

1924

EC970 Weight-Height-Age Tables for School Age

Follow this and additional works at: <http://digitalcommons.unl.edu/extensionhist>

"EC970 Weight-Height-Age Tables for School Age" (1924). *Historical Materials from University of Nebraska-Lincoln Extension*. 2394.
<http://digitalcommons.unl.edu/extensionhist/2394>

This Article is brought to you for free and open access by the Extension at DigitalCommons@University of Nebraska - Lincoln. It has been accepted for inclusion in Historical Materials from University of Nebraska-Lincoln Extension by an authorized administrator of DigitalCommons@University of Nebraska - Lincoln.

1924

Nebraska
COOPERATIVE EXTENSION WORK
IN AGRICULTURE AND HOME ECONOMICS
U. of N. Agr. College & U. S. Dept. of Agr. Cooperating
W. H. Brokaw, Director, Lincoln.

Extension
Circular
970

WEIGHT-HEIGHT-AGE TABLES FOR SCHOOL AGE

-GIRLS-

Ht. In.	Ave. wt. for height	5 yr.	6 yr.	7 yr.	8 yr.	9 yr.	10 yr.	11 yr.	12 yr.	13 yr.	14 yr.	15 yr.	16 yr.	17 yr.	18 yr.
38	33	33	33												
39	34	34	34												
40	36	36	36	36											
41	37	37	37	37											
42	39	39	39	39											
43	41	41	41	41	41										
44	42	42	42	42	42										
45	45	45	45	45	45	45									
46	47	47	47	47	48	48									
47	50	49	50	50	50	50	50								
48	52		52	52	52	52	53	53							
49	55		54	54	55	55	56	56							
50	58		56	56	57	58	59	61	62						
51	61			59	60	61	61	63	65						
52	64			63	64	64	64	65	67						
53	68			66	67	67	68	68	69	71					
54	71				69	70	70	71	71	73					
55	75				72	74	74	74	75	77	78				
56	79					76	78	78	79	81	83				
57	84					80	82	82	82	84	88	92			
58	89						84	86	86	88	93	96	101		
59	95						87	90	90	92	96	100	103	104	
60	101						91	95	95	97	101	105	108	109	111
61	108							99	100	101	105	108	112	113	116
62	114							104	105	106	109	113	115	117	118
63	118								110	110	112	116	117	119	120
64	121								114	115	117	119	120	122	123
65	125								118	120	121	122	123	125	126
66	129									124	124	125	128	129	130
67	133									128	130	131	133	133	135
68	138									131	133	135	136	138	138
69	142										135	137	138	140	142
70	144										136	138	140	142	144
71	145										138	140	142	144	145

Age - years		6	7	8	9	10	11	12	13	14	15	16	17	18
Average height (inches)	Short	43	45	47	49	50	52	54	57	59	60	61	61	61
	medium	45	47	50	52	54	56	58	60	62	63	64	64	64
	Tall	47	50	53	55	57	59	62	64	66	66	67	67	67
Average Annual Gain (lbs)	Short	4	4	4	5	6	6	10	13	10	7	2	1	-
	Medium	5	5	6	7	8	10	13	10	6	4	3	1	-
	Tall	6	8	8	9	11	13	9	8	4	4	1	1	-

- BOYS -

Ht. In.	Ave. Wt. for height	5 yr.	6 yr.	7 yr.	8 yr.	9 yr.	10 yr.	11 yr.	12 yr.	13 yr.	14 yr.	15 yr.	16 yr.	17 yr.	18 yr.	19 yr.
38	34	34	34													
39	35	35	35													
40	36	36	36													
41	38	38	38	38												
42	39	39	39	39	39											
43	41	41	41	41	41											
44	44	44	44	44	44											
45	46	46	46	46	46	46										
46	48	47	48	48	48	48										
47	50	49	50	50	50	50	50									
48	53		52	53	53	53	53									
49	55		55	55	55	55	55	55								
50	58		57	58	58	58	58	58	58							
51	61			61	61	61	61	61	61							
52	64			63	64	64	64	64	64	64						
53	68			66	67	67	67	67	68	68						
54	71				70	70	70	70	71	71	72					
55	74				72	72	73	73	74	74	74					
56	78				75	76	77	77	77	78	78	80				
57	82					79	80	81	81	82	83	83				
58	85					83	84	84	85	85	86	87				
59	89						87	88	89	89	90	90	90			
60	94						91	92	92	93	94	95	96			
61	99							95	96	97	99	100	103	106		
62	104							100	101	102	103	104	107	111	115	
63	111							105	106	107	108	110	113	118	123	127
64	117								109	111	113	115	117	121	126	130
65	123								114	117	118	120	122	127	131	134
66	129									119	122	125	128	132	136	139
67	133									124	128	130	134	136	139	142
68	139										134	134	137	141	143	147
69	144										137	139	143	146	149	152
70	147										143	144	145	148	151	155
71	152										148	150	151	152	154	159
72	157											153	155	156	158	163
73	163											157	160	162	164	167
74	169											160	164	168	170	171

Age - years		6	7	8	9	10	11	12	13	14	15	16	17	18	19
Average height (inches)	Short	43	45	47	49	51	53	54	56	58	60	62	64	65	65
	medium	46	48	50	52	54	56	58	60	63	65	67	68	69	69
	Tall	49	51	53	55	57	59	61	64	67	70	72	72	73	73
Average annual gain (lbs)	Short	3	4	5	5	5	4	8	9	11	14	13	7	3	-
	Medium	4	5	6	6	6	7	9	11	15	11	8	4	3	-
	Tall	5	7	7	7	7	8	12	16	11	9	7	3	4	-

(Weight-Height-Age Tables prepared by Bird T. Baldwin, Ph. D., and Thomas. D. Wood, M. D. Published by the American Child Health Association, Washington, D. C.).