). Additional studies have suggested that relaxin can activate a tyrosine kinase pathway in some cells (Anand-Ivell et al., 2007; Bartsch et al., 2001; Palejwala et al., 2001). There is also a report that relaxin can activate the glucocorticoid receptor through a mechanism that may be independent of RXFP1 (Dschietzig et al., 2005). Therefore, the accumulating evidence suggests that relaxin signals through highly diverse and complex mechanisms.

The traditional functions attributed to relaxin are related to pregnancy, where its functions include inhibition of uterine contraction, and inducement of cervical growth and softening (Sherwood, 2004). However, recent studies have revealed that relaxin has many nonreproductive functions. It has been long known that relaxin has antifibrotic effects related to its ability to regulate the expression and degradation of extracellular matrix components. In fibroblasts and myofibroblasts, relaxin inhibits transforming growth factor beta (TGF-β)-induced collagen production and promotes matrix degradation, and decreases fibrillar collagen in experimental models of dermal, pulmonary, renal, and hepatic fibrosis (Samuel, 2005). This property was strongly supported by studies of the relaxin-null mouse. These mice developed age-related fibrosis in a number of tissues including the lung, skin, heart, and kidney (Samuel et al., 2005), suggesting a role for relaxin in the treatment of fibrosis, and in the prevention of the development of age-related fibrosis. In addition, relaxin exhibits properties related to the control of cardiovascular functions. Relaxin promotes vasodilation and angiogenesis, protects against ischemic damage, and displays anti-inflammatory properties, largely through nitric oxide-dependent pathways (Bani, 2008; Baccari and Bani, 2008). Therefore, in addition to its reproductive role, relaxin is an important modulator of a number of physiological processes outside of pregnancy. Many of these nonreproductive functions of relaxin are similar to those regulated by peroxisome proliferator-activated receptor gamma (PPAR γ).

The peroxisome proliferator-activated receptors (PPARs) are nuclear receptors that heterodimerize with the retinoid X receptors (RXR) to induce transcription of target genes (Evans et al., 2004). Three major PPARs have been identified to date. PPAR α , the earliest identified form, is involved in peroxisome proliferation and lipid utilization. Less is known about PPARδ (also known as PPARβ), but its main functions appear to be in fatty acid utilization. The third form, PPARy is a major regulator of adipogenesis (Tontonoz and Spiegelman, 2008). Agonists of PPARy, such as the antidiabetic thiazolidinedione drugs, promote lipid storage in adipose tissue, decrease serum lipid levels, and regulate adipokine secretion from the adipose tissue, and increase insulin responsiveness in the liver and muscle (Tontonoz and Spiegelman, 2008). In addition, PPARy agonists have antifibrotic properties in the skin, heart, kidney, lung and liver (Calkin et al., 2006; Genovese et al., 2005; Iglarz et al., 2003; Wu et al., 2009; Galli et al., 2002), and induce anti-inflammatory, cardiovascular, and antifibrotic effects (Tontonoz and Spiegelman, 2008; Varga and Nagy,

Because relaxin and PPAR γ share a number of biological effects, it is possible that they possess common signaling pathways. Relaxin stimulates the production of cAMP and nitric oxide, both regulators of PPAR γ activity (Lazennec et al., 2000; Ptasinska et al., 2007; Watanabe et al., 2003). Therefore, it is possible that activation of PPAR γ may be one mechanism for the antifibrotic effects of relaxin. We hypothesized that relaxin activation of RXFP1 would result in increased PPAR γ activity. To explore this possibility, we sought to determine the effect of relaxin on the levels and activity of PPAR γ in cells expressing RXFP1.

2. Materials and methods

2.1. Materials

Highly purified porcine relaxin (Sherwood and O'Byrne, 1974) was provided by O. David Sherwood (University of Illinois Urbana-Champaign). The RXFP1 expression plasmid (Hsu et al., 2000) was provided by Aaron Hsueh (Stanford University). The PPAR luciferase reporter plasmid ACO-PPRE (Jiang et al., 1998) was provided by Brian Seed (Harvard University). Adenoviruses expressing wild-type and mutant PPAR γ and β -galactosidase (Park et al., 2003) were provided by J. Larry Jameson (Northwestern University). Human relaxin-3 (H3 relaxin) and insulin-like peptide 3 (Insl.3) were from Phoenix Pharmaceuticals. Rosiglitazone, GW0742, GW9662, and 15- Δ 12,14-deoxy prostaglandin J2 (15d-PGJ2) were from Cayman Chemical. WY-14,643 was from Sigma Chemical.

