The NEBLINE, January 1992
County Fair History Needed

The Lancaster County Agricultural Society would like to hear from you if you have any historical information about the county fair. The county fair board would like to complete a history book of the recognition of our Nebraska Centennial celebration.

Fair board member, Cal Ward, who is a past county fair director, sent the fair board a note explaining his historical information, such as pictures, records of winnings, family comments found in old letters or news clippings.

When and where was the first Lancaster County Fair conducted? Who were the officers and board members? Address your comments to “County Fair History”, University of Nebraska Cooperative Extension in Lancaster County, 444 Cherrywood Road, Lincoln, NE 68528-1507. (DM)

County Fair Notes:

- The 1992 county fair will be conducted August 4 through 6 at the State Fair Park in Lincoln.
- Rod Holman was elected president of the Lancaster County Agricultural Society at the 1991 annual meeting conducted December 14. Richard Wiese was elected vice-president, Jerri Hughes, secretary, and Irene Hezze, treasurer. (DM)

Extension Staff Receive National Awards

Lorene Bartos, extension assistant, has received the National Distinguished Service Award for outstanding contributions to the University of Nebraska Cooperative Extension. The award was presented at the National Association of Extension 4-H Agents annual meeting held in Phoenix, Arizona.

To be eligible for the award, Bartos was required to complete a minimum of seven years of service, maintain excellent or higher performance evaluations and be active in developing and conducting programs for 4-H youths. Her 4-H responsibilities included managing a volunteer system that supports 150 4-H clubs throughout Lincoln and Lancaster County.

1992 Crop Protection Clinic

This annual update on crop pest management for producers will be held on Tuesday, January 7, at the Lancaster County Extension Conference Center. University of Nebraska Cooperative Extension specialists will be on hand to present the latest techniques, methods and procedures for controlling many weed, insect and disease problems affecting the production of field crops in this area. Emphasis is on integrated pest management and reduced dependency on chemical controls.

Topics on insect and disease control include: Biological Control of Insects; Soybean Stunting Problems; Cutworms; Corn Nematodes: Armyworms; Soybean Borer; Wheat Diseases Affecting Yields; and Chinch Bugs. Topics on weed and soil science include: Shattercrop Management; Canada Thistle and Leafy Spurge; Predicting Crop Nitrogen Needs; Herbicide Effects on Environments; Herbicide Carryover; Herbicide Resistance; and NebraskaHerb Computer Program.

All presentations are scheduled for 15 minutes plus five minutes for questions. Both program sections will be in progress at the same time and will be repeated in the afternoon. The morning sessions will be held between 9 and 12 noon. Afternoon session will be held between 1 and 4. Registration fee of $17 includes noon meal, coffee, rolls and printed proceedings. Advance registration not required. Make checks payable to UNL Crop Protection Clinic. (WS)

A Failure to Communicate

One of the most important skills that a person can acquire is good communication skills.

Poor-4-H activities offer some excellent opportunities for youth to practice and hone their communication skills.

Activities such as club meetings, camp and lock-ins are just a few of the informal activities that contribute to the improvement of communication skills, but it is also important to participate in more formal activities such as speech, demonstrations and delivering reasons in judging contests.

Leaders and parents, please encourage your 4-Hers as you can to participate in the Lancaster County Public Speaking Contest this year. The county contest will be March 26. There will be a 4-H speech workshop February 10, 7 p.m. Help will be given on planning, preparing and presenting a 4-H speech.

Topics for the speech contest should be related to 4-H experience. Brochures on the contest are available at University of Nebraska Cooperative Extension in Lancaster County. Speech contest categories include novice - ages 8-9; junior - ages 10-11; intermediate - ages 12-13; and senior - 14 and older as of January 1, 1992. If you would like someone to visit your club, who has given a speech at a previous contest, call Dave Swarts. (DS)


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Care For Holiday Gift Plants

Cut Tree Has Post-Holiday Role In Landscape

The problem: What to do with your old Christmas tree after the holidays?

The solution: Look at it as a resource rather than a trash product — recycle it.

