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## EC5528 Holiday Happiness

Mary E. Runnalls

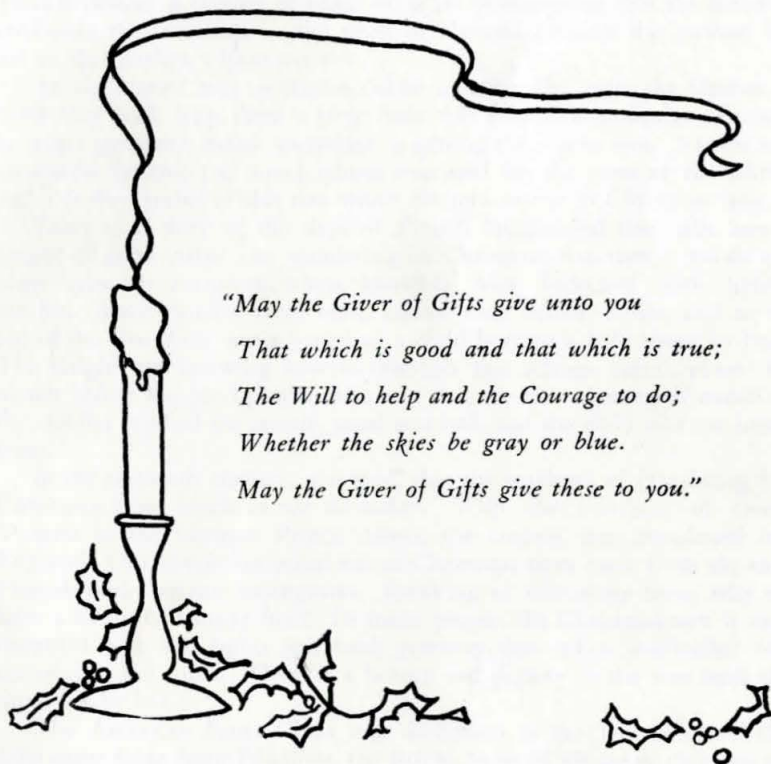
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## Holiday Happiness



# Holiday Happiness

MARY E. RUNNALLS

*"Christmas living is the best kind of Christmas giving"*

## Christmas Legends

At Christmas time, like children we prefer old stories to new ones. We like to think again of Christmas trees, and holly and mistletoe, of the story of the manger, of shepherds, of carols, and Santa Claus, and the jingle of bells, and good things to eat, and gifts to give and to receive.

In ancient days there was a belief that wood spirits dwelt in the trees. Thus it became a custom to bring branches of evergreen into the house to symbolize the invitation to the spirit of Nature. Perhaps this custom has led to the modern Christmas tree.

An old legend tells us that as Adam and Eve fled from the Garden of Eden they took with them a twig from the Tree of Knowledge. Because he was a gardener, Adam succeeded in getting the slip to root. It grew and eventually became the wood which was used for the cross of the Christ, and it is the symbol of this tree which we now revere at Christmas time.

There is a story of the days of French knighthood that tells how a knight of great virtue was wandering on Christmas Eve thru a woods and came upon an evergreen whose branches were bedecked with lighted candles. Some candles were erect, others were upside down, and at the top of the tree there was a vision of a child bearing a halo about its head. The knight not knowing how to interpret this strange vision, placed the matter before the good people, who said that the tree represented mankind, the candles typified the people, good and bad, and the child was the Infant Jesus.

In the sixteenth century, it is said, that the residents of Strasbourg had Christmas trees much as we do today. With the marriage of Queen Victoria to the German Prince Albert, the custom was introduced into England. Our almost universal use of Christmas trees came from the early English and German immigrants. Speaking of Christmas trees, why not have a living Christmas tree? To many people, the Christmas tree is more beautiful with soft lights and fresh greenery than when overloaded with ornaments and tinsel. There is a beauty and dignity in the tree itself that must not be lost.

The American Santa Claus is a derivation of the Dutch legend that gifts came from Saint Nikalous, the patron Saint of Mariners, children and maidens.

Certain legends claim that the crown of thorns was made from spiny leaves of holly. It was not until the advent of Christianity that the present name of holly plant was given, holly being the corruption of the word "holly".

