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Factors Associated with Bluegill Nest Site Selection within a Shallow, Natural Lake

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Note

Factors associated with bluegill nest site selection within a shallow, natural lake

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Information regarding nest site selection for bluegill (Lepomis macrochirus) is limited. Therefore, our study identified important characteristics of bluegill nest sites in a shallow, natural lake - West Long Lake, Nebraska, USA, on the Valentine National Wildlife Refuge. Bluegill nest colonies were identified visually from a boat and nine abiotic and seven vegetative variables were measured at both nest colony sites and randomly selected sites (i.e., no active bluegill colonies at random sites). Measurements of six variables differed between nest and random sites, suggesting that these variables may be influential in the nest selection process for bluegill. These variables included submersed macrophyte species, submersed macrophyte coverage, distance to nearest submersed macrophytes, water temperature, distance to shore and maximum southern fetch. In contrast to other studies, nest site substrate composition was not different between nesting sites and random sites. Our results indicate that nesting substrate may not be limiting to bluegill in West Long Lake. Rather, other characteristics (e.g., submersed macrophytes and protection from wind) appear to play a larger role in determining bluegill nest site selection in our study lake.

Keywords: bluegill; nests; macrophytes; substrate; reproduction; habitat

Introduction

Bluegill (Lepomis macrochirus) often serve a dual role in fisheries, acting as a prey species and a valued sport fish. Owing to the importance of bluegill in many fisheries, several studies have focused specifically on understanding bluegill recruitment with most focusing at the larval or juvenile stages (Miner and Stein 1993; Cargnelli and Gross 1996; Partridge and Devries 1999; Santucci and Wahl 2003; Shoup and Wahl 2008, 2011; Kaemingk et al. 2012). These studies have highlighted the importance of ultraviolet light (Olson et al. 2006), turbidity (Miner and Stein 1993), hatching date (Cargnelli and Gross 1996; Garvey et al. 2002; Santucci and Wahl 2003), predation (Shoup and Wahl 2008), prey size (Bremigan and Stein 1994) and competition (Kaemingk et al. 2012) in the recruitment process for bluegill populations. While this information is vital in our understanding of the recruitment process, comparatively less attention has been given to the nest selection process or habitat requirements needed for bluegill prior to reaching the larval or juvenile stages.

Early work on bluegill nest site selection primarily focused on qualitative observations without measuring other environmental factors that may be important in this process (Richardson 1913; Coggeshall 1924). More recently, Gosch et al. (2006) realized this
information gap in our understanding of the bluegill recruitment process and assessed bluegill nest site selection in Lake Cochrane, a small glacial lake in eastern South Dakota. While their study provided an important baseline for examining bluegill reproduction, the shorelines of their study lake were highly developed (e.g., shoreline modification and protection, boat docks), subject to considerable levels of anthropogenic disturbance (Stohr and Redlin 2005), and protected from wind due to the natural geologic formation (i.e., depression) of the lake and surrounding trees. Therefore, information on bluegill nest site selection is needed on lakes with minimal anthropogenic disturbance across different geographic regions and lake morphologies to improve our understanding of the recruitment process in bluegill.

The objective of this study was to quantify specific habitat factors associated with bluegill nest site selection within a natural lake in the Nebraska Sandhills. Based on information from previous studies we hypothesized that bluegill would select a sand or gravel substrate and reduced levels of submersed macrophytes (aquatic vegetation) when constructing a nest. However, because physical lake attributes (natural, shallow, shoreline not developed) differed in our study compared to previous studies we were uncertain if these factors would remain important in our study.

