

1-1954

CC117 Planned Storage for Easier Housekeeping -- Bedding Stacks

Follow this and additional works at: <http://digitalcommons.unl.edu/extensionhist>

"CC117 Planned Storage for Easier Housekeeping -- Bedding Stacks" (1954). *Historical Materials from University of Nebraska-Lincoln Extension*. 3048.

<http://digitalcommons.unl.edu/extensionhist/3048>

This Article is brought to you for free and open access by the Extension at DigitalCommons@University of Nebraska - Lincoln. It has been accepted for inclusion in Historical Materials from University of Nebraska-Lincoln Extension by an authorized administrator of DigitalCommons@University of Nebraska - Lincoln.

AGRI
S
544.3
N2C33X

C.C. 117

Planned Storage for Easier Housekeeping

UNIV. OF NEBRASKA-
LINCOLN LIBRARIES

NOV 03 1988

Bedding STACKS



EXTENSION SERVICE UNIVERSITY OF NEBRASKA
COLLEGE OF AGRICULTURE
AND U. S. DEPARTMENT OF AGRICULTURE COOPERATING.
W. V. LAMBERT, DIRECTOR

BEDDING STORAGE CLOSETS

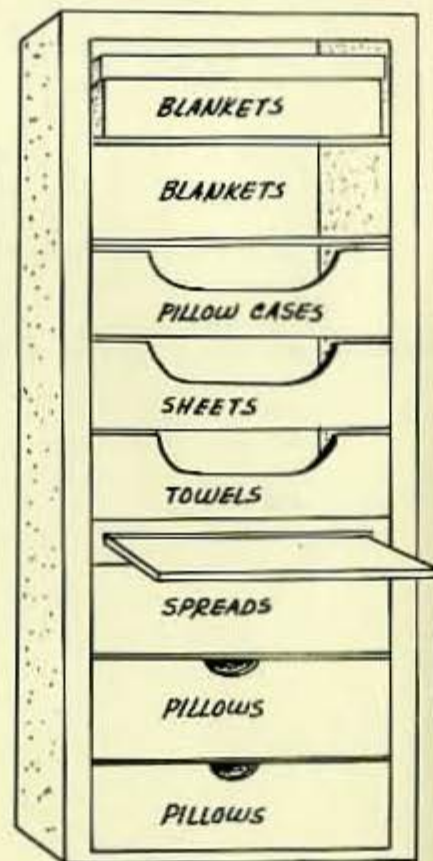
A common fault of many closets is that shelves are too far apart and the bedding must be stacked high. Plan enough shelves, and make them adjustable so they can be spaced to fit your bedding.

You may prefer drawers or removable trays rather than shelves because they are easy to put things into. The drawing on Pages 2 and 3 shows drawers on the bottom and adjustable shelves above. Shallow trays not more than 9 inches deep are better for sheets and pillow cases.

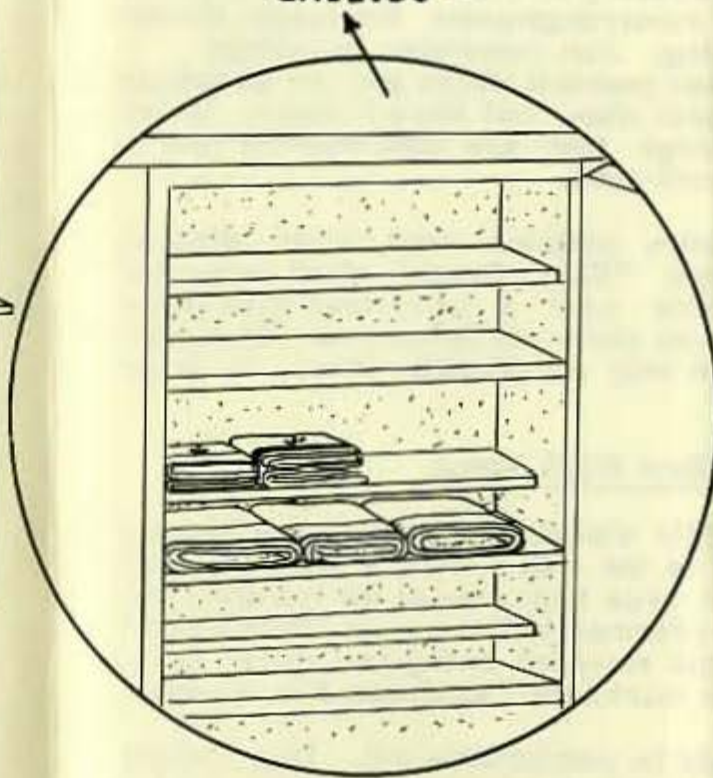
Note the pull-out board, similar to the one beneath your kitchen counter. It's a good place to set down stacks of bedding or removable trays when sorting and putting away.

