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HLA/KIR Restraint of HIV: Surviving the Fittest

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Abstract

Multiple epidemiological studies have demonstrated associations between the human leukocyte antigen (*HLA*) loci and human immunodeficiency virus (HIV) disease, and more recently the killer cell immunoglobulin-like (*KIR*) locus has been implicated in differential responses to the virus. Genome-wide association studies have convincingly shown that the *HLA* class I locus is the most significant host genetic contributor to the variation in HIV control, underscoring a central role for CD8 T cells in resistance to the virus. However, both genetic and functional data indicate that part of the *HLA* effect on HIV is due to interactions between *KIR* and *HLA* genes, also implicating natural killer cells in defense against viral infection and viral expansion prior to initiation of an adaptive response. We review the *HLA* and *KIR* associations with HIV disease and the progress that has been made in understanding the mechanisms that explain these associations.

HLA: human leukocyte antigen

KIR: killer cell immunoglobulin-like receptor

HIV: human immunodeficiency virus

GWAS: genome-wide association study

SIV: simian immunodeficiency virus

INTRODUCTION

The human leukocyte antigen (HLA) and killer cell immunoglobulin-like (KIR) molecules are encoded by two of the most diverse gene families in the human genome. Given the involvement of these molecules in fundamental immune processes such as antigen presentation to T cells and regulation of natural killer (NK) cell responses, it is no surprise that the extreme diversity characterizing the *HLA* and *KIR* loci impacts viral pathogenesis differentially across individuals. HIV is now the most thoroughly studied virus across many disciplines, including viral/host immunogenetic relationships. As was suspected based on earlier studies, the central importance of the *HLA* class I locus in the differential control of HIV that is seen across patients was borne out in the first genome-wide association studies (GWAS), underscoring the exclusive role of this locus in the whole genome context.

HIV remains a global health problem, with more than 30 million people infected worldwide, concentrated most severely in sub-Saharan Africa. Nearly three decades of intensive research have now led to substantial progress in understanding HIV pathogenesis and immunity to the virus. The availability of a model exploiting simian immunodeficiency virus (SIV) in nonhuman primates has advanced the field. Improved access to antiretroviral therapy (ART) has decreased mortality and morbidity of HIV infection within those countries where the drugs are available. However, HIV vaccine development remains extremely challenging, with no clear success in humans.

The diversity of clinical outcomes after HIV infection is broad, ranging from progression to acquired immunodeficiency syndrome (AIDS) within a year of seroconversion to the control of HIV without drugs for more than two decades. A small fraction of individuals are resistant to HIV infection, even upon repeated exposure. The diversity of responses to HIV has to do with viral, host, and environmental variability, all of which must eventually be meshed to generate a predictive algorithm for outcome after

HIV exposure. There is now abundant information regarding host genetic variation and its consequence on outcome to HIV infection, particularly at the *HLA* class I loci and, to a lesser extent, the *KIR* locus. In this review, we focus on *HLA* and *KIR* involvement in HIV/AIDS as a model for viral diseases in general, summarizing the influence that variation at these loci has on HIV-1 pathogenesis.

OVERVIEW OF HLA AND KIR GENETICS AND FUNCTIONS

HLA class I and class II molecules present antigenic peptides on the surface of cells to CD8 and CD4 T cells, respectively. CD8 T cells kill infected cells through recognition of viral epitopes or self stress peptides (i.e., intracellularly derived peptides) presented in the context of HLA class I on the target cell surface. CD4 T cells recognize antigens that are primarily extracellularly derived and in the context of HLA class II, resulting in production of cytokines that help other immune cells to respond. Besides directing CD8 T cell activity, class I molecules also regulate NK cell activity via interactions with NK cell receptors, including KIRs.

The HLA class I and class II molecules are encoded by genes located within the human major histocompatibility complex (*MHC*), which encompasses ~4 Mb on chromosome 6p21.3 (**Figure 1**). It is one of the most gene-dense regions within the human genome, containing 45 *HLA*-like genes and 208 non-*HLA* genes (1). The *HLA*-like genes share both sequence and structural homology, and many have immunological functions. The *HLA* class I region contains three classical class I genes (*HLA-A*, *-B*, and *-C*) that are expressed by all nucleated cells and encode transplantation antigens (2). The classical class II genes are *HLA-DP*, *-DQ*, and *-DR*, and their products are expressed on the surface of antigen-presenting cells and B cells.

The defining feature of *HLA* class I and class II genes is their extreme polymorphism. Variation across *HLA* alleles is concentrated within the regions encoding sites that bind peptides

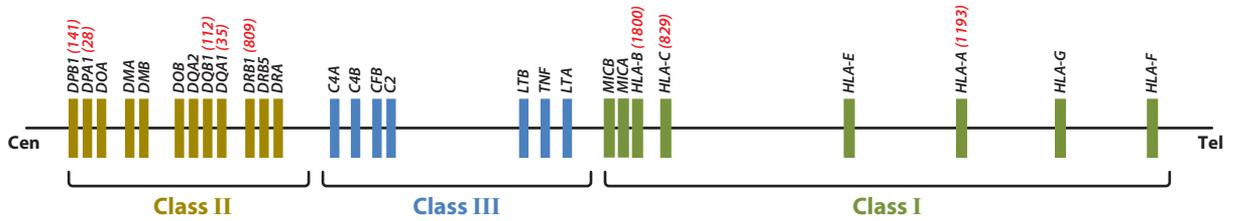


Figure 1

The genetic map of the human *MHC*. A subset of genes within the 4 Mb region of the *MHC* is shown. Numbers of alleles for the classical class I and class II genes (based on the information from the IMGT/HLA database, <http://www.ebi.ac.uk/imgt/hla>) are depicted in red.

and the T cell receptor. *HLA-B* is the most diverse gene in the human genome, with 1,800 alleles described in the IMGT/HLA database (<http://www.ebi.ac.uk/imgt/hla>). The current focus on *HLA* in terms of its effects on disease susceptibility/pathogenesis is the variation in the coding regions of the genes. Evidence suggests that even a single amino acid change can influence structural and functional properties of HLA antigens and can influence susceptibility to HIV disease (3). Studies are now beginning to focus on variants in noncoding regions of the *HLA* genes, which may affect the level of transcription, translation, and splicing.

Extreme polymorphism of *HLA* genes parallels the diversity of the functionally related *KIR* genes, which encode receptors that regulate NK cell function. NK cells are key mediators of innate immunity that kill aberrant target cells or secrete cytokines without prior exposure to the target. NK cell activity is controlled by a battery of inhibitory and activating receptors, most of which recognize HLA class I- or class I-like molecules (4). *KIRs* are mainly expressed on CD56^{dim}CD16^{pos} NK cells, which constitute the bulk of peripheral blood NK cells and have high cytotoxic potential. Tolerance to self can be generated through *KIRs* that inhibit NK cell activity upon recognition of normal levels of class I expression, whereas activation of NK cells, potentially involving activating *KIRs*, may occur when class I expression is downregulated. Extensive genetic polymorphism of the *KIR* and *HLA* class I loci is likely to influence

variability in functional capacities of NK cells across individuals.