*"The whole world is a Christmas Tree,  
And stars its merry candles be."*

The Scandinavians have given us the legend from which comes the custom of kissing under the mistletoe. Balder, God of Light, dreamed of a disaster which was to befall him. His mother, fearing for his safety, proclaimed that no plant growing from earth should harm him. She forgot that the mistletoe grew from the oak as a parasite and not from the earth. Loke, the enemy of Balder, caused him to be shot with a mistletoe arrow. Thus the mistletoe was proclaimed the emblem of purity and innocence by the Goddess of Love who also ordained that whoever passed beneath a branch of mistletoe was to be kissed immediately as a token of love.

Another legend tells us that the Christmas pies were first made to commemorate the birth of the Christ Child. The plate on which the pie was made represented the manger; the crust, the blanket in the manger; the meat and fruit were the hay; the spices were there as those brought by the Wise Men; and the upper crust represented the clothes that were wrapped about the baby Christ.

The custom of presenting gifts has come down to us from early Roman days when "Men gave honey things that the year of the recipient might be sweeter, lamps, that it might be full of light, silver and gold, that wealth might attend them."

Little thought the shepherds of long ago as they watched their flocks that night out yonder under the glimmering light of a Judean sky, that the breaking dawn would usher in the most wondrous morning of all the history of the world. But it did, by way of a new born babe cradled in a manger, and we are still telling the story of those shepherds.

But what does Christmas really mean? As the day comes some think of it as holy, some as worldly, some as reverent; some are gay, some find in it deep religious value, some merely an opportunity for feasting and revelry, some make it occasion for generous giving, others for selfish trading of gifts.

The true Christmas story is not hard to find, but how few remember to even seek for it. The ministry of Christ brought the wonderful lesson of peace and love, and it is the spirit of his teachings after all which is back of our present Christmas giving.

It was Henry Van Dyke who wrote the following on "Keeping Christmas":

"It is a good thing to observe Christmas day. The mere marking of times and seasons, when men agree to stop work and make merry together, is a wise and wholesome custom. It helps one to feel the supremacy of the common life over the individual life. It reminds a man to set his own little watch, now and then, by the great clock of humanity which runs on sun time.

"There is a better thing than the observance of Christmas day, and that is, keeping Christmas. Are you willing to forget what you have done

*"Let's dance and sing and make good cheer  
For Christmas comes but once a year."*



for other people, and to remember what other people have done for you; to ignore what the world owes you, and to think what you owe the world; to put your rights in the background, and your duties in the middle distance, and your chances to do a little more than your duty in the foreground; to see that your fellowmen are just as real as you are, and try to look behind their faces to their hearts, hungry for joy; to own that probably the only good reason for your existence is not what you are going to get out of life, but what you are going to give to life; to close your book of complaints against the management of the universe, and look around you for a place where you can sow a few seeds of happiness—are you willing to do these things even for a day? Then you can keep Christmas.

“Are you willing to stoop down and consider the needs and the desires of little children; to remember the weakness and loneliness of people who are growing old; to stop asking how much your friends love you, and ask yourself whether you love them enough; to bear in mind the things that other people have to bear on their hearts; to try to understand what those who live in the same house with you really want, without waiting for them to tell you; to trim your lamp so that it will give more light and less smoke, and to carry it in front so that your shadow will fall behind you; to make a grave for your ugly thoughts, and a garden for your kindly feelings, with the gate open—are you willing to do these things even for a day? Then you can keep Christmas.

“Are you willing to believe that love is the strongest thing in the world—stronger than hate, stronger than evil, stronger than death—and that the blessed life which began in Bethlehem nineteen hundred years ago is the image and brightness of the Eternal Love? Then you can keep Christmas.

“And if you keep it for a day, why not always? But you can never keep it alone.”

### What To Do About Santa Claus

*Is there a Santa Claus?* One group of adults take the extreme view that in order to protect their children from “untruth” they must deny everything connected with the Santa Claus story. Other adults mystify children with stories of Santa, a real person who comes down the chimney, for the thrill which they themselves receive.

Isn't it better to tell children that Santa (St. Nicholas) was a good man who lived long ago? Because he loved Christ and loved children, he wished to make them happy by giving them gifts on the Christ Child's birthday. Usually he gave them gifts secretly.

