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## Teen Substance Abuse

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# Teen Substance Abuse

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Grand Island Senior High School 2020

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## Abstract

Teen Substance Abuse is the act of teens showing dependence on drugs or alcohol or any harmful substance, and it is a serious problem in today's society. This affects many teenagers in all aspects of life and harms their social life, home life, and negatively affects their health. While the use of opioids has fallen in recent years, other drugs have risen in popularity among teens. These include marijuana and vaping, the former is seen as a gateway drug and the latter statistically leads to the user being more likely to smoke cigarettes.

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## Key Points

- Teen substance abuse fallen in recent years.
- Vaping has risen in popularity, and marijuana has become easier to get.
- 38% of 12th graders reported vaping in 2018, while only 27% did in 2017.
- With marijuana, the use has actually statistically gone down among teens, however 80% of 12th graders find it easy to obtain and 65% of 10th graders find that it would be easy to obtain as well.
- The effect on home life and relationships are more often than not strained because of substance abuse, especially between the child and his/her parents.

## Conclusion

Research supports the claim that teen substance abuse is a real problem in society. It affects a teen's mental and physical health, as well as their relationships. Parents are hurt by it, and the statistics show that there are enough kids going through it to consider this a problem. It will be interesting to further research this topic, and even get some more info from those who are going through or have gone through it.

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