

University of Nebraska - Lincoln

DigitalCommons@University of Nebraska - Lincoln

Historical Materials from University of Nebraska-
Lincoln Extension

Extension

7-1941

EC5571 Yearbook for Home Extension Study Clubs -- Series XXI

Mary-Ellen Brown

Follow this and additional works at: <http://digitalcommons.unl.edu/extensionhist>

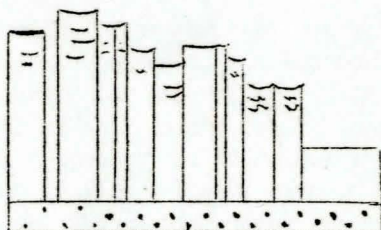
Brown, Mary-Ellen, "EC5571 Yearbook for Home Extension Study Clubs -- Series XXI" (1941). *Historical Materials from University of Nebraska-Lincoln Extension*. 2829.

<http://digitalcommons.unl.edu/extensionhist/2829>

This Article is brought to you for free and open access by the Extension at DigitalCommons@University of Nebraska - Lincoln. It has been accepted for inclusion in Historical Materials from University of Nebraska-Lincoln Extension by an authorized administrator of DigitalCommons@University of Nebraska - Lincoln.

S85
E7
#5571

out of print



Extension Circular 5571
Series XXI
July, 1941

Prepared by
Mary-Ellen Brown
State Extension Agent

YEARBOOK

FOR

HOME EXTENSION

STUDY CLUBS

Agricultural Extension Service
University of Nebraska
College of Agriculture

United States
Department of Agriculture
Cooperating

W. H. Brokaw, Director
Lincoln, Nebraska

Name.....

Address.....

Club.....

NEBRASKA HOME EXTENSION STUDY CLUBS

A few years ago groups of women who were in the habit of meeting together, wrote to the Agricultural Extension Service and asked for circulars that might be studied when they held their meetings. As a result of such requests a number of circulars were prepared and sent to the clubs. These seemed to meet with approval and so the second year more were prepared. The plan has been continued for a number of years as will be seen in the study club enrollment blank.

The circulars are arranged so there is one for each month beginning in September and ending with June. However, clubs may begin at any time and may select as many circulars out of a series as desired. Any club anywhere may enroll for the circulars by securing the enrollment blanks from the agricultural or home agent. There is no fee charged to people who live in Nebraska for the circulars or the year-books.

One stitched set of the circulars will be included for the person who has charge of the distribution of the circulars.

Clubs will find that there is material enough in each circular for a good afternoon's study, so it is not advisable to try to handle two circulars in one meeting, nor to try to combine the study club work with the home demonstration project club work. The project club work is different from the study club work in that it consists of demonstrations given by specialists or county home demonstration agents to project leaders who in turn present the demonstrations to the club. The study club work consists of the study of circulars which are mailed to each club member and there are no demonstrations required in connection with the lessons.

When the study club enrollment blank is received a yearbook and the circulars for three months will be mailed for each club member. The first of October a letter will be sent to the club which will contain a report blank for September. The blank should be filled in and mailed at once or at least not later than October 15. After that report is received by the agricultural or home agent, then the circulars for December and January will be mailed. The same plan will be followed every two months; that is, on December first a letter will be sent which will include a report for October and November. When that report is received by the agricultural or home agent then the circulars for February and March will be mailed. The advance circulars will be sent upon receipt of the reports which are sent out only every other month.

A letter and the report blanks will be sent only the first of October, December, February, April and June. Reports will be expected only once in two months and the advance mailings will depend upon the reports, so reports are important.

Clubs whose enrollments are received late in the spring and during the summer will receive their first mailing in August unless the club desires to study during the summer and such a statement is given in their request. The new series for the following year will not be available until after August 1.

Clubs are free to use the circulars in any way they wish. Many clubs give the circulars to the members in advance so they can be studied before the meeting. If this plan is followed the one or two leaders to whom the topic has been assigned prepare additional material on the topic which they have studied from other sources. It is fine if all present will enter into the discussion of the topic.

The reading of the circulars in the club meeting is to be discouraged. There is a great deal more growth on the part of the individual members if there can be a kindly discussion upon the topic for the month.

The circulars sent out this year are to be punched and it would add to the interest if each member would prepare an attractive cover for her circulars. This would also help preserve them for future use.