2.2. Production of cell lines stably expressing RXFP1

To generate cells stably expressing RXFP1, a plasmid encoding LGR7/RXFP1 containing a FLAG epitope (Hsu et al., 2000) was transfected into HEK-293T cells (American Type Culture Collection) using Fugene-6 according to the manufacturer's instructions. Cells stably expressing the FLAG-RXFP1 were selected using zeocin (Invitrogen) at $400\,\mu\text{g/mL}$, and individual clones were isolated and screened for RXFP1 expression using an in-cell Western blot procedure. Cells grown on poly-Llysine coated 96-well plates were fixed in 4% paraformaldehyde for 20 min, then washed and solubilized in PBS containing 0.1% Triton X-100 for 5 min for a total of 5 washes. After blocking in Odyssey block (Li-Cor) for 2 h, wells were incubated with either M2 anti-FLAG antibody (Sigma) or an antibody to a control protein (rabbit anti-insulin-degrading enzyme, Millipore) at a 1:1000 dilution in Odyssey block overnight at 4 °C. After washing 5 times with PBS containing 0.1% Tween-20 for 5 min each, the cells were incubated in the dark with IRDye-680 labeled goat anti-rabbit or IRDye-800 labeled goat anti-mouse secondary antibodies for 1 h at room temperature. After 5 washes with PBS containing 0.1% Tween-20 and one final PBS wash, fluorescence was measured in an Odyssev infrared fluorescence scanner (Li-Cor). The clones with the highest FLAG content relative to the control protein were selected and expanded. The cells were then screened for relaxin responsivity (cAMP production), and a final clone (HEK-RXFP1) was selected and used for all

2.3. Reporter and cAMP assays

PPAR activation was monitored using a dual-luciferase reporter assay. Cells were transfected with a plasmid (ACO-PPRE) containing three copies of the acyl-CoA oxidase PPRE element upstream of the firefly luciferase gene (Jiang et al., 1998), and a plasmid containing the renilla luciferase gene under the control of the thymidine kinase promoter (pRL-TK, Promega) to control for transfection efficiency and cell number. After 24 h, cells were treated and incubated for 24 h, and then firefly and renilla luciferase activities were measured using the Dual-Glo assay (Promega). For cAMP determinations, cells were treated for 30 min at room temperature, and cAMP content was determined using the cAMP-Glo assay (Promega) following the manufacturer's instructions.

2.4. Overexpression and knockdown of PPAR

To increase expression of PPARy, HEK-RXFP1 cells were infected with a total of 45 ifu of replication-incompetent adenovirus containing the genes for β galactosidase (β -Gal), wild-type PPAR γ , or dominant-negative Leu466Ala-PPAR γ (Park et al., 2003). After 24h, cells were transfected with ACO-PPRE and pRL-TK plasmids, treated with relaxin or rosiglitazone for 24 h, then subject to the PPRE luciferase reporter assay as described above. For knockdown of PPARγ, siRNA and reporter plasmids were applied to HEK-RXFP1 cells using Nucleofection Kit V (Amaxa) as directed by the manufacturer. Each nucleofection reaction contained 2 μg siRNA (either PPARγ siRNA or nontargeting control SMARTpool siRNA, Dharmacon), $1\,\mu g$ ACO-PPRE and $0.1\,\mu g$ pRL-TK. After nucleofection, cells were seeded onto poly-L-lysine coated 96-well or 24-well plates. After 24 h, cells in 96-well plates were treated with relaxin or rosiglitazone for 24 h, then subject to the dual-luciferase assay as described above. Cells in 24-well plates were lysed and knockdown of PPARy was verified using anti-PPARy (Santa Cruz) and anti-GAPDH (Millipore) primary antibodies, followed by IR-Dye labeled secondary antibodies (Li-Cor). Fluorescence was detected using Odyssey infrared fluorescence scanner (Li-Cor).

