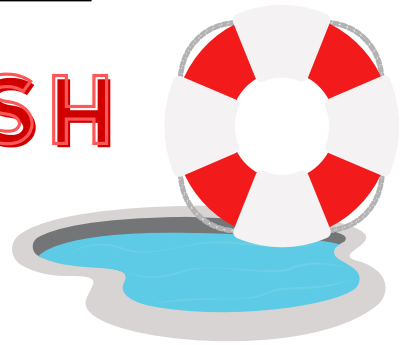


Name: \_\_\_\_\_

# SAFETY SPLASH

Follow-Along Activity Sheet:

As you watch the video, fill out the questions so you can remember what you learned!



**S**wim at your level

1. If you are an inexperienced swimmer what should you wear?

\_\_\_\_\_



**A**sk before you enter the water

2. Who do you ask for permission to enter the water?

\_\_\_\_\_



**F**ollow the pool rules

3. What should you never do at the pool?

\_\_\_\_\_



**E**nter and exit using handrails

4. What could happen if you don't use the handrail?

\_\_\_\_\_



**T**ell a lifeguard if you need help

5. What phone number do you call in case of an emergency?

\_\_\_\_\_



**Y**ou got this! With your new pool safety knowledge  
you can be safe AND have fun!