Those who take part in the program are the ones who will have the most enjoyment and receive the greatest benefit from the club work. You know the story of the woman who came home from prayer meeting and said to her husband, "John, that was the best prayer meeting I ever attended--I talked twice." You may not get a chance to "talk twice" this year, but be sure you do not neglect your opportunities, nor disappoint those who are depending upon you to furnish your share of the program.

Early in the year the program committee should assign the topics for discussion to those who are to appear on the program. This will give an opportunity to find things in the current magazines or available libraries pertaining to the subject.

Material listed as Extension Service circulars may be obtained from the agricultural or home agent. Many of the books referred to in the programs may be obtained from the Nebraska Library Commission, State House, Lincoln, Nebraska. The books will be free except for express or postage. Do not send to the Agricultural Extension Service for books for they do not have any books. They can send out only the extension circulars.

WHAT THE COMMUNITY OWES THE CHILD

September

Business Session--

Song-a-Month - America

Read the quotations on Pages 5 and 6

Roll call - Good things our community is now doing
or might do for our children

Reading of minutes

Report of committees

Unfinished business

New business

Adjourn

Study Hour--What the Community Owes the Child

Extension Circular 5-78

Suggestions for Additional Activities--

If suggestions are given for improvements in the community, a committee may be appointed to consider the suggestions and plan for follow-up action.

Compare today's community activities with those of twenty years ago -- ten years ago.

Additional References--

Beach, W. G. - Social Problems and Social Welfare

Carver, T. N. - Our Economic and Community Life

Colcord, J. A. - Your Community, Its Provisions
for Health, Education, Safety,
and Welfare

Cook, L. A. - Community Background of Education

Darling, M. S. - Effective Citizenship

Hanna, P. R. - Youth Serves the Community

Kirkpatrick, E. L. - Guideposts for Rural Youth

N. E. A. - Learning the Ways of Democracy; A Case
Book of Civic Education

Redding, T. W. - When Home and School get Together

Reller, T. L. - Community Planning for Youth

Wallis, Mrs. G. A. - Our Social World

POCKETS

"A child should have a pocket

Supposing on the road

He runs across a beetle,

A lizard, or a toad!

However will he carry them?

Whatever will he do?

If he hasn't got a pocket

To put them into!

A child should have a pocket -

On which he fairly dotes!

Not one, or two, but many

In his little waistcoats -

And one will be for money

He finds on the roads

And one for cake and cookies,

And one for hoptoads!"

--Susan Adger Williams

"For life is the mirror of king and slave,

'Tis just what we are and do;

Then give to the world the best you have,

And the best will come back to you."

--Madeline Bridges

"Children are the keys of Paradise."

--R. H. Stoddard

"Nobody knows what a boy is worth,

A boy at his work or play,

A boy who whistles around the place

Or laughs in an artless way.

Nobody knows what a boy is worth,

And the world must wait to see,

For every man in an honored place

Is a boy that used to be."

--Marjory Isabel

"Ah! What would the world be to us
If children were no more?
We should dread the desert behind us
Worse than the dark before.

--Longfellow

"Perhaps there lives some dreamy boy, untaught
In schools, some graduate of the field or street,
Who shall become a master of the art,
An admiral sailing the high seas of thought
Fearless and first, and steering with his fleet
For lands not yet laid down in any chart."

--Longfellow

"The world's a very happy place
Where every child should dance and sing."

--Gabriel Setoun

"Be you to others kind and true
As you would have others be to you
And neither do or say to men
What e're you would not take again."

"The hardest job a child faces is learning good
manners without seeing them."

--Mary Osborne

"You can do anything with children, if you only
play with them."

--Bismark

"Respect the child;
Be not too much his parent;
Trespass not on his solitude."

--Emerson

"I wonder why it is that we are not all kinder to
each other than we are. How much the world needs it!
How easily it is done!"

--Henry Drummond

HOME SAFETY QUIZZ

October

Business Session--

Song-a-Month - Old Folks at Home P. 82
Roll call - Tell of some good safety device
Reading of minutes
Report of committee
Unfinished business
New business
Adjourn

Study Hour--

Home Safety Quizz
Extension Circular 5-79

Suggestions for Additional Activities

The questions in the booklet could be written on slips of paper and handed to different members of the club at a previous meeting. Have each person find answers to her question. At the meeting a question at a time may be read and the answer given both from the booklet and from what the one having the question can suggest. Others may have contributions to add also. This can be an excellent study for general discussion. Discuss practices which can be improved in each home.