Start by stripping off the branches on the top one-half to two-thirds of the main trunk. Then sharpen the small end of the main trunk and drive the pointed end into the ground about a foot to the windward side of the center of the plant to be shielded. Then you can lay the tree on its side on the top, drape branches down over the tender trunk.

These protecting branches break up drying winds and shade the plant. By2by the trunk in this manner, you are also limiting evaporation of low-lying plants. This may prevent them from drying out, even on hot, dry days or after snow falls.

The branches removed from the tree can be used as mulch or added to the compost pile. (DJ)

Anchor these materials and trap snow to help insulate the bulbs or perennial beds from the cold. For groundcover, plant them on or near the sides of the paths or garden beds. You can also add an insulating layer of salt, then cover that with a protective covering of mulch. (DJ)

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Salt can damage plants, and it’s especially harmful to those plants growing in areas with low light levels that can easily be damaged by salt. Even those plants that are adapted to salt can be killed by salt injury. (DJ)

As you plan your vegetable garden this year, you will want to select varieties that are salt-tolerant and that will grow in your climate. Some vegetables are more salt-tolerant than others, so it’s a good idea to research the specific varieties you have in mind before you plant them. (DJ)

Some vegetables, such as peppers, are more salt-tolerant than others, so it’s a good idea to research the specific varieties you have in mind before you plant them. (DJ)

The salt that takes some of the hazard out of driving and walking is a hazard itself — to plants. Salt washes over roads and sidewalks and flying salt spray can damage or even kill plants.

Damage can occur when salt comes in contact with the foliage and stems or when salt builds up in the soil. In some cases, it can be burned by the leaves, and it can also be toxic to the roots. (DJ)

Homeowners can reduce the chance of salt damage to plants by minimizing their use of deicing salt, planting trees and shrubs, using a consistent amount of salt, and protecting sensitive plants that can’t be moved.

White and red pine are among the most salt-sensitive landscape plants. Others include barberry, dogwood and common privet. Austrian pine and heather, on the other hand, are more tolerant. Other less sensitive plants include bird cherry, horse chestnut, Russian olive, honey locust and black walnut.

Damage from salt spray is usually visible before the winter is over and takes the form of dead buds and twig tips. Damage from salt accumulation in the soil appears during the growing season. Symptoms may include stunting, poor growth, dieback of older tips, leaf drop or new growth.

To keep airborne salt off plants near roads, fasten burlap, canvas or durable plastic sheeting to the fence to shield them. If you use salt around the base of the plant, you can reduce the amount of salt residue into the base of the plant or on the garden bed. (DJ)

To lessen damage, wash salt from the plants if it occurs during the winter, then the spring after the ground has thawed can leach the soil out of the root zone and continue growing in well drained areas. (DJ)

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Common Houseplant Disease Isn’t Disease After All

GARDEN Hotline
471-7179
Garden Gossip
Accessible from any phone

Heirloom Vegetables, Not A Thing Of The Past

Gardeners who decide to try heirloom varieties may also choose to save and store seeds from year to year. Save seeds from one year’s crop and use them next year in your own garden. Some heirloom vegetables and annuals can be saved and propagated to keep the varieties going. (DJ)

Conrad, C. Maples, breeding assistant, Cooperative Extension Service, says that some of these heirloom varieties are hard to find and will disappear from the market. If you want to keep them, you’ll have to save and store your own seeds. (DJ)

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Commercial Applicator Pesticide Training/Testing

February 21, Douglas County Extension Office
8015 West Center Road, Omaha
04 Ornamental & Turf

RECERTIFICATION training is scheduled for the following sites. Pre-registration is not required.

9 a.m. - 3 p.m.

February 5, Nebraska Center 33rd & Holdrege, Lincoln
01 Ag Plant
02 Ag Animal
03 Forestry
04 Ornamental & Turf
07 Right of Way
08 Structural
09 Public Health
10 Regulatory
11 Demonstration & Research
12A Food Processing, Grain Handling & Grain Fumigation
12B Wood Preservation

February 6, Douglas County Extension Office
8015 West Center Road, Omaha
01 Ag Plant
07 Right of Way
08 Structural
09 Public Health
10 Regulatory
11 Demonstration & Research
12A Food Processing, Grain Handling & Grain Fumigation

February 7, Douglas County Extension Office
8015 West Center Road, Omaha
03 Forestry
04 Ornamental & Turf

Plan Now for Next Year's Food and Cover for Birds and Wildlife

For backyard wildlife enthusiasts, now would be a good time to install that bird feeder and to think about protein-rich shelter and food sources next year.