Even a few shelves are helpful if you are hampered for a spot to have a bedding closet. Measure your stacks of sheets and pillow cases to find the most useful size shelf for you. Sometimes a partial shelf just wide enough to hold pillow cases can be placed above a full shelf for sheets.

From the dimensions given on Page 4 you can calculate the measurements that will fit your needs. The folded sizes given in these dimensions are those commonly used by laundries. Such sizes will vary with the method you use in folding.



FULL AND PARTIAL
SHELVES -



RECOMMENDED DIMENSIONS* FOR BEDDING STORAGE

For the closet:

Depth	Minimum 16 inches
	Recommended . 20 to 24 inches
Width, minimum	24 inches
Height	84 inches

Articles of bedding:

Common sizes:	64x84; 72x84;
	72x90; 80x90.
Large size folded,	20 x 15

Comforters

Common sizes:	68x80; 68x86.
Large size folded,	18 x 15

Mattress pads:

Common widths:	30; 39; 54
Large size folded,	14 x 10

Pillows

Common sizes:	18x26; 21x27;
	(compressible for storage)

Pillow slips

Common sizes:	42x36; 42x38 1/2;
	45x36; 45x38 1/2

Large size folded,	8 x 20
--------------------	--------

Sheets

Common sizes:	
Single beds:	63x99; 72x99;
	72x108

Double beds:	81x99; 90x108
--------------	---------------

Large size folded,	23x13
--------------------	-------

Spreads

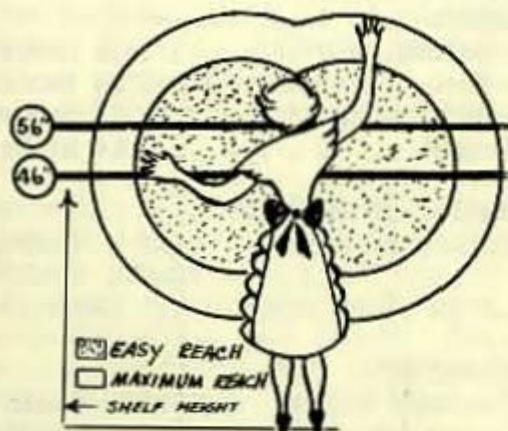
Common sizes:	72x105; 74x109;
	82x109; 88x109; 90x109

Large size folded,	23 x 14
--------------------	---------

For further information call on or write your County Extension Agents.

*From Storage Space Research at University of Illinois, Aug. 1952.

Planned Storage For Easier Housekeeping



You can plan and make your work areas and storage facilities fit YOU—even without construction changes. Often all that is necessary is a few simple adjustments and re-arrangements for easier Housekeeping. Just remember two things:

- (1) Ask yourself where you use an article most often, and store it there. Group things that are used together near a work area.
- (2) Store articles used most often in your "Easy Reach" work area; and those used a little less often in the

"Maximum Reach" work area. Spaces above and below your "Maximum Reach" can be used for articles used only occasionally—such as large roasters, pressure canner, etc.

Find Your Own Best Work Areas

To find your own best work areas while standing to work, stand facing a piece of wrapping paper thumbtacked to the wall. With a crayon in each hand, and without stretching, swing two arcs beginning at the top and curving to the side and down. The circle formed outlines your "Easy Reach" area. (See diagram). Now with arms extended swing two more arcs, one with each hand. This larger circle marks the "Maximum Reach" area.

The height of the work surface should be comfortable too. This height should make it possible for you to maintain good posture, stand in a relaxed position and work without stooping or raising the hand above the level of the elbow. A counter where your hands work on or near the surface should be higher than that where long handled tools are used—for example, for vegetable preparation, dishwashing, etc. A counter 4 to 6 inches lower depending on your height and arm length will make it more comfortable to use mixing spoons, egg beaters, etc.

Leaflet prepared by Mrs. Clara N. Leopold, Home Management Specialist, University of Nebraska, College of Agriculture, Lincoln.

January, 1954

UNITED STATES DEPARTMENT OF AGRICULTURE

EXTENSION SERVICE

WASHINGTON 25 D C

OFFICIAL BUSINESS

PENALTY FOR PRIVATE USE TO AVOID

PAYMENT OF POSTAGE, \$300

(PMGC)