KIR genes are arranged in a head-to-tail cluster on human chromosome 19q13.4 spanning approximately 100–200 kb (5). *KIR2DL* and *KIR3DL* genes encode molecules with inhibitory capacity (with the exception of *KIR2DL4*, which may have both inhibitory and activation potential), whereas *KIR2DS* and *KIR3DS* encode activating receptors. Substantial gene content and allelic variation are observed in humans (6). There are two basic groups of *KIR* haplotypes, termed A and B (**Figure 2**). Haplotype A consists of nine genes and encodes predominantly inhibitory receptors, whereas the B haplotypes represent a diverse group of haplotypes based on gene content and contain more activating *KIRs* compared with haplotype A. Another specific feature of the *KIR* locus is that expression of *KIR* genes is variegated and clonally restricted (7). Multiple alleles exist for each *KIR* gene, and alleles of a given *KIR* gene can vary in expression level or functional capacity. Despite a great deal of variation in gene content across haplotypes, almost all individuals possess four framework genes: *KIR3DL3*, *KIR3DP1*, *KIR2DL4*, and *KIR3DL2*. In addition, the vast majority of humans possess loci encoding *KIR2DL1*, *KIR2DL2/2DL3*, and *KIR3DL1/3DS1*. Inhibitory receptors encoded by these three loci are probably the major players in *KIR*-mediated NK cell recognition of HLA-B (*KIR3DL1*) and HLA-C (*KIR2DL1*, *KIR2DL2*, *KIR2DL3*) molecules on target cells.

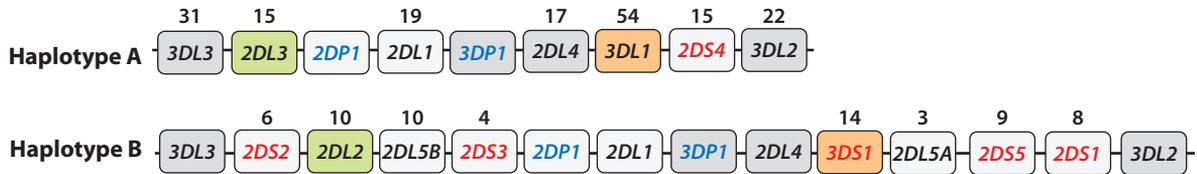


Figure 2

Schematic representation of two prototypic human *KIR* haplotypes. The digit before the letter D in the *KIR* gene name denotes the number of Ig-like domains in the molecule, the letter following D specifies long (L) or short (S) cytoplasmic tails in a corresponding protein, or pseudogenes (P). Long tailed *KIR*s are inhibitory and short tailed are activating with the exception of *KIR2DL4*, which has potential for both inhibition and activation. Gene pairs *KIR2DL2/2DL3* and *KIR3DL1/3DS1* are alleles of the same loci (shown in *green* and *orange*). The four framework genes are shown as gray boxes. Genes encoding activating *KIR* with short tails and pseudogenes are denoted by red and blue letters, respectively. The number of alleles differing at the amino acid level is shown above each gene (based on data from the IPD-KIR database, <http://www.ebi.ac.uk/ipd/kir>).

Receptor-ligand relationships between HLA and *KIR* are allotype specific. *KIR3DL1* specifically recognizes HLA-B molecules that have the serologically defined Bw4 motif (amino acid positions 77–83), and some *KIR3DL1* subtypes exhibit a stronger inhibitory effect in the presence of HLA-B Bw4 subtypes that have isoleucine at position 80 (Bw4-80I) as opposed to threonine at the same position (Bw4-80T) (8). Notably, the *KIR3DL1* gene has the highest number of alleles compared with other *KIR* genes (Figure 2), and allotypes encoded by these alleles vary in their level of expression and inhibitory capacity (9–12).

Besides restraining NK cell cytotoxicity, inhibitory *KIR*s are also involved in developmental signaling. During the process of NK cell education, or licensing, interactions between inhibitory receptors and self class I molecules are important for gaining functional potency to eventually eliminate target cells with aberrant MHC expression (13). Thus, inhibitory *KIR*s essentially regulate NK cell function positively and negatively.

Whereas inhibitory *KIR*s are relatively well studied, the function of the activating *KIR*s remains somewhat obscure. The activating *KIR*s have evolved from their inhibitory counterparts in such a way that they bind HLA class I ligands with substantially lower affinity despite nearly identical sequences in their extracellular domains. No ligands have been identified for *KIR3DS1* to date despite its ~97% protein

sequence similarity to *KIR3DL1* in the extracellular domain (8). It may be difficult to reproduce some in vivo conditions that are essential for binding of activating *KIR*s to their HLA ligand, as the HLA molecule or even the *KIR* itself may be altered in some way upon infection, allowing the interaction to take place. For example, a specific viral or self stress peptide bound to the class I molecule could potentially convert the molecule from nonligand to ligand status (14). Understanding specific features of HLA and *KIR* allotypes as well as the nuances of their interactions is critical in the assessment of the HLA and *KIR* genetic impact on human diseases.

HIV DISEASE COURSE AND ITS VARIATION IN HUMANS

HIV infection starts with the eclipse phase, which lasts several days before the virus reaches draining lymph nodes and becomes detectable in plasma (Figure 3). Subsequent rapid viral replication in activated CD4 T cells and systemic spread lead to an exponential increase in plasma viral load, which reaches its peak 3–4 weeks after infection (15). By this time, latent viral reservoirs are established, and eradication of the virus becomes virtually impossible.

Peak plasma viremia is followed by a decrease to a relatively stable level called “set point,” marking the end of the acute phase of infection (Figure 3). The subsequent

HLA-B Bw4: a group of HLA-B allotypes with the serologically defined Bw4 motif at amino acid positions 77–83 (Bw6 is the alternative motif)