The quick transition into winter has left a large amount of the yard supply of birds and other animals underground in the dirt and snow. Because of this, a backyard feeding station would be welcomed by birds.

A mixture of 50 percent small, black, oil sunflower seeds, 35 percent white proso millet and 15 percent finely cracked corn will provide food for a variety of birds such as cardinals, dark-eyed juncos, American goldfinches and chickadees. A block of suet is also a good, high meal for insect-feeding birds including woodpeckers.

The method of feeding is not that important, although it usually best to have a feeder that protects seeds from the weather.

A possible solution to the problem of squirrels in the bird feeders is to use a squirrel proof feeder or to create a feeder for the squirrels as well. An ear of corn hung from a tree on a long chain or rope will give the squirrels an aerial adventure, some food as well as amusement for spectators.

Plan Now for Next Year's Food and Cover for Birds and Wildlife

While many people may feel the need to supply food for other wildlife on an acreage or farm, there are problems that can result from that practice.

Congregating wildlife at a feeding site usually results in such as milo, cultivated sunflower and unpenetrateable ice and snow. Many trees and shrubs also result from that practice. Many trees and shrubs also provide food and cover, planted with various sunflowers as milo, cultivated sunflower and millet can supply food and cover without human intervention.

A good rule of thumb is to think about winter's blustery winds and to find places on the property that are sheltered from the winds. If there are few of these on the property, chances are there are few suitable shelter locations as well.
**Home Extension Club Leader Training Dates**

**January:** “Fitting Beef into a Balanced Diet”
A reminder to home extension club leaders and representatives from non-extension groups who are interested in learning more about the “Fitting Beef into a Balanced Diet” Training. This training will be offered on Monday, January 6, 1 p.m. and repeated at 7 p.m. Participants will learn how to use beef within a balanced diet to enhance health and enjoyment. Low-fat beef cooking and menu planning will be included.

**February:** Recycling Clothing
Training for the February lesson, “Recycling Clothing,” will be presented by Carol Broer, a certified clothing designer. Participants will learn how to redesign clothing from large to small and small to large; how to evaluate clothes to see if they are worth keeping; and what you can do to keep your clothes fresh when you gain or lose weight.

**March:** Home “Updates” That Increase Resale Value
Training for the lesson on March 28, “Home ‘Updates’ That Increase Resale Value,” will be presented by Darlene Knocke, a member of the Lancaster County Home Extension Club. The training will be offered on Thursday, March 30, at 1 p.m. and 7 p.m. Non-extension members are welcome to attend.

**April:** Cut Clutter — Increase Cash Flow
Easy Home Filing Systems
Training for the lesson on April 25, “Cut Clutter — Increase Cash Flow,” will be presented by Carol Broer, a certified clothing designer. This training will be offered on Thursday, April 27, at 1 p.m. and 7 p.m. Non-extension members are welcome to attend.

**Money “Helps” Saturdays Savings Series**
Three classes to help you make and keep money. Take one or all three.

**Saturday, February 22**
*How To Calculate Net Worth — How Much Is Enough?*

**Saturday, March 28**
*Home “Updates” That Increase Resale Value*

**Saturday, April 25**
*Cut Clutter — Increase Cash Flow, Easy Home Filing Systems*

**Take the Challenge - Be a Leaner Eater**
Challenger Four: The Heart Attackers — Fat and Cholesterol
The following is part of a continuing one-year program on healthy eating: Coronary heart disease is the number-one cause of death in the United States. Heart attacks are a result of this disease. High blood cholesterol is a major risk factor for heart disease. Diet high in fat and cholesterol increases the risk of heart disease. Some tips to help you avoid too much fat and cholesterol include:

- Steam, boil or bake vegetables; or for a change, stir-fry them in a small amount of vegetable oil.
- Season vegetables with herbs and spices rather than with sauces, butter, or margarine.
- Replace whole milk with skim or low-fat milk in puddings, soups, and baked products.
- Choose lean cuts of meat.
- Trim fat from meat before and/or after cooking.
- Roast, bake, broil, or simmer meat, poultry, or fish.

