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How Does a Family's Financial Status Impact a Child's Mental Health Growth?

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Abstract

Children's mental health is greatly affected by a lack of resources due to low income. The less money one has, the less access to necessities given. Access to education and health care are some of the biggest contributors affected by this problem. Understanding and bringing awareness to the problem can help open doors to give these children in poverty proper education and health care along with basic living necessities.



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Key Points

- Only age has a statistically reliable relationship with emotional health due to the cause of potential long-term mental health issues when experienced as a child and how they change with age.
- Poverty brings a lack of opportunity and reduced availability and accessibility to resources including mental health services and proper education. Due to not having access to the proper materials to meet the required positions of health care or education.
- Chronic poverty is often associated with families with lower income levels and no community support but people who classify as middle class due to circumstance, can also experience chronic poverty.

Conclusions & Discussions

When a child is born into a family that lives in a household below the poverty line, their mental health is negatively impacted by: (i) a lack of access to economic stability to meet basic needs, (ii) a lack of access to educational opportunities in order to improve basic living, and (iii) a lack of access to basic health care in order to meet mental health needs.

Children living in poverty do not have access to adequate health care, education, and the necessities of life. Offering proper health care to people in poverty can lower the death rate around the globe and offering proper education can help educate more and more people. What steps can be taken to ensure that this problem can be resolved?

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