

University of Nebraska - Lincoln

DigitalCommons@University of Nebraska - Lincoln

---

Historical Materials from University of  
Nebraska-Lincoln Extension

Extension

---

1985

## HEG85-202 Cash Flow Planning Form: For Household Expenses

Kathleen Prochaska-Cue

University of Nebraska - Lincoln, [kprochaska-cue1@unl.edu](mailto:kprochaska-cue1@unl.edu)

Follow this and additional works at: <https://digitalcommons.unl.edu/extensionhist>



Part of the [Agriculture Commons](#), and the [Curriculum and Instruction Commons](#)

---

Prochaska-Cue, Kathleen, "HEG85-202 Cash Flow Planning Form: For Household Expenses" (1985).  
*Historical Materials from University of Nebraska-Lincoln Extension*. 967.  
<https://digitalcommons.unl.edu/extensionhist/967>

This Article is brought to you for free and open access by the Extension at DigitalCommons@University of Nebraska - Lincoln. It has been accepted for inclusion in Historical Materials from University of Nebraska-Lincoln Extension by an authorized administrator of DigitalCommons@University of Nebraska - Lincoln.



## Cash Flow Planning Form *For Household Expenses*

This NebGuide provides detailed step-by-step instructions for filling out a cash flow plan for household living expenses.

---

*Kathy Prochaska-Cue, Extension Family Economics and Management Specialist*

---

### What Is Cash Flow Planning?

A cash flow plan shows the sources, amounts and timing of income and expenses. It shows when major expenses will come, when you will need credit and when you can plan for other major expenses. A cash flow plan is usually for one year, but it can be for any time period you choose.

### Where to Start?

Gather all of the sources of information you have about family living expenses -- checkbooks, receipts, due dates and amounts of insurance premiums and debts, and any records you have kept in the past year. With this information to help you look ahead, you are ready to begin to plan household expenses.

### Steps To Follow

Complete the form on page 2, column by column, starting with the first period of the time being considered. Do the form in pencil; round all figures to dollars; refer to the line explanations section for more information.

1. In the blank following "Date completed" put today's date (or the date you finish the form). Fill in your family's name for identification. Determine the total time period you want to plan for; then break it down into smaller parts. Fill in time period headings for each column; for example, "1-1-85 to 1-31-85," "1-1-85 to 3-31-85," or "1-6-85 to 1-20-85."
2. Complete *lines 1-5* of the first column to find the total cash available for the time period being considered. Put the total figure in *line 6*.
3. Complete *lines 7-13* to find the total fixed expenses anticipated. Put the result in *line 14*.
4. Complete *lines 15-17* to find the total projected savings. Put this figure in *line 18*.
5. Complete *lines 19-29* to get the total flexible expenses anticipated and put the result in *line 30*.



	17)								
	FLEXIBLE EXPENSES								
	19. Food (including home production)								
	20. Utilities-Home Share								
	21. Transportation-Home Share								
	22. Household Operation - Supplies, upkeep and repair								
	23. Health including health insurance premiums								
	24. Personal care and allowances								
	25. Gifts and Contributions								
	26. Education								
CASH FLOW OUT	27. Recreation								
	28.								
	29.								
	30. Total Flexible Expenses (add 19-29)								
	IRREGULAR EXPENSES								
	31. Clothing and Upkeep								
	32. Furnishings and Equipment								
	33. Life and Disability Insurance								
	34.								
	35.								
	36. Total Irregular Expenses (add 31-36)								
	37. Total Cash Required for Household Expenses (Add lines 14, 18, 30, and 36)								
	38. Ending Cash Balance								

### Line Explanations

#### Cash Flow In

Line 1. Beginning Balance--includes cash on hand and in the household expense checking account.

Lines 2-3. Regular Income--Take-home allowed for household expenses.

Line 4. Transfer from Business Account--amount allowed for household expenses from business account (if any).

Line 5. Other Income--Other income specifically for household expenses such as gifts, tax refunds.

Line 6. Total Cash Available--Add lines 1-5

#### Cash Flow Out--Fixed Expenses

Lines 7-13. Credit Debt Payments -- Amount of payment for all installment, credit card and other debts (including interest). List each separately. Also list other fixed expenses such as housing rent or payment, other credit debt payments, childcare expenses, etc.

Line 14. Total Fixed Expenses -- Add *lines 7-13*.

### **Savings and Investments**

Line 15. Emergency Fund Savings -- Fund maintained for unexpected emergencies (insurance deductibles, unexpected travel or expense, repair or replacement of house hold items, legal expenses, etc.)

Lines 16-17. Other Savings -- Savings for purposes other than emergencies, such as education; other investments besides business, retirement, etc.

Line 18. Total Savings -- Add *lines 15-17*.

### **Cash Flow Out -- Flexible Expenses**

Line 19. Food--Include food eaten at home and away (including school lunches), and home food production.

Line 20. Utilities -- Household utilities expense (gas, electricity, telephone, water).

Line 21. Transportation -- Household car and other transportation expense (gas, oil, maintenance, repair, license plates, insurance, plane, taxi, car rental, etc.)

Line 22. Household Operation -- Supplies, upkeep, house repairs, safe deposit box rent, hired help for the house, postage and stationery, household property insurance, laundry supplies, dry cleaning.

Line 23. Health -- Medical and hospital insurance premiums, doctor, dentists, medicine, eye glasses, therapy treatments, x-rays, lab tests.

Line 24. Personal Care and Allowances -- Barbershop, grooming and beauty aids, "coffee breaks," beauty shop.

Line 25. Gifts and Contributions -- Church, charities, holidays, wrapping paper, cards, special contributions.

Line 26. Education -- Books, tuition, newspapers, magazines, music and dance lessons, seminar and workshop fees.

Line 27. Recreation -- Club dues, sports, movies, vacations, babysitting during recreation, records, pets, tobacco, alcoholic beverages, hobby supplies, cable television.

Line 28-29. Other Flexible Expenses -- Those flexible expenses that won't fit in *lines 19-27*, such as babysitting while working, unreimbursed business expenses, etc.

Line 30. Total Flexible Expenses -- Add *lines 19-29*.

## **Irregular Expenses**

Line 31. Clothing Upkeep -- Clothing purchases, home sewing supplies.

Line 32. Furnishings and Equipment -- Appliances, furniture, small and large household equipment and furnishings items.

Line 33. Life and Disability Insurance -- Premium payments for life and disability insurance.

Lines 34-35. Irregular Expenses that won't fit in *lines 31-33*, such as school expenses, heating fuel, vacations, union/professional dues, etc.

Line 36. Total Irregular Expenses -- Add *lines 31-35*.

## **Summary**

Line 37. Total Cash Required for Household Expenses -- Add *lines 14, 18, 30 and 36*.

Line 38. Ending Cash Balance -- *Line 6* minus *Line 37*.

---

***File HEG202 under: HOME MANAGEMENT***

***B-1m, Money Management***

*Issued April 1985; 10,000 printed.*

*Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Elbert C. Dickey, Director of Cooperative Extension, University of Nebraska, Institute of Agriculture and Natural Resources.*

*University of Nebraska Cooperative Extension educational programs abide with the non-discrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture.*