Methods

West Long Lake (31 ha) is a shallow (mean depth = 1.3 m) natural lake located within the Valentine National Wildlife Refuge of the Sandhills region in north-central Nebraska, USA. Using the methods outlined by Paukert et al. (2002), total macrophyte coverage observed in West Long Lake during late July of 2010 was 29.4% emergent (dominant taxa included common reed Phragmites australis, softstem bulrush Schoenoplectus tabernac-montani and common cattail Typha latifolia), 58.9% submersed (dominant taxa included clasp-leaf pondweed Potamogeton richardsonii, coontail Ceratophyllum demersum, and star duckweed Lemna trisulca), and 11.7% open water (void of macrophytes). Water transparency is typically high except during excessive sustained wind periods and often the bottom of the lake is visible at maximum depths (2.0 m). The lake watershed is mostly mid- and tall-grass prairie and limited cattle grazing is allowed (Bleed and Flowerday 1989). The fish assemblage is relatively simple, comprised of bluegill, yellow perch (Perca flavescens), largemouth bass (Micropterus salmoides), northern pike (Esox lucius), and black bullhead (Ameiurus melas).

All bluegill colonies present within West Long Lake were located by visually inspecting the entire littoral shoreline by boat on 13 June 2011. Each bluegill colony where at least five male bluegills were actively guarding their nests (Gosch et al. 2006) and depressions in the substrate were visible (Phelps et al. 2009) were marked during the study. Angling was used to identify the species and sex of some of the individuals within the colony (Gosch et al. 2006; Phelps et al. 2009). At some colonies, no fish were captured but it was readily apparent that fish nesting on the colony were male bluegills as water transparency was high and no other fish species in the lake exhibits this type of behavior during spawning. Upon locating a bluegill colony, a handheld global positioning system (GPS) unit was used to mark the location so habitat variables could be measured at a later date.

Habitat characteristics were measured at the center of each nesting colony on 23 June 2011 using the methods outlined by Pope and Willis (1997). Surface water temperature (°C) and dissolved oxygen (mg L⁻¹) were measured using a portable meter (model HQ30d, Hach Co., Loveland, Colorado, USA). Conductivity (µS cm⁻¹) was recorded using a portable meter (model PCS Testr 35, Oakton Instruments, Vernon Hills, Illinois,
USA). Substrate firmness (cm) was determined by placing a 9.0 kg, 4.1-cm diameter metal pole on the lake bottom and measuring the distance it moved into the substrate (Mitzner 1987; Gosch et al. 2006; Kaemingk et al. 2011a). Water depth (m) was also recorded at the center of each bluegill nesting colony. Distance to shore (m), maximum fetch (distance to farthest shore in m), and south fetch (distance to south shore in m) were measured using ArcGIS® software (ESRI 2008).

The nearest emergent and submerged macrophyte species were identified and distance (cm) from the colony to the nearest macrophyte species was recorded. Maximum emergent macrophyte height (cm) was recorded within the emergent macrophyte patch nearest to the colony. Submerged macrophyte coverage at each nest site was visually assessed by two independent readers using a 1 m² quadrat placed in the middle of each colony and given a vegetation coverage score (VC-score, similar to the Braun-Blanquet scale; Murry & Farrell 2007) where 0–5% coverage = 1, 5–25% = 2, 25–50% = 3, 50–75% = 4, and 75–100% = 5. In the case where readers did not reach an agreement (< 5% of measurements), scoring was discussed and re-examined until a consensus was reached. Emergent macrophyte coverage was scored using the same method but at the nearest emergent vegetation patch instead of at the middle of the colony.

A substrate core sample was collected near the center of each colony, but not directly in the center of a nest, using a hand corer sampler (5.1 cm diameter × 50.8 cm long; Rickly Hydrological Company, http://www.rickly.com). Core depth for each sample was 8 cm (total volume of substrate per sample = 163 cm³). An 8-cm sampling depth was chosen because bluegill nests (i.e., bowls) have previously been reported to have this depth (Richardson 1913; Coggeshall 1924). Substrate core samples were brought back to the South Dakota State University campus where they were processed using the methods outlined in Skroch et al. (2006). Substrate types were classified according to particle size: clay (<0.002 mm), silt (0.002 to 0.05 mm), sand (0.05 to 2 mm), and rock (>2 mm). Percent composition of particle size (i.e., inorganic) and organic material was estimated for each sample.

