

8-2012

The NEBLINE, August 2012

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Landlord/Tenant Cash Lease Workshops Cover Market Volatility, Other Issues

A series of free workshops, “Landlord/Tenant Cash Lease,” will be held at locations statewide, hosted by University of Nebraska–Lincoln Extension and sponsored by the Nebraska Soybean Board. Workshops will help landlords and tenants establish and maintain a positive farm leasing relationship. Workshops are free, but preregistration is required. A workshop will be held on Thursday, Aug. 23, 1:30 p.m. (registration at 1:15 p.m.) at the Lancaster Extension Education Center, 444 Cherrycreek Road, Lincoln. To preregister, call 402-441-7180 by Aug. 20. The Landlord/Tenant Cash Lease workshop series will help producers deal with the volatility of cash grain markets for corn and soybeans, said Allan Vyhnalek, UNL extension educator in Platte County. “Landlords are trying to be loyal to their tenants, yet want a fair return for the land asset,” Vyhnalek said. “Tenants want to be sure to stay in business, yet feel the pressure of bidding to keep the land base that they have been farming.” Topics for discussion include: expectations from the lease, including goal setting for the rental property; lease communication, determining appropriate information sharing for both the tenant and landlord; relatives — tips for farm leases that include relatives; irrigation system questions, as they pertain to setting lease rates; alternative cash lease arrangements, flexible provision considerations for your situation; and other topics such as grain bin rental will be covered as time allows. Vyhnalek and UNL Extension Educators Tim Lemmons and Tom Dorn will be on hand to discuss these topics and provide common-sense tips during the presentation. It is very helpful if both the tenant and landlord can attend together, Vyhnalek said. “Putting together the right lease isn’t about what is being discussed at the coffee shop, or what a university survey of cash lease rates says; it is about what fits both the landlord and tenant for their circumstance and situation,” he said. “Attending this presentation will provide a set of ideas to work from as those specifics are discussed.” Handout materials and refreshments provided. For more information about the workshops, contact Vyhnalek at 402-563-4901 or avyhnalek2@unl.edu.

Deadline Approaches to Terminate Verbal Farm Leases

Generally, the turnover rate for rental land is very small in Nebraska, averaging about eight percent. On average, leases on agricultural land run for 15 years. This reflects the high level of communication between landowners and tenants and the high regard most landowners have for the ability of their tenant to produce top yields while being a careful steward of the land. Usually changes occur because of producer downsizing or expanding. Only in a few cases does a landlord terminate a lease because of poor management practices. Under Nebraska law, oral (unwritten) leases are legally presumed to be year-to-year leases. A year-to-year lease has no fixed time period and is automatically renewed for another year until proper notice has been given to the tenant by the landowner (or vice versa) the lease is terminated. Written leases are in effect only for the period specified in the lease itself, which may be one year, five years, etc. For written leases, no notice is required from the landlord to the tenant the lease will not be renewed unless the lease specifically states notice of termination is required. Unless it contains a renewal clause, the lease automatically terminates at the end of the lease period. The tenant generally has no right to have a written lease renewed unless the lease contains a

renewal clause. If a tenant “holds over” by not leaving after a written lease has ended, the tenant is legally considered to be a trespasser whom the landlord may remove by going to court. If the landowner does not remove the tenant, however, a year-to-year lease is automatically established by implication. If a holdover tenant begins to work and incurs expenses for the next year’s crop, the courts generally have ruled the landowner has agreed by implication to the tenant’s holding over. The most common legal issue associated with verbal farm leases is how a lease may legally be terminated. For year-to-year leases and holdover leases, six months advance notice must be given to legally terminate the lease. However, the lease date (the date from which the six months is counted) is different. **Oral year-to-year lease termination.** For year-to-year leases, the Nebraska Supreme Court has ruled the lease year begins on March 1. Notice to a tenant to vacate under an oral year-to-year lease (legally referred to as a “notice to quit”) must be given six months in advance of the end of the lease, or no later than August 31. **Holdover lease termination.** On holdover leases, the lease date is established by when the lease began in the original written lease rather than auto-

matically being March 1. If the original written lease began Jan. 1, the notice to quit from the landlord to the holdover tenant would have to be given at least six months in advance of the end of the lease, or no later than June 30. To make a lease termination process go smoothly, follow these tips:

- Usually a tenant will know about the termination of a rental contract before the deadline, but notification still needs to be done formally and legally. The landlord needs to prove he or she has sent the tenant a notice of termination. This notice should be a registered letter written by an attorney. Be sure the notice arrives by Aug. 31 and have proof that it was sent.
- An attorney should be involved in all stages of the termination process. It’s easy to make a mistake, and something done wrong, won’t stand up in court if a disagreement occurs.
- A tenant should never let a rental agreement reach termination due to poor management practices. Keep the line of communication open and visit with the landlord regularly.
- If the tenant disagrees with the termination, he or she should visit with the landlord to see what can be done or for the reason for the termination.

Source: Dr. David Aiken, UNL Water Law Specialist

Plant Alfalfa in August

Alfalfa can produce more protein per acre than any other crop in Nebraska. Besides being an excellent livestock feed, alfalfa improves the soil by adding nitrogen and organic matter, increasing water infiltration, improving soil structure, and providing excellent erosion control. Follow proper seeding techniques when establishing alfalfa stands. Poor seeding management will decrease chances of developing a productive alfalfa stand. High yields of good quality forage can result only from well-established, properly-managed, productive stands of alfalfa. Select a suitable soil. Alfalfa thrives on deep, well-drained loam, silt loam, or clay loam soils with a pH between 6.2 and 7.5. Sandy soils can produce excellent alfalfa yields when properly fertilized and irrigated. Avoid poorly-drained soils or those with high water tables because alfalfa will not survive under permanently wet conditions. Alfalfa is also poorly suited for saline or shallow soils. Alfalfa can be seeded either in spring or fall in eastern Nebraska. Whether it is best to plant alfalfa in the spring or fall depends on two factors, predominant weed species and

soil moisture. If the predominant weed species are summer annuals such as foxtail and pigweed, it may be best to plant alfalfa in the fall — provided the soil profile has adequate moisture for growth. This allows the alfalfa to get established with less weed competition and since it greens up in early spring, it will get a head start on the annual weeds next year that must come from seed when the soil temperature is right for germination. If the predominant weed species are winter annuals such as pennycress or downy brome, spring planting may be best. The weeds can be killed with tillage or herbicides in early spring and then the alfalfa planted into a clean seedbed. Pennycress, downy brome, and other winter annual weeds are more dominant in former wheat ground since they have the same growth habit as winter wheat. The best time for fall seeding alfalfa in eastern Nebraska is during the month of August, provided adequate soil moisture is available. Farmers sometimes wait until middle or late September to plant alfalfa. This is most often too late because the plants do not have a chance to become established before the first killing frost. The latest alfalfa should be seeded in the fall is Sept. 10 in Lancaster County. If planting cannot be completed by that time, it is best to wait for another season. Alfalfa seed needs to be planted 1/4–1/2-inch deep in fine-textured soils and 3/4-inch deep in sandy soils for best germination. Regardless of seeding time, it is critical alfalfa be planted into a firm seedbed. Alfalfa seeds must have close contact with soil particles and soil moisture to insure rapid emergence. A firm seedbed also helps prevent seed from being planted too deep. Leave just enough loose soil to cover seed after planting. Dr. Bruce Anderson, extension forage specialist, says if you can’t bounce a basketball on the seedbed prior to planting alfalfa, the seedbed is too loose. Don’t have a basketball? Walk across the seedbed with hard soled shoes, if your heel sinks in more than 1/2-inch, it is too loose. A good rain after tillage will firm the seedbed. Harrowing with the spikes set flat or rolling with a packer will firm seedbeds provided there is some moisture in the soil. When seeding alfalfa, you need to remember your only chance to make a rough field smooth enough to drive

over with tractors, swathers, or pickups is prior to seeding. Complete tillage (disking) to smooth the surface following row crops is alright if the soil is firmed up by either rain, sprinkler irrigation, or packer-seeders. If the untilled soil surface is already smooth, no-till drills have been very successful. In fact, no-till seeding of alfalfa following small grain crops has become the trend among successful alfalfa producers. Incorporate lime (when needed) into the soil prior to seeding. If more than 2 tons of lime per acre are required, incorporate lime at least 6 months before seeding. Most soils in Nebraska need phosphorus to produce top yields of alfalfa. It can be broadcast and incorporated into the soil prior to seeding, or can be band applied with the seed by the drill at planting. Band application at seeding is often more effective than broadcast because it places readily-available phosphorus near the roots of new alfalfa seedlings. Alfalfa production on sandy soils often benefits from other nutrients, especially sulfur. Sulfur is most often needed where soil organic matter is less than one percent and irrigation water (if used) is low in sulfur. Boron may

improve yields on some sandy soils. Alfalfa also uses many other mineral elements, such as zinc, copper, iron, and magnesium. However, most Nebraska soils supply adequate amounts of these minerals. No yield increase has ever occurred from adding these minor elements in Nebraska research studies. Nitrogen fertilizer is generally not beneficial when applied to alfalfa. However, 10–15 pounds of nitrogen/acre applied at planting time often improves establishment on sandy soils. Productive alfalfa will use more than 250 pounds of nitrogen per acre per year. If the alfalfa is inoculated and the soil pH is correct, nodules will form on the roots and fix all the nitrogen required by the crop. Be sure to inoculate the alfalfa seed or buy pre-inoculated seed, especially if alfalfa has not been grown on the field in the past three years. If the seed came pre-inoculated, don’t leave the bags in the back of the pickup for long periods where the sun will heat them as this can kill some of the bacterial spores and may reduce the number of active root nodules. *Source: University of Nebraska–Lincoln Extension NebGuide “Seeding and Renovating Alfalfa,” (G83-652) online at <http://go.unl.edu/4dt>.*

Controlling Weedy Vines on the Acreage

Sarah Browning
UNL Extension Educator

One of the most difficult weed situations to deal with on the farm or acreage is weedy vines growing in hedges or trees. Wild cucumber, burcucumber, and honeyvine milkweed are the most common culprits. These plants shade the foliage of the host plant, and interfere with their ability to photosynthesis. This is especially damaging to evergreen trees, which don't tolerate shading well. *Note: Field and hedge bindweed, and dodder can also be problematic, but will not be discussed here.*

Annual Weeds

Native to the United States, wild cucumber and burcucumber are annual vines, found in the same plant family as cucumber and muskmelon, although neither produces edible fruits. Both grow from seed each year, and can be found growing wild in prairie ravines, fence rows, creek and stream banks, and ditches.

Wild cucumber (*Echinocystis lobata*), also known as balsamapple or mockcucumber, can grow 15–25 feet long. It has smooth stems and alternately placed, star-shaped leaves, each with 5–7 pointed lobes. Greenish white flowers grow on short stems arising from the leaf axils. The twining vines are aided in climbing by forked tendrils. It has oval fruits, up to two inches long, that are covered with sharp spines.

Burcucumber (*Sicyos angulatus*) vines can grow up to 10 feet tall. The alternate



Wild cucumber has solitary, spiny seed pods.

leaves are broad with three to five pointed lobes. The stems are slightly fuzzy and develop clasping forked tendrils, similar to grapevines. Both wild cucumber and burcucumber produce separate male and female flowers. In burcucumber, the male flowers are greenish-white to pale yellow growing on short stems, the female flowers are found in round clusters at the ends of short stems. Green to yellow fruits are covered with prickly bristles, and 1/2–3/4 inches long.

Perennial Weed Honeyvine milkweed

(*Cynanchum laeve* or *Ampelamus albidus*) is a vining member of the milkweed family that can grow 6 feet or more long. It differs from wild cucumber and burcucumber, in that it is a perennial plant, growing back from the crown each year. Plants spread through underground rhizomes, and can regenerate if all the root system is not killed or removed.

Honeyvine milkweed has

triangular, or elongated heart-shaped leaves located opposite each other on long, smooth stems. It may be confused with bindweeds or morningglories, but they have alternate leaves. Clusters of small white flowers are found in the leaf axils and develop into smooth, slender, elongated milkweed pods. When the pods mature and open, they release brown flattened seeds with silky white hairs.



Honeyvine milkweed has smooth, slender pods which open to release light brown seeds with silky white hairs.



Burcucumber has spiny seed pods which develop in clusters.

Control

Pre-emergent — Wild cucumber and burcucumber seeds will germinate throughout the summer especially after rain, which makes periodic scouting and removal crucial for control. Scout areas with a history of problems, and pull or hoe weeds as soon as they emerge. In large areas, mowing can be effective. Repeated mechanical

removal will prevent plants from producing additional seed and reduce weed pressure over time.

Simazine (Princep 4L) is labeled for preemergent control in shelterbelts to kill weed seeds as they germinate. Do not apply more than 4 qt. Princep 4L per acre (4 lb a.i./A) per calendar year. Do not apply more than twice per calendar year.