Additional References

Harris, F. L. - Every Woman's Complete Guide to
Homemaking

Wood, Clement - Carelessness: Public Enemy No. 1
Pamphlets:

How to stop home accidents
Safeguarding the home against fire
How to stop farm accidents
Safety for the household

"He is safe from danger who is on guard even when safe."

--Publilius Syrus

"An ounce of prevention is worth a pound of cure."

--Benjamin Franklin

A HEALTHY PEOPLE OUR BEST NATIONAL DEFENSE

November

Business Session

Song-a-Month--My Old Kentucky Home - No. 81
Roll call --
Reading of minutes
Report of committees
Unfinished business
New business
Adjourn

Study Hour--A Healthy People--Our Best National
Defense Ext. Cir. 5-80

Suggestions for Additional Activities--

Have someone report on health findings of
the draft boards.

What are the conditions of the local milk
and water supplies? What tests have been made?
To whom are reports made? What follow-up is made
to recommendations? What state facilities are
provided to care for tuberculosis? What is the
situation in our county?

What may the relationship between poor teeth and
rejection of registrants in the army indicate?

Additional References--

Bauer, W. W. - Americans live longer!
Cockefair, E. A. - Health and achievement
Crisp, Mrs. K. B. - Be healthy
DeKruif, P. H. - Health is wealth
Heiser, Victor - You're the doctor
Holt, L. E. - Food, health, and growth
McCollum, E. V. - Food, nutrition, and health
Sherman, H. C. - Food and health
Van Burskirk, E. F. - Principles of healthful
living

"The health of the people is really the foundation upon which all their happiness and all their powers as a State depend."

--Benjamin Disraele

"Better than grandeur,
Better than gold,
Than rank and title a thousand fold;
Is a healthy body, a mind at ease;
And simple pleasures that always please."

--Alexander Smart

"If I had my way--I'd make health catching instead of disease."

--Robert Ingersall

"A healthy body is the guest chamber of the soul; a sick, its prison."

--Francis Bacon

"Health is the second blessing that we mortals are capable of,--a blessing that money cannot buy."

"Progress is geared to every man's gait. Those who keep step feel the pace to be natural. Keeping step is keeping fit."

"Not love, nor honour, wealth nor pow'r,"
Can give the heart a cheerful hour
When health is lost. Be timely wise;
With health all taste of pleasure flies.

--Gay "Fables"

"My wealth is health and perfect ease;
My conscience clear my chief defense."

--Edward Dyer

THE A B C OF FINANCIAL CREDIT FOR THE FAMILY

or

SHARING RECENT BOOKS

December

Business Session--

Song-a-Month - Joy to the World No. 29

Roll call--Christmas quotations

Reading Minutes

Report of committees

Unfinished business

New business

Adjourn

Study Hour--The A B C of Financial Credit for the
Family or Sharing Recent Books.

Extension Circular 5-81

Suggestions for Additional Activities

Secure copies of "Business Facts Homemakers Should Know", Extension Circular No. 1195, and have it reviewed. Secure copies from your County Agricultural or Home Agents.

Some lawyer or business man may be invited to discuss checks, notes, and wills, etc.

Additional References

Andrews, B. R.--Economics of the household

Bigelow, H. F.--Family finance

Blodgett, H. A.--Making the most of our income

Jordan, D. F.--Managing personal finances

McCullough, Ernest--How to spend your money

Owens, D. F.--Controlling your personal finances

Scott, L. H.--Income management for women

Smith, A. H.--Your personal economics

Runalls, M. E.--Business facts homemakers should
know

* * * * *

"Beware of little expenses; a small leak will sink
a great ship."

--Benjamin Franklin

"Gold! Gold! Gold! Gold!

Bright and yellow, hard and cold,
Molten, graven, hammered, and rolled;
Heavy to get and light to hold;
Hoarded, bartered, bought, and sold,
Stolen, borrowed, squandered, doled;
Spurned by the young, but hugged by the old
To the very verge of the churchyard mold;
Price of many a crime untold--
Gold! Gold! Gold! Gold!"

--Hood

"The only road, the sure road, to unquestioned credit and a sound financial condition is the exact and punctual fulfillment of every pecuniary obligation, public and private, according to its letter and spirit."

--Rutherford B. Hayes

"However gradual may be the growth of confidence, that of credit requires still more time to arrive at maturity."

"Private credit is wealth; public honour is security. The feathers that adorn the royal bird support its flight. Strip him of his plumage, and you fix him to the earth."