Seventy-five unused (i.e., sites without any evidence of nesting activity) sites were systematically placed (40 m apart) around the perimeter of the lake using ArcGIS® software (ESRI 2008) at a depth of 66 cm (average depth at the center of bluegill colonies located in this study). A random number generator selected 25 of the 75 unused sites which were then sampled (on the same day as nest sites) using the same methods described for the nest sites (excluding depth). Differences between random and nest sites were evaluated using a Kolmogorov-Smirnov test (cumulative frequency distributions) or a Kruskal-Wallis test (substrate composition) for continuous variables and a Fisher’s exact test for categorical variables. An alpha of 0.10 was used for all statistical comparisons to guard against a Type II error.

Results

Five bluegill nesting colonies were found in West Long Lake along the southern shoreline (Figure 1). Mean depth (±SE) of nest sites was 0.66 m (±0.04) and ranged from 0.52 to 0.75 m. Emergent macrophytes sampled within West Long Lake included arrowhead (Sagittaria spp.), cattail, softstem bulrush, and common reed. Submerged macrophytes sampled included Fries’ or flat-stalk pondweed (Potamogeton friesii), coontail, and star duckweed.

Three of the eight measured abiotic factors significantly differed between random and nest sites (Table 1). Water temperature was higher at random sites compared to the nest sites and nest sites were further from shore than random sites. Southern fetch distances

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were lower at nest sites than at random sites (Table 1, Figure 1). Dissolved oxygen, conductivity, maximum fetch, and substrate firmness were not significantly different between nest and random sites. Nest sites contained 89% sand, 8% clay, 3% silt, and 0% rock; while substrate at random sites was comprised of 86% sand, 10% clay, 4% silt, and 0% rock (Figure 2). Organic composition was 2% for nest sites compared to 3% for random sites. Percent substrate composition between nest and random sites was not significantly different across all three primary substrate types: sand ($\chi^2 = 0.28$, df = 1, $p = 0.59$; Kruskal-Wallis), clay ($\chi^2 = 0.72$, df = 1, $p = 0.40$; Kruskal-Wallis), and silt ($\chi^2 = 0.08$, df = 1, $p = 0.77$; Kruskal-Wallis). In addition, organic composition was similar between nest and random sites ($\chi^2 = 0.17$, df = 1, $p = 0.68$; Kruskal-Wallis).

Table 1. Continuous variables (mean, standard error, median, test statistic, and $p$-value) measured at 5 bluegill nest sites and 25 random sites in West Long Lake, Nebraska, USA in June 2011.

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Nest Sites</th>
<th></th>
<th>Random Sites</th>
<th></th>
<th>KSa</th>
<th>$p$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surface temperature ($^\circ$C)</td>
<td>21.3 (0.8)</td>
<td>20.6</td>
<td>22.7 (0.3)</td>
<td>22.4</td>
<td>1.63</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Dissolved oxygen (mg/L)</td>
<td>8.0 (0.4)</td>
<td>7.7</td>
<td>10.4 (0.5)</td>
<td>9.0</td>
<td>1.06</td>
<td>0.21</td>
</tr>
<tr>
<td>Substrate firmness (cm)</td>
<td>15.7 (4.7)</td>
<td>15.5</td>
<td>22.3 (2.3)</td>
<td>20.5</td>
<td>1.06</td>
<td>0.21</td>
</tr>
<tr>
<td>Conductivity ($\mu$S/cm)</td>
<td>204.8 (1.7)</td>
<td>204.0</td>
<td>210.2 (1.3)</td>
<td>209.0</td>
<td>0.98</td>
<td>0.29</td>
</tr>
<tr>
<td>Emergent macrophyte distance (cm)</td>
<td>63.1 (18.5)</td>
<td>50.6</td>
<td>54.9 (14.3)</td>
<td>25.5</td>
<td>0.90</td>
<td>0.40</td>
</tr>
<tr>
<td>Emergent macrophyte height (cm)</td>
<td>104.4 (12.5)</td>
<td>100.4</td>
<td>127.3 (6.6)</td>
<td>127.1</td>
<td>0.90</td>
<td>0.40</td>
</tr>
<tr>
<td>Submersed macrophyte distance (cm)</td>
<td>80.9 (21.0)</td>
<td>74.0</td>
<td>5.3 (2.4)</td>
<td>0.0</td>
<td>1.85</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Distance to shore (m)</td>
<td>15.0 (2.2)</td>
<td>14.0</td>
<td>10.8 (2.7)</td>
<td>7.3</td>
<td>1.31</td>
<td>0.07</td>
</tr>
<tr>
<td>Maximum fetch (m)</td>
<td>965.0 (115)</td>
<td>887.0</td>
<td>1,251.1 (77.2)</td>
<td>1,228.3</td>
<td>0.98</td>
<td>0.29</td>
</tr>
<tr>
<td>Southern fetch (m)</td>
<td>14.3 (2.5)</td>
<td>15.1</td>
<td>146.1 (28.2)</td>
<td>103.0</td>
<td>1.39</td>
<td>0.04</td>
</tr>
</tbody>
</table>
Three of the seven vegetative factors differed significantly between nest and random sites. Nest sites were located further from submersed macrophytes compared to random sites (Table 1; Figure 3). Submersed macrophyte coverage was greatest at random sites \( (p = 0.03, \text{Fisher’s; Figure 4}) \). Most nest sites were located near Fries’ pondweed, whereas random sites were primarily found near star duckweed \( (p = 0.04, \text{Fisher’s; Figure 4}) \).
Emergent macrophyte height, distance, species \((p = 0.60; \text{Fisher’s})\), and coverage \((p = 0.81; \text{Fisher’s})\) were not different between nest and random sites (Table 1).

