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# Older People: Where Should They Go For Clothes?

Rose Marie Tondl, Extension Clothing Specialist

The effect of the growing number of older Americans on the economy and the changing needs of the active senior citizens of the nineties is well documented.

In spite of the recently noted active lifestyle, affluent status, and ever rapidly growing number of older people, the physical challenges of the normal aging process can not be denied. Limited motion, wrinkled skin, changing posture, and sagging muscles are inevitable. Although these physical changes are not chronic or life threatening, they do affect how an older consumer functions.

Attractive and functional clothing can increase how older people cope by making them feel good about themselves. Clothes can enhance their self-image, self-esteem, satisfy their need for social acceptance and improve their appearance.

Appropriate clothing with specialized features can also make life easier. Shoulder openings in T-shirts to make getting dressed easier, full length sleeves to camouflage sagging muscles, and two-piece versus one-piece garments are some clothing modifications institutionalized older consumers prefer (Chowdhary, 1990, 1991).

Clothes designed for easy wear aren't restricted to persons with disabilities. Velcro fasteners, elasticized waistbands, and side seam loops to offer a holding grip for those with limited motion are examples of clothing modifications which might appeal to any older person.

Clothing can enhance the strengths of their physical body or camouflage the weaknesses resulting from the aging process, medical treatment or accidents.

Currently, several manufacturers design clothes that can be used by older people. Most of these companies are small and don't spend a lot of money advertising their products. Most of the manufactures who design clothes for those with special needs are generally driven by compassion rather than a profit motive in mind.

#### References

- Chowdhary, U. (1990). Notion of control and self-esteem of the institutionalized men. *Perceptual and Motor Skills*, 70, 731-738.
- Chowdhary, U. (1991). Clothing and self-esteem of the institutionalized elderly female: To experiments. *Educational Gerontology*, 17, 527-541.

## Acknowledgements

- Usha Chowdhary, Associate Professor, University of Missouri-Columbia
- Brenda Woods, Graduate Student, Textile and Apparel Management, University of Missouri-Columbia

## **CLOTHING MANUFACTURERS/VENDORS**

The following listing will help agencies on aging, caregivers, consumers, educators and family members. The companies who provide these types of clothing often don't prosper as fast as the mass merchandisers. They go in and out of business much faster than their larger more general counterparts. As you use this information contact the company by mail or phone. Don't be surprised if some companies are no longer in business. This list was compiled in the Fall of 1991 and Spring 1992.

## 1. Ablewear Maddak, Inc.

Pequannock, NJ 07440-1992 (800) 443-4926

Price Range: wide variation

aids for daily living, home health-care, and rehabilitation

#### 2. Access with Ease, Inc.

P.O. Box 1150 Chino Valley, AZ 86323

*Price Range:* \$5-13

shoe horn, folding dressing stick, combi buttoner, and slip-on help

#### 3. Adaptability

P.O. Box 515 Colchester, CT 06415-0515 (800) 243-9232

*Price Range:* \$2-15

button helper, stainless steel shoe horn, soft sock starter, pen/pencil and crochet grips, slip-on convenience, and economy dressing stick

## 4. American Health Care Apparel

334 Church Street Easton, PA 18042 (800) 252-0584 Price Range: \$2-99

colorful clothes for both men and women including a variety of comfortable shoes, garter belts and incontinent briefs

#### 5. Atco Orthoses for Men and Women

450 Portage Trail

Cuyahoga Falls, OH 44222

Price Range: not listed

incontinent apparel, splints and orthopedic canes for both men and women

## 6. Avenues (Everest Jennings Avenues)

3223 E. Mission Oaks Boulevard Camarillo, CA 93012 (800) 848-2837

*Price Range:* \$12-245

up-to-date clothing for wheelchair users

Some garments have been designed by a person who has been wheelchair mobile for 22 years and dressy styles are featured.

