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EC5567 Yearbook for Home Extension Study Clubs -- Series XVII

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Nebraska
EXTENSION SERVICE
AGRICULTURAL COLLEGE

Extension Circular 5567

YEARBOOK

for

HOME EXTENSION STUDY CLUBS

SERIES XVII

Name _____
Address _____
Name of Club _____

Prepared by
Agr. Extension Service
Mary-Ellen Brown, State Extension Agent
University of Nebraska
College of Agriculture
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NEBRASKA HOME EXTENSION STUDY CLUBS

A few years ago groups of women who were in the habit of meeting together, wrote to the Agricultural Extension Service and asked for circulars that might be studied when they held their meetings. As a result of such requests a number of circulars were prepared and sent to the clubs. These seemed to meet with approval and so the second year more were prepared. The plan has been continued for a number of years as will be seen in the study club enrollment blank.

The circulars are arranged so there is one for each month beginning in September and ending with June. However, clubs may begin at any time and may select as many circulars out of a series as desired. Any club anywhere may enroll for the circulars by securing the enrollment blanks from the agricultural or home agent. There is no fee charged to people who live in Nebraska for the circulars or the year-books.

One stitched set of the circulars will be included for the person who has charge of the distribution of the circulars.

Clubs will find that there is material enough in each circular for a good afternoon's study, so it is not advisable to try to handle two circulars in one meeting, nor to try to combine the study club work with the home demonstration project club work. The project club work is different from the study club work in that it consists of demonstrations given by specialists or county home demonstration agents to project leaders who in turn present the demonstrations to the club. The study club work consists of the study of circulars which are mailed to each club member and there are no demonstrations required in connection with the lessons.

When the study club enrollment blank is received a yearbook and the circulars for three months will be mailed for each club member. The first of October letter will be sent to the club which will contain a report blank for September. The blank should be filled in and mailed at once or at least not later than October 15. After that report is received by the agricultural or home agent, then the circulars for December and January will be mailed. The same plan will be followed every two months; that is, on December first a letter will be sent which will include a report for October and November. When that report is received by the agricultural or home agent then the circulars for February and March will be mailed. The advance circulars will be sent upon receipt of the reports which are sent out only every other month.

A letter and the report blanks will be sent only the first of October, December, February, April and June. Reports will be expected only once in two months and the advance mailings will depend upon the reports, so reports are important.

Clubs whose enrollments are received late in the spring and during the summer will receive their first mailing in August unless the club desires to study during the summer and such a statement is given in their request. The new series for the following year will not be available until after August 1.

Clubs are free to use the circulars in any way they wish. Many clubs give the circulars to the members in advance so they can be studied before the meeting. If this plan is followed the one or two leaders to whom the topic has been assigned prepare additional material on the topic which they have studied from other sources. It is fine if all present will enter into the discussion of the topic.

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The reading of the circulars in the club meeting is to be discouraged. There is a great deal more growth on the part of the individual members if there can be a kindly discussion upon the topic for the month.

The circulars sent out this year are to be punched and it would add to the interest if each member would prepare an attractive cover for her circulars. This would also help preserve them for future use.

Those who take part in the program are the ones who will have the most enjoyment and receive the greatest benefit from the club work. You know the story of the woman who came home from prayer meeting and said to her husband, "John, that was the best prayer meeting I ever attended-- I talked twice." You may not get a chance to "talk twice" this year, but be sure you do not neglect your opportunities, nor disappoint those who are depending upon you to furnish your share of the program.

Early in the year the program committee should assign the topics for discussion to those who are to appear on the program. This will give an opportunity to find things in the current magazines or available libraries pertaining to the subject.

Material listed as Extension Service circulars may be obtained from the agricultural or home agent. Many of the books referred to in the programs may be obtained from the Nebraska Library Commission, State House, Lincoln, Nebraska. The books will be free except for express or postage. Do not send to the Agricultural Extension Service for books for they do not have any books. They can send out only the extension circulars.

THE HOMEMAKER'S CREED

"I believe that the home is the greatest institution in the world.

I believe that the homemaker has the most important task in the world.