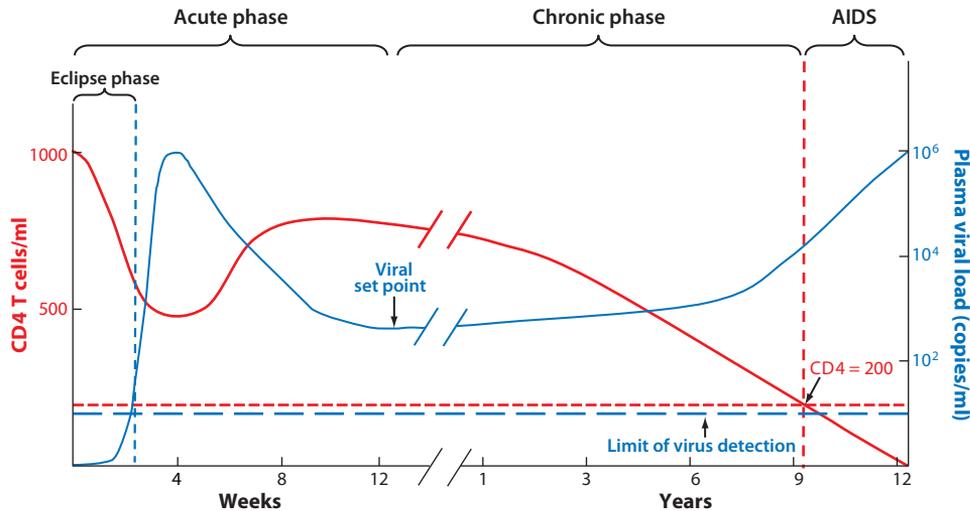


Figure 3

Dynamics of peripheral blood CD4 T cell counts and plasma viral load during a typical course of HIV infection. The three major phases of infection are shown: acute, chronic, and AIDS. The eclipse phase is the initial stage of the acute infection before systemic viral dissemination. The acute phase is characterized by flu-like symptoms and a peak viral load, followed by a drop to a set point level. During the asymptomatic chronic phase, viral load gradually increases while CD4 T cell counts gradually decline to the level of 200 cells/ml of blood, a point defining AIDS onset.

asymptomatic chronic phase can last for years, during which viral load gradually increases and CD4 T cell counts decrease to the point where the immune system can no longer protect the body from opportunistic infections or certain cancers. Recent findings point to the importance of events within the gastrointestinal tract for HIV/SIV pathogenesis (16). Massive depletion of CD4 T cells and structural damage occur in the gastrointestinal mucosa during the acute phase of HIV/SIV infection. Increased mucosal permeability allows microbial translocation, which leads to chronic immune activation, the apparent driving force of immunodeficiency.

A minority of HIV-1-infected individuals (~5–15%) called long-term nonprogressors (LTNP) maintain normal CD4 T cell counts and remain AIDS-free in the absence of ART (17). It is well established that the level of set point viremia impacts disease progression (18, 19). Indeed, the vast majority of LTNP exhibit low-level viremia, some of them below 50 copies of the virus per ml of plasma. These elite

controllers (EC) have been invaluable in studies of immunological correlates of virus control.

HLA AND KIR IN HIV IMMUNITY

HLA Class I and CD8 T Cells

The era of studies investigating HIV-specific CD8 cytotoxic T lymphocytes (CTLs) from the blood of infected patients began in the late 1980s (20–22), opening a floodgate of CTL intelligence. CD8 T cell activity was shown to temporarily correlate with initial control of acute viremia (23, 24), and depletion of the CD8 T cells was linked to a loss of viral control in SIV infection (25, 26). Many HLA class I–restricted epitopes recognized by CD8 T cells were identified (<http://www.hiv.lanl.gov>) and characterized for their ability to cripple the virus (27–30). Studies of *HLA* allelic effects on various outcomes to HIV infection were published (see following sections), and strong links between specific viral mutations and a given *HLA* class I allele were uncovered (31–33).

Long-term nonprogressors (LTNP): a minor subset of HIV-infected patients who do not progress to AIDS in the absence of drug therapy

Elite controllers (EC): a subset of LTNP who maintain their viral load below the detection limit of commercial assays (50 copies per ml of plasma)

Escape mutations: mutations in the viral sequences that arise due to selective pressure from the immune response

Gag: an HIV polyprotein precursor that is cleaved into four proteins, p17 matrix, p24 capsid, p7 nucleocapsid, and p6. Gag p24 contains four B*57-restricted immunodominant epitopes, TW10, KF11, IW9, QW9, and a B*27-restricted immunodominant epitope, KK10. An abundance of Gag in viral particles makes this protein an important antigen

There is strong evidence that CD8 T cells exert extreme selection pressure on HIV sequences over the course of infection (27, 34–43), whether beneficial to the host or not. Viral escape mutations arising within the HLA class I-restricted CD8 T cell epitopes can function to disrupt binding of a viral peptide to HLA class I or impair recognition by the T cell receptor. Mutation in regions immediately flanking the epitope may affect antigen processing, facilitating escape from CD8 T cell response (44). About two-thirds of all nonenvelope viral mutations detected in the chronic phase are attributed to CD8 T cell responses in HIV-1-infected patients, indicating a dominant influence of this arm of immunity on viral evolution (34). However, owing to apparent restrictions on viral fitness, the virus can afford only certain escape pathways, which can be predicted to some extent by the patient's *HLA* genotype (34, 45). Transmission of HIV containing a given escape mutation to a new recipient may result in reversion of the mutation, depending on the fitness cost and the recipient's immune response (27, 46). Progress in sequencing technologies, availability of large cohorts of HIV-1-infected individuals, and new statistical tools have enabled detection of HIV-1 evolution driven by CD8 T cell pressure at the population level (31–33, 47, 48).

The dynamics of the CD8 T cell response are complex, with significant qualitative and quantitative changes over the course of HIV infection. Acute CD8 T cell responses typically target a small number of epitopes, and responses to these specific epitopes rapidly decline after reaching a peak, which can be attributed to a decrease in viral load, viral escape, and/or effector cell exhaustion (43, 49). During the chronic phase of infection, immunodominance patterns generally change (50) and the CD8 T cell response shifts to a broader epitope recognition pattern (51). Immunodominant CD8 T cell responses that make a larger relative contribution to the total response developed during primary infection associate with a lower viral set point, and preservation of these

responses in the chronic phase associates with slower CD4 decline (50).

Much effort has been directed toward identification of unique features of HIV-specific CD8 T cell activity from LTNP and EC, in particular. Although the breadth and magnitude of overall HIV-specific CD8 T cell responses do not seem to correlate with HIV control in chronically infected individuals (51, 52), CD8 responses directed against Gag were found to be critical for viral suppression in chronic infection (51–56). This can be explained by the relatively conserved nature of this structural protein and/or by the overall abundance of the Gag protein in virus particles that allows rapid processing and presentation of Gag peptides to CD8 T cells (57). In addition, HIV-specific CD8 T cells from EC were more potent compared with noncontrollers according to several parameters, including the ability to produce multiple cytokines and chemokines, proliferate, and exert cytotoxicity (58–63). Whether this is a cause for or an effect of EC status requires further consideration.

HLA Class II and CD4 T Cells

The key role of CD4 T cells in immune responses is underscored by the devastating consequences of CD4 T cell depletion in HIV infection. Based on animal models of chronic viral infections, investigators have suggested that CD4 T cells are necessary for the maintenance of stable CD8 T cell memory, although they are not essential in primary CD8 T cell responses (64–66). CD4 T cells are the principal targets for HIV, and the virus preferentially infects HIV-specific CD4 T cells (67). Although most HIV-specific CD4 T cells are not infected (67) and may contribute to antiviral response, there is an impairment in proliferative capacity of these cells in viremic patients (68–70). In contrast, preservation of virus-specific CD4 T cells that can proliferate and produce IL-2, characteristic of central memory cells, is associated with low viral load in both treated and untreated patients (68–71). Besides the

traditional helper function, virus-specific CD4 T cells can exert direct cytotoxicity against HIV- and SIV-infected cells (72–74). In addition, induction of a virus-specific CD4 T cell response has been documented in relatively successful vaccinations against SIV (75) and HIV (76).