2.5. Gene expression assays

Cells were treated for 16 h, then total cellular RNA was extracted using the Purelink kit (Invitrogen). The RNA was reverse transcribed using the High Capacity cDNA Reverse Transcription kit (Applied Biosystems), and then subject to TaqMan real-time PCR. The gene expression assays (Applied Biosystems) used were PPARγ (Hs00234592_m1), CD36 (Hs00169627_m1), LXR α (Hs00172885_m1), and 18S rRNA (Hs9999901_s1). Gene expression was normalized to the level of 18S rRNA within each sample using the relative C_T method.

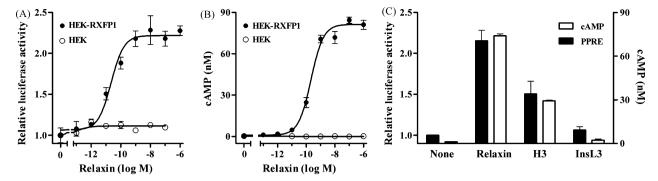


Fig. 1. Relaxin activates PPAR activity through RXFP1. Cells expressing RXFP1 (HEK-RXFP1) or without RXFP1 (HEK) were treated with relaxin or related peptides. (A) Cells transfected with ACO-PPRE and pRL-TK reporter plasmids were treated with the indicated concentrations of relaxin for 24 h, then subject to firefly and renilla luciferase assays. The data are expressed as the ACO-PPRE luciferase activity relative to that in untreated cells, mean ± S.E.M. (N=3). (B) HEK-RXFP1 or HEK cells were treated with the indicated concentrations of relaxin for 30 min, then subject to cAMP quantitation. Data are expressed as the actual cAMP concentration (nM) mean ± S.E.M. of triplicate wells. (C) Cells were treated with 100 nM relaxin, H3 relaxin or InsL3 for 24 h or 30 min for PPRE luciferase assay (N=3) or cAMP determination (triplicate wells), respectively.

2.6. Statistical analysis

Curve-fitting and statistical analysis was performed using Prism 5 software (GraphPad). Differences were analyzed using one-way or two-way analysis of variance as appropriate, with Bonferroni's post-test. Data are expressed as mean \pm S.E.M. of at least three independent determinations except as indicated in the figure legends.

3. Results

3.1. Relaxin increases PPAR transcriptional activity in RXFP1-expressing cells

Activation of PPARs induces binding to peroxisome proliferator response elements (PPRE) in target gene promoters, resulting in gene transcription. To determine the effect of relaxin on PPAR activity, a reporter plasmid containing three tandem copies of the PPRE from acyl-CoA oxidase upstream of the firefly luciferase gene was used to monitor activation of PPAR. Relaxin treatment of HEK-RXFP1 cells resulted in a concentration-dependent increase in PPAR activity (Fig. 1A). The apparent EC₅₀ was 22.39 pM, with a maximal increase in PPRE transcriptional activity of approximately two-fold. There was no response in the parental HEK cells (not expressing RXFP1). Consistent with activation of RXFP1, relaxin treatment increased cAMP production in HEK-RXFP1 cells, but not cells lacking RXFP1 (Fig. 1B). The calculated pEC₅₀ value for cAMP stimulation was 214.7 pM. The effect was specific to RXFP1 ligands, as both relaxin and the alternative RXFP1 agonist H3 relaxin (human relaxin-3) induced PPRE transcriptional activity, but the relaxin-like peptide InsL3, which is the physiological ligand for RXFP2, and has very low affinity for RXFP1, had no significant effect (Fig. 1C).