Need we tell children that Santa comes down chimneys today? Cannot we say that the Santa's dressed in red suits and white whiskers whom we see on the streets are folks who are dressed to look as they think Santa looked, and to do the things which they think Santa would do?

*“A good conscience is a continual Christmas.”*

St. Nicholas expressed his love for Christ by making others happy. The same love that animated St. Nicholas is abroad everywhere at Christmas time. It is the return of the spirit of Christmas, expressed thru the story of St. Nicholas, which has made Christmas live thru the ages thruout the world.

These are only a few of the Christmas traditions and customs which are given to make Christmas seem lovelier and dearer than ever in our own homes. Perhaps we can renew some of our own racial or family traditions and make Christmas have a deeper and richer meaning than ever before.

A little time and thought may make Christmas one of the most precious memories of our homes. One of the privileges of the Christmas season is to cherish the best that Christmas thru the ages has brought us.

As we grow older, we change our ideas concerning things about us. Our ideals also change. The changes cost us many a pang. Some of our beliefs may be dearer than pets, or kinsfolk, or friends. Many men have died for their beliefs. When we find we have been mistaken we must gather new ideas. It almost always happens that our new ideas are better, nobler, and happier than our outgrown fancies. An example of this is our first idea of Santa Claus. We are fortunate if our early belief in Santa Claus brings to us a true vision of the real Spirit of Christmas. Mr. Charles A. Dana, who for many years was one of the foremost journalists of America and who later became editor of the New York Sun, and while acting in this capacity received the following letter:

"Dear Editor: I am eight years old. Some of my little friends say that there is no Santa Claus. Please tell me the truth. Is there a Santa Claus? Virginia O. Hanlon."

The great editor answered in the following editorial, full of comprehension of the Spirit of Christmas Giving beyond the ken of most unthinking persons:

*"Is There a Santa Claus?"*

"Virginia, your little friends are wrong. They have been affected by the skepticism of a skeptical age. They think that nothing can be which is not comprehensible by their little minds. They do not believe except they see. All minds, Virginia, whether they be men's or children's, are little. In this great universe of ours, man is a mere insect, an ant, in his intellect, compared with the boundless worlds about him, as measured by the intelligence capable of grasping the whole truth and knowledge.

"Yes, Virginia, there is a Santa Claus. He exists as certainly as love and generosity and devotion exist, and you know that they abound and give to your life its highest beauty and joy. Alas, how dreary the world would be if there were no Santa Claus! It would be as dreary as if there were no Virginias! There would be no child-like faith, then, no poetry,

*"I will honor Christ in my heart and try  
to keep it all the year."*



no romance, to make tolerable this existence. We should have no enjoyment except in sense and sight. The eternal light with which childhood fills the world would then be extinguished.

"Not to believe in Santa Claus! You might as well not believe in fairies! You might get your papa to hire men to watch all the chimneys on Christmas Eve to catch Santa Claus; but even if they did not see Santa Claus coming down, what would that prove? Not everybody sees Santa Claus. The most real things in the world are those that neither children nor men see. Did you ever see fairies dancing on the lawn? Of course not; but that's no proof that they were not there. No one can conceive or imagine all the things that are unseen or unseeable in the world.

"You may tear apart a baby's rattle and see what makes the noise inside, but there is a veil covering the unseen world that not the strongest man, not even the united strength of all the strongest men that ever lived, could tear apart. Only faith, fancy, poetry, love, romance, can push aside that curtain and view and picture the supernal beauty and glory beyond. It is all real. Ah, Virginia, in all the world there is nothing else real and abiding.

"No Santa Claus? Thank God, he lives, and lives forever! A thousand years from now, Virginia, nay, ten thousand years from now, he will continue to make glad the hearts of children."

### Christmas Gifts

The word "Gift" has a happy sound. We like to give gifts and we like to receive them. Fortunately the value of a gift is not determined by the amount of money it costs. In fact, the gift which someone has made with her own hands out of little or nothing often means far more to the receiver than an expensive gift which was hastily or thoughtlessly purchased.

