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Nebraska
EXTENSION SERVICE
AGRICULTURAL COLLEGE

Extension Circular 5564

YEARBOOK

for

HOME EXTENSION STUDY CLUBS

SERIES XIV

Name _____

Address _____

Name of club _____

Prepared by
Agr. Extension Service
Mary-Ellen Brown, State Extension Agent
University of Nebraska College of Agriculture
& U. S. Dept. of Agriculture Cooperating
W. H. Brokaw, Director, Lincoln

NEBRASKA HOME EXTENSION STUDY CLUBS

A few years ago groups of women, who were in the habit of meeting together, wrote to the Agricultural Extension Service and asked for circulars that might be studied when they held their meetings. As a result of such requests a number of circulars were prepared and sent to the clubs. These seemed to meet with approval and so the second year more were prepared. The plan has been continued until now there have been new circulars prepared for a number of years as will be seen in the study club enrollment blank.

The circulars are arranged so there is one for each month beginning in September and ending with June. However, clubs may begin at any time and may select as many circulars out of a series as desired. Any club anywhere may enroll for the circulars by securing the enrollment blanks from the county extension agent, or if the county is without an agent, write to the Extension Service, College of Agriculture, Lincoln. There is no fee charged to people who live in Nebraska for the circulars or the yearbooks.

One stitched set of the circulars will be included for the person who has charge of the distribution of the circulars.

Clubs will find that there is material enough in each circular for a good afternoon's study, so it is not advisable to try to handle two circulars in one meeting, nor to try to combine the study club work with the home extension project club work. The project club work is different from the study club work and is given in counties where there is a county extension agent to take care of the details connected with the preparation for a state specialist who comes to the county to give

the monthly demonstration to the two project leaders from the clubs which are enrolled for the year's work.

When the study club enrollment blank is received, a yearbook and the circulars for three months will be mailed for each club member. The first of October a letter will be sent to the club which will contain a report blank for September. The blank should be filled in and mailed at once or at least not later than October 15. After that report is received by the county agent, then the circulars for December and January will be mailed. The same plan will be followed every two months; that is, on December 1 a letter will be sent which will include a report for October and November. When that report is received by the county agent then the circulars for February and March will be mailed. The advance circulars will be sent upon receipt of the reports which are sent out only every other month.

The plan to be followed this year differs from that of former years, for in the past a letter has been sent at the first of each month; now it will be sent only the first of October, December, February, and April. Reports will be expected only once in two months and the advance mailings will depend upon the reports, so the reports are important.

Clubs whose enrollments are received late in the spring and during the summer will receive their first mailing in August unless the club desires to study during the summer. The new series for the following year will not be available until after August 1.

Clubs are free to use the circulars in any way they wish. Many clubs give the circulars to the members in advance so they can be studied before the meeting. If this plan is followed the one or two leaders to whom the topic has been assigned prepare additional material on the topic which they have studied from other sources. It is fine if all

present will enter into the discussion of the topic. The reading of the circulars in the club meeting is to be discouraged. There is a great deal more growth on the part of the individual members if there can be a kindly discussion upon the topic for the month.

The circulars sent out this year are to be punched and it would add to the interest if each member would prepare an attractive cover for her circulars. This would also help preserve them for future use.

Those who take part in the program are the ones who will have the most enjoyment and receive the greatest benefit from the club work. You know the story of the woman who came home from prayer meeting and said to her husband, "John, that was the best prayer meeting I ever attended - I talked twice." You may not get a chance to "talk twice" this year, but be sure you do not neglect your opportunities, nor disappoint those who are depending upon you to furnish your share of the program.

Early in the year the program committee should assign the topics for discussion to those of you who are to appear on the program. This will give an opportunity to find things in the current magazines or available libraries pertaining to the subject.

Material listed as Extension Service circulars may be obtained from the county extension agent, or if there is no agent in the county, send to the Extension Service, College of Agriculture, Lincoln, Nebr. Many of the books referred to in the programs may be obtained from the Nebraska Public Library, Station A, Lincoln, Nebr. The books will be free except for express or postage. Do not send to the Agricultural Extension Service for books for they do not have any books. They can send out only the extension circulars.

FOOD SUPPLIES AND CONSUMERS HABITS

September

Business Session

Roll call - Helpful plans I have used when shopping.