3.2. Relaxin activates PPARy

The PPRE reporter plasmid used above is not specific, and can be activated by PPAR α , PPAR δ , or PPAR γ . To explore the potential role of each of the PPARs in the cell model, HEK-RXFP1 cells were treated with PPAR subtype-specific agonists, with or without relaxin. Agonists for either PPAR α or PPAR δ (WY-14,643 and GW0742, respectively) slightly increased the activity of the PPRE reporter (Fig. 2). The combination of either WY-14,643 or GW0742 with relaxin resulted in PPRE transcriptional activity that did not differ from relaxin alone. In contrast, agonists of PPAR γ (rosiglitazone and 15d-PGJ $_2$) induced a much greater increase in activation of the PPRE reporter. Furthermore, the combination of relaxin and PPAR γ agonists resulted in an induction of PPRE that was significantly greater than either treatment alone. The low responses of

PPAR α and PPAR δ to their agonists either alone or in combination with relaxin make it unlikely that they are the target of the relaxin effects on the PPRE reporter, while the greater response to PPAR γ agonists makes it more likely that PPAR γ is the target of relaxin signaling.

To confirm that the target of relaxin signaling was PPARγ, cells were infected with adenoviruses expressing either wild-type (wtPPARγ) or dominant-negative PPARγ (dnPPARγ). The dnPPARγ possesses DNA binding activity, but has reduced transcriptional activity due to preferential binding to corepressors (Park et al., 2003), and thus can inhibit the wtPPARγ. Infection with wtPPARγ caused an increase in the basal and rosiglitazone-induced PPRE transcriptional activation (Fig. 3). Relaxin also increased the activation of wtPPARγ, as well as the residual activity in the presence of the dnPPARγ. However, when cells were coinfected with both wtPPARγ and dnPPARγ, the response to both relaxin and rosiglitazone was greatly suppressed. To more directly identify PPARγ as the target of relaxin signaling, siRNA was used to reduce the expression of PPARγ. Introduction of PPARγ siRNA, but not control siRNA,

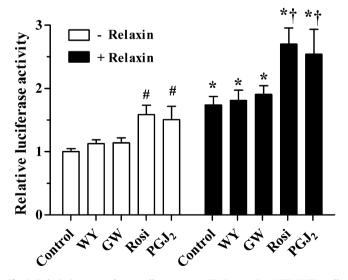


Fig. 2. Relaxin increases the overall response to PPARγ agonists. HEK-RXFP1 cells were treated for 24 h with or without 1 nM relaxin in the presence or absence of specific PPAR agonists, then subject to the PPRE luciferase assay. The agonists used were WY-14,643 (WY, 2 μM) for PPARα; GW-0742 (GW, 10 nM) for PPARα; and rosiglitazone (Rosi, 1 μM) or 15-deoxy- Δ 12,14-PGJ₂ (PGJ₂, 1 μM) for PPARγ. The data are expressed as the ACO-PPRE luciferase activity relative to that in untreated cells, mean \pm S.E.M. (N = 5). *p < .05 compared to corresponding agonist in the absence of relaxin; #p < .05 compared to no treatment; †p < .05 compared to either relaxin or corresponding agonist alone.

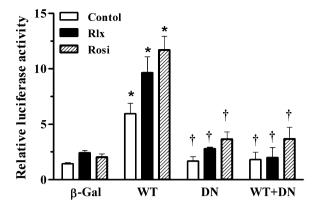


Fig. 3. Effect of relaxin on wild-type and dominant-negative PPARγ. HEK-RXFP1 cells were infected with adenoviruses expressing β-galactosidase (β-Gal), wild-type PPARγ (WT), dominant-negative PPARγ (DN) or WT:DN at a 1:2.5 ratio. Cells were then treated with relaxin (1 nM), rosiglitazone (1 μ M), or vehicle for 24 h, then subject to the PPRE luciferase assay. The data are expressed as the ACO-PPRE luciferase activity relative to that in uninfected untreated cells. Data are mean \pm S.E.M., N = 3. *p < .001 compared to β-Gal; †p < .01 compared to WT.

reduced the level of PPAR γ protein in HEK-RXFP1 cells (Fig. 4A). Furthermore, in the presence of PPAR γ siRNA, transcription through PPRE in response to relaxin or rosiglitazone was reduced, whereas control siRNA had no effect (Fig. 4B).