**German-Style Pork Chops ‘n Red Cabbage**

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Center loin pork chops</td>
<td>cut 1-1/2-inch thick</td>
</tr>
<tr>
<td>2 tablespoons oil</td>
<td></td>
</tr>
<tr>
<td>1 teaspoon salt</td>
<td></td>
</tr>
<tr>
<td>1/4 teaspoon thyme leaves</td>
<td></td>
</tr>
<tr>
<td>1/6 teaspoon pepper</td>
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<tr>
<td>2/3 cup water</td>
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Red Cabbage:

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Amount</th>
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<tbody>
<tr>
<td>2 slices bacon, cut in 1-inch pieces</td>
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<tr>
<td>4 cups coarsely shredded cabbage</td>
<td></td>
</tr>
<tr>
<td>1 cup onion slices</td>
<td></td>
</tr>
<tr>
<td>1/4 cup packed brown sugar</td>
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<tr>
<td>2 cups sliced pears</td>
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</tbody>
</table>

Heat oil in a large skillet. Brown chops over medium-high heat, link with salt and pepper, and cook, in each, 1 minute. Remove from skillet. Cover; cook over medium-low heat 50 to 60 minutes or until pork chops are tender. Meanwhile, cook bacon in Dutch oven until crisp. Drain off fat. Add cabbage and onions. Cook and stir over medium heat 5 minutes. Add 1/2 cup water, vinegar and brown sugar; mix well. Add pears: bring to a boil. Serve pork chops on top of cabbage. (EW)

**Home Extension Scholarships Available**

Now is the time to apply for scholarships and grants if you are planning to continue your education. Applications for the following scholarships may be obtained at the University of Nebraska Coop­erative Extension in Lancaster County.

A $200 Homemaker’s Education Grant, sponsored by the Nebraska Council of Home Extension Clubs, is available for a home extension club member planning to take courses leading to an academic degree, vocational training or completing high school. Ap­plications are due on May 15, 1992. The grant must be used between June 1, 1992 and December 31, 1992. A $275 scholarship is available for a graduate of a high school in Lancaster County or a permanent resi­dent of Lancaster County en­rolled in college. Applicants must be full-time students during the academic year and have an academic degree program. They must also be planning to continue their education beyond high school. Applications are due January 1, 1992. A $125 scholarship is available for a graduate of a high school in Lancaster County or a permanent resi­dent of Lancaster County en­rolled in college. Applicants must be full-time students during the academic year and have an academic degree program. They must also be planning to continue their education beyond high school. Applications are due January 1, 1992. A $250 scholarship is available for a graduate of a high school in Lancaster County or a permanent resi­dent of Lancaster County en­rolled in college. Applicants must be full-time students during the academic year and have an academic degree program. They must also be planning to continue their education beyond high school. Applications are due January 1, 1992.
Saving Calories at the Salad Bar

While approaching the salad bar, you may not live up to its low-calorie potential. Here are some tips to help you choose:

- Consider the following tips:
  - Choose salads that are low in fat and calories.
  - Avoid dressings that are high in calories and fat.
  - Choose vegetables that are in season.

Managing Prescription Medicines

Persons who are caregivers for the medically ill or elderly often have the responsibility of managing medications for their loved ones. It is important to understand the impact of medications on the patient and to help set up a plan to keep them healthy. The following are tips for managing prescription medications:

1. Ask your doctor or pharmacist for a Medication Summary.
2. Follow the doctor's instructions and directions on the prescription label.
3. Review the patient's medication list at least once a year.
4. Organize the medication schedule.
5. Get prescriptions refilled before they run out.