Post Emergent

Glyphosate (RoundUp) can be sprayed or painted on small plants under trees to kill seedlings; it has practically no soil residual and if used carefully according to label directions will not damage desirable plants.

DO NOT use Tordon or any product containing Dicamba, which have a period of soil residual activity and can move deeper in the soil to be absorbed by trees roots.

If weedy vines escape notice early in spring and grow up into trees, cut larger plant stems near the ground before plants begin to flower. DO NOT spray herbicides on vines in trees or hedges.

Fall Webworm Rarely Seriously Damage Large Trees

Sarah Browning
UNL Extension Educator

Late summer and fall is the season of fall webworm. Fall webworm attacks many hosts, over 85 known species of deciduous trees, including elm, hickory, pecan, plum, chokecherry, poplar, walnut, and willow. In fact, almost all fruit, shade, and ornamental trees, except conifers, can be affected by fall webworm. A similar insect, called Mimosa webworm, is very common on honeylocust.

Homeowners often spot fall webworm as they enlarge their silken webs in late summer. Adults of this native insect are white moths, with reddish-orange front legs and a 1.25 inch wingspan. Immature insects are pale yellowish caterpillars with red heads and reddish-brown spots. An alternate color variation among the larva is yellow-green caterpillars with black heads a broad dark stripe on the back and black spots. The caterpillars have many long, fine hairs on their backs. There are one or two generations per year in Nebraska.

Adult moths emerge in late spring or early summer and lay eggs in masses on the undersides of leaves. The larvae emerge 10-14 days later and begin feeding in groups within a small webbed mass of leaves at the ends of branches. The



Fall webworms in their silken webs on a deciduous tree

webbing provides protection from some predators and the caterpillars feed inside the web until all leaves are devoured, then additional leaves are encased in the web. Webbed areas of leaves grow larger as the caterpillars mature, becoming a messy,

ugly eyesore as it is filled with shed skins, excrement and leaf fragments.

The first generation of caterpillars matures in about six weeks. Then they drop to the ground and enter the soil, where they pupate into adults and

re-emerge to lay eggs for the second generation. Some larvae may pupae under loose bark, in leaf litter beneath the tree, or within the webbing. Caterpillars of the second generation hatch and feed from approximately early August through late September. Then once again, the mature caterpillars drop to the ground and enter the soil to overwinter. Because the insects overwinter beneath host plants, trees that have been attacked in the past will very likely have insects the following year, too.

Although unsightly, feeding by fall webworms is rarely seriously damaging to large trees; however, several years of defoliation for small ornamental trees can weaken them.

The web impedes most insecticides from reaching the insects, unless you can catch it early. One of the best ways to get rid of them is by taking a rake and breaking up the web. Or you can try a heavy stream of water to break up the webbing. Many of the caterpillars will be knocked out of the web onto the ground, and will be killed by predatory insects.

Biological insecticides such as *Bacillus thuringiensis* (Bt) or Dipel are also effective. Other insecticides, such as permethrin and bifenthrin, will also provide good control. Thoroughly cover leaves next to the nest, and as the larvae ingest the insecticide they will be killed.



Alice Henneman, MS, RD, UNL Extension Educator

Here's a recipe which can be made with local foods. For additional recipes featuring local foods and information on local foods, go to <http://food.unl.edu/localfoods>. According to Wikipedia, tabbouleh is a salad of Arab origin and is "traditionally made of bulgur, tomato, and finely chopped parsley and mint, often including onion and garlic, seasoned with olive oil, lemon juice, and salt." What I enjoy about tabbouleh is its refreshing flavor. It stores well and tastes as good or better the second day. Exact amounts of ingredients aren't necessary, so don't worry if you have slightly too much parsley, not enough cucumbers, an extra table-spoon or so of lemon juice and so on.

Tabbouleh
(6 servings)

- 1 cup uncooked bulgur
- 3/4 cup chopped cucumber
- 3/4 cup chopped tomato
- 1/2 cup chopped fresh parsley
- 1/4 cup chopped fresh mint leaves
- 1/4 cup sliced green onions or 2 tablespoons finely chopped sweet onion
- 1 clove garlic, finely chopped
- 1/4 cup olive oil
- 1/4 cup lemon juice



Prepare bulgur according to package directions for starting with one cup of uncooked bulgur and the recommended amount of water for reconstituting this dry volume. The directions will tell you how long to let the bulgur set to absorb the water and become softer.

After the bulgur is ready, mix together bulgur, cucumber, tomato, parsley, mint, onions, and garlic. In a separate bowl, whisk together the olive oil and lemon juice. Then combine with the other ingredients, mixing well. Refrigerate and let chill for 2 hours before serving for the flavors to meld. Season with salt and pepper, to taste, before serving.

ALICE'S TIPS:

- Before chopping parsley and mint, wash in a colander held under running water. Spin dry in a salad spinner or roll in paper towels to dry.
- Get more juice from the lemon by rolling it gently on a flat surface to loosen the membranes.

Buy Fresh Buy Local® Nebraska Encourages Locally-Grown Food

Billene Nemec
Coordinator, Buy Fresh Buy Local® Nebraska

Many farmers are associated with Buy Fresh Buy Local® Nebraska (BFBLN) and use the BFBLN sign with their foods at farmers markets and other places to let you know their food is fresh and locally grown. BFBLN's mission: "Encourages the purchases and enjoyment of locally-grown food." Buy Fresh Buy Local® Nebraska aims to:

- Build awareness of local sustainable agriculture.



The Buy Fresh Buy Local® Nebraska sign is one way to identify locally-grown foods.

- Improve wellness and quality of life by promoting healthy, in-season eating.
- Strengthen bonds between Nebraska's agricultural community and consumers in urban and rural communities.
- Encourage and inform family

farmers to grow local food.

- Cultivate a future for family farmers by developing direct-marketing opportunities.

BFBLN celebrates regional foods — heirloom vegetables, farmstead cheeses, heritage breeds, free-range beef, pasture-raised chicken, crisp apples, etc. The abundance and diversity of foods available to you locally is truly inspirational!

For more information about Buy Fresh Buy Local® Nebraska, go to www.buylocalnebraska.org or call 402-471-5273.

Community CROPS Helps People Grow Healthy Food

Ingrid Kirst
Community CROPS Executive Director

Community CROPS (Combining Resources, Opportunities and People for Sustainability) helps people work together to grow healthy food and live sustainably. This focus leads to two main projects: 1) a community garden network that provides tools, land, plants, seeds, and technical assistance to families to grow food, and 2) the Growing Farmers Program, which provides refugees and immigrants the opportunity to start small businesses growing food for market. Over 200 families participate



Baoxia, a Community CROPS beginning farmer, with her first plants ready to harvest.

in these programs, and many more members of the public attend the frequent gardening and cooking classes offered by Community CROPS.

In addition, Community CROPS has the Young Urban Farmers Program, which works with students at Mickle Middle School year-round to grow, harvest, and cook with fresh vegetables. Currently, Community CROPS has a hoop house, three raised beds, two cold frames, and a compost bin, in addition to in-ground gardening areas. Not only do the students learn how to grow the vegetables, but they also attend cooking classes using their crops and are running a farmers market on school grounds to sell them.

For more information about Community CROPS, go to www.communitycrops.org or call 402-474-9802.

Fruits Have Many Health Benefits



Helping limited-resource families learn to prepare nutritious and safe foods while stretching their food dollars.

Kristen Houska
UNL Extension Assistant
Erika Harms
UNL Dietetic Intern

Summer is the perfect time for healthy eating. Many fruits are at their peak for freshness and flavor. They can be a great addition to any meal or a tasty snack. By choosing fruit instead of other high-calorie snacks, your body is able to maintain a healthier weight.

Fruits are naturally low in fat,

sodium, and calories, and they contain several important nutrients, including vitamins A and C. These vitamins help with vision, healing, and fighting infections. The fiber in fruit can also help to lower cholesterol. Fruit may also help reduce your risk for heart disease, diabetes, and high blood pressure. By choosing fruits of every color, your body will get the nutrients it needs to gain all of these benefits.

MyPlate recommends half of your plate should be filled with fruits and vegetables, but how much is that? Adults should get about 2 cups of fruit each day. In general, 1 cup of fruit or 100% fruit juice, or 1/2 cup of dried fruit can be considered as 1 cup from the Fruit Group.

Tips:

- Fruits are less expensive and typically taste better when they are in season.

- When buying canned fruits, choose them in 100% juice rather than in syrup.
 - Limit your fruit servings from juice, try whole fruit instead.
 - Replace high fat and sugar desserts with fruit.
 - Wash all fruits with water before peeling and/or eating.
- When purchasing fruit, it is important to know how to tell if it is at the peak of ripeness. Some fruit actually continues to ripen after it is picked. These fruits can be purchased early and sit out on the counter for a few days. Some examples of these are apricots, bananas, cantaloupe, kiwi, peaches, plums, and pears. To speed ripening, put the fruit in a loosely closed brown paper bag at room temperature. For a guide on how to select ripe fruit go to <http://go.unl.edu/8gp>.

Fruit Kabobs with Dip
(12 servings)

- 1 medium tart apple, cut into 1-inch chunks
- 1 medium pear, cut into 1-inch chunks
- 1 tablespoon lemon juice
- 1 can (8 ounces) pineapple chunks, drained
- 24 grapes (about 1/4 pound)
- 24 fresh strawberries
- 12 wooden skewers

FRUIT DIP
1 (6 ounce) container low fat yogurt (any fruit flavor)



Toss apple and pear with lemon juice. Divide fruit into 12 portions and thread onto wooden skewers. Serve kabobs with yogurt dip.

Photo: Susan from The Royal Cook. <http://theroyalcook.blogspot.com>

FAMILY & COMMUNITY EDUCATION (FCE) CLUBS

President's View – Marian's Message

Marian Storm
FCE Council Chair

Summer is the time for family picnics. We have a reunion of cousins and their children the second Sunday in August every year. It is a fun time.

Vacation time: I just got back from Colorado Springs, Colo. Went out to see my



uncle who is 98. The weather was great and we had a fun time.

County Fair will soon be here. I hope you will take time to go see all the projects and activities our youth are doing. They are very busy getting their projects finished.

Sizzling Summer Sampler



is over. I want to thank everyone for the wonderful baskets and all the help. This is a big help towards our scholarship fund.

I hope you are thinking about going to the State FCE Convention in North Platte. Information should be out soon.

Love life as it is — not as you want it.

FCE News & Events

FCE & Community Leader Training, Sept. 19

FCE and Community Leader Training Lessons give you the tools to present the topic as a program. Extension provides a teaching outline for the facilitator and a handout for participants.

Note: **Date and time change.** The lesson "Cut Clutter and Get Organized" will be presented by Extension Educator Lorene Bartos, **Wednesday, Sept. 19 at 1:30**

p.m. The lesson will encourage individual and families to adopt new habits to keep their home organized. Knowing what to keep, how long to keep it and what to discard will be covered. Non FCE members or groups should call Pam at 402-441-7180 to register for the lesson so materials can be prepared.

FCE Council Meeting, Sept. 24

The FCE Council meeting is scheduled for Monday, Sept. 24, 1 p.m. at the Lancaster

Extension Education Center. Watch for details in the next NEBLINE.

Achievement Day, Oct. 15

FCE members — Mark your calendars for the Achievement Day salad luncheon on Monday, Oct. 15, 12:30 p.m. FCE members will be recognized for years for membership and club achievements. It will also be the annual collection for the Food Bank. More details to follow.

Sizzling Summer Sampler a Success

The Family & Community Education (FCE) Sizzling Summer Sampler held on July 11 was a success with 135 FCE members and friends in attendance.



Thirty-seven baskets were raffled off, raising \$575 for the FCE Scholarship Fund.



Jennifer Borer (right) of Lincoln received this year's FCE scholarship. She is working on her Bachelor of Science in Nursing at the BryanLGH College of Health Sciences. This scholarship will help her achieve her dreams of being a geriatric nurse. Margaret Blacketer (left) is chair of this year's FCE Education and Scholarship committee.



Don Gill presented "Good Ol' Days of Radio"



Jane Gustafson of the Nebraska Game and Parks Commission presented "Hidden Gems of Nebraska"



Lorene Bartos, UNL Extension Educator

Cleaning Stainless Steel Appliances

Stainless steel is a favored finish in many of today's kitchens. But in a busy household, spots, streaks, and sticky fingerprints can quickly mar its lustrous look.

Stainless steel as a finish will last a lifetime, provided the finish isn't removed through corrosion or wear. Any contamination of the surface by dirt, or other material, hinders its continual oxidation process and traps corrosive agents, ultimately destroying the metal's corrosion protection. Therefore, while cleaning — avoid abrasive cleaners.

Some suggestions for keeping stainless steel appliances bright and beautiful.