Although *HLA* class II genetic associations with HIV disease outcomes have been reported, the findings are not nearly as convincing as those for class I. This could be due to the outcomes tested, such as viral load, which largely depends on class I–restricted CD8 responses. In addition, HLA class II restriction is not as well defined as that for class I for several reasons: Class II epitopes are harder to pinpoint because they vary in length to a greater extent than do class I, class II tetramers are difficult to produce relative to class I tetramers, there are lower frequencies of HIV-specific CD4 T cells compared with CD8 T cells (77), and CD4 T cells are depleted over the course of infection. Alternatively, the promiscuity in antigen presentation across class II allotypes may render alleles roughly equal in terms of HIV restriction, which results in the absence of clear genetic effects of class II variation (78, 79).

CD4 T cell responses have been systematically analyzed in chronically infected patients to map epitopes across the clade B (78) and clade C (80) viral proteomes. There was a significant inverse correlation between the presence of the CD4 response to Gag and viral load in untreated clade C patients (80). Recent data using an expanded data set of the same cohort (80) indicated that individuals expressing DRB1*1303, an allele significantly associated with low viral load, have fewer Gag-specific responses compared with all other patients (B. Julg, personal communication). These seemingly inconsistent results can probably be resolved by distinguishing cause from effect when interpreting data that involve effector cell responses from HIV-infected patients.

The difficulties in studying CD4 T cell responses in HIV infection in general may explain the absence of any clear effect of *HLA* class II polymorphism on HIV disease.

Alternatively, class II polymorphism may not have any measurable effect on disease pathogenesis if would-be beneficial responses conferred by certain alleles occur too late after infection. Further attempts to define and distinguish CD4 T cell responses by comparisons of their functions across individuals with distinct class II allotypes may be pivotal in the design of an effective vaccine where the protective responses are generated prior to infection.

HLA Class I, KIR, and NK Cells

Similar to other viruses, HIV downregulates expression of class I molecules on the surface of infected cells to escape from CD8 T cell lysis (81). This renders the cells potential targets for NK cells. Notably, HIV downregulates HLA-A and HLA-B, whereas HLA-C expression is preserved (82). Thus, NK cell receptors that bind HLA-C might be preferentially important in recognition of infected cells.

Early HIV infection is characterized by expansion of blood NK cells, which precedes the expansion of CD8 T cells (83). This expansion can be influenced by a *HLA* class I genotype, as investigators have shown that the frequencies of NK cells expressing KIR3DS1 and, to a lesser extent, KIR3DL1 are specifically increased during acute HIV-1 infection in the presence of HLA-B Bw4-80I (84). Selected expansion of NK cell subsets may be beneficial to the host because an immediate, aggressive response to HIV may prevent an established infection.

Several studies have shown that NK cells isolated from viremic patients are impaired in their function (85–87). One reason for such impairment is the expansion of a CD56[−]CD16⁺ subset of NK cells that is present at low levels in healthy individuals and in HIV-infected patients with suppressed virus replication (86, 88, 89). These abnormal NK cells express KIRs, and their defective lytic capability has been attributed in part to elevated expression of inhibitory KIR2DL2/2DL3 receptors that bind to HLA-C (88).

Because of the nature of NK cell regulation and HIV infection, the effect of inhibitory and

Linkage disequilibrium (LD): nonrandom association between alleles of different linked loci

Balancing selection: natural selection that acts to maintain multiple alleles of a gene either by favoring heterozygotes (overdominance) or by favoring rare alleles (frequency dependent selection)

activating signaling is complex. Although NK cell activation may result in the killing of infected cells, inhibitory signaling is required for NK cell education (13) and may also diminish immune activation, a characteristic of disease progression (16).

HLA POLYMORPHISM AND HIV/AIDS

The primary influence of variation within the *HLA* class I loci on the level of viral load and AIDS progression relative to all other single human genetic variants has now been set in stone by the several GWAS published to date (90–93). The most significant variants identified include a single nucleotide polymorphism (SNP) in the *HCP5* gene, which is in virtually perfect linkage disequilibrium (LD) with *HLA-B*5701* in Caucasians (90–92, 94), two variants located 35 kb upstream of the *HLA-C* locus (90–92, 94), and an intronic variant in the *HLA-B* gene linked to *HLA-B*5703* in African Americans (93). The genome-wide significance of SNPs linked to *B*57* alleles supports previous genetic and functional data on the importance of the *HLA-B* locus in HIV pathogenesis, particularly strong protection conferred by *B*57* alleles. These studies also provide novel evidence for a principal role for the *HLA-C* locus in HIV disease control. Of note, no class II associations were evident from the GWAS, and the *HLA-A* locus does not show a clear effect (91).

Individual *HLA* alleles and alleles grouped together based on a given hypothesis have been associated with HIV outcomes. One of the most interesting recent developments in this regard is the move to investigate effects of noncoding regions, which seem to contain riches that are only beginning to be unearthed.

HLA Heterozygote and/or Rare Allele Advantage?

Properties of the *MHC* locus have set it apart from other genes. *HLA* genes contain many sequence variants, similar to microsatellites,

immunoglobulin (*Ig*) genes, and T cell receptors (*TCR*), but unlike microsatellites, *HLA* genes do not have high mutation rates (95), nor are there specialized mechanisms for somatic diversification as are found with *Ig* and *TCR* genes. In addition, the polymorphic variation at the *MHC* class I and II loci is older than that in any other known locus, as determined by both the time needed to accumulate the observed allelic divergencies and the observation that allelic variants similar to those of humans are found in apes. In multiple species, the class I and II allelic frequencies are more evenly distributed than expected by chance, with an excess of intermediate frequency alleles. These diverse and peculiar properties of class I and II genes are well explained by the existence of balancing selection acting on these loci. The primary function of these *MHC* molecules is to present foreign antigens to elicit T cell responses, so a pathogen-driven form of balancing selection is often invoked. For many reasons, however, commensal organisms of the gut and other tissues may be a more likely driving force of *MHC* balancing selection because they have a long symbiotic relationship with their host but are occasionally pathogenic and need to be constantly kept in check (96).

Balancing selection itself can occur in one of two forms, either heterozygote advantage (overdominant selection) or rare allele advantage (frequency-dependent selection). Heterozygote advantage contends that in general, individuals who are heterozygous at the *HLA* locus will present a broader repertoire of antigenic peptides to T cells than will homozygotes, challenging the pathogen to escape from a greater variety of CTL responses. Rare allele advantage is based on the premise that the most frequent form of a pathogen circulating in a given population is more likely to have escaped from common *HLA* alleles, making the low frequency allotypes advantageous for the host.

