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## 4-H Safety Tips : Extension Circular 13-07-2

William D. Lutes

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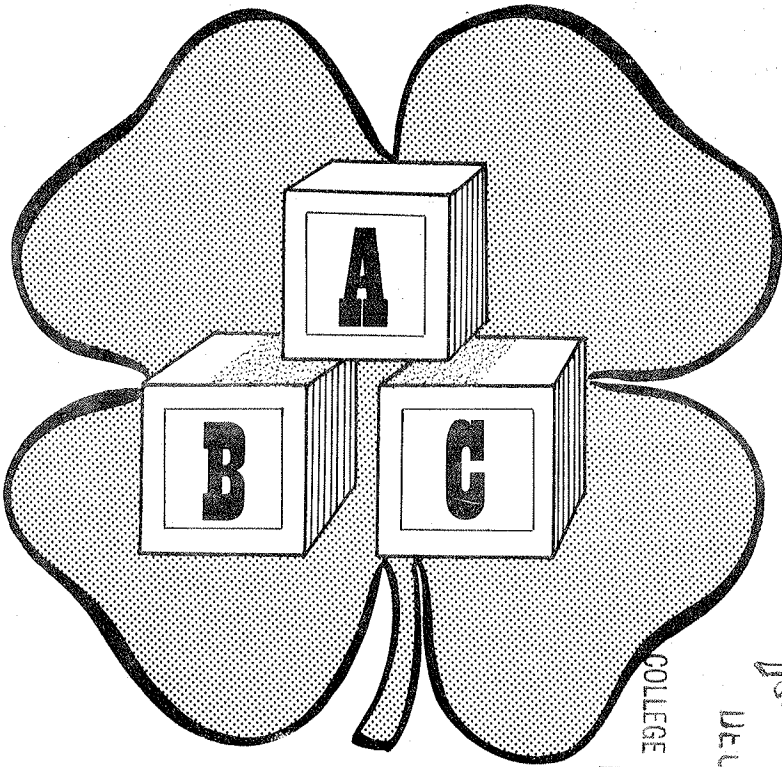
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# 4-H SAFETY TIPS



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# 4-H CLUB SAFETY TIPS

by

William D. Lutes  
Extension Specialist, Safety

## SAFETY TIPS FOR 4-H CLUB MEMBERS

The ABC's of safety are "Always Be Careful". There is always an accident just "waiting to happen" if someone does not remove the cause. As a 4-H Club member, you can render a real service to yourself, your family and your community by helping to remove hazards to safety in your home and in your community.

You can be a real safety leader in your community by learning to:

1. Recognize hazards that may cause accidents.
2. Remove hazards to safety.
3. Use caution when the hazard cannot be entirely removed. Be sure others recognize that these hazards exist and develop your work and play habits so you can work and play safely around unremovable hazards.

## SUGGESTED ACTIVITIES FOR INDIVIDUALS

1. Practice safety rules at all times and caution others to do the same.
2. Survey your home and farm for hazards to safety.
3. Help correct as many of the hazards as possible.
4. Reduce the dangers of those hazards that cannot be removed by warning others of their presence.
5. Become familiar with motor vehicle laws.
6. Complete the requirements for one or more of the 4-H Safety Projects.
7. Prepare and give safety demonstrations or talks for your 4-H Club meetings or other community meetings.
8. Participate in the State Safety Award Program.

## SUGGESTED ACTIVITIES FOR 4-H CLUBS

1. Plan a safety program for the club.
2. Plan and give safety demonstrations at club meetings.
3. Make a survey of hazards in your community.
4. Encourage every club member to become more safety conscious.
5. Encourage every member of the community to become more safety conscious.
6. Complete the requirements for one or more of the 4-H Club Safety Projects.
7. Cooperate in county and community safety programs.

## SUGGESTED SAFETY METHOD DEMONSTRATIONS

1. First aid
2. Fire prevention and control
3. Building fires
4. Fireproofing fabrics
5. Replacing electrical fuses
6. Safe use of electrical appliances
7. Ladder safety
8. Safe steps
9. Storing hand tools
10. Using and storing knives
11. Ironing
12. Lifting heavy weights
13. Safe handling of livestock
14. Operating power machines safely
15. Kitchen safety
16. Safe handling and storing of poisons
17. Safe handling of firearms
18. Safety on the highways

## SOURCES OF MATERIALS ON FARM AND HOME SAFETY

Extension Specialist, Safety, University of Nebraska,  
Lincoln, Nebraska

1. Watch Your Step, Misc. Pub. 608
2. Fighting Fires on Farms. Misc. Pub. 612
3. Fire Safeguards on the Farm F. B. 1643
4. Fire Protective Construction on the Farm F. B. 1590
5. Protection of Buildings and Farm Property for  
Lightning F. B. 1512
6. Eliminate Hazards on Your Farm E. C. 792
7. A Report of Accidents to Rural People Form 7-74-2
8. Miscellaneous Materials on Safety
9. Safe Cornpicker Operation E. C. 55-2100
10. Farm Fire Safety Inspection E. C. 55-2101

U. S. Department of Agriculture, Washington 25, D. C.

U. S. Department of Labor, Washington D. C.

State Department of Health, Capitol Building, Lincoln, Nebr.

National Board of Fire Underwriters, 85 John Street,  
New York City

National Safety Council 425 N. Michigan Avenue, Chicago,  
Illinois

Local Fire and Accident Insurance Companies

Local Fire Departments

State Fire Marshals Office, Capitol Building, Lincoln, Nebr.