- **For general surface cleaning:** Wipe the surface with a cloth soaked in warm water. Towel-dry immediately to prevent spots caused by minerals in the water. If dirt remains, repeat, adding a mild dish detergent to the water. Rinse thoroughly before toweling dry. Always remember to check the label before using a cleanser to make sure it is safe for stainless steel.
- **For stubborn fingerprints:** Use a spray glass cleaner.
- **For stains or scratches:** Using a paper towel, apply a stainless steel cleaner. Read the directions on the label and test in an inconspicuous spot. Be sure to rinse thoroughly and towel dry.
- **For cooked-on foods and grease:** Use a non-abrasive cleaning powder or a paste of baking soda and water. Rub gently, using a sponge or non-abrasive pad. Rinse and towel-dry. Never use harsh abrasives or steel wool.
- **To brighten a dull sink:** Polish with a cloth dipped in white vinegar or ammonia.

Recording Memories The Influence of Grandparents and Step-Grandparents

Grandparents and step-grandparents can make a lasting story of their lives for their grandchildren. These life stories grow in value to grandchildren and children as they grow older.

If technology is not your strength, ask your grandchildren and/or children for advice to help capture your life story for present and future generations. This may include recordings of significant events, people and places which have been a part of your life. Family will appreciate the commentary and memories shared as you visit points from your past and present.

It's easiest to do this project as a team, with one person recording and the other providing commentary and interviews. This also allows you to "star" in your own movie.

If you do not have a camera with video capabilities, borrow or lease one. Digital capabilities make this more affordable than in the past when tapes needed to be purchased. Practice getting used to the machine and what it can and cannot do. Next, plan who, what, when, and where you will be recording.

Some ideas to consider may include:

Family

- Interview parents, siblings, children, cousins, and others. Tell some favorite family tales; describe family holidays,

sad occasions, or any other memorable events.

- Show where your family lived. Take a tour of the house, if possible. Tell how it looked when you were growing up, the color of your room, who you shared the room with.
- Go to the cemetery and walk through the family plot. Death is a part of life. Were or are there family rituals related to caring for the family graves?
- What's your ethnic heritage? Are there things you'd like to share regarding ethnic customs? What does your name mean in your native language? Where did your ancestors come from? When did they immigrate to this country? How did they arrive? How old were they? Does anyone keep in touch with family from the "old country?" What are some of the special stories your family has passed down to each generation?

Education

- Where did you go to school? Tour the building and grounds, if possible.
- Who were your best friends during your school years? Interview them and tell of the things you used to do together.
- Did you have favorite teachers? Interview them, if possible. If not, tell why you enjoyed them or their classes so much.

see RECORDING on page 11

Warning Stripes: Wasp Alert!

Barb Ogg
UNL Extension Educator

Many bees and wasps have yellow and black stripes. This warning coloration tells us to be careful: this is a dangerous wasp and it can sting. But less aggressive wasps and even harmless insects also have these warning stripes.

Bees and wasps are actually beneficial insects. Most bees are plant pollinators; wasps are predators or parasites of other insects and spiders and help keep other insect populations in check.

The most aggressive bees and wasps — and the ones most likely to sting — are those which build large nests and vigorously defend their colony when threatened. However, many bees and wasps do not build large nests, but live a solitary lifestyle. Solitary bees and wasps might look scary, but they are not aggressive and rarely sting. It can be important to know the difference between these insects ... it makes no sense to control beneficial insects which do not pose a threat.

Here is information about two of the most common wasps people call the extension office about, along with some management suggestions:

Cicada killer.
The largest wasp in Nebraska, the 1-1/5-inch cicada killer wasp,

is a digger wasp, belonging to the insect family Sphecidae. It is black with yellow markings on the thorax and abdomen and has rust-colored wings. Another species, the steel-blue cricket hunter is about one-inch long and is dark, metallic blue with black antennae and wings.

Digger wasps are solitary wasps which dig burrows in soft soil. Instead of living in colonies, female digger wasps drag paralyzed insects into the burrow and lay an egg on the insect. After the egg hatches, the wasp larva feeds on the paralyzed insect and will go through its life cycle and emerge from the soil the next year.

As its name suggests, the cicada killer wasp provisions its cells with cicadas. These tunnels are about the size of a quarter and extend 24-inches or more into the ground.

People are often alarmed when they see these large wasps. But, they are not dangerous and do not attack. To get stung, you would have to pick up one of these wasps. The biggest issue with cicada killer wasps is they kick out soft soil during their excavating activities, which can be a nuisance. Watering the soil to make it more difficult to dig might prevent them from digging.



Cicada killer (approximate size)



Eastern yellowjacket (above) and German yellowjacket (below) (both approximate size)



Eastern yellowjacket nest entrance (above)

Yellowjackets.
Yellowjackets belong to the family Vespidae and are among the most aggressive of bees and wasps. They are often confused with bees, because they are similar in size to a honey bee. They are stout-bodied and do not have the typical, slender “wasp” waist common to wasps. Yellowjackets, unlike honey bees, are not covered with dense hair on their bodies, they do not carry pollen, and do not have the flattened hairy hind legs used to carry it.

A yellowjacket also differs from a honey bee because one can and will sting repeatedly. A honey bee has a strongly barbed stinger which often remains in a person’s skin after stinging. If it does, the unfortunate bee will be eviscerated and die.

Yellowjackets have yellow or white on the face. Mouthparts are well-developed with strong

mandibles for chewing insects and a proboscis for sucking nectar and other juices.

Yellowjackets build nests in soil cavities, particularly in abandoned mouse burrows, but also nest in man-made structures like attics, wall voids, in sheds, or under porches. They build nests from wood fiber chewed into a paper-like pulp.

Wasp colonies begin in the springtime with a single overwintered queen. She builds a small nest and begins to lay eggs. She takes care of the larvae herself, until they pupate and become adult workers. The workers then take care of the colony: foraging for food, feeding the brood, and increasing the size of the nest. Over the course of the spring and summer, the colony grows from a single queen to four or five thousand individuals.

During the early summer, the colony is fed protein in the form of insects and spiders, but in the late summer, yellowjacket workers often feed on nectar, fruit juices, or sweet liquids. They may become a nuisance at picnics or outdoor events, hovering around cans of soda or even crawling inside them. In the late summer, the colony produces new queens and males which mate. After mating, the males die, but the mated queens seek sheltered locations to overwinter. The rest of the original colony, including the old queen, dies out in the fall. A new queen cannot reuse an old nest; each queen builds her colony from scratch in the springtime.

Wasp Control

Wasps are beneficial because they feed voraciously on insects and spiders. It is best to leave isolated nests alone, especially those of non-aggressive species. Yellowjacket and other wasp colonies will die out after a hard freeze. When wasps nest in high traffic areas, it makes sense to control them.

Control tactics are based on the type of wasp nest. At night, spray exposed, aerial wasp nests with a wasp-freeze-type aerosol. Direct the pressurized spray stream into the nest opening. Never use wasp-freeze products indoors.

Control wasps in the ground or wall voids by applying a dust insecticide in the nest opening. The wasps will crawl through the dust and contaminate the nest. For best results, before treatment and during the day, you’ll want to carefully locate the opening. Unless you have a bee suit, you’ll want to dust the nest after dark to keep from getting stung.

If you need light to help you see in the dark, don’t use a regular flashlight or trouble light. Instead, illuminate the area with a red light. Yellowjackets and other insects can’t see red — it looks black to them.

If wasps are nesting in wall voids, attics, or other interior locations, dust the entrances at night. After the treatments have been successful, seal entrances to prevent other wasps from nesting in these areas in future years.

Safety Precautions for Bats Found in the Home

This time of year, young bats are beginning to take flight. Like other young animals, they are often too weak to fly well yet, and instead of following the adults, they end up in people’s living spaces.

If you find a bat in your home, keep in mind the possibility of rabies. You should assume a person was bitten if any of the following conditions exist:

- he/she awakens to find a bat in the room;
- a bat was found in the room with someone unable to communicate well (examples: children, intoxicated, or otherwise mentally impaired, or sleeping), or
- the bat made contact with a person.

In any of these situations, it is important to capture the bat. If you live in Lincoln, contact Animal Control for assistance. Do not release the bat. If you live outside of Lincoln, contact local health officials to determine your best course of action and where a captured bat needs to be sent for rabies testing. Whenever doubts exist about the possibility of contact with a bat, consult with medical authorities.

Source: Stephen M. VanTassel, UNL Project Coordinator, Wildlife Damage Management

How Do Honey Bees Survive the Heat?

Unlike other bees and wasps, honey bees have special adaptations for surviving hot summer and cold winter temperatures.

Honey bees regulate the temperature inside the colony to protect the developing brood. During the summer when brood are being produced, the colony maintains an internal temperature of about 95°F.

But during very hot weather, the bees must cool the hive. First, they increase the space between bees in the nest to allow for air circulation. Some bees may move outside and cling to the outside of the hive. When temperatures rise to the upper 90’s, worker bees will stop their normal activities and begin foraging for water, bringing it back to the colony. (During this time, they may be a nuisance around bird baths and swimming pools.)

Back inside the hive, bees fan their wings to evaporate the droplets of water which cools the hive. This method is similar to how an evaporative cooler works. Wise beekeepers provide their honey bees a source of clean water near



Extension has recently been getting calls about honey bees swarming around bird baths. The bees are collecting water to cool their hives.

the hive during hot weather.

How do honey bees survive the cold of winter? During the dead of winter when the colony is not producing brood, bees don’t waste energy heating the hive to 95°F. They feed on their stored honey and generate heat by shivering (vibrating their flight muscles). The shivering bees cluster together to insulate the queen and keep her warm. The temperature inside the bee cluster is about 70°F. Nebraska beekeepers usually wrap their beehives during the winter, which reduces honey consumption and increases winter survival.

—Barb Ogg, UNL Extension Educator

Household Hazardous Waste Collections

Saturday, Aug. 25, 9 am–1 pm • Veyance Tech, 4021 N. 56 St.
Saturday, Sept. 22, 9 am–1 pm • Lincoln Industries, 600 W. E St.
Saturday, Oct. 13, 9 am–1 pm • Woods Park (31 & J Streets)
Friday, Nov. 16, 9 am–1 pm • Appointment Only. Call 402-441-8021

SOME ITEMS YOU CAN BRING FOR DISPOSAL: Thermometers, thermostats containing mercury, solvents, oil-based paint, paint thinner, stripper, stain, old gasoline, transmission fluid, pesticides, (even banned products like DDT), items containing PCB’s (ballasts from fluorescent fixtures and capacitors from old appliances). You can dispose of compact fluorescent light bulbs at these waste collections.

DO NOT latex paint, fertilizers, medicines/pharmaceuticals, electronics/ TVs, propane cylinders, tires, used oil, batteries, antifreeze, or ammunition.

These collections are for households only. Only residents of Lincoln and Lancaster County can bring items to collections. For more information, call the Lincoln-Lancaster County Health Department at 402-441-8021 or go to www.lincoln.ne.gov, keyword: household

AUGUST 2-11, 2012

LANCASTER COUNTY

Super Fun!

Lancaster Event Center

84th & Havelock, Lincoln • 402-441-6545

SUPER

FAIR

For detailed
information about the
Super Fair, go to
www.superfair.org

Single day, per person

Gate admission \$2

Pick up gate admission tickets
FREE at these locations



Over 35 locations
in Lincoln and
Lancaster County



Because Quality Matters

6 locations in Lincoln

SUPERSAVER

4 locations in Lincoln

SCHEDULE & MAP



FREE
entertainment!

FREE parking!

FREE shuttle service
between parking lots and
main buildings!



Nebraska Lottery Entertainment Tent and Beer Garden

Here are the highlights. Go to www.superfair.org
for a complete entertainment schedule.



Mark Wills



FREE!

Glen
Templeton



Derryl Perry

- Aug. 2 — CowboyUp! Band**
(top 40 country): 9pm
- Aug. 3 — 3D In Your Face**
(80's tribute band): 9pm
- Aug. 4 — Mark Wills** (country artist):
8:30pm
- Aug. 5 — Go Fish** (kids music): 6:30pm
- Aug. 6 — Derryl Perry** (country artist):
8:30pm
- Aug. 7 — Susie McEntire**
(positive country artist): 7pm
- Aug. 8 — The Rumbles Final Tour**
(rock n' roll/dance): 8:30pm
- Aug. 9 — MWA Live Pro Wrestling**
(family friendly): 8pm
- Aug. 10 — Glen Templeton**
(country artist): 8:30pm
- Aug. 11 — SwitchBak**
(country/rock band): 9pm

Daily Attractions

Heart of America Shows Midway Carnival

A variety of rides, games, and food booths for all age groups!

Special all-you-can-ride wristband sessions: weekdays 5–11pm; weekends
1–5pm / 6–11pm. Wristbands \$20 in advance at Lancaster Event Center office,
\$25 during fair.

A to Z Exotic Animal Petting Zoo & Pony Rides

FREE petting zoo includes a wide variety of exotic animals! Pony rides throughout
the day.

Daryl's Racing Pigs

Cheer on your favorite racing pigs! Four shows per day.