Health Insurance for Older People

Before buying Medicare supplement insurance, consider the important points from Kathy Prochaska-Cue, Ph.D., UNL Extension family economics and management specialist:

1. An agent seeking to sell you Medicare supplemental insurance is a representative of a private insurance company. He or she is not associated with Medicare or the federal government.
2. If you decide to buy insurance from an agent, don't pay cash or mail your premium to the insurance company. Write your check to the insurance company and ask for a receipt showing the agent's name and address, and the name and address of the insurance company.
3. Don't let an agent pressure you into a quick decision. It may be best to postpone your buying decision until you have had a chance to work with a trusted, knowledgeable insurance person or friend.
4. Do not rely on the agent to accurately describe your coverage. The insurance company is not bound by the agent's promises. The terms of the coverage may be difficult to prove. Remember that the company will pay only the benefits provided in the insurance policy.
5. No medical insurance policy "pays all older people do not have Medicare.
6. Shop around. Buy the coverage that meets your needs. Don't duplicate coverage. This is a nasty and unnecessary responsibility.

Before you sign the application, read it. If any medical information is omitted from the application, add it. Don't let the agent tell you it's not needed. Let the company decide. If you have any questions or a concern about the company, the company can deny the claim, void your policy and refuse the payment.

Exercise and Cancer

Would it be surprising to know that this exercise may reduce the risk of cancer? It has already been documented that exercise builds muscles and provides a sense of learned independence. Certain types of exercise can lower the amount of fat on the body. That's good, since coronary heart disease is still the number one cause of death among Americans. Studies of human populations hint that exercise may have a direct effect on preventing cancer by reducing obesity or by stimulating the body's immune defense system.

Exercise may have an indirect effect on forestalling cancer by promoting other healthy behaviors. Alcohol drinking and smoking are linked to cancer risk reduction. For example, a person who drinks or smokes may be more likely to stop smoking, avoid alcohol excess or change diet intake to include less fat and more fiber who people do not exercise. Such practices may promote cancer prevention.

Unfortunately, it is not possible to declare positively that exercise prevents cancer. Nevertheless, there has been well advised to develop a sensitive exercise program for persons of general good health.

How Well Do You Know Your Child?

As the hustle and bustle of the holidays come to an end we need to focus on our family life. As the New Year begins, it's important to consider the physical and mental well-being of your children. Dr. Leslie Lingren, a child psychologist at Montana State University, talks about the importance of knowing your child.

Directions: Grab a pen and try to see how many of the following questions you can answer. You may not be sure if you have bought them along the way. When you are finished, ask your child to correct your worksheet.

1. What is your child's favorite game or sport?
2. What is your child's favorite color?
3. Who is your child's closest friend?
4. What is your child's favorite food?
5. What is your child's favorite TV show?

Summary: If you get more than 15 right, congratulations...you really know your child.

From 11 to 15...not bad, but try to put a little more attention. Fewer than 11...better spend more time with your child.

Note: You might enjoy making up a "How Well Do You Know Your Parents?" test for your child to take, and ask them to make up another "How Well Do You Know Your Child?" test for you. (LB)

From: 1990 issue of Nebraska's Young Families.

EFNEP/Good Neighbor Center Cooperation Plays Vital Role in Community

One of the goals of the Expanded Food and Nutrition Education Program (EFNEP) is to help members of the community become self-sufficient and use the resources available to them. Nutrition education is used to work with people receiving commodity foods through SNAP (Supplemental Nutrition Program for Children). Such people often have problems with nutrition. With EFNEP nutrition advisors help people learn how to use these foods to meet their needs.

For the past seven years, Joann Tharp, an EFNEP advisor at the Good Neighbor Center in Lincoln has been working with clients at the center, has directly influenced the lives of people taking, and even more importantly, using certain foods.

Joann usually checks with the center clients to see what types of food will be available to them a few days before her visit or make known to food to use those foods as half as nutritious. Joann's clients are then assisted by Sandra Phillips, another EFNEP nutrition advisor, on the actual meeting day.

Through a combination of demonstrations, tasting and exercise may have a direct effect on preventing cancer by reducing obesity or by stimulating the body's immune defense system. Exercise may have an indirect effect on forestalling cancer by promoting other healthy behaviors. Alcohol drinking and smoking are linked to cancer risk reduction. For example, a person who drinks or smokes may be more likely to stop smoking, avoid alcohol excess or change diet intake to include less fat and more fiber who people do not exercise. Such practices may promote cancer prevention.