I believe that it is my responsibility as a homemaker:

- "To insure the purity and sanctity of my home.
- To exert such a moral influence in my home that those whose lives I touch may be properly influenced thereby.
- To provide for the health of my family by cooking properly and by keeping my home clean and sanitary.
- To maintain a real home of cheer, comfort and attractiveness which my family will enjoy.
- To help lead my family in the paths of culture, that it may seek and appreciate the better things in life.

I believe that carrying out these duties will require an unlimited amount of determination, patience, perseverance and self-control, but I believe that for this expenditure I shall receive ample and satisfactory returns."

--Mrs. Clyde Barkell
Laramie, Wyoming

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THE COLLECT

"Keep us, O God, from pettiness. Let us be large in thought, in word, in deed.

Let us be done with fault-finding and leave off self-seeking.

May we put away all pretense and meet each other face to face, without self-pity and without prejudice.

Teach us to put into action our better impulses, straight forward and unafraid.

Let us take time for all things; make us grow calm, serene and gentle.

Grant us that we may realize it is the little things that create differences; that in the big things of life we are as one.

And may we strive to touch and to know the great common woman's heart of us all; and, O Lord God, Let us not forget to be kind."

--Mary Stewart.

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WHY WOMEN ARE INTERESTED IN SOIL CONSERVATION

September

Business Session

Roll call--Suggest a good farming practice.
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

The Collect (Commit to memory)

Study Hour - Why Women Are Interested in
Soil Conservation - Extension
Circular 5537

Suggestions for Additional Activities

Have the agricultural agent tell what is
being accomplished by the soil conserva-
tion work in the county.

Tell about articles which have been read
about soil conservation.

Have someone appointed to find out when
meetings are to be held in the community
which would help people to know more about

the soil conservation program throughout the fall and winter. Encourage having the women attend these educational meetings held in connection with soil conservation.

Additional References

Ayres - Soil erosion and its control
Burgess - Soil erosion control
Chase - Rich land, poor land
Gustafson - Conservation of the soil
Mosier - Soil physics and management
Sears - Deserts on the march
Weir - Productive soils
Worthen - Farm Soils
Government documents

AUGUST FIELDS

The field may rest in August; its desires
For fruitfulness fulfilled; its harvest laid
On safe, high scaffoldings, it now aspires
To nothing more than sleep. The thinning shade
Of the gaunt hickories scarce stops the sun
Or holds the grassy dew for daylight hours;
The stubbled furrows are all overrun
With the straight-fallen white-wood's toppled
towers.

The muted flutes of August softly croon
Among the rushes by the creek's dry bed;
Over the meadow stoops the young, thin moon,
Whetting her sickle though the grass is dead.
The field may rest in August, bravely done,
With this year's labors; yet it holds in trust,
All that man hopes for as the seasons run--
Next summer's promise, ankle-deep in dust.

HELPING OUR DEAF AND DEAF-BLIND

October

Business Session

Repeat the Collect
Roll Call--Tell of accomplishments of those
who have handicaps
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music - "Long, Long Ago," page 70 Favorite
Songs of the People

Study Hour - Helping Our Deaf and Deaf-Blind
Extension Circular 5538

Suggestions for Additional Activities

Have an exhibit of a Braille book, if possible.
Make a "talking glove" and demonstrate its use.
If there is someone in the community who knows
the sign language invite him or her to the
meeting to explain the signs and "talk" to
the club in signs.

Additional References

Braddy, Nella - Anne Sullivan Macy,
the story behind Helen Keller
Keller, Helen - Story of my life
Keller, Helen - Midstream; my later
life
Calkins, E. E. - Louder, Please!

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"And He said unto him, "Ephphatha," that is, be
opened."--Mark 7:34.

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ROMANCE OF THE PRINTED WORD

November

BUSINESS SESSION

Repeat the Collect
Roll call - Tell something you have read
which has helped you
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music - O Sole Mio! - No. 99, Favorite Songs of the People

Study Hour - Romance of the Printed Word
Extension circular 5539

Suggestions for Additional Activities

Visit a printing establishment and have the printer explain how printing is done.