## 7. Bissell Healthcare Company

Camp International, Inc. World Headquarters Jackson, MI 49204-0089 (800) 492-1088

antron swimsuits, support bras, prostheses, Lymphedema sleeves for mastectomies, carries postural, lumbosacral, and other "neoprene orthopedic supports"

## 8. Bruce Medical Supply

411 Waverly Oaks Road, Box 9166 Waltham, MA 02254 (800) 225-8446

Price Range: \$2-475

wheelchairs and accessories, diabetic accessories and supplies, drainable ostomy, laryngectomy and tracheostomy supplies, fashion stoma scarf, turtle-neck stoma cover, posture support, arthritis gloves, inflatable neck pillow, wonder walkers, and cane accessories are some of the highlights (most of these are under \$20)

## 9. Buck and Buck Apparel

4115 S. W. Arroyo Drive Seattle, WA 98146 (800) 458-0600

*Price Range:* \$2-60

Regular and adaptive clothing for men and women in nursing homes (variety of colors and styles), footwear for both men and women

## 10. Caring Concepts

744 Roble Rd, Suite 190 Allentown, PA 18103 (800) 462-3456 caringconcepts@usa.net

Price Range: \$3-40

adaptable and basic clothing items for women and men including dresses, dusters, activewear, sportswear, Muu-Muus, sleepwear, underwear, hosiery, socks, shoes and slippers, plus miscellaneous items

## 11. Classique Inc.

6502 Northwest, 36th Street Miami, FL 33166 (613) 546-5224

*Price Range:* \$20-180

post mastectomy fashion, swimwear featuring high quality

## 12. Comfort Clothing

21 Harvey Street Kingston, Ontario K7K5C1 (800) 327-1332

Price Range: \$7-89

apparel for women, special occasion dresses, button fastened dresses, everyday dresses, zipper front dresses, pullovers, mix and match nauticals, lounge wear, and night wear

## 13. Comfortably Yours

2514 East 43rd, Box 182216 Chattanooga, TN 37422-7216

Price Range: \$8-129

apparel for women, shoes, garden supplies and appliances

## 14. The D'Yampert Collection

824 Dakin Avenue New Orleans, LA 70121

Price Range: \$22-81

Catalog of smart, elegant fashions. Features include velcro, snaps, and long zippers. Armholes are full for comfort, and all styles are in wonderful, bright colors. Sizes range from XS, S, M, L, and XL.

#### 15. Enrichments for Better Living

145 Tower Drive, Box 579 Hillsdale, IL 60521 (800) 323-547

Price Range: wide variation

innovative products for home or travel to make life more comfortable, improve health and lighten the workload

## 16. Exceptionally Yours

60 Joseph Road, Box 3246 Framingham, MA 01701

Price Range: \$15-25

sweatsuits

## 17. FashionAble for Better Living

5 Crescent Avenue, Box 5 Rocky Hill, NJ 08553 (609) 921-2563

Price Range: \$6-48

shoe stretcher, metatarsal cushions, foot care pads and cushions, slip-on dressing aids, stocking pull-on, button-aid, anti-snore foam collar, ankle and knee supports, various types of gloves, socks and warmers, knitted vests, garter belts, posture bras, thigh protectors, incontinent briefs, and slipper socks

## 18. Fashion Ease Catalog

M & M Healthcare Apparel Co. 1541 60th Street Brooklyn, MY 11219 (800) 221-8929

Price Range: \$15-30

Easy-care, easy-to-wear garments. Apparel has adaptive closures and snaps to facilitate dressing. Back closure clothing is also available.

#### 19. For Your Comfort Special Needs Clothing

3372 Fieldstone Drive Doylestown, PA 18901 (215) 794-3406

*Price Range:* \$10-36

Handcrafted soft, warm, and comfortable apparel for those with low mobility.

## 20. Ginny-Jac Designs

Box 263 Jefferson, NY 12093 (607) 652-7994

Price Range: \$30

vest for teaching independence in dressing

#### 21. Hen's Nest

Box 531

Colby, KS 67701

(913) 462-3104

*Price Range:* \$25 (average) children's and women's clothing

## 22. J. C. Penney Easy Dressing Catalog, Catalog Division

Atlanta, GA 30390-0370 (800) 222-6161

Price Range: \$18-65

apparel including shoes and accessories with innovative use of velcro

The styles focus on comfort, ease in dressing, independence and versatility in use of mainstream clothing.

## 23. Henson Kickernick

Box 1026 Greenville, TX 75403 (903) 408-5181

*Price Range:* \$7-35

bras

## 24. Jobst Products Catalog

Box 653 Toledo, OH 43694-0653 (800) 537-1063 (800) 228-2736 (in Ohio)

*Price Range:* \$.50-875

Medical items for pressure therapy.

support hosiery, shock suits, antishock pants, thigh high garter belts, compression stockings, and post-mastectomy products

#### 25. Jodee Inc.

Box 3837 Hollywood, FL 33083-9978

*Price Range:* \$12-199

post-mastectomy products: light-weight contemporary bras, comfort support bras, front-ease bras, long line bras, lace and sleep lounge bras, and accessories

## 26. J. T. Posey Company

5635 Peck Road Arcadia, CA 91006-0020 (800) 44-POSEY

Price Range: \$1-28

safety and comfort products

## 27. Laurel Designs

5 Laurel Avenue, #9 Belvedere, CA 94920 (415) 435-1891

Price Range: \$5-30

Clothing for people in wheelchairs.