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4-H Shooting Sports Club Organizes

A new country-wide 4-H club will be organizing on Monday, January 6. The orientation meeting will begin at 7:30 p.m. All 4-H members, leaders and parents are invited to attend and become members of the club. The purpose of the club will be to offer a variety of shooting sports project activities to all youth interested. This will be accomplished through the sharing of responsibilities among the club’s participants.

The organizational meeting will encourage input from all participants. We will be discussing a program and meeting agenda for 1992. We want to meet the needs of the youth.
Fun Things 4-H’ers Do

The Clover Clusters 4-H Club of Lincoln took off on their own food adventure recently when they toured Amigos Restaurant. The club, along with leader Rae Reinert, wanted to learn about the business behind the food served and preparation and presentation of the food while taking the “Fitz It All Together” project.

Club member Renee Hruska enjoyed the tour. “I liked seeing how taco shells are made and how they're cooked in the fryer,” she commented. “We got to see how the whole kitchen was set up.”

Peggy O’Neill, public relations manager for the restaurant, talked with the group not only about how the foods are prepared, but also how orders are taken and filled. The 4-H’ers had the opportunity to taste different Mexican foods. 4-H'er Niki Kopetzky said she enjoyed seeing the breads both before and after they were cooked, although she liked the taste much better after cooking.

Although fast foods are often not thought of as very nutritious, the 4-H’ers realized that tacos can be a nutritionally balanced meal with foods from each of the four food groups.

The Clover Clusters 4-H Club has 11 members, all in the fifth grade. If your club would like to share an interesting activity or tour you’ve enjoyed, contact Marilee. (MK)

Photographers - Take Note!

The State Fair photography superintendents would like to announce the themes for the 1992 Nebraska Theme Display and Theme Exhibit Prints. These will be the themes for both county and state fairs.

The two themes for 1992 are:

**SALES - One Man’s Junk…?!**

**DOMESTIC ANIMALS - A Little Bit Human?**

1992 4-H Calendar

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<td>February</td>
<td>Kalidoscope Magic registration due</td>
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<tr>
<td>March</td>
<td>4-H Council meeting, 7:30 p.m.</td>
</tr>
<tr>
<td>April</td>
<td>Canine Companion dog training, 1 p.m.</td>
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<tr>
<td>May</td>
<td>Canine Sitters Club meeting, 7 p.m.</td>
</tr>
<tr>
<td>June</td>
<td>4-H Leader Orientation - Part II, 9:30 a.m. &amp; 7 p.m.</td>
</tr>
<tr>
<td>July</td>
<td>4-H Council meeting, 7:30 p.m.</td>
</tr>
<tr>
<td>August</td>
<td>4-H Teen Council meeting, 7:30 p.m.</td>
</tr>
<tr>
<td>September</td>
<td>4-H Scholarship applications due (State and National)</td>
</tr>
<tr>
<td>October</td>
<td>Livestock Booster Club meeting, 7:30 p.m.</td>
</tr>
<tr>
<td>November</td>
<td>Ak-Sar-Ben 4-H Livestock Exposition</td>
</tr>
<tr>
<td>December</td>
<td>Fairboard meeting, 7:30 p.m.</td>
</tr>
</tbody>
</table>

4-H Lock-In Registration

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City/State/Zip</th>
<th>Phone</th>
<th>Sex</th>
<th>T-shirt size</th>
<th>Age</th>
</tr>
</thead>
<tbody>
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</tbody>
</table>

Registration due by January 10, 1992

Photographers - Take Note!

The State Fair photography superintendents would like to announce the themes for the 1992 Nebraska Theme Display and Theme Exhibit Prints. These will be the themes for both county and state fairs.