The message included in the package means a great deal to the receiver, and as some one has said, there is not any Christmas message more heart-warming than this, "*I made it for you.*"

Charles Dickens has said, "I have always thought of Christmas time as a good time; a kind forgiving, charitable, pleasant time, the only time when men and women seem by one consent to open their shut-up hearts freely, and I say, God Bless It!"

At Christmas time with children in the home it is possible to accomplish what the magic stardust, and the flying carpet and the miraculous pitcher all put together cannot do.

Giving the children an opportunity to share in the joy of "secrets" for making other people happy will add tremendously to their truest pleasures of the holidays. In some families the children give gifts to each other and to their parents, often made by themselves in secret. The matter of choosing gifts is a joyous responsibility when one is very young. Who knows better

*"This day shall change all griefs and quarrels into love."*

than a very small person what should make a Christmas stocking bulge from top to toe?

Part of the fun of Christmas, for either big or little, is the making of gifts. That busy, hurried feeling, the need of secrecy, the satisfaction in creating something, all combine to make this a happy, exciting time.

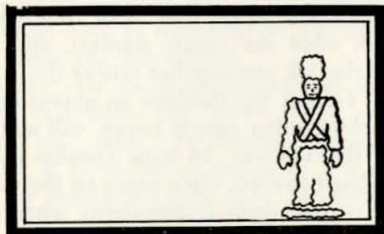
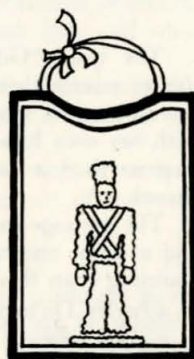
In making your choices of gifts, remember that a gift is the reflection of your own good taste. "Truly, something we would have kept is gone, that which we had is lost, and only that we give away is ours."

The kind of fancy work that takes months to accomplish is out of date, because modern life does not take kindly to slow processes of any kind. Gifts which are made by hand should be flavored with loving thoughts. In the interest of family relations and the holiday spirit, let us simplify our Christmas giving and pay our social and business debts in some other way. Some of us may have to stage a Christmas rebellion against senseless and formal giving, if we go back to the Christmas of real worth. This will probably mean fewer gifts of better quality, selected with greater care and much more pleasure. This same rule may be applied to cards as well as to gifts. Why should we select a card with a single sentiment engraved upon it and send it indiscriminately to all, from our best friend down to the coal man and grocer? Such cards mean so little. A card selected because it seems appropriate to its recipient or to express the sender's personal regard, is the true Christmas card.

Gifts carefully and thoughtfully selected bring pleasure and happiness to both the giver and the receiver. There are several things to consider in making the right selection. First, does the person need or have use for the particular thing or is it something we ourselves would like to have. Next, is the gift attractive and pleasing in itself and does it fit into the color scheme or within the color and taste of the individual who is to receive the gift? Is the article made of pleasing combinations of material suited to its purpose? Is it carefully made? Is it of the proper size or does it fit?

#### Gift Suggestions

A bib and place mat with a soldier on guard will please a little child. The background is of heavy linen crash bound with vari-colored bias tape. The soldier design, which is so simple to make that it will not require a pattern, is outlined or made with tiny rick-rack, blue for the trousers and head, red for the coat and yellow for the hat.



*"Life is to give and not to take."*



**Attractive book covers** have many uses. The book may be for your favorite recipes, hobbies or clippings. To make such a cover follow these directions:

#### Materials Needed

- |                                     |                                     |
|-------------------------------------|-------------------------------------|
| 2 pieces of stiff cardboard, 6"x 9" | 1 strip of outside material, 2"x10" |
| 1 strip of lining cambric, 10"x2"   | 2 pieces of lining paper, each      |
| 2 layers of sheet wadding, 9"x13"   | 5½"x8½".                            |
| Outside cover material, 14"x10¼"    |                                     |

#### Construction

1. Place the two pieces of cardboard one inch apart with longer edges parallel.
2. Fasten two pieces of cardboard together by applying the lining strip lapping strip one-fourth inch over cardboard. Fold ends of strip to other side and paste.
3. Paste both layers of sheet wadding to cardboard.
4. Place padded side of cardboard cover on wrong side of outside material—allowing three-fourths inch margin on all sides.
5. Fold edges, miter all corners, snip carefully extra corner material. Paste securely.
6. Apply strip of outside material to inside center, fold ends under and paste.
7. Apply paste to edges only of lining paper and fasten to inside of cover.
8. Equip book with folded sheets of paper tied in with cord. See book shown at leaders' demonstration.