The relative contributions of each of these models have been subject to debate (97). HIV epidemiological data have been applied to test both models. Data supporting a heterozygote

advantage against HIV showed an increasingly protective effect, in terms of disease progression, with greater numbers of distinct *HLA* class I alleles (98, 99). Recent work on cynomolgus monkeys demonstrated lower chronic SIV viral loads by nearly two logs in class I heterozygous as opposed to homozygous animals (100). Based on viral sequences, heterozygous monkeys appear to exert greater overall CD8 T cell pressure on the virus compared with that in homozygous animals. The breadth of Gag-specific CD8 T cell responses to HIV correlates with lower viral load (54, 55), which may be due in part to a greater number of distinct class I alleles in heterozygous patients.

In support of a rare allele advantage, investigators have demonstrated a positive correlation between viral load and the frequency of *HLA* class I supertypes (101). As the model suggests, such a correlation may be due to viral adaptation at a population level. Indeed, a recent study in nine cohorts representing five continents demonstrated a strong positive correlation between epitope mutations and frequencies of restricting *HLA* class I alleles (47).

Based on HIV genetic epidemiologic data, it is difficult to clearly distinguish heterozygous advantage from rare allele advantage because low frequency alleles are much more likely to occur in the heterozygous form. It is plausible that both heterozygote advantage and rare allele advantage apply to HIV-infected individuals. Despite all theoretical support of evolutionary models, however, HIV is unlikely to have any permanent effect on *HLA* allelic frequency distributions. But the effect of *HLA* on HIV evolution is evident in a geographic-specific sense.

***HLA-B* Locus: The Queen Bee of HIV Host Genetics**

The *HLA-B* locus is the most polymorphic of all the *HLA* loci (102). Perhaps related to its extensive diversity, it also shows the strongest and most consistent genetic effects on outcomes of HIV infection relative to the other *HLA* class I and class II genes (103). Functional data from a large study of clade C patients showed that

most CD8 T cell responses to HIV were *HLA-B* restricted and that variation in viral load was predominantly associated with variation at the *HLA-B* locus (104), nicely correlating the genetic data with functional analysis and emphasizing the importance of *HLA-B* polymorphism in determining the outcome of HIV infection.

The *HLA-B*57* allele tops all others in terms of its effect on HIV, and this effect is protective both in terms of viral load control and delayed progression to AIDS (104–108). *HLA-B*57* carriers are overrepresented among EC (105, 108) and present symptoms of acute HIV-1 infection less frequently compared with non-carriers (109). The exclusive status of *B*57* in HIV pathogenesis relative to SNPs located throughout the rest of the genome is being repeatedly observed with each additional GWAS report (90–94). An early genetic effect of *B*57* after HIV infection was originally indicated by survival analyses, where *B*57* protection was most apparent for time to CD4<200 (the earliest outcome available for survival analysis in our cohorts), as opposed to an AIDS-defining illness or death (106). The effect of *B*57* has now been shown for set point viral load (92), an outcome that occurs much earlier than CD4<200.

Several factors contributing to the mechanism of *B*57* protection have been suggested. *B*57* restricts three or four immunodominant epitopes located in conserved regions of Gag, and escape mutations within these targeted epitopes are commonly observed in viruses isolated from *B*57*-positive individuals (27, 36, 46, 110). Reduced viral fitness of the escape variants, verified by both in vitro assays and in vivo reversions (27–29, 36), may explain in part the *B*57* protective role. A recent study suggests a dual mechanism for *B*57*-related viral control involving both viral fitness loss and induction of CD8 T cell response against escaped epitopes (30).

An important feature of *B*57* is its immunodominance in acute CD8 T cell responses, which appears to be greater than that of any other *HLA* allotype, with the most frequently targeted epitope being Gag TW10 (111). Mathematical models of T cell

selection in the thymus support the concept of B*57 immunodominance by predicting a relatively large pool of B*57-restricted naive T cells specific for HIV compared with cells restricted by other class I allotypes (112). These models also implicate greater cross-reactivity of B*57-restricted CD8 T cells to mutating epitopes. Dominant, cross-reactive targeting of Gag epitopes by B*57-restricted CD8 T cells may be important in control of viral replication because Gag can be presented by infected cells early postinfection, even before viral integration and protein synthesis (57). Targeting multiple Gag epitopes by B*57-restricted CTLs is additionally advantageous to the host because it complicates viral escape from the total CD8 response.

*HLA-B*27* also provides protection in terms of viral control and AIDS progression (106–108, 113, 114). The mechanism of B*27 protection may be somewhat similar to B*57, as it involves induction of an immunodominant CD8 response against a highly conserved Gag epitope (40, 111, 115), coming in second after B*57 in the hierarchy of immunodominance during acute phase (111). Despite certain similarities to B*57, B*27 protection has distinct features. Unlike the B*57-restricted CD8 response, which targets up to four Gag epitopes, B*27 restriction is focused on a single epitope, KK10. Under B*27-restricted pressure, the virus undergoes a complex pattern of mutations that result eventually in a fully escaped virus with wild-type levels of replicative capacity (116). Development of this escape profile results in rapid disease progression (40, 115, 117). The escape is typically conferred by three mutations, S173A/R264K/L268M (116). Delay in the development of this variant is thought to be due to impaired replicative capacity of viruses that bear the individual mutations S173A or R264K (116). B*27 escape mutations seem to be stable upon transmission to B*27-negative subjects, in contrast to B*57 escape mutations, which often revert back in HLA-mismatched individuals (118). The B*27 peptide-binding specificity is shared, remarkably, with Mamu-B*08, a macaque MHC class I allotype that confers protection in SIV infection (119). Most

Mamu-B*08-restricted SIV epitopes and B*27-restricted HIV-1 epitopes possess a dibasic motif at the N terminus (RK or KK), a feature that makes these peptides resistant to peptidases and therefore more stable in the cytosol. Unlike B*27, however, protection conferred by Mamu-B*08 does not involve immunodominant targeting of a Gag epitope and delayed viral escape: The Mamu-B*08-restricted YL9 epitope (analog of HIV-1 KK10) is rarely targeted in SIV-infected Mamu-B*08-positive animals (119).

*HLA-B*35* alleles associate with susceptibility to AIDS across multiple studies (98, 120–122). B*35-restricted CD8 T cells rarely recognize Gag in primary infection (123). Gao et al. (3) identified a subset of alleles, termed *B*35-Px*, that associate most strongly with the susceptible effect. The B*35-Px allotypes (B*3502, B*3503, B*3504, B*5301) prefer to bind peptides with small hydrophobic residues at position 9 (2, 124), as opposed to the B*35-PY allotypes (B*3501 and B*3508), which favor binding peptides with tyrosine at the same position (125, 126). Perhaps B*35-Px presents peptides that are distinct from and less protective than those presented by B35-PY (for example, PY9 Gag epitope), although in vitro data do not support clear differences in peptide-binding specificity between B*35-Px and B*35-PY (123, 127). Still, some disparity in correlations of CD8 T cell targeting of Gag and viral loads were detected between the two B*35 groups (128). A novel view of the B*35 susceptibility mechanism involving dendritic cells (DCs) was suggested recently (127) based on the observation that B*35-Px binds to the Ig-like transcript 4 (ILT4), an inhibitory receptor expressed on DCs, with greater affinity than does B*35-PY in the presence of the same HIV-1 peptides. This may result in more prominent DC dysfunction in B*35-Px-positive individuals, thereby accelerating disease progression (127).