**Discussion**

Based on previous studies, we hypothesized that substrate composition would differ between nest and random sites. However, we found no difference between sites because substrate composition was relatively uniform (>80% sand) within West Long Lake. Other studies indicated that bluegills prefer sand or gravel substrate when selecting nest sites (Stevenson et al. 1969; Avila 1976; Bain and Helfrich 1983). Bluegills within Lake Cochrane selected areas characterized by a hard-bottom and gravel substrate (Gosch et al. 2018).
Bain and Helfrich (1983) also noted that suitable nesting substrate is a primary factor in determining recruitment success of Centrarchids. Therefore, nesting substrate appears to be a primary factor in the nest selection process for bluegills. Because West Long Lake substrate is predominately sand (an optimal substrate) bluegill may not be restricted to certain patches of adequate spawning locations, indicating that other factors may be more important within this lake.

One factor that appeared to be important in the nest selection process for bluegill in West Long Lake was submersed macrophytes. Nest sites were located further from submersed macrophytes and contained less submersed macrophyte coverage than random sites. All random sites (100%) were located less than 0.5 m from submersed macrophytes compared to just 20% of nest sites. Gosch et al. (2006) also found that bluegill nest sites were located in areas with less macrophyte coverage. In addition, Avila (1976) found that bluegills typically nest in areas void of macrophytes. Almost all bluegill nest sites were located near Fries’ pondweed rather than coontail or star duckweed. Star duckweed was found near 60% of the random sites but absent from all nesting sites. One explanation for the difference in macrophyte composition between sites could be related to structural differences between star duckweed and Fries’ pondweed. Star duckweed is typically considered a floating macrophyte species but can also be found submersed (Larson 1993), whereas Fries’ pondweed is always submersed. Star duckweed was submersed and found on the bottom of West Long Lake as opposed to floating. Furthermore, star duckweed is not deeply rooted in the substrate and may be easier for bluegills to dislodge compared to rooted macrophytes (i.e., Fries’ pondweed) if bluegill mechanically remove vegetation during nest building. Centrarchids typically construct nests by removing debris and forming a depression using a sweeping motion (Spotte 2007) but it is unclear whether bluegills simply selected sites with lower macrophyte coverage or that macrophytes were mechanically removed during nest building. Although submersed macrophytes differed significantly between nest and random sites, variables associated with emergent macrophytes did not significantly differ between nest and random sites. Thus, submersed macrophytes may play a larger role than emergent macrophytes in the nest selection process. Future research is warranted to separate the effects of bluegill nesting behavior and physical characteristics (i.e., submersed macrophytes) of nesting sites.