**An oilcloth cover** for your friend's cook book can be made by measuring the length of the book as well as the distance from one edge around the back to the other edge. To this number add 6 inches to allow for the amount turned to the inside of the cover. Cut the lining of figured oilcloth a little smaller. The two inside edges may be bound together with bias tape and the outside edges overcast thru punched holes or bound with bias tape.

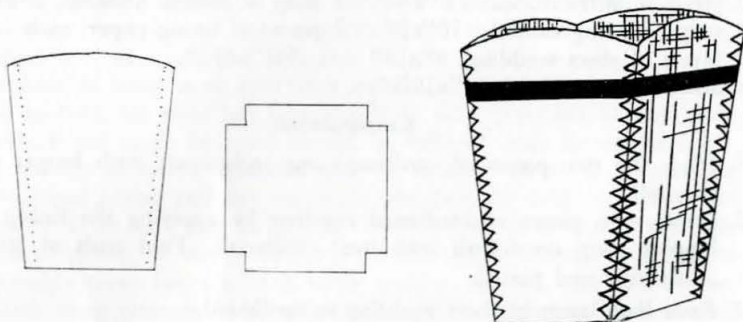
**A yard stick holder** is a convenience to any homemaker. A holder may be made from a strip of oilcloth 40 inches long and 2½ inches wide with four pockets of shorter lengths for yard stick, foot rule, tape measure, and scissors.



**A waste paper basket** is a desirable gift for a boy or an adult. This can be made of four pieces of cardboard covered with pretty colored con-

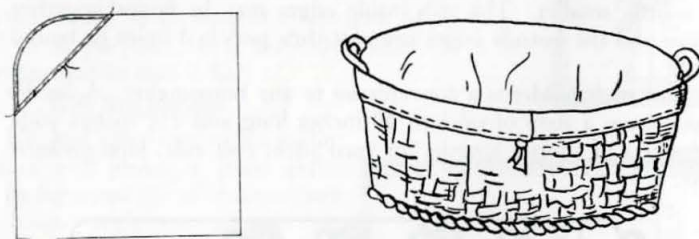
*"'Tis the season for kindling the fire of hospitality in the hall, the genial fire of charity in the heart—"*

struction paper, wall paper, or oil cloth. These four sides are laced to a square bottom and then laced up with a cord, yarn, or ribbon. A map, a picture of a ship, or any picture of interest to the person who will receive this gift may be pasted on one or more sides or it may be left plain with a border of a deeper color around the top.



Another, perhaps, simpler method of covering a waste basket is to first cut pieces of cardboard the desired size. Next cover the inside surfaces, then take strips of cloth and glue together the bottom and sides and then cover the outside with wall paper or any desired material. A good proportion for a basket would be pieces of cardboard 11" high by  $8\frac{3}{4}$ " top width and 7" bottom width of sides. The bottom measurements might be 7" x 7".

A **wrap-around blanket** for the baby is easily made from a blanket, eiderdown, or any other suitable material, by using a piece of material 29" square. One corner of this piece of material should be rounded and lined with a soft piece of material large enough for the baby's head. A draw string is put in around the curve and two strings across the straight edge meeting in the middle. See illustration and leader's demonstration.



A **lining for the clothes basket** is a useful gift. Cut an oval of muslin to fit the bottom of the basket and to it gather the straight pieces for the sides. The latter should be cut wide enough to extend over the top edge where it is held with a draw string or elastic. Bound slits slip over the handles.

*"Those who bring sunshine into the lives of others  
cannot keep it from themselves."*

**Book ends** are useable in most every room of the house. If you have a pair of tin snips, book end frames can easily be cut from tin and covered attractively with metal cloth, oilcloth, gingham, chintz, or wall paper, etc. A good proportion is  $4\frac{1}{2}$ " high by  $4\frac{3}{4}$ " wide with a standard  $2\frac{3}{4}$ " deep. The edges may be square or rounded.