HLA-C: The Dark Horse of HIV Host Genetics

A primary role for HLA-C as a CTL restriction factor has been questioned because of its limited

polymorphism and its low level of cell surface expression compared with its HLA-A and -B counterparts (129). It is now known that every HLA-C allotype is a ligand for inhibitory KIR and that virtually every individual possesses the *KIR* genes that encode receptors for HLA-C (130), implicating this locus as the most important in terms of KIR regulation of NK cell activity. Indeed, an effect of certain *HLA-C* genotypes in combination with *KIR2DL3* was implicated with HCV clearance previously (131). However, in contrast to *HLA-B* alleles, neither individual *HLA-C* alleles nor combinations of *HLA-C* groups with *KIR* have shown a consistent effect with HIV pathogenesis (apart from those that are more readily explained by LD with *HLA-B* alleles). HLA-C is the only classical HLA class I molecule that is not downregulated by HIV Nef (82), which further points to a functional distinction of this locus compared with HLA-A and -B. Recently, a grouping of *HLA-C* alleles marked by a SNP upstream of the locus was shown to have the second most significant effect on HIV viral load genome-wide, tapping into a previously undiscovered role for *HLA-C* in control of the virus.

This variant, located 35 kb upstream of the *HLA-C* gene (*-35C/T*), was identified as the second strongest hit associated with control of HIV-1 viral load in European

Americans (92), and this region was implicated again in subsequent GWAS studies (90, 91, 94). It was suggested, based on B cell line mRNA data, that the effect of the *-35* variant may be due to differences in *HLA-C* gene expression (92, 132). To identify a potential mechanism for the protection conferred by this variant, we examined HLA-C expression on CD3⁺ T lymphocytes of normal donors using an HLA-C-specific monoclonal antibody and showed that the *-35CC* genotype associates with significantly higher HLA-C cell surface expression than does the *-35TT* genotype (**Figure 4a**). The *-35CC* genotype also associates with better control of viral load compared with *-35TT* in our ART naive seroconverter cohorts (**Figure 4b**). Thus, high-expression *HLA-C* alleles are in LD with the protective *-35C* variant, whereas low-expression alleles are in LD with the susceptible *-35T* allele (133). It is not clear why high expression of HLA-C would be protective against HIV, but one obvious possibility is that higher HLA-C expression may enhance antigen presentation to CTLs. Additionally, high HLA-C expression may result in more effective education of NK cells during their maturation process through better engagement of inhibitory NK receptors to HLA-C ligands, ultimately leading to stronger NK cell responses to HIV-infected target cells.

Nef: a nonstructural HIV protein that interferes with multiple cellular pathways including downregulation of class I molecules. The Nef transcript is abundantly expressed immediately after viral integration

Seroconverters: HIV-infected patients for whom date of seroconversion (i.e., appearance of HIV-specific antibodies in serum) can be estimated based on sequential negative and positive test dates

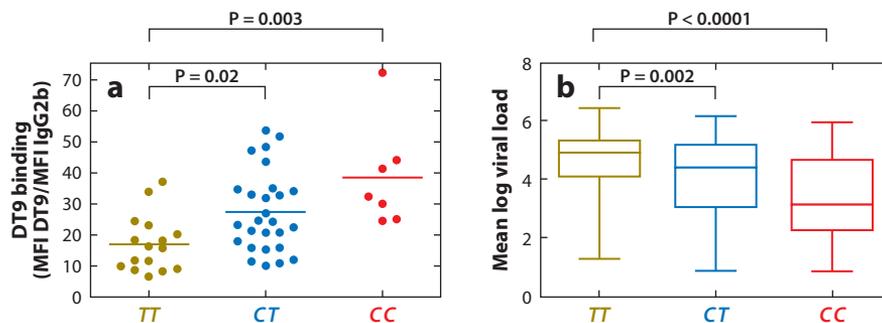


Figure 4

The *-35* genotype (*TT*, *CT*, or *CC*) correlates with surface HLA-C expression (*a*) and mean log viral load (*b*). HLA-C expression was detected on CD3⁺ T lymphocytes of normal individuals by flow cytometry using the DT9 monoclonal antibody and compared between pairs of genotypes. The association of the *-35* genotypes with mean log viral load was analyzed in a cohort of 923 HIV-1-infected patients. The figure is based on data published previously (133).



Data now show that high levels of HLA-C expression indeed exert selection pressure on the virus, as HIV-1 Nef variants from -35CC individuals have an increased ability to impair both class II antigen presentation and helper T cell function to counteract an HLA-C-mediated immune response (134). In another recent study of individuals with chronic HIV-1 infection, HLA-C-restricted CTL activity accounted for 54% of the total HIV-specific peptide response, and these CTLs had similar phenotypic characteristics to HLA-A- and -B-restricted CD8 T cells (135). Even though differences between high- and low-expressing HLA-C-specific CTL responses were not investigated, these results are intriguing in the light of the -35 findings. Thus, HLA-C is now a focal consideration in host genetics against HIV and may be an emerging contender for HIV vaccine design.

HLA Class II

No strong consistent genetic epidemiological data indicate that variation at the *HLA* class II loci associates differentially with HIV/AIDS outcomes, although several reports suggest this possibility. Potential involvement of *HLA-DRB* and *-DQB* loci in the risk of infection among African populations have been reported, with some consistent protective effect of *HLA-DRB1*01* and a susceptible effect of *DRB1*1503* (136–138). The *DRB1*1301/2-DQB1*06* haplotype was associated with viral control after ART interruption, potentially through efficient presentation of a Gag peptide that partially overlaps with the KK10 peptide presented by B*27 (79). *DRB1*1301* carriers were also less likely to transmit virus to their seronegative partners, although the allele had no apparent effect on viral load (138). *DRB1*1303* demonstrates a protective effect on viral load in chronically infected individuals in a South African cohort as well as in a U.S. cohort, but *DRB1*1301/02* does not (B. Julg, personal communication).

Specific combinations of class I and class II alleles may interact synergistically, as suggested

in a study where *Mamu-B*17*-positive rhesus monkeys bearing *Mamu-DRB1*1003* and *-DRB1*0306* controlled SIV significantly better than *Mamu-B*17* carriers that did not express these class II alleles (139). Testing combinations of class I and class II alleles for effects in HIV/AIDS is worth pursuing, but the study cohorts would have to be large to have enough power to be conclusive.

KIR POLYMORPHISM IN HIV/AIDS

Both presence/absence and allelic variation at some of the *KIR* genes have been implicated in risk of various human diseases and disease outcomes (140). Owing to the functional relationship between *HLA* class I and *KIR* loci, an analytical approach that takes into account relevant *KIR* and *HLA* genotype combinations has been applied to disease association studies. Strong synergistic effects of *KIR* and *HLA* genes/alleles observed in hepatitis C (131) and HIV cohorts (141, 142) emphasize the importance of *KIR*-*HLA* interactions in regulating NK cell activity during viral infections.

