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## Toxic Masculinity

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# Toxic Masculinity

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## Abstract

Toxic Masculinity negatively affects men, women, children and all of society. The main focus of toxic masculinity is how men have been made to behave in a way that is acceptable to society in connection with traditional male stereotypes, which include the restriction of emotions, dominance, misogyny and homophobia. It is important to understand what this behavior encompasses, so that it is not portrayed and not taught.

## Key Points

- Prisoners believe they must become versed in hypermasculinity and violence merely to stay alive and protect their honor.
- Toxic masculinity creates a rape culture, in which men exert the use of dominance over women in order to gain control and even the objectification of women.
- Children who do not have any positive influences in their lives are much more likely to create in their minds what being masculine should be like.



## Conclusions & Discussion

The findings support that toxic masculinity has detrimental consequences that affect everyone including children. Teaching younger generations to express their emotions, and creating healthy environments so as to not create stereotypes within their minds is one of the only ways to eradicate what has been a big problem within society for a very long time.

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