

Table 1
Description of Participants

Participant (age) Sex/Sexuality Race-Ethnicity	Partner's Sex/Sexuality (age) Race-Ethnicity	Relationship Status Narrative of Participant's Relationship
Jessica (19) Female-Heterosexual White	Male-Heterosexual (19) White	<i>Terminated (within last 6 months)</i> Jessica is from a large midwestern city and her partner is from a small town about 50 miles outside of that city. He participates in stock car racing, so it makes it difficult to make time to see each other. She does not have a car to visit him.
Amy (18) Female-Heterosexual White	Male-Heterosexual (18) African American/Black	<i>Current</i> Amy lives in Nebraska and her boyfriend in Kansas.
William (19) Male-Heterosexual White	Female- Heterosexual (18) White	<i>Terminated (within last 6 months)</i> William and his partner lived on opposite ends of the state and had a 5+ hour drive between them.
Theresa (21) Female-Heterosexual White	Male-Heterosexual (22) White	<i>Current</i> Theresa is finishing her senior year in college and her partner is living/working in a Metropolitan city approx. 3.5 hours away. They have been together for 5 years and this is their 4 th time being long-distance.
Madison (20) Female-Heterosexual White	Male-Heterosexual (22) White	<i>Current</i> Madison and her partner have been dating for over three and a half years, starting in high school when she was a junior and he was a senior. They have dated long-distance since he went to college the next year. They attend schools 45 miles away from each other.
Lauren (20) Female-Heterosexual White	Male-Heterosexual (20) Multiracial	<i>Uncertain</i> Lauren and her partner lived long-distance (7 hours) for approximately 6 months due to COVID-19.

Thomas (18) Male-Heterosexual White	Female- Heterosexual (18) White	<i>Current</i> Thomas and his partner live approximately 1,200 miles away. They text and Facetime often. She has come to visit him once this semester.
Claire (18) Female-Heterosexual White	Male-Heterosexual (18) White	<i>Current</i> Claire and her partner live 200 miles away and have been together for 8 months.
Hannah (18) Female-Prefer not to say Asian/Pacific Islander	Male-Prefer not to say (23) Asian/Pacific Islander	<i>Current</i> Hannah and her partner live approximately 750 miles away. They have a decent relationship, but it's sometimes very complicated.
Jack (20) Male-Heterosexual White	Female- Heterosexual (18) White	<i>Terminated (within last 6 months)</i> Jack was in college while his girlfriend was still in high school. They lived about an hour apart.
Chloe (19) Female-Heterosexual White	Male-Heterosexual (21) White	<i>Terminated (within last 6 months)</i> Chloe and her partner started dating long-distance when he went to college an hour away while she was a senior. They lived an hour away for two years because of school.
Brandon (20) Male-Heterosexual White	Female- Heterosexual (20) White	<i>Uncertain</i> Brandon and his partner were separated due to COVID-19 for approximately 6 months. They lived 452 miles apart during this time. He said that "everything was going great" between them.
Alexis (20) Female-Heterosexual White	Male-Heterosexual (22) White	<i>Terminated (within last 6 months)</i> Alexis and her partner lived two hours apart.
John (18) Male-Heterosexual White	Female- Heterosexual (21) White	<i>Current</i> John and his partner attend separate colleges that are 7-8 hours apart.
Haley (19) Female-Heterosexual	Male-Heterosexual (20)	<i>Terminated (within last 6 months)</i>

White	White	Haley and her partner met in college when they went to the same school, but he moved across the country (1,586 miles) when the pandemic hit.
Rachel (18) Female-Heterosexual White	Male-Heterosexual (17) Hispanic/Latino	<i>Current</i> Rachel and her partner lived in separate states, approximately 200 miles apart. They met in high school and were separated because of college.
Joe (20) Male-Heterosexual White	Female-Heterosexual (20) White	<i>Terminated (within last 6 months)</i> Joe and his partner lived halfway across the United States from each other. They would Facetime every day.
Alex (21) Male-Straight White	Female-Straight (20) White	<i>Current</i> Alex lives in the United States and his girlfriend is in Iraq, which is 7,000 miles away (back home). They are trying to get her to the US.
Samantha (20) Female-Heterosexual White	Male-Heterosexual (22) White	<i>Current</i> Samantha and her partner are in an LDR because of attending separate colleges. She was in high school when they started dating, and he was already in college, so they have been doing this for a long time.
Connor (19) Male-Heterosexual White	Female-Heterosexual (19) White	<i>Terminated (within last 6 months)</i> Connor and his partner dated for 1 year. They then attended separate colleges 4 hours apart.
Matt (19) Male-Heterosexual White	Female-Heterosexual (19) White	<i>Terminated (within last 6 months)</i> Matt and his partner lived approximately 8 hours apart. They dated for almost 2 years and he terminated the relationship because they never saw each other.
Nathan (19) Male-Bisexual White	Female-Bisexual (20) White	<i>Terminated (within last 6 months)</i> Nathan and his partner lived 700 miles apart. They talked almost all day every day, but he said there was very little substance to the conversation.

Kyle (20)
Male-Heterosexual
White

Female-
Heterosexual
(19); White

Current
Kyle and his partner go to school together
but he lives halfway across the country from
his girlfriend during breaks.