

Early Childhood Caries



- Occurs from birth to about 6 years of age
- One or more decayed, missing, or filled tooth surfaces
- Self-esteem issues, missed school days, behavior problems, oral pain, impaired eating, oral abscesses, and poor growth
- Ensure good nutrition and oral hygiene to prevent



References

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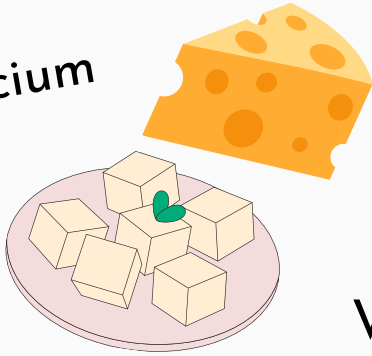
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March 14, 2022

Kids Oral Health

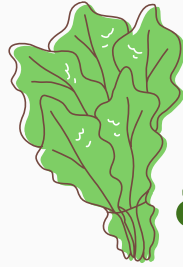
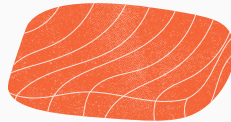
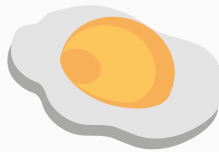
**NUTRITION AND
PREVENTATIVE DENTISTRY**

Nutrition for Oral Health

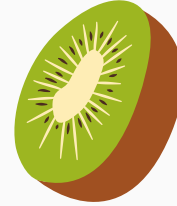
Calcium



Vitamin D



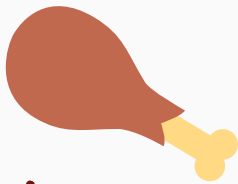
Vitamin K



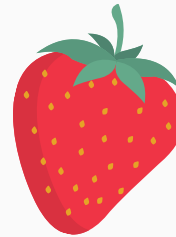
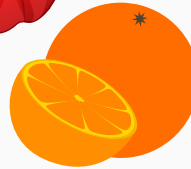
Vitamin A



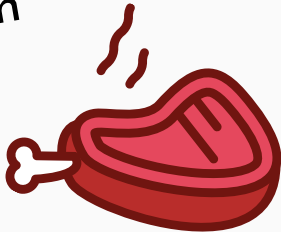
Vitamin B6



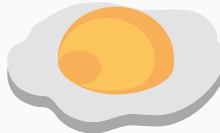
Vitamin C



Iron

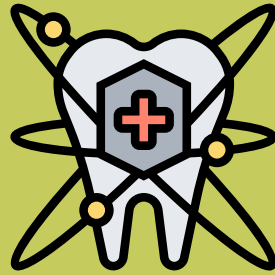


Vitamin B12



Prevention

Fluoride



Sealants



Brush Twice a day

Floss once a day



Limit Sweetened Drinks