All bluegill nesting colonies were located on the south shoreline of West Long Lake. Prevailing winds in this region originate from the south (Kaemingk et al. 2011b), suggesting that wind protection may be related to bluegill nest site selection. Wind and wave action have been found to negatively affect nests and decrease nesting success of other Centrarchids such as largemouth bass (Kramer and Smith 1962) and smallmouth bass Micropterus dolomieu (Goff 1986; Steinhart et al. 2005). Pope and Willis (1997) also found that black crappie Pomoxis nigromaculatus in South Dakota lakes selected for locations protected from wind and waves. In contrast, Gosch et al. (2006) concluded that wind protection was not influential in the nest selection process for bluegill in Lake Cochrane. West Long Lake is much more shallow (mean depth = 4.0 m) and wind and wave action may have more of an effect within shallower lakes. West Long Lake and Lake Cochrane differ substantially in morphometric and shoreline characteristics, with Lake Cochrane found at a lower elevation compared to the surrounding area and protected by trees, which was not the case at West Long Lake.

Surface water temperature was significantly cooler in nest sites than in random sites. Surface temperature may differ between sites because nest sites were further from submersed aquatic vegetation or because of temporal differences in measurements. However,
random and nest sites differed by less than 1.5°C and therefore this difference may not be biologically important. In contrast to the Gosch et al. (2006) study, nest sites in West Long Lake were located further from shore compared to random sites. The south side of West Long Lake contains greater emergent macrophyte coverage (M. Kaemingk, South Dakota State University, unpublished data), extending much further from shore than other areas of the lake, and thus bluegills may need to nest further from shore to avoid nesting in these emergent vegetation patches. However, dissolved oxygen, conductivity, substrate firmness, and maximum fetch were not different between nest and random sites in West Long Lake. Gosch et al. (2006) found differences in dissolved oxygen levels and substrate firmness but no difference in maximum fetch between nesting and random sites.

Our results and previous studies suggest that three primary habitat variables may play a pivotal role in nest site selection for bluegills: suitable nesting substrate, reduced levels of submersed macrophytes, and protection from wind and waves. However, some habitat variables may be more or less influential depending on lake characteristics and geographic location. Rejwan et al. (1999) hypothesized that adult smallmouth bass face a hierarchical choice between factors when selecting nest sites. Our results indicate that bluegill may also prioritize among factors when selecting a suitable nest site (Figure 6). Most studies indicate the influence of sand or gravel substrate on nest site selection (Stevenson et al. 1962; Avila 1976; Bain and Helfrich 1983; Gosch et al. 2006) followed by reduced submersed macrophyte coverage (Avila 1976; Gosch et al. 2006; this study) and protection from wind and waves (this study). Differences among water bodies may help to explain why some factors appear more important than others in the bluegill nest selection process. For example, we found suitable spawning substrate throughout West Long Lake and all nests were located along the south shoreline (wind and wave protection) whereas Gosch et al. (2006) found nest sites along multiple shorelines in areas with gravel and hard bottom substrate, which were not found throughout the lake. Therefore, bluegills in Lake Cochrane (Gosch et al. 2006) appeared to select sites primarily based on substrate with less influence from wind and wave protection. Alternatively, bluegill nesting substrate was similar throughout West Long Lake, which allowed bluegill to nest in areas that

![Figure 6. A conceptual hierarchical decision tree relating to bluegill nest site selection using results from this study and previous studies. Further information is needed on factors other than substrate, vegetation coverage, and shoreline protection that receive lower priority in the nest selection process.](image)
provided the most protection from wind and waves. Future studies examining nest site selection for bluegill should test this hierarchical hypothesis (Figure 6), which may lead to a more comprehensive understanding of this important process.

This study and others suggest that efforts and resources should be directed toward improving or modifying substrate composition, submersed macrophyte dynamics, and protection from wind and waves (potentially in that order). Understanding the factors that affect bluegill nest site selection may lead to enhanced management processes and ultimately a more comprehensive understanding of the recruitment process of bluegill. Our results provide information on bluegill nest site selection in a natural lake with minimal anthropogenic disturbance and ultimately adds to the existing information on the bluegill recruitment process that is necessary for fisheries management.

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