**Tiles or tiny placques** are attractive gifts and can be made at very little cost. Small tiles can be purchased and silhouettes painted on the tiles with enamel. Further instructions will be given at the leader's demonstration.

The hostess who entertains will enjoy some "**hostess pads**" for hot dishes to be used on her dining table. These pads may be made from silence cloth material or outing flannel quilted on the sewing machine and a cover made from linen. The cover is double with one edge left open so that the pad may be inserted. A good size for the outside covering is a square not smaller than 6". Rick-rack or any decorative edge may be added as a trimming.

### OTHER GIFT SUGGESTIONS

#### Gifts for Girls or Women

Shopping bag	Beret
Mending box	Gloves
Collar and cuff sets	Pillows
Pajamas	Shoe bag
Handkerchief case	Dress protector
Handkerchiefs	Bedroom slippers
Scarf	

#### Gifts for Men and Boys

Ties	Pajamas
Scarf	Suit cover
Laundry bag	Shoe bag
Handkerchiefs	

#### Gifts for Children

Gifts for children may include both garments and toys. To release the mother's time, to develop self helps and self reliance in children and to conserve health, a wise gift for a child is one that emphasizes one or more of these points:

Homemade toys—See Ext. Circ. 5519	Scarfs
Doll clothes	Beret
Sunsuit and bonnet	Mittens
Pajamas	Play suit
Scrap books	

*"May your home most cheerful be  
As glowing as a Christmas tree  
And warmed with hospitality."*



### Gifts for the Household

The homemaker is not only delighted with gifts for herself but is also pleased with gifts for the home. It is quite important that the gift fills a need and is really useful. There is an endless variety of inexpensive gifts for the household:

Clothespin bag	Hot water bottle cover
Wooden wedge door stop	Lunch cloth from dyed sugar sacks
Memorandum pad and pencil holder	Silverware cases
Bag for holding paper sacks	Lunch basket cover
Laundry bag	Chair seats and covers
Rugs	Braided mats of silk
HOLDERS—plain materials quilted—	Knife rack
set of three different but harmon-	Knife box
izing colors	Canister set
Dust cloths in enameled coffee cans	Tea towels
Twine holder—made from small	Pillows
can with a hole in the top	

### Letters for Friends

A Christmas courtesy much neglected is letter writing. To some of your friends it may be that a long personal letter or a little note at Christmas time may be the most welcome gift you could send. Such notes or letters may be written several weeks before Christmas and still be just as acceptable.

### Gifts from the Kitchen and Garden

Christmas planning and preparations should be done early. **No mother who is worn out by last minute details can be genuinely joyous or even gracious on Christmas day.**

Why not do the Christmas baking, or at least some of it, early, as well as the Christmas shopping? Many cakes and cookies and candies will retain their original goodness over reasonably long periods, and some may actually improve on storage. A metal box with a tightly fitting cover, well lined and filled with food so that the amount of air is not too great, is the best receptacle for storage, but a good old-fashioned crock is also satisfactory. Fruit cakes, of course, should be made well in advance of the holiday season because they are better if allowed to ripen. By ripening we mean that the crust softens and takes on a sheen, the flavor blends, and the fruit becomes translucent.

Nothing makes a more personal gift than a gorgeous box of choice delicacies that you have made yourself. From the pantry shelf, the oven and the sauce pan, they come—sparkling jellies, fruited cakes, and tempting candies. The cans and jars in which such gifts may be packed may

*"Glory to God in the highest and on earth,  
good will toward men."*

be discarded cold cream jars, coffee, baking powder, or spice cans which have been made gay by Christmas wrappings or bright paint.