DuckDowns Racing Ducks

Cheer on your favorite racing ducks. Three shows per day.

Hall's Bear Mountain Wildlife Show

Watch and learn about different species of bears. Three shows per day.

Ag Adventure Land

Learn about Nebraska's number one industry – agriculture.

Super Fair Information and Souvenir Booth

Nebraska Beekeepers Association Display

Commercial and Food Vendors

Bingo (Lincoln Dominators Baseball Club)

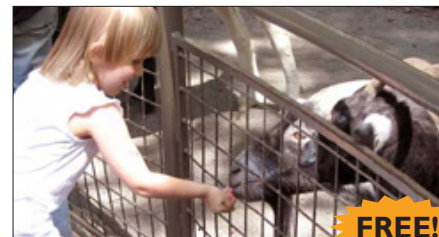
Lincoln Area Railway Historical Society Display

Larsen Tractor Test and Power Museum Antique Tractor Display

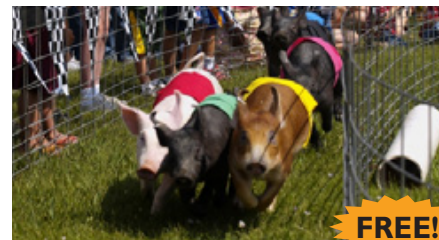
Antique Tractors and Ag Equipment on Display

Other Attractions

- Aug. 2 — Celebrity Swine Show: 3pm**
Figure 8 Races (sponsored by Muhlbach Enterprises):
7pm
- Aug. 3 — Watermelon Feed: 4:30pm**
Demolition Derby (sponsored by Muhlbach
Enterprises): 7pm • New this year, trucks!
- Aug. 4 — Bush Tractor Pulls** (sponsored by The Eagle 92.9): 7pm
- Aug. 5 — Celebrity Cake Decorating Contest** (sponsored by
Rich Products and Hockenberg Newburgh): 10am
Celebrity Cupcake Decorating Contest (sponsored
by Rich Products and Hockenberg Newburgh):
12pm
Super Fair Antique Car Show: 12pm–4pm
Big Wheel Race: 1pm
Kids Pedal Tractor Pull Contest: 3pm
Hay Hauling Contest: 7pm
- Aug. 6 — Kids Ranch Rodeo** (sponsored by KX 96.9): 5:30pm
• open to all youth; no preregistration needed
Mutton Bustin (sponsored by KX 96.9): 6pm • for
youth; preregistration required at www.kzlkx.com —
limited number of entries
- Aug. 7 — Skid Loader Rodeo** (sponsored by NCS Equipment
Rental and Muhlbach Enterprises): 1–4pm
National Barrel Horse Association Barrel
Racing: Exhibition 5pm, Competition 7pm
- Aug. 8 — Skid Loader Rodeo** (sponsored by NCS Equipment
Rental and Muhlbach Enterprises): 1–4pm
- Aug. 10 — People's Choice Salsa Contest: 6pm**
- Aug. 11 — Cinnamon Roll Contest: 12pm**
MONSTER NATION Monster Trucks (sponsored by
Muhlbach Enterprises and The Eagle 92.9) and
Tough Truck Competition (sponsored by NCS
Equipment Rental): 7pm / **Pit Party: 5pm** • meet
the drivers up close and personal for autographs
and photos



FREE!



FREE!



FREE!



4-H/FFA Exhibits & Events
Aug. 2-5



THURSDAY, AUGUST 2

4-H/FFA Livestock & Horse Exhibits: 12pm-10pm Pavilions 1, 2, 3, 4
4-H/FFA Static Exhibits: 10am-10pm Lincoln Room
Super Fair Information and Souvenir Booth: 10am-10pm Multipurpose Arena
Ag Adventure Land: 10am-10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am-10pm Multipurpose Arena
Commercial Vendors: 10am-10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm-10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am-10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am-10pm ... Ag & Tractor Lane
Antique Tractors and Ag Equipment on Display: 10am-10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am-10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am-close Attractions Zone
Food Vendors: 10am-10pm Attractions Zone - Food Court
4-H Rabbits R Us Dunk Tank: 12pm-9pm Court Yard Between Pavilion 1 & 2
Heart of America Shows Carnival: 5pm-Midnight. Main Parking Lot

SCHEDULED EVENTS

8:00am 4-H Western Horse Show 1 — Western Showmanship/
Horse and Pony Halter Plains Equipment Group Pavilion - Amy Countryman Arena
9:00am 4-H Cat Show/Quiz BowlExhibit Hall
11:00am Daryl's Racing Pigs Attractions Zone
12:00pm 4-H Household Pets Show/Quiz BowlExhibit Hall
12:00pm VIP Luncheon (sponsored by West Gate Bank)
12:00pm DuckDowns Racing Ducks Attractions Zone
12:30pm 4-H Poultry Show Pavilion 1 – Walkway
1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm DuckDowns Racing Ducks Attractions Zone
3:00pm Celebrity Swine Show Pavilion 1 – West Arena
TBA 4-H Western Horse Show 2 — Reining/Working Pleasure/Discipline
Rail: immediately following Horse and Pony Halter ... Pavilion 3 – Arena
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
5:00pm 4-H/FFA Sheep Show Pavilion 1 – West Arena
5:00pm Daryl's Racing Pigs Attractions Zone
6:00pm DuckDowns Racing Ducks Attractions Zone
6:30pm 4-H Rabbit Breed Identification Contest/Quiz. ... Pavilion 1 – Walkway
7:00pm Figure 8 Races (sponsored by Muhlbach Enterprises)Muhlbach Motorsports Complex
7:00pm 4-H Style RevueExhibit Hall
7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
TBA 4-H Meat Goat Show: immediately following 4-H/FFA Sheep Show Pavilion 1 – West Arena
8:00pm Daryl's Racing Pigs Attractions Zone
9:00pm CowboyUp! Band (top 40 country) Nebraska Lottery Entertainment Tent & Beer Garden

FRIDAY, AUGUST 3

4-H/FFA Livestock & Horse Exhibits: 10am-10pm Pavilions 1, 2, 3, 4
4-H/FFA Static Exhibits: 10am-10pm Lincoln Room
Super Fair Information and Souvenir Booth: 10am-10pm Multipurpose Arena
Ag Adventure Land: 10am-10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am-10pm Multipurpose Arena
Commercial Vendors: 10am-10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm-10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am-10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am-10pm ... Ag & Tractor Lane
Antique Tractors and Ag Equipment on Display: 10am-10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am-10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am-close Attractions Zone
Food Vendors: 10am-10pm Attractions Zone - Food Court
4-H Rabbits R Us Dunk Tank: 12pm-9pm Court Yard Between Pavilion 1 & 2
Heart of America Shows Carnival: 5pm-Midnight. Main Parking Lot

SCHEDULED EVENTS

8:00am 4-H/FFA Swine Show Pavilion 1 – West Arena
8:00am 4-H Western Horse Show 3 — Groom and Care/Bareback Equitation/
Western Pleasure/Ranch Horse Pleasure/Western Horsemanship
..... Plains Equipment Group Pavilion - Amy Countryman Arena
11:00am Daryl's Racing Pigs Attractions Zone
12:00pm DuckDowns Racing Ducks Attractions Zone
1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm DuckDowns Racing Ducks Attractions Zone
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
4:30pm Free Watermelon FeedNebraska Lottery Entertainment Tent & Beer Garden
4:30pm 4-H Bucket Calf Show Pavilion 1 – East Arena
5:00pm 4-H Table Setting Contest: on view to public approximately 7:45-8:15pmExhibit Hall
5:00pm Chicken Dinner 4-H Council Fundraiser Exhibit Hall - Room 2
5:00pm Daryl's Racing Pigs Attractions Zone
5:30pm 4-H Rabbit Judging Contest/Breeder's Choice ... Pavilion 1 – Walkway
6:00pm DuckDowns Racing Ducks Attractions Zone
TBA 4-H Horse Games Show — Keyhole Race/Pole Bending/
Figure 8 Stake Race/Barrel Race: immediately following Western Horsemanship .. Plains Equipment Group Pavilion - Amy Countryman Arena
7:00pm Demolition Derby (sponsored by Muhlbach Enterprises)... Muhlbach Motorsports Complex
7:00pm 4-H Rabbit Pet Class Pavilion 1 – Walkway
7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
8:00pm Daryl's Racing Pigs Attractions Zone
9:00pm 3D In Your Face ('80s tribute band). Nebraska Lottery Entertainment Tent & Beer Garden

SATURDAY, AUGUST 4

4-H/FFA Livestock & Horse Exhibits: 10am-10pm Pavilions 1, 2, 3, 4
4-H/FFA Static Exhibits: 10am-10pm Lincoln Room
Super Fair Information and Souvenir Booth: 10am-10pm Multipurpose Arena
Ag Adventure Land: 10am-10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am-10pm Multipurpose Arena
Commercial Vendors: 10am-10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm-10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am-10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am-10pm ... Ag & Tractor Lane
Antique Tractors and Ag Equipment on Display: 10am-10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am-10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am-close Attractions Zone
Food Vendors: 10am-10pm Attractions Zone - Food Court
4-H Rabbits R Us Dunk Tank: 12pm-9pm Court Yard Between Pavilion 1 & 2
Heart of America Shows Carnival: 1pm-Midnight. Main Parking Lot

SCHEDULED EVENTS

8:00am 4-H Horse Roping/Working Ranch Show — Working Ranch/Roping/
Goat Tying Pavilion 3 – Arena
8:00am 4-H Miniature Horse Show — Showmanship/Halter/In-Hand
Obstacle Trail/Miniature Horse Jumping/Pleasure Driving. Plains Equipment Group Pavilion - Amy Countryman Arena
8:00am 4-H Rabbit Market/Breed/Fur Show Pavilion 1 – Walkway
9:00am 4-H/FFA Beef Show Pavilion 1 – East Arena
9:00am 4-H Dog Obedience/Showmanship/Pet Class/
Costume Contest Exhibit Hall
10:00am 4-H Rabbit Showmanship Show Pavilion 1 – Walkway
11:00am Daryl's Racing Pigs Attractions Zone
TBA 4-H Horse Special Needs Show: immediately following 4-H Miniature
Horse Show ... Plains Equipment Group Pavilion - Amy Countryman Arena
TBA 4-H Horse Trail Show: immediately following 4-H Horse Special Needs
Show Plains Equipment Group Pavilion - Amy Countryman Arena
12:00pm DuckDowns Racing Ducks Attractions Zone
1:00pm 4-H Dog Agility ShowExhibit Hall
1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
2:00pm 4-H Dog Creative Kennel Contest. Exhibit Hall
2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm DuckDowns Racing Ducks Attractions Zone
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
5:00pm Daryl's Racing Pigs Attractions Zone
TBA 4-H Horse Show — Extreme Versatility Class/Horsemanship Pairs/
Freestyle Drill Teams: not to start before 4:00pm. Plains Equipment Group Pavilion - Amy Countryman Arena
6:00pm 4-H Llama/Alpaca Show Pavilion 1 – East Arena
6:00pm 4-H Rabbit Specialty Show — Best Matched Pair/Tricks/
Costume Contest/Pee Wee — and Rabbit Races Pavilion 1 – West Arena
6:00pm DuckDowns Racing Ducks Attractions Zone
7:00pm Bush Tractor Pulls (sponsored by The Eagle 92.9) Muhlbach Motorsports Complex
7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
8:00pm Daryl's Racing Pigs Attractions Zone
8:30pm Mark Wills (country artist) Nebraska Lottery Entertainment Tent & Beer Garden

SUNDAY, AUGUST 5

Faith & Family Day

Sponsored by the Lincoln Berean Church, Calvary Community Church,
Capitol City Christian Church, and First Free Church

4-H/FFA Livestock & Horse Exhibits: 10am-9pm Pavilions 1, 2, 3, 4
4-H/FFA Static Exhibits: 10am-10pm Lincoln Room
Super Fair Information and Souvenir Booth: 10am-10pm Multipurpose Arena
Ag Adventure Land: 10am-10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am-10pm Multipurpose Arena
Commercial Vendors: 10am-10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm-10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am-10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am-10pm ... Ag & Tractor Lane
Antique Tractors and Ag Equipment on Display: 10am-10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am-10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am-close Attractions Zone
Food Vendors: 10am-10pm Attractions Zone - Food Court
4-H Rabbits R Us Dunk Tank: 12pm-9pm Court Yard Between Pavilion 1 & 2
Heart of America Shows Carnival: 1pm-Midnight. Main Parking Lot