***KIR3DL1/S1* and *HLA-B Bw4* Synergism in AIDS Outcomes**

Analysis of AIDS progression in ART naive seroconverters indicated a protective effect of a compound genotype consisting of *KIR3DS1* and *Bw4-80I* (141) (Figure 5a). This finding was the first to describe an epistatic interaction between *KIR* and *HLA* in disease association and indicated the possibility that activating *KIR* may have biological significance in viral infection. The *KIR3DS1/HLA-B Bw4-80I* compound genotype was further shown to correlate with lower viral load and protection from opportunistic infections (143). Thus, the genetic data suggested that *KIR3DS1* may bind *HLA-B Bw4-80I* ligands on HIV-infected target cells in vivo and that this interaction may delay AIDS progression. In good support of this, Alter et al. (144) demonstrated that NK cells expressing *KIR3DS1* strongly inhibit HIV replication

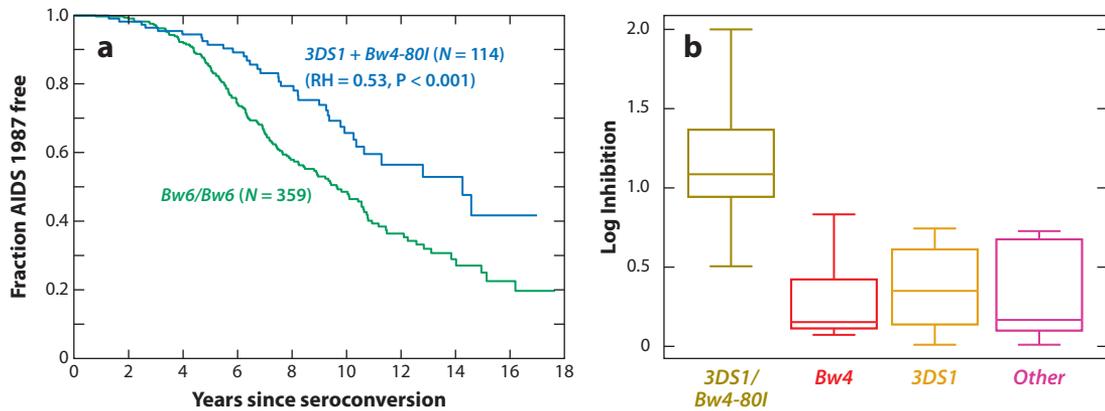


Figure 5

The effect of *KIR3DS1* and *HLA-B Bw4-80I* on HIV infection. (a) Kaplan-Meier survival analysis comparing individuals homozygous for *HLA-B Bw6* and individuals with the *KIR3DS1/Bw4-80I* compound genotype in HIV seroconverters as described in Reference 142. (b) Inhibition of viral replication by NK cells derived from subjects expressing both *KIR3DS1* and *Bw4-80I*, *HLA-B Bw4* and no *KIR3DS1*, *KIR3DS1* and no *HLA-B Bw4*, and neither *KIR3DS1* nor *HLA-B Bw4*. Inhibition of viral replication in the first groups is significantly higher than in any other group ($p < 0.001$). The data were presented in Reference 144.

in target cells expressing *HLA-B Bw4-80I* compared with *KIR3DS1*-negative cells (Figure 5b). However, the synergistic protective effect of *KIR3DS1* and *HLA-B Bw4-80I* was not seen in two other studies (145, 146), which may have to do with distinct clinical characteristics of the cohorts, the specific disease outcomes tested, and/or differences in analytical methods. But failure to detect any direct binding of *KIR3DS1* to *HLA-B Bw4-80I* (147, 148) is puzzling and leaves open the possibility that other variants in the *MHC* and *KIR* loci, which are tracked by *KIR3DS1* and/or *Bw4-80I* through LD, account directly for the protective effect against HIV. Reconciling all these observations must take into account the evidence for selection pressure to maintain *KIR3DS1* (149) as well as population genetic data showing a significant inverse correlation in the frequencies of *KIR3DS1* and *HLA-B Bw4-80I* across world populations (Figure 6) (150). No other known or suspected receptor/ligand combinations of *KIR* and *HLA* showed a significant correlation in the last study, although an association between *KIR2D* and a group of *HLA-C* alleles was observed in a subsequent study (151). The data suggest pressure to maintain a certain

low level of the *KIR3DS1/HLA-B Bw4-80I* combination, which may actually increase risk of some other disease(s).

The effect of *KIR3DS1* in combination with *HLA-B Bw4-80I* implied that activation of NK cells is beneficial in HIV disease. Surprisingly, analysis of inhibitory *KIR3DL1* alleles with *HLA-B Bw4-80I*, suggested that engagement of this receptor is also protective against HIV. The *KIR3DL1* allotypes can be divided into those with high expression and high inhibitory capacity, *KIR3DL1*h/y*, and those with lower expression and lower inhibitory activity, *KIR3DL1*l/x* (142). Remarkably, the *KIR3DL1*h/y + HLA-B Bw4-80I* compound genotype demonstrated significant protection from AIDS progression in the same seroconverter cohorts that showed a protective effect of the *KIR3DS1/HLA-B Bw4-80I* genotype, and it was also associated with lower mean viral loads (141). These data suggest that efficient engagement of both activating and inhibitory *KIR* is beneficial for the host in viral infection and point to the central significance of the *HLA-B* locus not only from an acquired immune response perspective but also in terms of innate immunity. The yin-yang situation in which both activating and inhibitory *KIR*

KIR3DL1*h/y and KIR3DL1*l/x:
groups of *KIR3DL1* allotypes distinguished by high or low cell surface expression level and inhibitory capacity (*h = *001, *002, *008, *015, *009, *l = *005, *007, y = *h or *004, x = *l, *h, or *004)