Additional References

Haynes - The student's history of printing
Orcutt - In quest of the perfect book
Rawlings - The story of books
Winship - Gutenberg to Plantin



THE FIRST CARTOON
MADE AND PRINTED
BY BENJ. FRANKLIN IN 1754

HIDDEN MEANINGS IN CHURCH SYMBOLS

December

Business Session

Roll call - Tell about some Christmas you
thoroughly enjoyed
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music - 'O Little Town of Bethlehem', No. 28,
Favorite Songs of the People

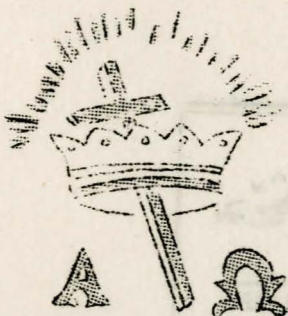
Study Hour - Hidden Meanings in Church Symbols
Extension Circular 5540

Suggestions for Additional Activities

Have the club collect and make a scrap book
of church symbols
Each bring a picture of a Christian symbol

Additional References

Van Treeck - Symbols in the church
Consult available encyclopedias, particularly
the Catholic Encyclopedia



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I HAVE FOUND SUCH JOY

By Grace Crowell

I have found such joy in simple things:
A plain clean room; a nut brown loaf of bread,
A cup of milk, a kettle when it sings,
The shelter of a roof above my head;
And in a leaf-faced square upon a floor
Where yellow sunlight glimmers through a door.

I have found such joy in things that fill
My quiet days: a curtain's blowing grace,
A growing plant upon a window sill,
A rose fresh-cut and placed within a vase;
A table cleared, a lamp beside a chair,
And books I long have loved, beside me there.

Oh, I have found such joy! I wish I might
Tell every woman who goes seeking far
For some elusive, feverish delight,
That very close to home the great joys are:
These fundamental things old as the race,
Yet never through the ages commonplace.

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CAN WE BE TRUSTED WITH LEISURE?

January

Business Session

Repeat the Collect
Roll call - My latest hobby is _____
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music - Over the Summer Sea, No. 88 in Favorite Songs of the People

Study Hour - Can We Be Trusted with Leisure?
Extension circular 5541

Suggestions for Additional Activities

If I had two extra hours given to me tomorrow, how would I spend them?

The club might plan a party for the young people of the community. The following bulletins may be helpful in planning for a party. They may be secured free from your agricultural or home agent.

No. 5598, Recreation in the Home and Community

No. 540, What Shall We Play and How?

No. 546, Suggested Table Games

No. 551, Recreation Suggestions

No. 533, Let's Have A Carnival

No. 531, Dramatics for Rural People



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Additional References

Atkeson - Community drama
Burns - Leisure in the modern world
Becker - Adventures in reading
Calkins - Care and feeding of hobby horses
Collins - How to ride your hobby
Deane - Spelling bees
Elson - Community recreation
Hambridge - Time to live
Gibbard - Hobbies for girls
Lies - The new leisure challenges the schools
Neumeyer - Leisure and recreation
Overstreet - A guide to civilized leisure
Seymour - What music can do for you
Smith - Games and game leadership
Taussig and Meyer - Book of Hobbies

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BUILDING

We are building every day
In a good or evil way,
And the structure as it grows
Will our inmost self disclose
Till in every arch and line
All our faults and failings shine.
It may grow a castle grand
Or a wreck upon the sand.

Do you ask what building this
That can show both pain and bliss,
That can be so dark and fair?
Lo, its name is Character.
Build it well whate'er you do,
Build it straight and strong and true,
Build it clear and high and broad,
Build it for the eye of God.

--Dickenga.

NEBRASKA'S ONE HOUSE LEGISLATURE

February

Business Session

Repeat the Collect
Roll Call - On a visit to the State Capitol
I should particularly like to see _____
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music - Nobody Knows the Trouble I've Seen, No. 118
Favorite Songs of the People

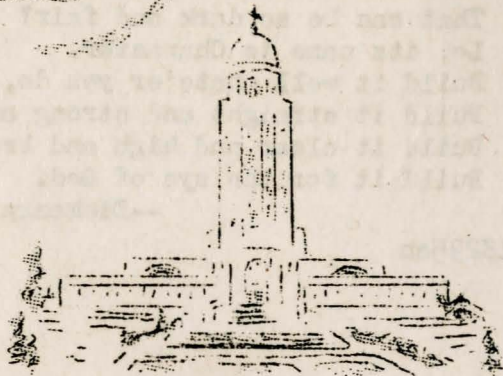
Study Hour - Nebraska's One-House Legislature
Extension circular 5542