SCHEDULED EVENTS

8:00am 4-H English Horse Show — Hunter/Saddleseat Horse Halter/English
Showmanship/English Pleasure/English Equitation Plains Equipment Group Pavilion - Amy Countryman Arena
8:00am 4-H/FFA Dairy Cattle Show Pavilion 1 – East Arena
8:00am 4-H Dairy/Pygmy Goat Show/Costume Contest Pavilion 1 – West Arena
8:00am Open Class Rabbit ShowExhibit Hall
10:00am Celebrity Cake Decorating Contest (sponsored by Rich Products
and Hockenberg Newburgh). Business Center – Nebraska Room
11:00am Daryl's Racing Pigs Attractions Zone
11:30am Open Class Dairy Cattle Show Pavilion 1 – East Arena
12:00pm Celebrity Cupcake Decorating Contest (sponsored by Rich Products
and Hockenberg Newburgh). Business Center – Nebraska Room
12:00pm DuckDowns Racing Ducks Attractions Zone
12-4pm Super Fair Antique Car ShowNorthwest Parking Lot
12-6pm Faith & Family Activities .. Nebraska Lottery Entertainment Tent & Beer Garden
1:00pm 4-H Clover Kids Show & Tell Lincoln Room
1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
1:00pm Big Wheel Race for youth 3-6 (presented by Lancaster County Farm Bureau): check-in 12:00pmExhibit Hall
1-4pm 4-H/FFA Livestock Judging Contest Pavilion 1 – East Arena
2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm Kids Pedal Tractor Pull Contest for youth 4 & up (presented by Lancaster County Farm Bureau): check-in 2:30pm. Exhibit Hall
3:00pm DuckDowns Racing Ducks Attractions Zone
TBA 4-H Horse Hunter Hack Jumper Show: immediately following English Equitation Pavilion 3 – Arena
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
5:00pm 4-H Rabbit Awards Business Center – Nebraska Room
5:00pm Daryl's Racing Pigs Attractions Zone
6:00pm Lancaster County Youth Livestock Premium Auction . Pavilion 1 – East Arena
6:00pm DuckDowns Racing Ducks Attractions Zone
6:30pm Go Fish (Kids Music) .. Nebraska Lottery Entertainment Tent & Beer Garden
7:00pm Hay Hauling Contest Muhlbach Motorsports Complex
7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
8:00pm Daryl's Racing Pigs Attractions Zone

Open Class Exhibits & Events
Aug. 7-11

Open Class is open to anyone!
For information, go to
www.superfair.org



Theme Days Aug. 5–8
Theme day events highlighted in blue

MONDAY, AUGUST 6

Celebrate Ag Day
Sponsored by KX 96.9



Static Exhibit Release/Check-in — Not Open to Public
Super Fair Information and Souvenir Booth: 10am–10pm Multipurpose Arena
Ag Adventure Land: 10am–10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am–10pm Multipurpose Arena
Commercial Vendors: 10am–10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am–10pm ... Ag & Tractor Lane

Antique Tractors and Ag Equipment on Display: 10am–10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am–10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am–close Attractions Zone
Food Vendors: 10am–10pm Attractions Zone - Food Court
Heart of America Shows Carnival: 5pm–Midnight. Main Parking Lot

SCHEDULED EVENTS

8:00am 4-H Horse Hunter Show — Hunter/Equitation . . Plains Equipment Group Pavilion - Amy Countryman Arena

11:00am Daryl's Racing Pigs Attractions Zone
12:00pm DuckDowns Racing Ducks Attractions Zone
12–6pm Celebrate Ag Day Booths Nebraska Lottery Entertainment Tent & Beer Garden

1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm 4-H Horse Dressage Show — Western Dressage/Special Needs/Walk/Trot /Novice/Green Horse Classes Pavilion 3 – Arena
DuckDowns Racing Ducks Attractions Zone
3:00pm Open Class Swine Show Pavilion 1 – West Arena
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
4:00pm Daryl's Racing Pigs Attractions Zone
5:00pm Kids Ranch Rodeo (sponsored by KX 96.9): open to all youth; no preregistration needed Plains Equipment Group Pavilion - Amy Countryman Arena
5:30pm

6:00pm McClain's Mutton Bustin (sponsored by KX 96.9): for youth; preregistration required at www.kzkk.com — limited number of entries: check in 3–5pm ..Plains Equipment Group Pavilion - Amy Countryman Arena

6:00pm DuckDowns Racing Ducks Attractions Zone
7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
8:00pm Daryl's Racing Pigs Attractions Zone
8:30pm Derryl Perry (country artist) Nebraska Lottery Entertainment Tent & Beer Garden

TUESDAY, AUGUST 7

Older Nebraskans Day

Open Class Livestock & Horse Exhibits: 10am–10pm Pavilions 1, 2, 3, 4
Open Class Static Exhibits: 2pm–10pm Lincoln Room
Super Fair Information and Souvenir Booth: 10am–10pm Multipurpose Arena
Ag Adventure Land: 10am–10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am–10pm Multipurpose Arena
Commercial Vendors: 10am–10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am–10pm ... Ag & Tractor Lane

Antique Tractors and Ag Equipment on Display: 10am–10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am–10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am–close Attractions Zone
Food Vendors: 10am–10pm Attractions Zone - Food Court
Heart of America Shows Carnival: 5pm–Midnight. Main Parking Lot

SCHEDULED EVENTS

8:00am 4-H Horse Dressage Show — Elementary/Junior/Senior Classes Pavilion 3 – Arena

11:00am Daryl's Racing Pigs Attractions Zone
12:00pm DuckDowns Racing Ducks Attractions Zone
12–6pm Health, Wellness & Informational Booths Nebraska Lottery Entertainment Tent & Beer Garden

1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
1–4pm Skid Loader Rodeo (sponsored by NCS Equipment Rental and Muhlbach Enterprises) Muhlbach Motorsports Complex

2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm DuckDowns Racing Ducks Attractions Zone
4:00pm Open Class Sheep Show Pavilion 1 – West Arena
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
5:00pm National Barrel Horse Association Barrel Race Exhibition Plains Equipment Group Pavilion – Amy Countryman's Arena

5:00pm Daryl's Racing Pigs Attractions Zone
6:00pm DuckDowns Racing Ducks Attractions Zone
7:00pm Susie McEntire (positive country artist) ... Nebraska Lottery Entertainment Tent & Beer Garden

7:00pm National Barrel Horse Association Barrel Race Competition ... Plains Equipment Group Pavilion –Amy Countryman's Arena

7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
8:00pm Daryl's Racing Pigs Attractions Zone

WEDNESDAY, AUGUST 8

Safety Awareness Day

Open Class Livestock & Horse Exhibits: 10am–10pm Pavilions 1, 2, 3, 4
Open Class Static Exhibits: 10am–10pm Lincoln Room
Super Fair Information and Souvenir Booth: 10am–10pm Multipurpose Arena
Ag Adventure Land: 10am–10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am–10pm Multipurpose Arena
Commercial Vendors: 10am–10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am–10pm ... Ag & Tractor Lane

Antique Tractors and Ag Equipment on Display: 10am–10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am–10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am–close Attractions Zone
Food Vendors: 10am–10pm Attractions Zone - Food Court
Heart of America Shows Carnival: 5pm–Midnight. Main Parking Lot

SCHEDULED EVENTS

8:00am Open Class Poultry Show Pavilion 1 – Walkway
8:00am Open Class Dressage Horse Show Pavilion 3 – Arena
11:00am Daryl's Racing Pigs Attractions Zone
12:00pm DuckDowns Racing Ducks Attractions Zone
12–6pm Safety Awareness Booths Nebraska Lottery Entertainment Tent & Beer Garden

1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
1–4pm Skid Loader Rodeo (sponsored by NCS Equipment Rental and Muhlbach Enterprises) Muhlbach Motorsports Complex

2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm Open Class Beef Cattle Show Pavilion 1 – East Arena
3:00pm DuckDowns Racing Ducks Attractions Zone
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
5:00pm Daryl's Racing Pigs Attractions Zone
6:00pm DuckDowns Racing Ducks Attractions Zone
7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
8:00pm Daryl's Racing Pigs Attractions Zone
8:30pm The Rumbles Final Tour (rock n' roll/dance) Nebraska Lottery Entertainment Tent & Beer Garden

THURSDAY, AUGUST 9

Open Class Livestock & Horse Exhibits: 10am–10pm Pavilions 1, 2, 3, 4
Open Class Static Exhibits: 10am–10pm Lincoln Room
Super Fair Information and Souvenir Booth: 10am–10pm Multipurpose Arena
Ag Adventure Land: 10am–10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am–10pm Multipurpose Arena
Commercial Vendors: 10am–10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am–10pm ... Ag & Tractor Lane

Antique Tractors and Ag Equipment on Display: 10am–10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am–10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am–close Attractions Zone
Food Vendors: 10am–10pm Attractions Zone - Food Court
4-H Rabbits R Us Dunk Tank: 12pm–9pm Court Yard Between Pavilion 1 & 2
Heart of America Shows Carnival: 5pm–Midnight Main Parking Lot

SCHEDULED EVENTS

8:00am Open Class Dressage Horse Show Pavilion 3 – Arena
11:00am Daryl's Racing Pigs Attractions Zone
12:00pm DuckDowns Racing Ducks Attractions Zone
1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm DuckDowns Racing Ducks Attractions Zone
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
5:00pm Daryl's Racing Pigs Attractions Zone
6:00pm Open Class Quarter Horse Show Pavilion 3 – Arena
6:00pm DuckDowns Racing Ducks Attractions Zone
6:30pm Open Class Miniature Horse Show Pavilion 2 – Arena
7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
8:00pm MWA (Midwest Wrestling Alliance) Live Pro Wrestling (family friendly) Nebraska Lottery Entertainment Tent & Beer Garden

8:00pm Daryl's Racing Pigs Attractions Zone

FRIDAY, AUGUST 10

Open Class Livestock & Horse Exhibits: 10am–10pm Pavilions 1, 2, 3, 4
Open Class Static Exhibits: 10am–10pm Lincoln Room
Super Fair Information and Souvenir Booth: 10am–10pm Multipurpose Arena
Ag Adventure Land: 10am–10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am–10pm Multipurpose Arena
Commercial Vendors: 10am–10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am–10pm ... Ag & Tractor Lane

Antique Tractors and Ag Equipment on Display: 10am–10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am–10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am–close Attractions Zone
Food Vendors: 10am–10pm Attractions Zone - Food Court
4-H Rabbits R Us Dunk Tank: 12pm–9pm Court Yard Between Pavilion 1 & 2
Heart of America Shows Carnival: 5pm–Midnight. Main Parking Lot

SCHEDULED EVENTS

8:00am Open Class Quarter Horse Show Pavilion 3 – Arena
8:30am Open Class Miniature Horse Show Pavilion 2 – Arena
9:00am Open Class Pigeon Show Pavilion 1 – Walkway
11:00am Daryl's Racing Pigs Attractions Zone
12:00pm DuckDowns Racing Ducks Attractions Zone
1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm DuckDowns Racing Ducks Attractions Zone
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
5:00pm Daryl's Racing Pigs Attractions Zone
6:00pm People's Choice Salsa Contest Lincoln Room
6:00pm DuckDowns Racing Ducks Attractions Zone
7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
8:00pm Daryl's Racing Pigs Attractions Zone
8:30pm Glen Templeton (country artist). Nebraska Lottery Entertainment Tent & Beer Garden

SATURDAY, AUGUST 11

Open Class Livestock & Horse Exhibits: 10am–10pm Pavilions 1, 2, 3, 4
Open Class Static Exhibits: 10am–10pm Lincoln Room
Super Fair Information and Souvenir Booth: 10am–10pm Multipurpose Arena
Ag Adventure Land: 10am–10pm Multipurpose Arena
Nebraska Beekeepers Association Display: 10am–10pm Multipurpose Arena
Commercial Vendors: 10am–10pm Multipurpose Arena
Bingo (Lincoln Dominators Baseball Club): 12pm–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Display: 10am–10pm Multipurpose Arena
Lincoln Area Railway Historical Society Depot & Caboose: Times posted West Parking Lot
Larsen Tractor Test and Power Museum Antique Tractor Display: 10am–10pm ... Ag & Tractor Lane

Antique Tractors and Ag Equipment on Display: 10am–10pm Ag & Tractor Lane
A-Z Exotic Animal Petting Zoo & Pony Rides: 10am–10pm Attractions Zone
Nebraska Lottery Entertainment Tent & Beer Garden: 10am–close Attractions Zone
Food Vendors: 10am–10pm Attractions Zone - Food Court
4-H Rabbits R Us Dunk Tank: 12pm–9pm Court Yard Between Pavilion 1 & 2
Heart of America Shows Carnival: 1pm–Midnight. Main Parking Lot

SCHEDULED EVENTS

8:00am Open Class Quarter Horse Show Pavilion 3 – Arena
8:00am Open Class Dairy Goat Show Pavilion 1 – West Arena
8:00am Open Class Llama Show Pavilion 1 – East Arena
8:00am Open Class Arabian Horse Show Plains Equipment Group Pavilion – Amy Countryman's Arena

8:30am Open Class Boer Goat Show 1 Pavilion 1 – West Arena
11:00am Daryl's Racing Pigs Attractions Zone
12:00pm Cinnamon Roll Contest. Lincoln Room
12:00pm Open Class Dog Agility Exhibit Hall
12:00pm Open Class Dog Obedience Exhibit Hall
12:00pm DuckDowns Racing Ducks Attractions Zone
1:00pm Open Class Boer Goat Show 2: or after Show 1, whichever is later
1:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
2:00pm Daryl's Racing Pigs Attractions Zone
3:00pm DuckDowns Racing Ducks Attractions Zone
4:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
5:00pm MONSTER NATION Monster Trucks Free Pit Party (sponsored by NCS Equipment Rental). Muhlbach Motorsports Complex

5:00pm Daryl's Racing Pigs Attractions Zone
6:00pm DuckDowns Racing Ducks Attractions Zone
7:00pm MONSTER NATION Monster Trucks (sponsored by Muhlbach Enterprises and The Eagle 92.9) and Tough Truck Competition (sponsored by NCS Equipment Rental). Muhlbach Motorsports Complex

7:00pm Hall's Bear Mountain Wildlife Show Attractions Zone
8:00pm Daryl's Racing Pigs Attractions Zone
9:00pm SwitchBak (country/rock band) Nebraska Lottery Entertainment Tent & Beer Garden

SUNDAY, AUGUST 12

8:00am Open Class Pinto Horse Show Pavilion 3 – Arena
8:00am Open Class Arabian Horse Show .Plains Equipment Group Pavilion – Amy Countryman's Arena

SUNDAY, AUG. 5 Faith & Family Day

Sponsored by the Lincoln Berean Church, Calvary Community Church, Capitol City Christian Church, and First Free Church

A full day of family activities ending with great music for kids by Go Fish.