## 28. Mature Wisdom

Box 28 Hanover, PA 17333-0028 (800) 638-6366

*Price Range:* Clothing: \$29-59, Shoes: \$19-40 clothing, shoes, and items to ease mind and body

## 29. M & M Health Care Apparel

1541 60th Street Brooklyn, NY 11219-9958 (800) 221-8929

*Price Range:* \$1-73

Apparel in a variety of styles, fabrics, shoes, suspenders, and wheelchair/walker carryall

#### 30. On the Rise

2282 Four Oaks Grange Road Eugene, OR 97405 (503) 687-0119

Price Range: \$23-64

Custom-made clothing for men, women, and children: dresses, pants, shirts, and robes

## 31. PTL Designs, Inc.

Rt. 3, Box 745 Perkins, OK 74059 (918) 372-4322

Price Range: \$15-49

Clothing for the elderly and disabled for men, women, and children jumpsuits, dresses, tops, pants, skirts, robes, and gowns

#### 32. Prime Time Fashions

Box 8850 Chapel Hill, NC 27515-8850 (800) 654-7878

*Price Range:* \$26-110

Women's fashions: generous elastic waistbands, easy zippers and buttons in front with Velcro option, nonbending armholes and easy care fabrics

## 33. Ramsey

150 Eastern Parkway Germantown, NY 12526 (518) 537-5846

Price Range: \$10-14

terrycloth protective covers, collars and Bandannas

#### 34. Fred Sammons Inc.

Box 32 Brookfield, IL 60513 (800) 323-5547

*Price Range:* \$2.50-70

dressing aids, occupational and physical therapy, grooming aids, breast prostheses, hosiery and lingerie

There is an Enrichments catalog that features items to make life more comfortable and lighten the workload.

## 35. Sears Home Health Care Specialog

(800) 326-1750

Price Range: \$12-30

home health items, men's and women's wear styled for easy dressing

## 36. Senior Fashions, Inc.

1619 South Peoria Tulsa, OK 74120 (800) 324-5566

Price Range: \$5-55

clothing and accessories figure

## 37. Smart Living

15724 Western Avenue Omaha, NE 68118 (800) 848-9326

Price Range: \$24-50

clothing with velcro and snap closures only

#### 38. Sunshine Brothers

4552 Warrensville Center Road Cleveland, OH 44128 (800) 428-8000

Price Range: Clothing: \$10-25, Shoes: \$16-65

pants, shirts, sweaters, underwear, socks and accessories, sleepwear and robes, slippers and shoes

## 39. Surgical Products Inc.

99 West Street Medfield, MA 02052-0988 (800) 229-2910

*Price Range:* \$2.50-99

Insulated underwear, ice and snow walkers, shoulder warmer, thermal lap wrap, inflatable neck pillow, fitted briefs, women's midway panties and leg briefs

## 40. Techni Flair

2nd and Dalton Street Cotter, AR 72626 (800) 643-5656

*Price Range:* \$2.50-35

Items designed especially for nursing home residents or any one experiencing physical difficulties. The products are attractive, stylish, and functional.

#### 41. The P.R.I.D.E. Foundation

71 Plaza Court Groton, CT 06340

Information and publications for promoting real independence for the disabled and elderly.

#### 42. Vocational Guidance Services

2239 E 55th Street Cleveland, OH 44103

Price Range: \$7-30

dresses, slips, robes, and gowns

#### 43. Wardrobe Wagon

555 Valley Road P.O. Box 714 Orange, NJ 07051-0714 (800) WW-CARES

Price Range: \$3-75

Clothing for both men and women

women's clothing: casual clothing, sweaters, sleepwear, undergarments, hosiery and footwear men's apparel: casual apparel and outerwear, sleepwear, and specialty apparel (incontinent)

#### 44. Wings Sewn Products

2239 East 55th Street Cleveland, OH 44103 (800) 227-6625

Price Range: \$10-45

clothing for men and women easy to reach back, velcro closures, wide armholes, and machine washability

## 45. Wishing Wells Collections Inc.

11684 Ventura Boulevard, Suite 965 Studio City, CA 91604

Wheelchair users, arthritic patients, and for those who are looking for comfortable clothing with independence and updated looks

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