The two themes for 1992 are:

**SALES - One Man’s Junk…?!**

**DOMESTIC ANIMALS - A Little Bit Human?**
### Extension Calendar

All programs and events will be held at the University of Nebraska Cooperative Extension in Lancaster County unless otherwise noted.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 4</td>
<td>Dog obedience training 1-4 p.m.</td>
</tr>
<tr>
<td>January 6</td>
<td>Fitting Beef into a Balanced Diet Home Extension Club Leader Training Lesson 1 or 7 p.m.</td>
</tr>
<tr>
<td>January 8</td>
<td>4-H Sheep VIPS meeting 7 p.m.</td>
</tr>
<tr>
<td>January 9</td>
<td>Paws &amp; Claws Club meeting 7 p.m.</td>
</tr>
<tr>
<td>January 11</td>
<td>Dog obedience training 1-4 p.m.</td>
</tr>
<tr>
<td>January 12</td>
<td>Teen Council meeting 2:30 p.m.</td>
</tr>
<tr>
<td>January 14</td>
<td>Computerized Farm Management at Home (Part I) Lincoln 7-10 p.m.</td>
</tr>
<tr>
<td>January 15</td>
<td>Serger Workshop, Part I 1 to 3 or 6:30 to 8:30 p.m.</td>
</tr>
<tr>
<td>January 16</td>
<td>Pasture Production Workshop 4-H Building, Gage County Fairgrounds, Beatrice 11-5 p.m.</td>
</tr>
<tr>
<td>January 18</td>
<td>Dog obedience training 1-4 p.m.</td>
</tr>
<tr>
<td>January 20</td>
<td>Exploring 4-H Activities 7 p.m.</td>
</tr>
<tr>
<td>January 22</td>
<td>Serger Workshop, Part II 1 to 3 or 6:30 to 8:30 p.m.</td>
</tr>
<tr>
<td>January 25</td>
<td>Dog obedience training 1-4 p.m.</td>
</tr>
<tr>
<td>January 27</td>
<td>Critter Sitters Club meeting 7 p.m.</td>
</tr>
<tr>
<td>January 30</td>
<td>Cast-Offs to Show-Offs Home Extension Club Leader Training Lesson 1 or 7 p.m.</td>
</tr>
<tr>
<td>January 31</td>
<td>Husker Feed Grains Conference Holiday Inn, Kearney.</td>
</tr>
<tr>
<td>February 1</td>
<td>Grooming for Success in the Showring (will also have horse clothes &amp; tack swap table) 9-noon</td>
</tr>
<tr>
<td>February 5</td>
<td>Commercial Pesticide Applicators Training (RECERTIFICATION) Nebraska Center, 33rd &amp; Holdrege 9-3 p.m.</td>
</tr>
<tr>
<td>February 6</td>
<td>Beginner's Marketing Workshop (Part I) 7:30-9:30 p.m.</td>
</tr>
<tr>
<td>February 10</td>
<td>AARP 55 Alive Driving Class 10 a.m. to 2:30 p.m.</td>
</tr>
<tr>
<td>February 11</td>
<td>Beginner’s Marketing Workshop (Part II) 7:30-9:30 p.m.</td>
</tr>
</tbody>
</table>

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**Welcome Aboard!**

The Lancaster County Extension Board and the staff of the University of Nebraska Cooperative Extension in Lancaster County would like to announce a NEBLINE procedure change, and welcome Lanco to our newsletter publishing process.

LANCO is a division of LOMR and is in the business of job placement for persons with disabilities. Members of Lanco have been labeling the NEBLINE since December 1991 and have been contracted to label the newsletter for a period of one year.

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**Nebline Feedback Form**

In order to best serve our subscribers, this form will appear in every issue of the NEBLINE. You can use this form to:

1. Change your address and/or order a subscription
2. Register for events and programs sponsored by or held at the University of Nebraska Cooperative Extension in Lancaster County
3. Submit general comments and/or story ideas.

**General Information (Please Print):**

- Name:
- Address:
- City:
- Zip:
- Home Phone:
- Daytime Phone:

**Workshop Registration:**

- Register for Workshop/Program:
- Date of Workshop/Program:
- Time of Workshop/Program:
- Number of registrations: __ at $__ each.
- Payment enclosed: __

Please help make the NEBLINE your newsletter by letting us know what you would like to see in the NEBLINE, and how we can better serve your needs.

**Newsletter Information:**

- Address Change:
- Number of Nebraska received: __
- Order a subscription to Nebline: __
- Comment: __
- Story Ideas: __

**Return to:** University of Nebraska Cooperative Extension in Lancaster County 444 Cherry Creek Road, Lincoln, Nebraska 68528-1567