MONDAY, AUG. 6 Celebrate Ag Day

Sponsored by KX 96.9

Learn how food and fiber are produced, and the role agriculture plays in providing safe, abundant, and affordable products.

TUESDAY, AUG. 7 Older Nebraskans Day

Health, wellness, and informational exhibits. Enjoy the sounds of Susie McEntire, the younger sister of Reba McEntire.



WEDNESDAY, AUG. 8 Safety Awareness Day

Learn all about home safety, bike safety, water safety, and see fire trucks and emergency vehicles up close. You might even see a medical helicopter land.

Fairground Rules

- No smoking inside the buildings.
- No bicycles, scooters, ATV's or personal golf carts allowed on the grounds.
- No dogs allowed in any buildings except as required for special needs or for dog shows.
- Lancaster County Sheriff will be patrolling fairgrounds.
- Parking will be allowed in designated parking areas only. NO PARKING IN THE FIRE LANES.

Campground Rules

- Lancaster Event Center offers first-come, first-served parking. No reservations accepted prior to fair.
- Groups planning to park together must pull into campgrounds at same time.
- Cost: \$15/day for electrical hookup. Pay upon arrival at Lancaster Event Center office.
- Youth age 18 & under must be supervised by an adult.



The Lancaster County Agricultural Society, Inc. (Fair Board) thanks all our community partners!

Two contests with cash prizes — anyone can enter!



Aug. 10

People's Choice Salsa Contest



Aug. 11

Cinnamon Roll Contest

No preregistration or entry fees. For rules, go to www.superfair.org.

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ABJ Hauling and Demolition
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Star City Sports
Staybridge Suites
Super Saver
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Value Place
West Gate Bank

FOOD VENDORS

Cactus Jacks
Catfish on a Stick
Dippin' Dots
King's Funnel Cakes
LoLo's
Nut Sundaes on a Stick
Ol' Glory Kettle Corn
TCBY Treats
Topper Concessions
United Methodist Ministries
Valentino's

4-H & FFA thank their sponsors!

LANCASTER EVENT CENTER

The general office of LCAS is located at the Lancaster Event Center, P.O. Box 29167, Lincoln, NE 68529 • Phone: 402-441-6545 • Web site: www.lancastereventcenter.com
BOARD OF DIRECTORS: Ron Dowding (President), Jay Wilkinson (Vice-President), Trudy Pedley (Secretary), Karen Rutt (Treasurer), Tom Messick, Eric Mitchell, Kendra Ronnau, Keith Schomerus, Jim Swanson

The University of Nebraska—Lincoln Extension 4-H Youth Development program is open to all youth ages 5–18.

UNL Extension in Lancaster County, 444 Cherrycreek Road, Suite A, Lincoln, 68528 • Phone: 402-441-7180 • Web site: <http://lancaster.unl.edu>

The National FFA Organization (also known as Future Farmers of America) is an agricultural education program which applies classroom instruction to hands-on • Local chapters: Norris, Raymond Central, Waverly, Crete • Web site: www.ffa.org



Tough Landscape Plants

Mary Jane Frogge
UNL Extension Associate

Are you trying to raise plants in your landscape or on your acreage and not having much luck? You are not alone. Your landscape plants have a lot of obstacles against them. Drought, rabbits, deer, the list goes on and on. Here is a list of plants that are drought tolerant once they are established and less likely to be eaten by our wildlife friends.



Barberry, Japanese



Black-Eyed Susan



Blanket Flower



Coneflower, Purple



Potentilla



Sedum, Tall



Spirea, Bridal Wreath



Yucca

COMMON NAME	SCIENTIFIC NAME	PLANT TYPE	FLOWER COLOR	BLOOM TIME	HEIGHT	LOCATION
Barberry, Japanese	Berberis thunbergii	Shrub	Yellow	May	4–6 ft.	Sun
Beebalm	Monarda fistulosa	Perennial	Lavender	June–Aug.	24 in.	Sun to part shade
Black-Eyed Susan	Rudbeckia fulgida	Biennial or short lived perennial	Yellow, brown center	July–Aug.	24 in.	Sun
Blanket Flower	Gaillardia aristata	Perennial	Red with yellow	June–Aug.	18 in.	Sun
Boltonia	Boltonia asteroides	Perennial	White	Aug.–Oct.	48 in.	Sun to part shade
Butterfly Milkweed	Asclepias tuberosa	Perennial	Orange	July	24 in.	Sun
Coneflower, Purple	Echinacea purpurea	Perennial	Purple	July–Aug.	36 in.	Sun
Coreopsis	Coreopsis lanceolata	Perennial	Yellow	June–Aug.	24 in.	Sun
Cotoneaster, Spreading	Cotoneaster divaricatus	Shrub	Rose	May	5–6 ft.	Sun to part shade
Dogwood, Redosier	Cornus sericea	Shrub	White	May	8–10 ft.	Sun to part shade
Gayfeather, Rough	Liatis aspera	Perennial	Deep purple	Aug.–Sep.	36 in.	Sun
Gayfeather	Liatis spicata	Perennial	Purple	Aug.–Sep.	18–24 in.	Sun
Honeylocust	Gleditsia triacanthos	Tree	Greenish yellow	May	40–50 ft.	Sun
Lilac, Common	Syringa vulgaris	Shrub	White, Pink, Purple	May	8–15 ft.	Sun
Potentilla	Potentilla fruticosa	Shrub	Yellow	June–Oct.	2–4 ft.	Sun
Sedum, Tall	Sedum telephium	Perennial	Rose to salmon	Aug.–Oct.	18 in.	Sun
Spirea, Bridal Wreath	Spiraea prunifolia	Shrub	White	May	6–10 ft.	Sun
Spruce, Colorado Blue	Picea pungens	Tree			40–60 ft.	Sun
Sumac, Staghorn	Rhus typhina	Shrub	Greenish yellow	July–Aug.	15–20 ft.	Sun
Wormwood	Artemisia absinthium	Perennial	Gray	July–Aug.	24–36 in.	Sun
Yucca	Yucca filamentosa	Perennial	Creamy white	June–Aug.	36 in.	Sun

Fall Vegetable Gardening

Mary Jane Frogge
UNL Extension Associate

By planning and planting a fall vegetable garden it is possible to have fresh vegetables up to and even past the first frosts. Many varieties of vegetables can be planted in mid to late summer for fall harvests.

Succession plantings of warm season crops, such as corn and beans, can be harvested until the first killing frost. Cool season crops, such as broccoli, beets, cabbage, cauliflower, kohlrabi, leaf lettuce, radishes, spinach, turnips, kale, and collards grow well during the cool fall days and withstand light frosts.

Timely planting is the key to a successful fall garden. To determine the time to plant a particular vegetable for the latest harvest, you need to know the average date of the first hard freeze. For Lancaster county, it is approximately Oct. 10.

You also must know the number of days to maturity for the variety of vegetable you plan to grow. Count the days back from the frost date to figure your planting date.

When planting fall crops, prepare the soil by restoring nutrients removed by spring and summer crops. A light layer of compost or a small application of fertilizer will prepare the soil for another crop. Dry soil may make working the soil difficult and inhibit seed germination during the midsummer period. Plant fall vegetables when the soil is moist after a rain or water the area thoroughly the day before planting. It may also be beneficial to soak the seeds over night before planting.

An organic mulch will help keep the soil cool. Mulching between rows can decrease soil drying. Irrigate when necessary so plants have sufficient moisture during the warm days. Some of the best quality vegetables are produced during the warm days and cool nights of the fall season.

Look ahead to the fall garden, which offers its own satisfaction through its prolonged harvest of fresh vegetables, savings in food costs, and the knowledge that you are making full use of your gardening space and season.

Garden Guide THINGS TO DO THIS MONTH By Mary Jane Frogge, UNL Extension Associate

Hand pick bagworms from your evergreen and deciduous trees.

Check on water needs of hanging baskets daily in the summer. Wind and sun dry them much more quickly than other containers.

Every weed that produces seed means more trouble next year. Control weeds before they go to seed.

Remove old vegetable plants which have stopped producing to eliminate a shelter for insects and disease organisms.

Clean up fallen rose and peony leaves. They can harbor disease and insect pests over the winter if allowed to remain on the ground.

Mound soil over the lateral or brace roots of corn stalks for extra support against strong winds.

Pick summer squash and zucchini every day or two to keep the plants producing.

Water the garden early in the day so plants can absorb the moisture before the hot sun dries the soil. Early watering also insures that the foliage dries before night. Wet foliage at night increases susceptibility to fungus diseases.

Many herbs self-sow if the flowers are not removed. Dill produce seeds that fall around the parent plant and come up as volunteers the following spring.

To reduce the number of pests on your fruit tree for the coming year, pick up and destroy all fallen fruit.

Bacillus thuringiensis (Bt) is used by many gardeners to protect cole crops from chewing caterpillars.

White flies are attracted to yellow, so use yellow sticky boards to reduce their populations.

Do not add weeds with mature seed heads to the compost pile. Many weed seeds can remain viable and germinate next year when the compost is used.

August

Janet Anderson

Lancaster County 4-H is proud to announce Janet Anderson as winner of August's "Heart of 4-H Award" in recognition of outstanding volunteer service.

Janet has volunteered for 4-H for nearly 15 years. She was leader of the Lucky Charms 4-H Club and helps with the Friends 4 Ever club. Janet has taught and helped with several Clover College workshops and volunteered at the 4-H food booth at county fair. She has also served on 4-H Council.

"I like being a 4-H volunteer because it gives me the opportunity to work with children of all ages," Janet says. "I get excited when I see them create something they are proud of and want to show it off. My favorite experience is teaching classes at Clover College. The energy and excitement of the kids is wonderful. The variety of experiences gives kids a chance to try new things."

Lancaster County 4-H thanks Janet for donating her time and talents. Volunteers like her are indeed the heart of 4-H!

Nominate your favorite 4-H volunteer by submitting the form available at <http://lancaster.unl.edu/4h> or at the extension office.



4-H'ers Test Family and Consumer Science and Entrepreneurship Skills at Life Challenge



Lancaster County participants at state 4-H Life Challenge.

The 4-H Life Challenge contests focus on Family and Consumer Science project areas. Youth answer written questions and give an oral presentation applying what they have learned in their 4-H projects to a real-life situation.

The **county senior Life Challenge** contest was held June 2. Helen Dowd was awarded

the Champion rosette and Mary Dowd and Emily Steinbach were awarded Reserve Champion rosettes.

The **county junior Life Challenge** contest was held July 7. Julia Stephenson was awarded Champion rosette and Addison Wanser was awarded Reserve Champion rosette.

The **state Life Challenge**

contest for seniors was held at UNL East Campus on June 25–26.
• Helen Dowd, Madeline Gabel, Emily Steinbach, and Jaime Stephenson received 4th place in the Foods and Nutrition Challenge. They also won "Best Illustrations" in the Child Development Challenge.
see LIFE CHALLENGE on page 11

4-H'ers Test Animal Science Skills at PASE

Congratulations to the Lancaster County participants who competed in the Livestock Judging contest during the state 4-H Premiere Animal Science Events (PASE) held at UNL East Campus on June 25–26.

The Livestock Judging contest consists of ranking classes of four animals from the most to least desirable. Classes include market and breeding beef, sheep, meat goats, and swine. Youth also give oral reasons to the official judges to defend their reasons for ranking the animals. A big thank you to coach Roger Bell, who spent countless hours working with the Lancaster County teams.

