

1968

## EC68-449 Changes in Pattern Sizing

Gerda Petersen

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**NEW  
Sizing**

CHANGES IN PATTERN SIZING  
BY GERDA PETERSEN  
EXTENSION CLOTHING SPECIALIST

**NEW  
Sizing**

WHY HAS PATTERN SIZING BEEN CHANGED?

It has been changed to correspond more closely to standard ready-to-wear sizing.

WHEN WILL IT BE CHANGED?

Sizes will be changed on new patterns issued after November 1, 1967. The January 1968 dated pattern catalogs will have the new sizing. Patterns that were issued before November 1, 1967 may still be found in the catalogs, but they will still carry the old sizing.

HOW WILL I KNOW WHICH PATTERNS CARRY THE NEW SIZING?

All patterns using the new standard body measurements, will be identified by a symbol that is a red rectangle enclosing the words "New Sizing." Charts having both the older and the newer measurements will be included in the back of pattern catalogs.

WHICH PATTERN COMPANIES ARE USING THE NEW STANDARD BODY MEASUREMENTS?

The four major pattern companies: Butterick, McCall's, Simplicity, Vogue are all using them.

WHAT SIZE PATTERN SHALL I BUY?

To decide which size to buy take these 4 body measurements:

Bust - measure around the body at the fullest part of the bust, high under the arm, and straight across the back.

Waist - measure around the body at the natural waistline.

Hip - measure around the body 9 inches below the natural waistline for Misses, Women, and Junior. Seven inches below the natural waistline for Half-Sizes, Junior Petite, and Young Junior/Teen.

Back waist length - measure from the top of the most prominent bone at the base of neck to the natural waistline. Then compare these measurements with those given on the charts on the back of this page. Check bust measurement first for all garments except skirts and pants. Height and back measurements help determine figure type. Buy the pattern that has measurements that most nearly correspond to your own.

HOW DO I DECIDE THE SIZE FOR SKIRT & PANTS PATTERNS?

Buy the size shown on the measurement chart according to your waist measurement unless your hip measurement is larger than shown for that size - then select size by hip measurement and adjust waistline.

ARE BODY AND PATTERN MEASUREMENTS THE SAME?

No. Pattern measurements are the actual measurements of the pattern pieces from seamline to seamline and consequently the measurements of the finished garment. Ease has been added to standard body measurements to form pattern measurements. A basic style with fitted bodice and set-in sleeve and waistline seam will have about 3 inches of ease at the bustline. Different styles have more ease.

WILL THE SAME SIZE PATTERN AS READY-TO-WEAR FIT ME?

Not always. Be sure to compare your body measurements with those on the chart before buying a pattern. See chart on back of this page.

Extension Service

University of Nebraska College of Agriculture and Home Economics  
and U. S. Department of Agriculture Cooperating  
E. F. Frolik, Dean J. L. Adams, Director

**Comparison of Body Measurement Charts**  
 Approved by the Measurement Standard Committee of the Pattern Fashion Industry  
 Butterick, McCall's, Simplicity, Vogue

**NEW**  
Sizing

(Red chart in Catalogs)

**FORMER SIZING**

(Blue chart in Catalogs)

**MISSES'**

Size	6	8	10	12	14	16	18
Bust	30½	31½	32½	34	36	38	40
Waist	22	23	24	25½	27	29	31
Hip	32½	33½	34½	36	38	40	42
Back Waist Length	15½	15¾	16	16¼	16½	16¾	17

Size	8	10	12	14	16	18	20
Bust	30	31	32	34	36	38	40
Waist	23	24	25	26	28	30	32
Hip	32	33	34	36	38	40	42
Back Waist Length	15½	15¾	16	16¼	16½	16¾	17

**WOMEN'S**

Size	38	40	42	44	46	48	50
Bust	42	44	46	48	50	52	54
Waist	34	36	38	40½	43	45½	48
Hip	44	46	48	50	52	54	56
Back Waist Length	17¼	17½	17¾	18	18¼	18½	18¾

Size	40	42	44	46	48	50
Bust	42	44	46	48	50	52
Waist	34	36	38½	41	43½	46
Hip	44	46	48	50	52	54
Back Waist Length	17½	17¾	18	18¼	18½	18¾

**HALF-SIZES**

Size	10½	12½	14½	16½	18½	20½	22½	24½
Bust	33	35	37	39	41	43	45	47
Waist	26	28	30	32	34	36½	39	41½
Hip	35	37	39	41	43	45½	48	50½
Back Waist Length	15	15¼	15½	15¾	16	16¼	16½	16¾

Size	12½	14½	16½	18½	20½	22½	24½
Bust	33	35	37	39	41	43	45
Waist	27	29	31	33	35	37½	40
Hip	37	39	41	43	45	47	49
Back Waist Length	15¼	15½	15¾	16	16¼	16½	16¾

**JUNIOR PETITE**

Size	3	5	7	9	11	13
Bust	30½	31	32	33	34	35
Waist	22	22½	23½	24½	25½	26½
Hip	31½	32	33	34	35	36
Back Waist Length	14	14¼	14½	14¾	15	15¼

Size	3JP	5JP	7JP	9JP	11JP	13JP
Bust	31	31½	32	32½	33	33½
Waist	22½	23	23½	24	24½	25
Hip	32½	33	33½	34	34½	35
Back Waist Length	14	14¼	14½	14¾	15	15¼

**JUNIOR**

Size	5	7	9	11	13	15
Bust	30	31	32	33½	35	37
Waist	21½	22½	23½	24½	26	28
Hip	32	33	34	35½	37	39
Back Waist Length	15	15¼	15½	15¾	16	16¼

Size	9	11	13	15
Bust	30½	31½	33	35
Waist	23½	24½	25½	27
Hip	32½	33½	35	37
Back Waist Length	15	15¼	15½	15¾

**YOUNG JUNIOR/TEEN**

Size	5/6	7/8	9/10	11/12	13/14
Bust	28	29	30½	32	33½
Waist	22	23	24	25	26
Hip	31	32	33½	35	36½
Back Waist Length	13½	14	14½	15	15½

**TEEN**

Size	10T	12T	14T	16T	8PT	10PT	12PT	14PT
Bust	30	32	34	36	28	29	31	33
Waist	24	25	26	28	23	24	25	26
Hip	32	34	36	38	31	32	34	36
Back Waist Length	14¼	15	15¼	15½	13½	13¾	14	14¼

**PRE-TEEN**

**GIRLS**

Size	7	8	10	12	14
Breast	26	27	28½	30	32
Waist	23	23½	24½	25½	26½
Hip	27	28	30	32	34
Back Waist Length	11½	12	12¼	13½	14¼

Size	7	8	10	12	14
Breast	25	26	28	30	32
Waist	22½	23	24	25	26
Hip	27	28	30	32½	35
Back Waist Length	11	11½	12¼	13	13¾