Christmas gifts grown on the farm are always acceptable, such as candied fruits, preserves, and jams, boxes of fruit, dressed fowls, extracted honey, canned foods of all kinds, snapshots, bittersweet, or even flower bulbs and seeds. Perhaps some of your friends have admired the flowers in your garden and would appreciate receiving the bulbs or seeds for these flowers which they particularly liked. Seeds placed in colored cloth sacks with the picture of the flower cut from a seed catalogue and pasted on the sack is attractive. Other suggestions may be:

Cookies	Nuts
Canned or cured meat	Canned vegetables and fruits
Apples	Pickles
Sausage	Mince meat
Pop-corn balls	Dried corn
Eggs	Logs or wood for fireplace
Pine cones for fireplaces	Potted plants
Packet of favorite recipes	

Some favorite Christmas sweets suggestions to use at home and for gifts are:

#### Taffy Apples

1 c. white sugar	$\frac{1}{2}$ c. water
1 c. brown sugar	$\frac{1}{2}$ c. vinegar

Cook the above mixture of sugar, water, and vinegar until it comes to the hard crack stage when it is tested in cold water. Place the apples on a stick or skewer and dip in the taffy until they are thoroly covered. Place on waxed paper.

#### Cracker Jack

1 c. mild molasses or sorghum	2 T. butter
1 c. brown sugar	1 tsp. vinegar
2 c. white sugar	$\frac{1}{2}$ tsp. soda
$\frac{1}{2}$ c. water	6 qts. popcorn
1 c. peanuts	

Mix molasses, sugar, and water; boil until hard ball stage is reached. Add butter and vinegar and boil for 30 seconds longer. Add soda in 1 teaspoonful of hot water. Use large variety of corn and have it freshly popped and thinly spread in a shallow pan. Pour over sirup very slowly, add peanuts, and stir until every kernel is well coated. Take into a cool place and move constantly until kernels are solid and do not stick together.

#### Carmels

1 c. sugar	$\frac{3}{8}$ c. corn syrup
1 c. cream (thin)	$\frac{1}{4}$ c. butter

*"Earth knows no greater joys than these  
Old times, old friends, old memories."*

Mix sugar, corn syrup, butter, and one-half of the cream. Bring slowly to boiling. When boiling add slowly the remainder of cream. Cook to hard ball stage. Pour into buttered tins. When cold cut into squares. Nuts may be placed in the buttered tins. The following day wrap in oiled paper.

#### Candied Fruit Peel

2½ c. fruit peel cut in strips	2 c. sugar
Cold water	1 c. water

Save peel from oranges or grapefruit, and cut in strips. Place the peel in a large saucepan with cold water enough to cover. Bring to boiling point and boil for about 20 minutes. Drain and repeat once for orange, two or three times for grapefruit. Make a syrup of sugar and liquid. When boiling, add the peel carefully. Cook until tender and transparent, rapidly at first, then more slowly. Stir as little as possible. Drain peel, roll in granulated sugar, and set to dry in the sun or in a cool oven.

#### Fondant

2 c. sugar	1¼ c. water
2 T. light corn syrup	1 tsp. vanilla

Combine sugar, water, and corn syrup. Place over low flame and stir constantly until sugar is dissolved and mixture boils. Cook covered three minutes. Uncover and continue cooking, without stirring, until a small amount of syrup forms a soft ball in cold water (238 degrees F.), washing down sides of pan occasionally with wet cloth. Remove from fire, pour out on cold wet platter or greased surface. Cool to lukewarm and beat with paddle or spatula until white and creamy. Add vanilla and knead until smooth. Store in tightly covered jar to ripen several days before using. If fondant begins to dry out, cover with damp cloth. Makes one pound fondant.

#### To Make Cream Mints

Melt fondant in small container over hot water, flavor with a few drops of oil of peppermint, wintergreen, clove or cinnamon. Drop quickly from teaspoon on to oiled paper, stirring between each dropping. If mixture becomes too thick, beat in a few drops of boiling water.

#### Butterscotch Cookies

2 c. brown sugar	3 c. flour
½ c. melted butter	1 tsp. baking powder
½ tsp. salt	2 beaten eggs

Cream butter and sugar, add beaten eggs, then add the rest of ingredients which have been mixed and sifted together. Put through cookie modeler and bake in hot oven or roll in small ball and press flat with a fork.

*"The first Nowell the Angels did say  
Was to certain poor shepherds in fields as they lay."*



**Ginger Snaps**

- |                                      |               |
|--------------------------------------|---------------|
| 1 c. sugar                           | 3¼ c. flour   |
| ¾ c. lard                            | 1 tsp. ginger |
| 1 egg                                | ¼ tsp. salt   |
| 1 tsp. soda stirred in 1 c. molasses |               |

Mix together and take a teaspoon of dough size of marble, roll in palms of hands. Place on cookie sheet far enough apart so they will not touch. Bake.