Senior team consisting of Michaela Clowser, Ashton Cooper, Cody Dewald, and Taylon Lienemann earned 4th



Lancaster County livestock judging participates at state 4-H Premiere Animal Science Events (PASE).

overall team, 3rd overall in swine, 6th overall in reasons, 7th overall in sheep and goats, and 10th overall in beef cattle

Individual senior results include:

- High individual overall: Michaela Clowser placed 5th and Rachel Johnson placed 8th
- Swine overall: Michaela Clowser placed 6th and Rachel Johnson placed 9th

- Sheep and goats overall: Michaela Clowser placed 10th
 - Beef overall: Rachel Johnson placed 5th and Michaela Clowser placed 8th
 - Reasons: Rachel Johnson placed 4th and Michaela Clowser placed 5th
- The only intermediate contestant, Maddie Scott, placed 8th overall in sheep and goats.

4-H Spotlight for Volunteers

Nebraska's "Spotlight on 4-H Newsletter" for 4-H volunteers is mailed to club organizational leaders. It is also posted online at <http://lancaster.unl.edu/4h/Spotlight.shtml>. July topics include: Your Thanks Can Go a Long Way, Preparing Vegetables for Exhibit, Decorate Your Duds, 4-H Career Connection, and Preparing Clothing Exhibits for Fair.

HORSE BITS

Horse Judging Contest, July 27

We are going to try something new this year! The Lancaster County Super Fair 4-H Horse Judging Contest will be held Friday, July 27 at the historic JB Stables. The contest will begin at 6:30 p.m. and should get over around 8:30 p.m. JB Stables is located at 2455 West Van Dorn (south side of the street). Parking is available on both the east and west side of the stable's driveway. All horse 4-H'ers are automatically signed up for this event. No preregistration needed.

Lancaster County 4-H hopes all horse 4-H'ers will consider taking part in judging. Not just as a contest, but as a great opportunity to learn what to be looking for when buying a horse. We'll have a mixture of "show" horses and your "average, run-of-the-mill" horse in the classes to be judged.

Kids, invite your parents — it should be a learning opportunity for all! Champions in all three age groups will be awarded belt buckles.

Horse Trail Patterns for Super Fair

Trail patterns for the 2012 Lancaster County Super Fair 4-H Horse classes can be found at <http://lancaster.unl.edu/4h/fair> and are available at the extension office.

District Horse Results

A District 4-H Horse show was held in Lincoln at the Lancaster Event Center on June 14. Many Lancaster County 4-H'ers competed in this district and a few competed at the Bloomfield and North Platte districts. Congratulations to all 4-H'ers who participated! All purple and blue ribbon winners qualify for the State 4-H Horse Show held in Grand Island. Below are the Lancaster County purple ribbon winners. Champions received trophies and 2nd and 3rd place earned medals. Complete results are online at <http://4h.unl.edu/4hhorsesresults>.

SENIOR ENGLISH PLEASURE
Bailee Peters (2nd medal)

JUNIOR ENGLISH PLEASURE
Nicole McConnell (trophy), McKenzie Beach, Sierra Nelson, Heather Welch

SENIOR ENGLISH EQUITATION
Allison Densberger, Haylie Pointer

JUNIOR ENGLISH EQUITATION
Vanessa Butterfield, Sierra Nelson, Bailee Sobotka

SENIOR WESTERN PLEASURE HORSES
Hannah Ronnau (trophy), Chelsea Beach (1st medal), Bailey Peterson (2nd medal)

JUNIOR WESTERN PLEASURE HORSES
Morgan Chippis

SENIOR WESTERN HORSEMANSHIP
Abbie Heusinger (1st medal)
Ashley Anderson, Bailey Heidtbrink, Bailee Peters, Sydney Scow

JUNIOR WESTERN HORSEMANSHIP
McKenzie Beach, Ashley Bradbury, Nicole McConnell

SENIOR REINING
Bailey Vogler (trophy)

JUNIOR REINING
Jadin Vogler

SENIOR POLE BENDING
Mackenzie Wolfe (trophy), Chelsea Beach (2nd medal), Anna Heusinger, Katherine Lloyd (in Bloomfield)

JUNIOR POLE BENDING
McKenzie Beach, Alexis Wolfe

SENIOR BARREL RACING
Mackenzie Wolfe (trophy), Nicole Finkner (1st medal), Kaitlyn Papke, Chelsea Beach

JUNIOR BARREL RACING
McKenzie Beach, Rachel Hansen, Jamie Hansen, Morgan Applegarth, Alexis Wolfe

SUPER FAIR 4-H/FFA NEWS



4-H & FFA EXHIBITS & EVENTS AUGUST 2-5
4-H & FFA Fair Books have complete information about entering 4-H/FFA exhibits and contests. Fair Books are available at the extension office and at <http://lancaster.unl.edu/4h/Fair>.

SPORTSMANSHIP IS EVERYONE'S RESPONSIBILITY

Always practice good sportsmanship and demonstrate honest and ethical behavior. Your efforts will help teach our youth the right thing to do and make this a "Super Fair" for all to enjoy.

Food Booth Training, July 26

All 4-H Food Booth volunteers are strongly encouraged to attend the Food Booth Training on Thursday, July 26, 6-7 p.m. at the Lancaster Event Center. Learn about food safety, customer service, and volunteer responsibilities.

Volunteers Needed

Adults and youth ages 12 and up are needed to help during the Lancaster County Super Fair. Help is especially needed in the following areas:

- **Static exhibit set-up** on Thursday, July 26 at 6:30 p.m. and Saturday, July 28 at 8 a.m. in the Lincoln Room.
- **During judging of static exhibits** on Wednesday, Aug. 1.
- **Teen tour guides are needed for Fair Fun Day** for child care groups on Friday, Aug. 3 at 9:30 a.m. and 1 p.m.

If you, someone from your club, or an interested volunteer would like to help, contact the extension office at 402-441-7180.

Food Preservation Recipe

Please note: for Food Preservation exhibits, in addition to the source of the recipe, the entire recipe must be included with exhibit.

Static Exhibit Check-In Tuesday, July 31

Static exhibits do not preregister, but MUST be physically checked in during Static Exhibit Check-in on Tuesday, July 31 between 4-8 p.m. at the Lancaster Event Center, Lincoln Room. An adult — such as a club leader or parent(s) — should assist 4-H members in entering exhibits. All entry tags, additional information, recipe cards, data tags, etc. MUST be attached at this time.

Interview Judging, Aug. 1

Interview judging is Wednesday, Aug. 1 starting at 9 a.m. in the Lincoln Room. 4-H'ers have the opportunity to talk to judges about their fair static exhibits and share their trials and lessons they learned. 4-H'ers also learn what the judge looks for and how to improve skills. 4-H'ers may interview judge ONE exhibit from each project area. Refer to page 15 of the Fair Book for project areas which have interview judging. Members, parents, or leaders can call the extension office at 402-441-7180 to sign up members for a five-minute time slot — preregister between July 5 and 27. If slots are still available, you may sign up during Static Exhibit Check-in on Tuesday, Aug. 1, 4-8 p.m.

Clover Kids Show & Tell, Aug. 5

All Clover Kids, youth age 5-7 by January 1, 2012, are invited to show & tell their 4-H exhibits at the Lancaster County Fair, Sunday, Aug. 5, starting at 1 p.m. Clover Kids Show & Tell is held in the Lincoln Room at the Lancaster Event Center. Youth are also invited to do a skit or song at this time. See page 10 of the Fair Book for more information. To register, call 402-441-7180 between July 5 and July 27, or sign up at the static exhibit area Tuesday, July 31, 4-8 p.m.

Livestock Information

Livestock Reminders

- Market beef and breeding heifers are now checking in separately. Market beef are 10 a.m., breeding beef are 11 a.m. on Thursday, Aug. 2.
- All registered breeding heifers must have current registration papers and tattoos presented at check-in. If registration papers are not shown at check-in, heifer will be shown as a commercial breeding heifer.
- New! Club or chapter group class for the swine show.
- No swine will be allowed in the wash racks for one hour after paint branding, the paint needs time to dry. All hogs must be washed and dry at time of reaching the check in area.

New Fair Board Rule — No Evaporative Coolers

Absolutely no evaporative coolers (also known as swamp coolers, desert coolers, wet air coolers — or any other cooling device which cools air through the evaporation of water) will be allowed. This is a new Fair Board rule because these coolers take up more space, water, and electricity than needed.

Livestock Judging Contest, Aug. 5

New this year, a 4-H/FFA Livestock Judging Contest will be held Sunday, Aug. 5, 1-4 p.m. in Pavilion 1-East Arena. Preregister by Thursday, Aug. 2, 6 p.m. in the Livestock Office at the fair. Come join the fun judging livestock and bring your parents! There will be a short orientation before the contest, outlining how to fill out the judging cards and where to answer questions for those who have never judged before.

Youth may judge as individuals or teams. Teams will consist of four youth and one adult. Seven classes shall consist of two beef, two sheep, two swine, and one meat goat. Classes will be decided day of contest and could consist of market and/or breeding animals. Contestants will have 12 minutes to judge each class. No reasons will be given, however, questions will be asked on three classes. Winners will be announced at the end of the Lancaster County Youth Livestock Premium Auction.



Get ready for fun at the 2012 Nebraska State Fair, Friday, Aug. 24 through Monday, Sept. 3 at Fonner Park in Grand Island! For a schedule of 4-H at the state fair and more, go to <http://4h.unl.edu/nebraskastatefair>

Static Exhibits

At the county fair, 4-H static exhibits will be selected for the Nebraska State Fair by the judges in the respective areas. A state fair sticker will be placed on all exhibits selected for state fair. 4-H members with qualifying static exhibits will receive information in the mail after county fair about entering at the State Fair.

Animal Entries Due Aug. 5

4-H & FFA animal exhibitors ages 10-18 are eligible to participate at the Nebraska State Fair regardless of county fair placing. State Fair 4-H & FFA animal entry forms are due to Lancaster County 4-H staff no later than Sunday, Aug. 5 (the last day of Super Fair). No late entries will be accepted. Registration fees must be included with entries. For more information, contact Cole Meador at 402-441-7180.

Entomology Contest

A 4-H Entomology Contest will be held during the Nebraska State Fair on Saturday, Aug. 25, at 9:30 a.m. All 4-H'ers 10-18 may participate. Contest rules, guidelines, and resources are online at <http://4h.unl.edu/insect>. Sign up by July 27 by calling 402-441-7180.

Join the Fun as a Volunteer!

The Nebraska 4-H program is seeking volunteers to help with exhibit entry day, judging, and serving as 4-H exhibit building hosts and greeters. Volunteers will be needed for educational activities in the 4-H building, serving as the Lil' Green Mascot, and assisting with all 4-H contests and events throughout the fair. State Fair 4-H volunteers will receive a fair pass for the day(s) they volunteer. A complete list of 4-H volunteer opportunities and sign up information is at <http://4h.unl.edu/becomevolunteer>. Sign up by Aug. 10. If you have questions, contact Cathy Johnston at cjohnston1@unl.edu or 402-472-1762.

Ak-Sar-Ben 4-H Show Entries Due Aug. 5

The Ak-Sar-Ben 4-H Stock Show will be held Sept. 27-30 at the CenturyLink Center in Omaha. Categories of this 4-H only competition are dairy, feeder calf & breeding beef, market beef, market broilers, meat goats, market lamb, market swine, rabbit, and dairy steer. Stock Show exhibitors must be at least 10 years of age by Jan. 1. The Ak-Sar-Ben 4-H Horse Show will be held Sept. 15-16 at the Lancaster Event Center in Lincoln. Horse exhibitors must be 12 years of age by Jan. 1. No EIA (coggins) test is required for Nebraska horses, however, all horses must be accompanied by an official health certificate issued within 15 days of the show. All Ak-Sar-Ben 4-H Stock Show and Horse Show entries are due to extension staff no later than Sunday, Aug. 5 at Super Fair. Registration fees must be included with entries. For more information, entry forms, and tentative schedule, go to www.rivercityrodeo.com. Entry forms can be picked up at the office.

Seeking Exhibits for “4-H Through the Decades” Display

The Lancaster County Super Fair is putting together a display of “4-H Through the Decades” to be on exhibit Aug. 2–5 while 4-H static exhibits are on exhibit.

Seeking 4-H static exhibits from the ’90s, ’80s, ’70s, ’60s, ’50s, and even older (can be from any county fair or state fair). Also seeking photos of food and animal projects. Exhibits and photos will be in protective glass cases during the Super Fair. Number of exhibits and photos on display may be limited due to space, depending on submissions.

Please attach to each exhibit your name, phone number, project name, title

of exhibit (if any), decade entered in fair, and which county fair or state fair.

Static exhibits and photos can be dropped off before July 30 at the extension office (444 Cherrycreek Road) or during 4-H static exhibit check-in on Tuesday, July 31, 4–8 p.m. at the Lancaster Event Center (84th & Havelock), Lincoln Room.