To confirm that relaxin activation of PPAR γ resulted in activation of gene transcription, the ability of relaxin to induce the expression of PPAR γ target genes was determined in HEK-RXFP1 cells. Both relaxin and rosiglitazone induced significant increases in the expression levels of CD36 (Fig. 5A). The expression level of LXR α was significantly increased by rosiglitazone, and was also increased by relaxin, although not to the point of statistical significance. To assess the effect of relaxin on cells naturally expressing RXFP1, a similar experiment was performed in THP-1 cells, a monocyte/macrophage cell line responsive to relaxin. Treatment of THP-1 cells with relaxin significantly increased the expression of both CD36 and LXR α (Fig. 5B), similar to the response induced by rosiglitazone.

3.3. Relaxin does not increase PPAR γ mRNA or protein levels

The relaxin effects on PPAR γ activity did not require the addition of exogenous PPAR γ agonists, raising the possibility that relaxin increased the expression or stability of PPAR γ . However, using real-time RT-PCR, it was found that relaxin, rosiglitazone, or their combination did not significantly increase PPAR γ mRNA in HEK-RXFP1 cells (Fig. 6B). Likewise, no change was detectable in the

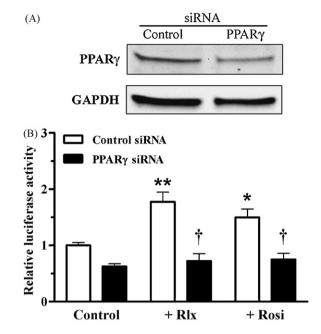


Fig. 4. Knockdown of PPARγ reduces the response to relaxin. PPARγ-specific or nontargeting control siRNA were introduced into HEK-RXFP1 cells by nucleofection. (A) After 24 h, a portion of the cells were lysed and subject to Western blot analysis to determine the levels of PPARγ or GAPDH. (B) The remaining cells were treated with relaxin (1 nM), rosiglitazone (1 μM), or vehicle for 24 h, then subject to the PPRE luciferase assay. The data are expressed as the ACO-PPRE luciferase activity relative to untreated cells, mean \pm S.E.M. of six wells per condition. The experiment was repeated three times, and a representative result is shown. *p<.05, **p<.001 compared with untreated control; †p<.001 compared to nontargeting siRNA under the same treatment.

protein levels of PPAR γ (Fig. 6A). Therefore, the increase in PPRE transcriptional activity in response to relaxin in HEK-RXFP1 was not due to increased expression or stability of PPAR γ .

3.4. Relaxin activation of PPARy is ligand-independent

Relaxin activation of PPAR γ did not require exogenous PPAR γ ligands, and did not increase PPAR γ levels. Therefore, it is possible that relaxin induces production of an endogenous PPAR γ ligand, or causes ligand-independent activation of PPAR γ . To address these possibilities, a covalent modifier of PPAR γ that prevents ligand binding (GW9662) was used to block ligand-dependent activation of PPAR γ transcriptional activity. As expected, PPAR γ activation by rosiglitazone was blocked by GW9662 (Fig. 7). In contrast, GW9662 had no effect on relaxin signaling, and only partially blocked the

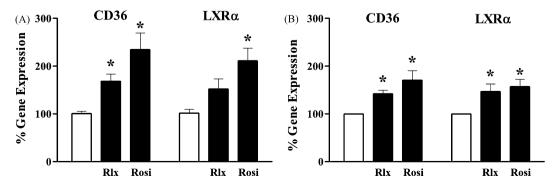


Fig. 5. Relaxin increases the expression of PPAR γ target genes. Cells were treated with 1 nM relaxin (Rlx) or 1 μ M rosiglitazone (Rosi) for 16 h. Total RNA was extracted, and the mRNA for CD36 and LXR α were quantified by real-time RT-PCR, and normalized to the level of 18S rRNA using the relative C_T method. The cell lines tested were (A) HEK-RXFP1 cells, and (B) THP-1 monocytes. Data are expressed as the percent gene expression compared with untreated cells, mean ± S.E.M., N = 3. *p < .05 compared with untreated cells.