--Junius

"Willful waste makes woeful want,
And you may live to say,
Oh, how I wish I had the crust
Which once I threw away."

"Care may kill people, but don't care kills more."

"Money may buy the husk of many things, but not the kernel. It brings you food, but not appetite; medicine but not health, acquaintances but not friends; servants but not faithfulness, days of joy, but not peace or happiness."

23446nh-8/41

AMERICAN SOLIDARITY

January

Business Session--

Song-a-Month--Old Black Joe - No. 82

Roll call--Name a product we use which came from
Latin America

Reading of minutes

Report of committees

Unfinished business

New business

Adjourn

Study Hour--

American Solidarity

Extension Circular 5-82

Suggestions for Additional Activities

This is a timely topic and contains material difficult to find unless one does much reading. The men may appreciate being invited to your meeting. They can help in the discussion.

Bring maps showing Central and South America. Exhibit book or magazine articles which have good information on these countries.

Additional References--

Bailey, T. A.--A Diplomatic History of the
American People.

Freman, S. A.--Discovering South America

Goetz, Delia--The Good Neighbor

Buell, R. L.--Isolated America

McCullouch, J. I. B.--Challenge to the Americas

Rauschenbush, Joan--Look at Latin America

Showman, R. K., comp.--The Monroe Doctrine and
the Growth of Western Hemisphere Solidarity

Strode, Hudson--South by Thunderbird

Tomlinson, Edw. L.--New Roads to Riches

Whitaker, J. T.--Americas to the South

* * * * *

"I am a One Hundred Per Cent American."

* * * * *

"We make friends by being a friend."

23446mh-8/41

--Hodges

GETTING ACQUAINTED WITH CENTRAL AMERICA

February

Business Session

Song-a-Month--Swing Low Sweet Chariot - No. 19
Roll Call--Why I should like to visit a Central
American country

Reading of minutes
Report of committees
Unfinished business
New business
Adjourn

Study Hour--Getting acquainted with Central America
Extension Circular 5-83

Suggestions for Additional Activities--

This is another circular the men may enjoy studying
with you.
Make a game of matching countries and capitols
Collect maps of central America
Have someone look up the legend of The Rain God

Additional References--

Chase, Stuart--Mexico
Crowther, Samuel--The Romance and Rise of the
American Tropics
Franck, H. A.--The Pan American Highway
Hager, Mrs. A. R.--Wings Over the Americas
Halliburton, Richard--The Book of Marvels
- Chapter XI
Lamb, Dana--Enchanted Vagabonds
Sanchez, Mrs. N. V.--Stories of the Latin
American States
Willard, T. A.--The City of the Sacred Well
Williams, M. W.--The People and Politics of
Latin America
Wilson, Charles Monroe--Challenge and Opportunity;
Central America

ADD INTEREST AND VARIETY TO THE MENU

by

USING HOME GROWN HERBS

March

Business Session--

Song-a-Month - Christ the Lord has Risen Today No. 36

Roll Call - Herbs my grandmother used

Reading of minutes

Report of committee

Unfinished business

New business

Adjourn

Study Hour - Add Interest and Variety to the Menu

By Using Home Grown Herbs

Extension Circular 5-84

Suggestions for Additional Activities --

Make a list of the herbs each would like to raise

Additional References --

Magazine articles

Recipe books

"Better is a dinner of herbs where love is, than
a stalled ox and hatred thereof."

"Eat to live, and not live to eat."

--Benjamin Franklin

23446mh-8/41

PRESENT DAY CHANGES THAT AFFECT THE FAMILY

April

Business Session--

Song-a-Month - Resing Any of This Year's Songs
Roll Call - A Change I have Noted Since my Childhood
Reading of minutes
Report of committees
Unfinished business
New business
Adjourn

Study Hour - Present Day Changes that affect the Family
Extension Circular 5-85

Suggestions for Additional Activities--

Suggest family changes caused by the war
This circular can be divided into four parts and
then have different people discuss them. Additional
material can be collected.

Additional References

Bossard, J. H. - Social Change and Social Problems
Burns, C. B. - Leisure in the Modern World
Coyle, David - Roads to a New America
Cunningham, B. V. - Family Behavior
Fiske, G. W. - The Changing Family
Groves, E. R. - The Family and Its Relationships
Overton, Mrs. G. S. - The Home in a Changing
Culture
Rich, M. E. - Family Life Today
Withers, William - Current Social Problems

"The world is so full of a number of things

I'm sure we should all be as happy as kings."

