

1972

EC72-954 Spice Chart

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SPICE CHART

EC 72-954

Appetizers		Fish Seafoods	Eggs Cheese Dishes	Meats	Poultry Game	Vegetables	Salads	Desserts Baked Foods
Allspice	cranberry juice hot cider spiced milk		cheese	pot roasts stews gravy		beets spinach sweet potato		coffee cake cakes, cookies puddings
Cardamom	coffee							Danish pastry coffee cake
Cayenne	spreads dips	shrimp salads cock tails	fondue souffle omelet	tongue sausage stews, gravy	chicken		egg seafood potato	
Chili Powder	tomato juice vegetable juice dips	salads creamed dish	fondue omelet cottage cheese	chili tamale pie stews	chicken	onions potatoes rutabagas	egg potato seafood	biscuits bread rolls
Cinnamon				stews sauerbraten		pickles beets squash	pear peach pineapple	puddings rolls cake, cookies
Cloves	tomato juice vegetable juice			soup baked ham tongue		pickles beets squash	pear pineapple apricots	coffee cake puddings pies
Curry Powder	dips	shrimp curries stuffings	fondue souffle cottage cheese	sandwiches stuffings	chicken turkey	relishes cabbage tomatoes	egg fish fruit, veg	
Ginger	cranberry juice		fondue souffle omelet	gravy soup roast		pickles carrots sweet potato	dressings	fruit coffee cake puddings
Mace		fish			soup	pickles green beans sweet potato		quick bread puddings cherry pie
Mustard		fish	souffle omelet	gravy ham hotdogs		pickles	beet	
Nutmeg	beverages		fondue custard	meat balls		assorted veg		quick bread cakes, pies puddings
Paprika		garnish	garnish	veal ham soups	chicken	garnish	dressings garnish	
Turmeric		fish seafood	creamed eggs			relishes pickles		