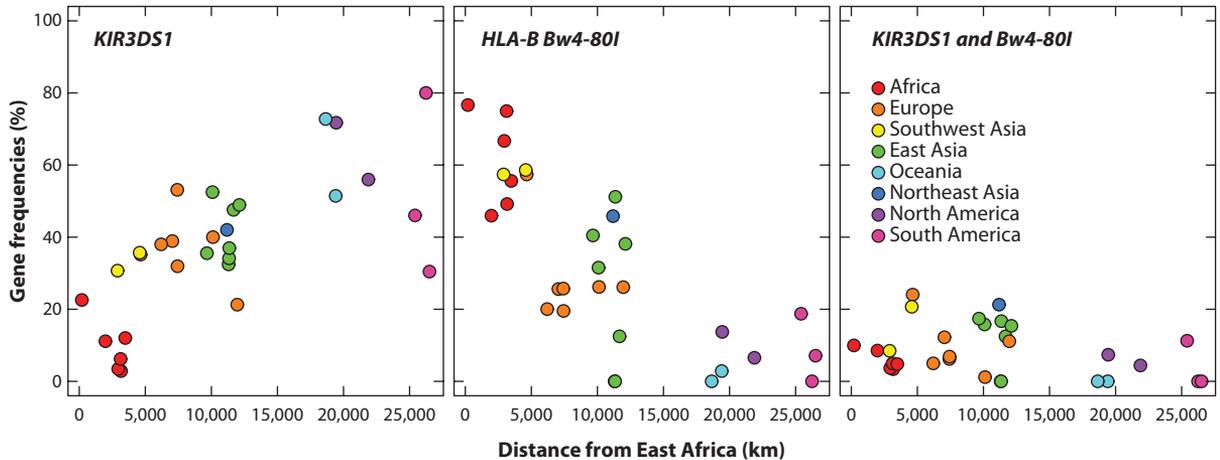


Figure 6

KIR3DS1 and *HLA-B Bw4-80I* frequencies across populations. Populations are ordered by region based on increasing distance from East Africa. Frequencies of *KIR3DS1* increase with the distance from Africa, whereas frequencies of *HLA-B Bw4-80I* have the opposite trend. As a result, the frequency of the compound *KIR3DS1/Bw4-80I* genotype is maintained at an approximately similar low level across populations. The figure is modified from Reference 150.

alleles confer protection may boil down to protection through NK cell activation. Protection conferred by an activating receptor (*KIR3DS1*) is intuitively straightforward. Protection by highly inhibitory allotypes (*KIR3DL1**h/y) may be attributed to more potent tuning of the high-expressing *KIR3DL1*-positive NK cells during their maturation process, eventually resulting in stronger activation of those NK cells when their ligand is downregulated (as *HLA-B* is by HIV Nef).

Notably, the two most protective *HLA-B* alleles, *B*57* and *B*27*, belong to the *Bw4-80I* and *Bw4-80T* groups, respectively. As is true for all *Bw4* alleles, the effects of these protective alleles on HIV infection can be mediated by both CD8 T cell and NK cell activity. Indeed, individuals carrying both *KIR3DL1**h/y and *B*57* alleles exhibit the strongest genetic protection both in terms of AIDS progression and viral load in our cohorts (142). Involvement of NK cells in this protection is supported by recent data indicating high functional potential of NK cells isolated from individuals expressing *KIR3DL1**h/y and *B*57*, which might be due to the efficient education of these NK cells (152). *B*27*, on the other hand, showed greater

protection in the presence of *KIR3DL1**l/x than in the presence of *KIR3DL1**h/y (142), which might indicate specificity of low-expression *KIR3DL1* allotypes for *B*27*.

KIR Genes in Protection From HIV Infection

Protection from HIV infection in the absence of vaccination is likely to depend on a rapid and efficient innate immune response characteristic of NK cells. Increased NK cell activity was detected in highly exposed uninfected intravenous drug users compared with HIV-infected patients and healthy individuals (153). Within the same cohort, the *KIR3DS1/3DL1* transcript ratio was higher among protected individuals (154). The possibility that *KIR3DS1* may help protect from HIV infection was supported by a genetic association study that demonstrated a higher frequency of the *KIR3DS1* homozygous genotype among exposed HIV-1-negative individuals (155). In a subset of the same cohort, the *KIR3DL1**h/y + *HLA-B Bw4 80I* genotype was also associated with reduced risk of infection (156), consistent with the effect on

viral load and disease progression (142). Notably, however, studies of genetic variants that have incomplete penetrance on risk of infection (unlike homozygosity for *CCR5*Δ32, which provides virtually complete protection from infection) are subject to several problems: poor statistical power due to limited sample sizes, difficulty in identifying individuals who have clearly been exposed repeatedly and remain uninfected, and difficulty in identifying a control group of HIV-infected individuals where selection bias is not an issue. The latter point is subtle and important. In most HIV cohorts, there is a strong possibility that rapid progressors are missing due to frailty bias, thereby artificially increasing the frequency of variants associated with nonprogression and decreasing the frequency of variants associated with rapid progression. Such cohorts do not serve as appropriate controls in studies of exposed uninfected individuals.

CONCLUDING REMARKS

The outcome of HIV infection in humans is defined by complex interactions between a

polymorphic virus and a polymorphic host immune system. Discriminating between cause and effect of an observed immune response to the virus can be problematic when studying these interactions at a given time point. The beauty of genetic epidemiological studies is that they can provide an *in vivo* population view of factors that affect the host response to the virus differentially across humans, giving meaning in some cases to *in vitro* functional data. There is a give-and-take situation between genetic and functional studies, where reliable genetic studies depend on confirmation from functional studies. A prime example of mutual support between genetic and functional data in HIV disease involves the *HLA* loci and their impact on effector cell activity (Table 1). Several groups are now probing combined effects of variation at the *HLA* and *KIR* loci through functional assays as a follow-up to some genetic studies, which is important because certain innate immune responses may prevent infection in a natural history setting, and they also embody the critical early control of the virus.

HIV presents an extreme challenge to the human immune system. The virus has

Table 1 *HLA* class I associations with HIV-1 infection outcomes

Genotype	Effect	GWAS significance	Suggested mechanisms
Heterozygote advantage/rare allele advantage at <i>HLA</i> class I	Protection	Not applicable	Broader CTL response (98, 100); viral escape from common alleles (47, 101)
<i>B*57</i>	Protection	Yes	Immunodominant targeting of multiple conserved Gag epitopes and reduced viral fitness of escapes (27–30, 36); cross-reactive nature of epitope restriction (30, 112); interaction with <i>KIR3DL1/3DS1</i> (141, 142, 152)
<i>B*27</i>	Protection	No	Immunodominant targeting of a conserved Gag epitope and delayed complex escape (40, 111, 115, 116); resistance of epitopes to peptidases (119); interaction with <i>KIR3DL1</i> (142)
<i>B*35-Px</i>	Susceptibility	No	Peptide binding specificity (3); ILT4-mediated dysfunction of DCs (127)
<i>-35CC; HLA-C</i>	Protection	Yes	Efficient CTL or NK cell activity due to high-level expression of linked <i>HLA-C</i> alleles (133)
<i>KIR3DS1+HLA-B Bw4 80I</i>	Protection	Not applicable	Elevated NK cell cytotoxicity via potential engagement of <i>KIR3DS1</i> (84, 141, 144)
<i>KIR3DL1*b/y+HLA-B Bw4 80I</i>	Protection	Not applicable	Elevated NK cell cytotoxicity due to efficient NK cell education (142, 152)

remarkable genomic flexibility, evolving into the fittest form as dictated by the specific immune system of each individual human host that it infects. The immune systems of some individuals can back the virus into a corner and hold it there, but these people are rare. The precise

mechanism(s) for how B*57 and other immunogenetic variants are capable of forcing the virus to evolve into a form that the host can manage indefinitely needs to be delineated so that this information can be taken into account in the generation of logical vaccines.

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Erratum:

Figure 4b was changed from the original such that the y-axis label runs from 0 to 8, rather than from 0 to 70.

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