**Peanut Butter Sweets**

- |                    |                      |
|--------------------|----------------------|
| ½ c. butter        | 1 egg                |
| ½ c. peanut butter | 1½ c. flour          |
| ½ c. white sugar   | ¼ tsp. salt          |
| ½ c. brown sugar   | ¾ tsp. baking powder |
| ½ tsp. soda        |                      |

Mix in order given, roll in ball and press down with a fork or run through a cookie press.

**Ice Box Slices**

- |             |                                   |
|-------------|-----------------------------------|
| 1 c. butter | 1¼ c. sugar                       |
| 2 eggs      | 1 tsp. molasses                   |
| ½ tsp. salt | ½ tsp. soda in a little hot water |
| ½ c. nuts   | 3 c. flour                        |

Cream sugar and fat, add eggs, molasses, soda, flour, salt and nuts. Mold into a long roll and let stand over night, or make early in the morning and cut late in the afternoon.

**Pin Wheel Cookies**

- |                      |             |
|----------------------|-------------|
| ¼ c. butter          | ½ c. sugar  |
| Unbeaten egg yolk    | 1½ c. flour |
| 3 T. milk            | ⅛ tsp. salt |
| ½ tsp. baking powder |             |

Sift flour, measure, add baking powder and salt and sift again. Cream butter thoroughly, add sugar gradually, cream until light and fluffy. Add egg-yolk and beat well. Add flour and milk alternately. Add vanilla. Divide the mixture in half and to one half add 1 square of melted chocolate. Blend thoroughly and roll out. Roll the plain mixture, then place the chocolate dough on top of the plain and roll up like a jelly roll, chill, slice, and bake.

**Chocolate Cookies**

- |                      |                  |
|----------------------|------------------|
| 1 c. sugar           | 1 egg            |
| ½ c. shortening      | 1½ sq. chocolate |
| ½ tsp. salt          | 1 tsp. vanilla   |
| 1 c. nuts            | 2 c. flour       |
| 1 tsp. soda          | 1 c. sour milk   |
| ½ tsp. baking powder |                  |

*"To have joy one must share it  
Happiness was born a twin."*

Cream fat and sugar, add dry ingredients, liquid, and nuts. Drop and bake. Frost.

### Mocha Icing

2 T. butter

1 c. confectioner's sugar

2 T. strong clear coffee

Cream butter, add the sugar and coffee gradually, and beat until soft and creamy. Spread at once on the cookies.

### Gumdrop Cookies

4 eggs

2 c. flour

2¼ c. light brown sugar

1 c. nuts

½ tsp. salt

18 gumdrops (medium size)

Beat the eggs thoroughly and add the brown sugar and beat. Add the sifted flour, nuts, and salt. Cut the gumdrops into small pieces and fold in. Spread the mixture about one-fourth inch thick on a greased and floured baking sheet. Bake 20 minutes in moderate oven (350 degrees F.). Cut in bars.

### Steamed Carrot Pudding

1 c. grated raw carrots

1 tsp. soda

1 c. grated raw potatoes

1 tsp. cinnamon

1 c. sugar

1 tsp. nutmeg

1 c. flour

1 tsp. cloves

⅓ c. fat

¼ tsp. salt

1 c. raisins

1 c. nuts

Sprinkle soda over grated potatoes. Cream fat, add sugar, add potatoes and carrots and remainder of ingredients. Mix well. Pour into greased mold and steam 2½ hours.

### Carrot Marmalade

Scrape 2 pounds of carrots and put through the food grinder using a medium knife. Cover well with water and boil steadily until carrots are tender, stirring occasionally. Measure and add 2 cups of sugar to 3 cups of carrots, the grated rind of one orange and one lemon, the juice of two lemons, and one-fourth teaspoon of salt. Return to kettle with juice from carrots and cook until it is of the consistency of marmalade and gives the jelly test.

*Not what we give, but what we share,  
For the gift without the giver is bare;  
Who gives himself with his alms feeds three,—  
Himself, his hungering neighbor, and Me."*