Reading of minutes

Report of committees

Unfinished business

New business

Announce topic for next meeting

Adjourn

Music

Study Hour - Food Supplies and Consumers Habits
Extension Circular 947

Suggested Topics for Discussion

There are many excellent suggestions given for study of various marketing problems in two textbooks--"Foods" by Justin, Vail and Rust, pp. 367-446, published by Houghton, Mifflin & Company, Chicago, and the entire book "Food Buying and Our Markets" by Monroe and Stratton, published by the M. Barrows & Company, Boston.

1. How many food products sold from the farms represented in the group are sold by grade (poultry, potatoes, etc.)?

For how many of the products purchased in these same homes are grades available?

How many products does the retailer buy by grade?

Should he pass this information on to the consumer?

Can this group by requesting the retailer to do this help to make buying less of a gamble?

13773ds

(September)

2. Study approximately fifty food advertisements from magazines.

How many offer real help?

How many are partly true but misleading?

How many simply encourage one to buy the particular product or brand?

Ought we to have to pay the cost of some of these advertisements?

3. Advantages and disadvantages of buying food in larger quantities.

4. Ways in which clerks and customers may be tactful and helpful to each other.

5. Common household "leaks" and how they can be remedied.

6. When is a purchase "cheap"?

Additional References

Abel - Successful Family Life on the Moderate Income

Allen - Vital Vegetables

Bailey - Food Products from Afar

Crissey - Story of Foods

Donham - Spending the Family Income

Finch - Food and Flavor

Hogan - Diet for Children

Kinne - Foods and Household Management

Kirkpatrick - The Use of Money

McCullum & Simmonds - American Home Diet

Monroe & Stratton - Food Buying and Our Markets

Pritchard - Stories of Thrift

Rose - Feeding the Family

Taber - Business of the Household

Van Rensselaer - Manual for Homemaking

WHAT ARE OUR CHILDREN LEARNING ABOUT TAXES?

October

Business Session

Roll call - Things that I very much appreciate
which are provided by tax money.

Reading of minutes

Report of committees

Unfinished business

New business

Announce topic for next meeting

Adjourn

Music -

Study Hour - What Are Our Children Learning

About Taxes?

Extension Circular 5510

Suggestions for Additional Activities

Arrangements could be made to have the club visit the county treasurer's office and have some one explain about the work done there.

A "spell down" could be made interesting on the material in the circular. To prepare for this the members should have their circulars in advance for study.

Additional References

Allen - Woman's Part in Government

Bromage - American County Government

Comstock - Taxation in the Modern State

Frederic - Taxes and Tax Trends

Nearing - Reducing the Cost of Living

Silverman - Taxation, Its Incidence and Effects

13773ds

EARLY AND RECENT THANKSGIVING PROCLAMATIONS
November

Business Session

Roll call - Thanksgiving traditions which are
kept year after year by our family.
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music -

Study Hour - Early and Recent Thanksgiving Procla-
mations
Extension Circular 5508

Suggestions for Additional Activities

We quite generally regard Thanksgiving day as an American institution on which we pay tribute to our Puritan ancestors. However, the idea of a harvest festival is a much older one and practically every country celebrates some form of thanksgiving following the end of the harvest. For your club program, the following pantomime or series of pictures are suggested:

A reader may explain the pictures and call attention to that part of the circular relating the story.

(1) The Hebrew Thanksgiving. A character dressed as an old man has a group of children gathered around him and one of the children asks the purpose of the feast. The old man gives the answer by reading from the Bible or telling the story of the Exodus.

(November)

(2) The Psalmist. One person reads a selection from Psalms 19 or Psalms 100.

(3) In Grecian Days. The Goddess of Agriculture, Demeter and Fruits of the Harvest posed in a tableau.

(4) European Harvest Scene. Dramatize the picture of the Gleaners or a similar picture.

(5) The First Thanksgiving. Show a picture of the pilgrims and the Indians, with heads bowed for the saying of grace before the feast.

Another suggestion for similar use might be the dramatization of scenes from The Courtship of Miles Standish.

Additional References

Longfellow - The Courtship of Miles Standish
Schauffler - Thanksgiving
Van Buren & Bemis - Thanksgiving in Modern Story

Magazine Articles:

Congressional Digest, February, 1932.

Christian Century, November, 1930, 1931, 1932, 1933.

13773ds

FAMILY FINANCIAL PLANNING
December

Business Session

Roll call - Happy Christmas memories
Reading of minutes
Report of committees
Unfinished business
New business
Announced topic for next meeting
Adjourn

Music -

Study Hour - Family Financial Planning
Extension Circular 1105

Suggested topics for discussion

The importance of having children
experience. "It is more blessed to give
than to receive." How may this be done?

