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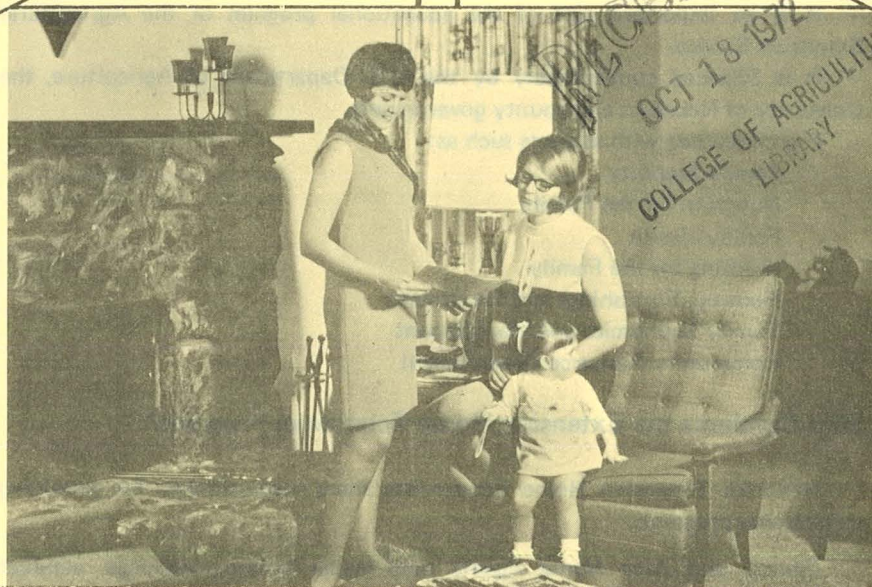
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EXTENSION Home Economics

BRINGING.....

THE UNIVERSITY OF NEBRASKA
TO NEBRASKA FAMILIES



EXTENSION SERVICE
UNIVERSITY OF NEBRASKA COLLEGE OF AGRICULTURE
COOPERATING WITH THE U.S. DEPARTMENT OF AGRICULTURE
AND THE COLLEGE OF HOME ECONOMICS
E. F. FROLIK, DEAN; J. L. ADAMS, DIRECTOR

What is the Extension Home Economics Program?

Extension Home Economics is an out-of-school educational program planned to meet the needs of contemporary families.

- It is an important part of the educational program of the Agricultural Extension Service.
- It is financed cooperatively by the U.S. Department of Agriculture, the University of Nebraska and county governments.
- It is concerned with subjects such as:

- Family Stability
- Nutrition for the Family
- Family Health
- Clothing for the Family
- Housing, Furnishings and Equipment
- Family Economics and Management
- Community Resource Development

Who Conducts the Extension Home Economics Program?

Nebraska Extension Home Economists share responsibility for providing educational programs.

County and Area Home Agents hold leader training meetings, conduct workshops, give guidance to committees and councils in the counties where they are employed.

Specialists write Extension circulars and other educational materials; conduct in-service training for field staff; present some workshops and programs in counties.

Supervisory staff coordinate Extension Home Economics programs throughout the state.

Volunteer leaders are a vital part of the Extension program. They are the important link between the professional Home Economist and the organized adult and youth club programs which Extension serves.

How Does the Extension Home Economics Program Reach Nebraska Families?

Extension Home Economists reach families by:

- Conducting workshops and short courses to help homemakers develop the knowledge and skills necessary for a better family life.

- Training volunteer club leaders in subject matter information and skills.
- Training and supervising aides who conduct special programs for low-income audiences.
- Cooperating with councils, boards, discussion groups, committees and community development agencies.
- Using mass media—newspaper columns, radio and TV programs, newsletters.
- Making personal contact through office calls, home visits and the telephone.

Who Plans the Extension Home Economics Programs?

- County and Area Extension Home Economists consult with homemakers, youth and community leaders to learn their problems and needs. Specialists contribute their knowledge of long range trends, needs and results of research findings.
- To meet the needs of people, the program varies from county to county, with different age groups and from one income group to another.

How Can You Take Part in the Extension Home Economics Program?

Get acquainted with your County or Area Extension Home Economist. She can be reached at your County Extension Office. Call her on the telephone or visit her at her office.

If you are between the ages of 9-19, ask her about the 4-H Club program in your county and how you might become a member.

If you are a homemaker—of any age—ask her:

- About workshops and special interest meetings and events that will be held in your community.
- About membership in a Home Extension Club, or how you might organize a new club group with your friends and neighbors.
- For help with solving problems concerning food preparation, home redecorating or remodeling, clothing construction, managing the family income, etc.
- For bulletins and leaflets printed by the Extension Service on many subjects related to homemaking.

The Nebraska Agricultural Extension Service invites you to participate in any phase of its programs which will best meet the needs of your family and community.