Suggestions for Additional Activities

Invite some one who has served in the
legislature to tell of his experiences

Additional References

Senning - The one-house legislature
Summers - Unicameral legislatures
Clippings and pamphlets



FRIENDSHIPS

March

Business Session

Repeat the Collect
Roll Call - Give a quotation on friendship
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music - Would God, I Were a Tender Apple Blossom,
No. 115 Favorite Songs of the People

Study Hour - Friendships, Extension Circular 5543

Suggestions for Additional Activities

Perhaps your club would be interested in having "Mystery friends". That is, each member of the club would draw the name of another member without revealing the name drawn. Then on various occasions during the year courtesies would be extended to the friend without revealing one's identity. Birthdays, anniversaries and other special occasions may be remembered. At some designated meeting during the year the "mystery friends" are revealed.

Additional References

Baker (Grayson) - Adventures in friendship
Conde - Business of being a friend
Emerson - Essay on friendship
Gale - Friendship village



THE INFLUENCE OF A GARDEN

April

Business Session

Repeat the Collect
Roll Call - Flowers I enjoy
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music - Review some of the Song-A-Month songs.
Pay special attention to having two parts
sung

Study Hour - The Influence of a Garden
Extension circular 5544

Suggestions for Additional Activities

Pictures of gardens of flowers may be displayed
There may be an exchange of bulbs, plants or seeds
An interesting garden scrap book could be made



Additional References

Beard - Adventures in dish gardening
Bianco - Green grows the garden
Clutton-Brock - Studies in gardening
Cottler - Simple guide to rock gardening
Cummings - My garden comes of age
DeLaMare - Garden Guide
Dorrance - Fragrance in the garden
King - Beginners garden
King - From a new garden
Sulzer - House plants
Rockwell - Book of bulbs
Wister - Four seasons in a garden

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MY GARDEN

A garden is a lovesome thing, God wot!
 Rose plot,
 Fringed pool,
 Ferned grot--
 The veriest school
 Of peace; and yet the fool
Contentends that God is not--
Not God! in gardens! when the eve is cool?
 Nay, but I have a sign:
 'Tis very sure God walks in mine.

--Thos. Edw. Brown (1830-1897)

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SOME HEALTH HEROES WE SHOULD KNOW

M a y

Business Session

Repeat the Collect
Roll call - Name a good health habit
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music - Review Song-a-Month Songs - Have the alto parts sung

Study Hour - Some Health Heroes We Should Know
Extension circular 5545

Suggestions for Additional Activities

Invite a Public Health Nurse to tell the club of her experiences
Ask a 4-H Club Health team to give a demonstration

Additional References

Curie - Pierre Curie
Cottler & Jaffe - Heroes of civilization
DeKruif - Men against death
DeKruif - Microbe hunters
Epler - Life of Clara Barton
Grenfell - Forty years for Labrador
Heiser - An American doctor's Odyssey
Jaffe - Outposts of science
Morton - A woman surgeon
Richards - Florence Nightingale
Vallery-Radot - Life of Pasteur



CHILDREN AMONG CHILDREN
June

Business Session

Repeat the Collect
Roll Call - An early childhood memory
Reading of minutes
Report of committees
Unfinished business
New business
Announce topic for next meeting
Adjourn

Music - Review Song-a-Month songs

Study Hour - Children among Children
Extension circular 5546

Suggestions for Additional Activities

Give suggestions for magazine articles or books
which are helpful in child training.

Additional References

Arlitt - The child from one to twelve
Blanton - Child guidance
Crawley - Reveries of a father
Foster - Busy childhood
Germane - Character training
Groves - Social problems of the family
Gruenberg - Your child today and tomorrow
O'Shea - The child, his nature and his needs
Patri - Child training
Patri - The questioning child
Stuart - Healthy childhood
Pruette - The parent and the happy child
Thom - Everyday problems of the everyday child