If there is any member of the club
who has been fortunate enough to have
kept Home Accounts and to have had them
analyzed by Miss Muriel Smith at the
State University, she might tell of her
experience with the work.

Should children be given allowances?

Is it wise to allow children to spend
money before they earn it?

How may children earn money?

At what age should a child be allowed to
make some of his own purchases?

(December)

- When should children make budgets?
Should children help save toward an educational fund?
Should family members borrow from each other?
Should we make children feel that financial success is of great importance?

Additional References

- Abel - Successful Family Life on a Moderate Income
Andrews - Economics of the Household
Birney - Childhood
Donham - Spending the Family Income
Groves - Wholesome Parenthood
Gruenberg - Guidance of Childhood and Youth
Kirkpatrick - The Use of Money
Leeds - Household Budget
Patri - Child Training
Pritchard - Stories of Thrift
Taber - Business of the Household
Young - Let's Start Over Again

13773ds

BOOKS ARE FRIENDS
January

Business Session

Roll call - Books I have enjoyed recently.
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music -

Study Hour - Books are Friends
Extension Circular 5509

Suggested topics for discussion

My favorite book.

The book or books which influenced me
when a child.

The club, or only the members who are
interested, may organize a book exchange.
Each member wishing to belong provides a
book which is passed on to the next one in
the group at stated intervals.

What can our club do to help the nearest
library? Would it be practical to contribute
books to the library after they have been used
by the club members and their families?

Write to Miss Nellie Carey of the Nebraska
Public Library, Station A, Lincoln, Nebraska
for information about circulating libraries.
Plan to secure such a library if your community
has no nearby library.

(January)

Additional References

- Becker - Readers Guide Book
- Becker - Books as Windows
- Bennett - Much Loved Books
- Bennett - What Books Can Do For You
- Drury - What Books Shall I Read?
- Eastman - Enjoyment of Poetry
- Hillis - Great Books as Life Teachers
- Mott - Rewards of Reading
- Overton - An Hour with the American Novel
- Rogers - Fine Art of Reading
- Van Dyke - Counsel Upon the Reading of Books

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THE LITTLE CHILD'S FATHER
February

Business Session

Roll call - Happy childhood memories about
my father.
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music -

Study Hour - The Little Child's Father
Extension Circular 5512

Suggested topics for discussion

Plans which have helped to solve difficult home situations.

Characteristics of an IDEAL Father.

The harmful effects, physically and mentally, of getting angry.

The need for justice, sincerity and poise when dealing with discipline problems.

Suggestions for additional activities

A "Flag Spell Down" might be interesting for clubs which studied Ext. Cir. 5504, History and Use of Our Flag, last year. The spell down could be handled like an old-fashioned "spell down".

There are various types of "showers" from which the club could select one or more appropriate to local conditions, for those moving away, for brides, or for the older women.

(February)

A splendid activity for the club would be to sponsor a 4-H Club. First become familiar with the various types of clubs by talking the county plans over with your Agricultural or Home Extension Agent. Then help to secure a leader for the club and interest those who would make good club members. It is so necessary for the character development of the members to have them complete if they start a club project.

Additional References

Abbott - On the Training of Parents
Cheley - Job of Being a Dad
Crawley - Reveries of a Father
Fiske - The Changing Family
Groves - Parents and Children
Groves - Social Problems of the Family
Patri - The Questioning Child
O'Shea - Newer Ways with Children
Richardson - Parenthood and the Newer Psychology
Scott - How to Know Your Children
Van Waters - Parents on Probation

The following references were suggested by Miss Ovens of the National Kindergarten Association:

The Modern Parent - Garry Cleveland Myers, Ph. D.
Publisher - Greenberg, New York.
Parents and Children - Ernest R. and Gladys H.
Groves. Publisher - Lippincott, Chicago.
This Job of Being a Father - Henry B. Lent.
Child Welfare Magazine, April, 1932.
For Fathers Only - Mary Elizabeth Oberhold.
Parents' Magazine, July, 1932.
Three Places Where Dad Can Help - Emma Gary
Wallace. Mothers' Journal, Jan., 1930.
The First Class in Fatherhood - Thomas M.
Thompson, Children-Magazine for Parents,
December, 1928.

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THE WORST TRAIT OF HUMAN NATURE

March

Business Session

Roll call - A habit which has been a difficult one for me to break, or a habit I am trying to acquire.