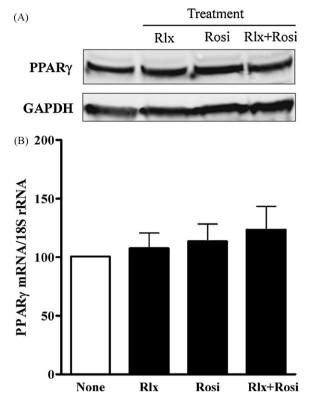


Fig. 6. Relaxin does not increase PPARγ mRNA or protein. (A) HEK-RXFP1 cells were treated with 1 nM relaxin (Rlx), 1 μM rosiglitazone (Rosi), or both for 24 h. Total protein was extracted and analyzed by Western blotting for PPARγ or GAPDH as indicated. Blot shown is representative of at least four independent experiments. (B) HEK-RXFP1 cells were treated with 1 nM relaxin (Rlx) or 1 μM rosiglitazone (Rosi), or both for 16 h. Total RNA was extracted, and the mRNA for PPARγ was quantified by real-time RT-PCR, and normalized to the level of 18S rRNA using the relative C_T method. Data shown are mean \pm S.E.M., N = 3.

combined effect of relaxin and rosiglitazone, reducing the response to the level achieved by relaxin alone. Therefore, this data suggests that relaxin does not increase the level of an endogenous PPAR γ ligand in these cells, but may instead increase PPAR γ activity through a ligand-independent mechanism.

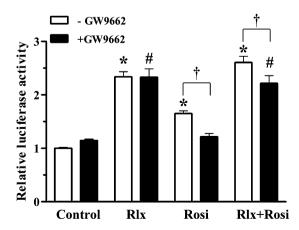


Fig. 7. Relaxin activation of PPARγ is not ligand-dependent. HEK-RXFP1 cells were treated for 24 h with 1 nM relaxin (Rlx), 1 μM rosiglitazone (Rosi), or both, in the presence and absence of the inhibitor of PPARγ ligand binding (GW9662, 100 nM) or vehicle control (DMSO) for 24 h, then subject to the PPRE luciferase assay. The data are expressed as the ACO-PPRE luciferase activity relative to that of untreated cells, mean \pm S.E.M., N = 4. *p < .001 compared to untreated controls; #p < .01 compared to GW9662 alone; †p < .05.

4. Discussion

We have shown that relaxin activates transcriptional activity through PPRE in cells expressing RXFP1. Despite the low expression levels of PPARs in these cells, relaxin consistently increased activity through the PPRE reporter vector, with an efficacy equal to or greater than the PPAR γ agonists. The relaxin effect was reduced in the presence of dominant-negative PPAR γ , or by siRNA silencing. Finally, relaxin treatment resulted in increased expression of the PPAR γ target genes CD36 and LXR α , both in cells overexpressing RXFP1 and cells naturally expressing the receptor. Therefore, these are the first experiments demonstrating activation of PPAR γ transcriptional activity by relaxin.

The primary relaxin receptor is RXFP1, but potential alternative receptors have been identified. Experiments *in vitro* have shown that relaxin can also activate RXFP2, although the relevance of this interaction has not been demonstrated *in vivo*, and InsL3 is the cognate ligand for RXFP2 (Bogatcheva et al., 2003; Hsu et al., 2002). In some cells, relaxin can activate the glucocorticoid receptor, apparently in an RXFP1-independent manner (Dschietzig et al., 2005). In our studies, PPARγ was activated in HEK-293T cells expressing RXFP1, but not in the untransfected cells that do not express RXFP1 or RXFP2. The alternative RXFP1 ligand relaxin-3 also activated PPARγ, but InsL3, which has extremely low affinity for RXFP1, had no effect. Therefore, the activation of PPARγ required the presence of RXFP1, and was not the result of action through alternative relaxin receptors or glucocorticoid receptor activation.