--Stevenson

PREPAREDNESS AMONG OUR CHILDREN

M a y

Business Session--

Song-a-Month - Star Spangled Banner

Roll call

Reading of minutes

Report of committees

Unfinished business

New business

Adjourn

Study Hour--Preparedness Among Our Children

Extension Circular 5-86

Additional References--

American Association of School Administrators

Education for Family Life

Anderson, J. E. - Happy Childhood

Baruch, D. W. - Parents and Children go to School

Brill, A. C. - Your Child and His Parents

Chane, E. J. - Personality Development in Children

Dennis, L. T. - Living Together in the Family

Faegre, Mrs. M. E. L. - Child Care and Training

Folsom, J. K. - Youth, Family and Education

Foster, Mrs. J. - Busy Childhood

Hohman, L. B. - As the Twig is Bent

Stuart, D. C. - Healthy Childhood

The Baby

"Another little wave

Upon the sea of life;

Another soul to save,

Amid its toil and strife.

Two more little hands

To work for good or ill;

Two more little eyes;

Another little will.

Two more little feet

To walk the dusty road;

To choose where two paths meet

The narrow or the broad.

Another heart to love

Receiving love again;

And so the baby came

A thing of joy and pain."

THE GOOD LIFE

June

Business Session--

Song-a-Month - My Nebraska
Roll call - Characteristics I enjoy in older people
Reading of minutes
Report of committees
Unfinished business
New business
Adjourn

Study Hour--

The Good Life

Extension Circular No. 5-87

Suggestions for Additional Activities

Interest will be added to the study if each person is given a sheet of paper on which she can score herself for the six main headings suggested by Dr. Hedger. If these scorings are handled tactfully, no one will be asked to tell her score, but each should be encouraged to improve her score. No one, except the member herself, needs to know her score nor the improvement made.

Additional References

Brotman, R. H. - Let's look at your teeth
Cadman, S. O. - Adventures for happiness
Diehl, H. S. - Healthful Living
Fishbein, Morris - Your weight and how to control it
Gilkey, J. G. - Solving life's everyday problems
Lane, Janet - Your carriage, Madam!
Rhodes, Winfred - Meeting the challenge of life
Rhodes, Winfred - The self you have to live with
Rogers, Agnes - Why not enjoy life?
Schauffer, R. H. - Enjoy living
Wilson, Margery - Your personality and God

"Life's greatest adventure is the adventure of living with God."

23446mh-8/41

The Good Life

"So live, that when thy summons come to join
The innumerable caravan, which moves
To that mysterious realm, where each shall take
His chamber in the silent halls of death,
Thou go not, like the quarry-slave at night,
Scourged to his dungeon, but, sustained and soothed
By an unfaltering trust, approach thy grave,
Like one who wraps the drapery of his couch
About him, and lies down to pleasant dreams."

--- William Cullen Bryant

"Let me grow lovely, growing old,
So many old things do;
Laces and ivory and gold
And silk need not be new.

And there is healing in old trees,
Old streets a glamour hold,
Why may not I, as well as these,
Grow lovely, growing old?"

--Baker

"The truest test of civilization is not the census,
nor the size of cities, nor the crops; no, but the kind
of men our country turns out."

Does your life reflect the optimists or the pessimist's view point?

"Optimist

Love
Independence
Fun
Endeavor"

"Pessimist

Lies
Ingratitude
Foolishness
Exertion"

"Into my Heart's treasury I slipped a coin
That time cannot take nor a thief purloin,
Oh, better than the minting of a gold-crowned king
Is the safe-kept memory of a lovely thing."

--Sara Teasdale

* * * * *

"Tho' your years be many,
Tho' your years be few,
All that truly matters
Is what you do.

Tho' you have but little
Or a lot to give,
All that God considers
Is how you live."

--Edgar Daniel Kramer

* * * * *

"The present moment is always the center of each
person's eternity, therefore each moment is the proper
time for worthful living."

* * * * *

"Truth and love working together have enough power
to conquer any thing."

* * * * *

"The highest achievement of love is always com-
munion."

* * * * *

"The love and the grace of God are ineffective un-
til they wake the responding grace of man."

* * * * *

"Be not afraid of life. Believe that life is worth
living, and your belief will help create the fact."

* * * * *

"Don't be a half-pint--be a full quart."

* * * * *

"Life is what you make it."