Reading of minutes

Report of committees

Unfinished business

New business

Announce topic for next meeting

Adjourn

Music -

Study Hour - The Worst Trait of Human Nature
Extension Circular 5513

Suggested topics for discussion

Thoughtless habits which annoy.

Quotations which help build character may be given.

Letters may be read from former members unless this is done on Charter Day or on some other special club day.

Have an exchange of flower seeds and bulbs and plants.

Additional References

Dorsey - Hows and Whys of Human Nature

Fishbein - Why Men Fail

Jastrow - Keeping Mentally Fit

Major - How to Develop Your Personality

Overstreet - Influencing Human Behavior

Seabury - Growing into Life

Shellow - How to Develop Your Personality

Wiggam - Exploring Your Mind

WOMAN'S PLACE

April

Business Session

Roll call - Changes for the better which are taking place in the lives of women.

Reading of minutes

Report of committees

Unfinished business

New business

Announce topic for next meeting

Adjourn

Music -

Study Hour - Woman's Place
Extension Circular 5514

Additional Activities

The Club could sponsor an Arbor Day program, or they could have a flower show.

Several clubs have reported that they help with the care and upkeep of parks.

Additional References

Abbot - Notable Women in History

Beard - On Understanding Women

Bennett - American Women in Civic Work

Breckinridge - Women in the Twentieth Century

Farmer - What America Owes to Women

Goodsell - Education of Woman

Hollister - Woman Citizen

Prindiville - First Ladies

Schmidt - Four Hundred Outstanding Women

Winter - Heritage of Women

THIS GRANDMOTHERING BUSINESS

May

Business Session

Roll call - Ways in which we can show our appreciation to Mothers aside from giving gifts.

Reading of minutes

Report of committees

Unfinished business

New business

Announce topic for next meeting

Adjourn

Music -

Study Hour - This Grandmothering Business
Extension Circular 5515

Suggestions for Additional Activities

Have Mothers' Day poems read.

The club could be enthusiastic over and assist in beautifying cemeteries in the community. Some clubs in the past have cared for the lots of non-residents.

Additional References

Gilkey - Managing One's Self

Gordon - Quiet Talks on Home Ideals

Groves - The Drifting Home

Hillis - The Quest of Happiness

Marden - Everybody Ahead

Monroe - The Hearth of Happiness

Monroe - God Lights a Candle

Peyers - Cheating the Junk Pile

Phelan - Care and Repair of the Home

Pitkin - Psychology of Happiness

THE AVOCATIONS OF A NEIGHBOR'S FAMILY

June

Business Session

Roll call - Interesting hobbies or avocations
of others.

Reading of minutes

Report of committees

Unfinished business

New business

Announce topic for next meeting

Adjourn

Music -

Study Hour - The Avocations of a Neighbor's Family
Extension Circular 5516

Suggestions for Additional Activities

Plan to send two or more delegates to the
nearest Mothers' Vacation Camp. Perhaps the
club could pay half of the registration fee.

Plan for a community picnic. Twilight
picnics are often a good kind. The following
extension circulars may be secured from your
agents:

501 - Let's Have a Picnic

524 - July and August Picnics

526 - Does Your Neighborhood Work and Play
Together?

540 - What Shall We Play - and How?

542 - How About Another Picnic?

545 - Suggestions on Amateur Plays, Dialogues,
and Stunts

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-19-
(June)

- 546 - Suggested Table Games
- 553 - Picnic Program
- 5598 - Recreation in the Home and Community

Additional References

- Atkeson - Community Drama
- Burns - Leisure in the Modern World
- Collins - Amateur Photographer's Handbook
- Finley - Old Patchwork Quilts
- Hine - Arrangement of Flowers
- Kennedy - Rural Life and the Rural School
- Kinscella - Music on the Air
- Mims - Awakening Community
- Ortloff - Annuals in the Garden
- Overstreet - Guide to Civilized Loafing
- Rockwell - Book of Bulbs
- Stiles - Stamps; an Outline of Philately
- Nature books: birds, flowers, rocks, etc.
- Taussig & Meyer - Book of Hobbies

Extension circulars which may be helpful are:

- 1104 - Keeping the Family Earnings Within the Family Yearnings
- 1147 - Getting What You Want out of Twenty-Four Hours
- 1148 - Something Besides Work
- 5503 - Are You Tired of Yourself
- 5505 - Interesting Hobbies
- 11-112 - Nebraska Summary of Home Account Records from the 1933 Books