

1972

EC72-953 Herb Chart

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HERB CHART

EC 72-953

	Appetizers	Fish Seafoods	Eggs Cheese	Meats	Poultry Game	Vegetables	Salads	Desserts Baked Foods
Basil			omelet	roasts stews ground beef		tomatoes relishes assorted veg	dressings	pies
Bay Leaves		fish lobster shrimp		stews tongue, ham spareribs		pickles		
Dill		fish	eggs cheese	meat soup		potatoes beans	dressings	
Marjoram	tomato juice	fish crabmeat lobster	omelet	sausage lamb stew, gravy	chicken stuffing soup	celery onions	chicken meat, egg vegetable	
Mint	beverages	fish	cheese	lamb soup stews		peas carrots		fruits desserts
Oregano	tomato juice	fish	scrambled egg pizza omelet	chili stew, gravy pork	poultry		egg tomato vegetable	
Parsley	garnish	fish	omelet	soup meat stews	stuffing	garnish	mixed green	
Rosemary		fish tuna stuffing	omelet scrambled egg	beef lamb meatloaf	chicken stuffing	turnips cauliflower onions	chicken egg vegetable	bread
Sage	tomato juice	fish	spreads omelet fondue	beef pork sausage	chicken stuffing gravy	beets onions tomatoes		cornbread biscuits
Savory	tomato juice vegetable juice	fish stuffing	eggs	beef, pork lamb stuffing	chicken soup		chicken fish tomato	
Saffron					soup chicken and rice			fancy bread
Tarragon			eggs	meat	chicken	tomatoes	dressings	
Thyme		clam chowder		stews pork meat loaf	pie dumplings stuffings	onions spinach tomatoes	potato salmon, tuna chicken, egg	cakes cookies