#### University of Nebraska - Lincoln

### DigitalCommons@University of Nebraska - Lincoln

Nebraska College Preparatory Academy Senior Capstone Projects

Nebraska College Preparatory Academy

2020

#### **Education: Our Flawed and Outdated System**

**Gavin Farmer** 

Follow this and additional works at: https://digitalcommons.unl.edu/ncpacapstone

Part of the Bilingual, Multilingual, and Multicultural Education Commons, Other Education Commons, and the Secondary Education Commons

This Article is brought to you for free and open access by the Nebraska College Preparatory Academy at DigitalCommons@University of Nebraska - Lincoln. It has been accepted for inclusion in Nebraska College Preparatory Academy Senior Capstone Projects by an authorized administrator of DigitalCommons@University of Nebraska - Lincoln.



# Education: Our Flawed and Outdated System Gavin Farmer

Nebraska College Preparatory Academy Winnebago Public Schools 2020 University of Nebraska-Lincoln

## **Abstract**

Public schools are a place to learn and prepare for the real world. Even so, they do not fully succeed in providing a good education to all students. Some kids leave high school without all the life skills necessary to succeed in the real world and others feel they haven't learned enough about what they are passionate about. Schools also seem to neglect certain aspects of their students' lives, such as their mental health. This research looks at surveys, journals and articles, to learn more about just a few areas in which the public school system seems to be lacking, why they are lacking, and maybe how it can be changed.

# **Key Points**

- The American public school system still practices outdated and inefficient techniques, which hinders American students' learning ability, affecting American society (Webb; Patton et al.).
- Schools are combating mental health issues by providing in-school advising, recommending that students adhere to life recommendations, and also by providing students with varying forms of physical activity, all year long (Brewer-Smyth et al.; Loewen et al.; Langille et al.).
- Schools are also starting to teach students health skills, how to identify their passion, and money management skills (Botvin and Griffin; Patton et al.).



# Conclusion

Research shows that the American public school system is changing, but it is not making changes at the speed that is needed for further advancement in our society. I found this topic interesting because it affects every American who participates in their public school system. While the American education system is in bad shape, its condition is amendable and there are people trying to make the situation better.

## **Future Research**

In the future, I would like to further research how the American public school system can change in order to sufficiently prepare students for life after graduation, whether they are going to college or not.

## **Work Cited**

Brewer-Smyth, Kathleen, et al. "Childhood Adversity, Mental Health, and Violent Crime." Journal of Forensic Nursing, vol. 11, no. 1, Jan. 2015, pp. 4–14. Dean Webb, L. The History of American Education: A Great American Experiment. Prentice Hall, 2006.

Langille, Jessie-Lee, et al. "Measuring Health Promotion in Schools: Insights from the 2011 Children's Lifestyle and School-Performance Study." PsycEXTRA Dataset, 2012, doi:10.1037/e509442013-001.

Loewen, Olivia K., et al. "Lifestyle Behavior and Mental Health in Early Adolescence." Pediatrics, vol. 143, no. 5, 2019, p. e20183307, doi:10.1542/peds.2018-3307

Patton, James R., et al. "Curricular Implications of Transition Life Skills Instruction as an Integral Part of Transition Education." Remedial and Special Education, vol. 18, no. 5, 1997, pp. 294–306, doi:10.1177/074193259701800505.

Botvin, Gilbert J., and Kenneth W. Griffin. "Life Skills in Adolescents." Encyclopedia of Primary Prevention and Health Promotion, 2014, pp. 1326–32, doi:10.1007/978-1-4614-5999-6 171.

Jolly, Jallicia. "Graduate Student Mental Health Matters - Rackham Graduate School: University of Michigan." Rackham Graduate School: University of Michigan, 2 Aug. 2017, https://rackham.umich.edu/discover-rackham/graduate-student-mental-health-matters/.