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Is Mental Health the Reason for Homelessness?

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Omaha South High School 2022

University of Nebraska



Abstract

Mentally ill people leave their homes and cluster in cities all over the world. The phenomenon of homelessness and its link to mental illness is growing and worrying genetically, and is impacted by infections, brain defects or injuries, and substance abuse. Now the growth of a different kind of homeless population appears to be related to mental illness. The different types of homeless population that are being created are chronic homelessness, episodic homelessness, and transitional homeless.

Key Points

- Mental health in homelessness is increasing in western countries.
- Experiencing homelessness may encourage anxiety, fear, depression, etc.
- 70% of the homeless are men and 29% are women



www.facebook.com/NationalCoalitionfortheHomeless. (2018, May 17). #TBT - in celebration of Mental Health month. National Coalition for the Homeless. Retrieved April 18, 2022, from <https://nationalhomeless.org/tbt-celebration-mental-health-month/>

Conclusion & Discussion

Mental health is a reason for homelessness. Many men and women can experience anxiety, depression, substance use, etc. which can make them go homeless. I've learned that many people that suffer from mental illness tend to go undiagnosed or don't want to get any help. The problem with that is that this mental illness can cause them to lose anything, such as their home.

Areas I think still need to be researched are issues relating to affordable and supportive housing, homeless crisis response, improving health, well-being, and stability.

Works Cited

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