The combination of relaxin and rosiglitazone caused a greater increase in PPAR activity than either agent alone, suggesting that they were acting through different mechanisms. Importantly, this relaxin effect did not require the addition of exogenous PPARy ligands. Therefore it was possible that relaxin was increasing the expression of PPARy or increasing the stability of PPARy protein. However, when PPARy was overexpressed, the relaxin effect was maintained. There was no change in PPARy gene expression in response to relaxin, and no increase in the levels of PPARy protein. Another possible mechanism for relaxin activation of PPARy activity could be increased production of an endogenous PPARy ligand. Our data suggests that this is not the responsible mechanism. Treatment with GW9662, a covalent modifier of PPARy that prevents ligand-dependent activation, effectively blocked rosiglitazone-induced PPARy. Conversely, the effect of relaxin was not blocked by GW9662. If relaxin increased the production of an endogenous ligand, then GW9662 should have blocked relaxin activation of PPARy. Therefore, other mechanisms may be responsible.

As stated above, the ability of relaxin to activate PPARy did not require the addition of exogenous PPARy agonists. Furthermore, unlike the results using the PPRE reporter vector, the expression of the PPAR γ target genes CD36 and LXR α was greater in response to rosiglitazone than to relaxin, providing further evidence that relaxin and rosiglitazone act on PPARy through different mechanisms. Together with the insensitivity to GW9662, the data suggests that relaxin may be acting to stimulate PPARy through a ligand-independent mechanism, an area of increasing interest (Xu and Li, 2008). In addition to its heterodimerization partner RXRα, PPARγ associates with a number of transcriptional coactivators and corepressors, which can regulate its activity and specificity both in the absence and presence of PPARy ligands (Feige and Auwerx, 2007; Lonard and O'Malley, 2007; Puigserver and Spiegelman, 2003). For example, PPARy association with the coactivators PPAR γ coactivator 1α (PGC 1α) or p300 results in increased PPARy ligand-independent transcriptional activity, and altered target gene specificity (Gelman et al., 1999; Puigserver et al., 1998). In addition, the activity of PPARy, or its binding to coactivators and corepressors can be regulated by phosphorylation (Burns and Vanden Heuvel, 2007). Further study is needed to determine if relaxin activation of PPAR γ transcriptional activity involves one of these mechanisms.

Through RXFP1, relaxin activates the cAMP pathway (Halls et al., 2007; Sherwood, 2004). We have found that the EC₅₀ for relaxinactivated PPARy transcriptional activity was approximately 10-fold lower than its ability to elevate cAMP levels. This finding raises the possibility that relaxin activates PPARy through additional signaling pathways. Indeed, relaxin has been shown to act through nitric oxide, tyrosine kinase, and mitogen-activated protein kinase pathways (Anand-Ivell et al., 2007; Baccari and Bani, 2008; Dschietzig et al., 2003; Mookerjee et al., 2009). Importantly, these same pathways have all been implicated in the regulation of PPARy activity (Burns and Vanden Heuvel, 2007; Lazennec et al., 2000; Ptasinska et al., 2007). Indeed, there is considerable overlap in the properties of relaxin and PPARy in the response of fibroblasts to fibrotic stimuli. For example, both relaxin and PPARy agonists reduced the response to the profibrotic cytokine TGFβ in skin (Unemori and Amento, 1990; Ghosh et al., 2004), lung (Burgess et al., 2005; Unemori et al., 1996), and renal fibroblasts (Masterson et al., 2004; Zafiriou et al., 2005), and both agents have been effective in treatment of fibrosis in vivo (Samuel, 2005; Bennett, 2009; Michalik, 2006). Interestingly, recent study provided evidence that in renal fibroblasts, relaxin acts to decrease the TGFβ-induced fibrotic phenotype through multiple mechanisms including cAMP, nitric oxide, and mitogen-activated protein kinase (Mookerjee et al., 2009), providing further support for cross-talk between relaxin and PPARy signaling.

In summary, we have provided the first evidence that relaxin signaling through RXFP1 activates the transcriptional activity of PPAR γ . These findings provide a possible mechanism for the antifibrotic effects of relaxin. Because RXFP1 expression appears to be lacking in glucoregulatory insulin-sensitive cells (Hsu et al., 2003; Kamat et al., 2004), relaxin treatment may be an approach to the treatment of fibrosis by activation of PPAR γ , but without the glucoregulatory and adipogenic effects of thiazolidinediones and other PPAR γ agonists.

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