Exhibits and photos can be picked up after Aug. 13 at the extension office or during 4-H static exhibit release on Monday, Aug. 6, 7–11 a.m. at the Lancaster Event Center, Lincoln Room.

For more information, contact Lorene Bartos at 402-441-7180.

It’s Time to Visit Nebraska’s County Fairs

Governor Dave Heineman

Summer is a great time to visit fairs and festivals held across our state. Nebraska’s county fairs offer a wonderful opportunity to showcase the best of our state and highlight the agricultural heritage, achievements, and talents of Nebraska producers, youth, and hobbyists.

Nebraska is home to 90 unique county fairs that offer a variety of experiences and traditions for families that feature livestock show competitions, demolition derbies, and championship rodeo competitions. No matter what your age, there is something for everyone at the county fair, which includes the diverse culture that makes Nebraska unique.

As Governor, I have the opportunity to personally visit many county fairs and the thing that stands out the most about the county fairs I have attended is the participation from our 4-H and FFA youth. Each year, 4-H provides our young people the

opportunity to gain important life skills that help them become productive, capable, responsible, and compassionate individuals. In Nebraska, one in three age-eligible youth in all 93 counties participate in 4-H programs. By participating in 4-H, our young people are learning how to be responsible citizens.

Our FFA youth are no different. There are over 6,600 FFA members participating in 143 FFA chapters across the state. Through their involvement in FFA, these young people are truly following the FFA motto of learning to do, doing to learn, earning to live, and living to serve.

I continue to be impressed with the citizens of our state. For those participating in county fair events, their determination, dedication, and drive learned through fair projects is superb. Young people work on and share projects in a wide range of interests, from rocketry, technology, wildlife, photography, wood-working, and more. Thousands of others invest significant time

and energy in learning to care for livestock.

County fairs offer our young people the opportunity to showcase their achievements of the past year, while also offering fairgoers an opportunity to experience family friendly entertainment — from tractor pulls, to pie-baking contests, concerts, and musical performances.

If it’s your first visit to a fair, or whether you are a regular participant, I encourage you and your family to visit one of Nebraska’s county fairs this year. A complete listing is available online from the Nebraska Association of Fair Managers at www.nebraskafairs.org.

The more than one million people who attend Nebraska’s fairs and festivals each year can attest to the quality of life Nebraska has to offer. Our county fairs and festivals are an opportunity to experience the traditions and culture that make Nebraska a great place to live, work, and raise a family.

Tips for a Fun and Educational Day at the Fair

Toward the end of the summer, parents, grandparents, and child care professionals appreciate no or low cost opportunities for fun and learning.

The Lancaster County Super Fair, Aug. 2–11 at the Lancaster Event Center in Lincoln, will offer many free activities — see the special section in this NEBLINE for the schedule and map.

The Nebraska State Fair will be Aug. 24–Sept. 3 at Fonner Park in Grand Island. For more information, go to <http://statefair.org>.

Here are a few tips to make your time with children enjoyable and educational at the fair:

General Safety

- Wear closed toed shoes (no flip flops). It makes the environment safer for you and your children.
- Bring strollers and/or wagons as a way to keep infants and toddlers in constant sight.
- Before arriving, apply sun block and insect repellent.
- Drink lots of water.
- Identify a meeting spot in case you get separated.

Attending Fairs: Precautions Visitors Should Take with Animals

- Animals have the right of way.
- Do not approach animals from behind. They can kick.
- Fast movements and loud noises may scare the animals.
- Do not feed the animals.
- Do not touch or pet animals, except at designated petting



For the complete Lancaster County Super Fair schedule, see special pullout in this issue.

- exhibits.
- Wash your hands with water and soap after any direct contact with animals.
- Supervise children younger than 5 years during hand washing and petting to make sure they don’t put their hands or other objects into their mouth or the animal’s mouth.
- Avoid eating in animal exhibit areas.

Adapted from NebGuide “Attending Fairs: Safeguarding Your Health and Nebraska’s Livestock Industry,” Rosie Nold, and David R. Smith.

Educational Experiences

- Before the fair, check out books and videos about animals and plants from the library.
- Review the fair schedule prior to the fair and plan your trip during events which are of interest to your children. For example, if you have a pet cat, watching part of the cat show will be fun and educational for your children.

- Create your own scavenger hunt or “can you find” game where children identify various animals and plants. Adapt it to the ages of the children. For example, younger children may identify the color of a cow and an older child may be able to identify different breeds.
- When exploring the garden produce, talk about which are fruits and which are vegetables. Talk about how you prepare the food.
- Identify five different flowers which are exhibited at the county fair. Explain the difference between annuals (planted each year) and perennials (come up year after year).
- Provide a little bit of spending money and teach children how to budget their food and entertainment dollars. Help them count change.

Creating Memories

- Take pictures along the way.
- Several short visits may work better than one extended visit.



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EXTENSION CALENDAR

All programs and events will be held at the Lancaster Extension Education Center unless otherwise noted.

July

- 24 4-H Style Revue Judging.....8 a.m.
26 4-H Horse Course Challenge..... 10 a.m.
26 4-H Food Booth Training, Lancaster Event Center..... 6–7 p.m.
27 4-H Horse Judging Contest, JB Stables, 2455 W. Van Dorn 6:30–8:30 p.m.
27 Pesticide Container Recycling Collection, Farmers Cooperative Bennet headquarters..... 9 a.m.–Noon
31 Entry Day for County Fair Static Exhibits, Lancaster Event Center–Lincoln Room..... 4–8 p.m.

August

Aug. 2–11 Lancaster County Super Fair (4-H/FFA Exhibits & Events Aug. 2–5), Lancaster Event Center

- 5 Deadline for 4-H State Fair Animal and Ak-Sar-Ben 4-H Show Entries
10 Extension Board Meeting..... 8 a.m.
14 Guardian/Conservator Training 1:30–4:30 p.m.
16 Co-Parenting for Successful Kids 9 a.m.–12:30 p.m.
23 “Landlord/Tenant Cash Lease” Workshop 1:30 p.m.

Aug. 24–Sept. 3 Nebraska State Fair, Fonner Park, Grand Island

Life Challenge

continued from page 8

- Mary Dowd, Valerie Gabel, and Molly Noel received 4th place in the Overall Business and Marketing Concept, 5th place in the Creative Presentation, and 4th place in Product Development, Entrepreneurship Challenge.
- Charles Dowd, Maddie Gabel, and Emma Lanik received 3rd place for Overall Business and Marketing Concepts, and 5th place for Written Plan, Entrepreneurship Challenge.
- Ceirra Austin, Emily Steinbach, Jaime Stephenson, and Sheridan Swotek received 4th place for the Clover Challenge Quiz Bowl.



Governor’s Ag Excellence Awards

The annual Nebraska 4-H Foundation Governor’s Agricultural Excellence Awards were held at UNL East Campus on June 25. Recognition is in the form of \$500 to be used as described in the award application. The awards were presented to 25 4-H clubs, including two Lancaster County 4-H clubs:

- Pick-A-Pig — feed for pig project for urban youth.
- Star City Cornhuskers — headstone for unmarked Civil War veteran’s grave, Civil War commemorative events.

The Governor’s Ag Excellence Awards are sponsored by the Nebraska Investment Finance Authority (NIFA).



Recording Memories

continued from page 5

- What extracurricular activities did you participate in? Do you have any news clippings, uniforms, or awards to show for these? How about team photos?
- Did you go to college or a technical school? If so, where and when? What did you study? What were the highlights of these years?

Religion/Spirituality

- Do you have a special story to tell about your journey of faith?
- What aspects of your religion/spirituality are most important to you and why?

Neighborhood and Friends

- Who lived next door, down the road, or on your block? Who did you know well and spend time with? Go visit them, and record reminiscing about the special things you used to do together. Bring out the photos, if possible.
- Take a drive through the neighborhood, videotaping the countryside and places that had special meaning as you were

growing up. These might include the local grocery store where you bought “penny candy,” the softball diamond, places you used to go for walks, and where you went to church.

- Who were your friends throughout the years, and what qualities do you think make lifetime friends?

Marriage

- How did you meet your spouse? How long did you court/date before you got married? Where and how did the proposal happen?
- Where were you married? Tour the church/courthouse/chapel, if possible. Describe the ceremony and your wedding day. Who were your attendants? What colors were used? What Scripture or music did you select?
- Talk about your marriage if you feel comfortable. What makes your partner special? What traits do you admire most? Any interesting or fun stories to share?

Work

- Tell about the jobs you’ve had throughout your life, including homemaking. Tour where

you worked last or are still employed. What were some of the greatest challenges in your work? What were you paid on your first job?

- Describe the volunteer work you’ve done over the years. These may have been in church, at school, or as an elected official. What are the fondest memories of your volunteer work? What are the benefits of volunteering?

Extras

- The sky’s the limit! Talk about hopes, dreams, and regrets. Tell your favorite jokes. Visit about your favorite hobbies; show the finished products.
- Once you’ve completed the recording, edit if necessary, and make copies for your children and grandchildren. Your history is captured for present and future generations to enjoy.

Adapted from: North Dakota State University Extension Service. Sean Brotherson, Ph.D., and Laura DeHann Ph.D., For additional information visit: www.ag.ndsu.edu/pubs/yf/famsci/fs548w.htm



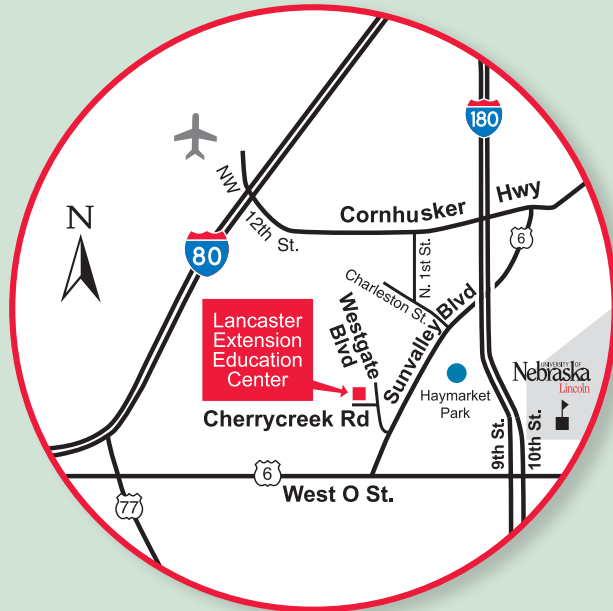
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THE NEBLINE is published monthly (except December). Mailed to more than 12,000 households in Lancaster County and can be read online at <http://lancaster.unl.edu/nebline>.

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4-H Clover College is Hands-On Learning and Fun

Held each June, 4-H Clover College is a four-day series of hands-on workshops for youth presented by University of Nebraska–Lincoln Extension in Lancaster County. Emphasis is on developing life skills through learning-by-doing. This year’s Clover College, held June 12–15 featured 52 workshops and 882 total class registrations! A special thank you to the nearly 70 instructors and assistants! More photos are online at www.flickr.com/photos/unextlanco/collections.



In “Camera Creativity!,” a two-day workshop presented by 4-H volunteer Michael Pinho Sr., youth learned creative ways to use their camera. They created a mini studio complete with lights.



In “Destination: Moon,” youth explored mysteries of the moon, including its rotation and revolution.



The “Clover Kids Four-Day Camp” for ages 6–7 included numerous activities, including insect collecting.



Youth built an electric hand tester game in “Steady Hand Tester.”



Youth created a hula hoop rug from old T-shirts in “Hula Hoop Rugs.” Tracy Anderson, UNL extension staff (above) organizes Clover College.



The heart of 4-H are the volunteers who work in partnership with youth. Most volunteers are adults, but many youth also help at Clover College.



In “Plant Babies,” youth learned about planting, propagating, and growing their own flowers.



Youth learned about Nebraska agriculture in “Fun with Agriculture” presented by Cole Meador, UNL extension staff (right). One of the activities was “farm in a glove” in which participants planted corn, hay, wheat, and oat seeds.



Cat and dog toys and treats made by youth in the “Perfect Pet Treats” (above) and “Clover Kids Day Camp” workshops at 4-H Clover College were donated to the Capital Humane Society. (Below L–R) Pat Williams, Capital Humane Society director of volunteers and community partners, and Karen Wedding, UNL extension staff.



4-H’ers Focus on Safety in Bicycle Contest



Twenty one youth participated in the 2012 4-H Bicycle Safety Contest on June 23 at the Lancaster Extension Education Center. Part of the Lancaster County Super Fair, the contest consists of a bike inspection, bicycle riding skills, and a written quiz. Top winners were James Griess (senior champion), Jessica Stephenson (senior reserve champion), Thaddeus Fonck (junior champion) and Taylor Yakel (junior reserve champion). More photos are online at www.flickr.com/photos/unextlanco/collections.