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EC62-1169 The Poisons in Your Home

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THE POISONS IN YOUR HOME

Did you know that there are poisons hidden in every room in your home? True, some are marked with the skull and crossbones danger sign and the word "Poison" is on some labels. But dozens and dozens of unsuspected products you use every day are not so labeled and can become lethal if they are misused or carelessly handled. Common household products are responsible for poisoning thousands yearly. While results are not always fatal, they can be crippling. Children under five account for more than a fourth of the fatalities. Here are but a few common household items that are probably in your home today.

lye & other alkalies . . wave lotions & neutralizers
waxes (pastes, liquids) . . nail polishes
furniture polish . . nail polish removers
sink & toilet flush products . . depilatories
lead-painted surfaces . . thyroid tablets
chemistry sets . . tranquilizers
flavoring extracts . . perfumes & colognes
scouring pads . . perspiration checks
silver polishes . . salves & ointments
shoe polish . . shaving creams & lotions
writing & marking inks . . sleeping tablets
lighter fluids . . aspirin
plaster . . liniments
oil of wintergreen . . medicated powders
salt (overdose) . . laxatives
ammonia . . bath oils
stove & oven cleaners . . deodorants
jewelry cleaner . . hair oils
crayons . . hair sprays

synthetic detergents . . hair dyes
fabric softeners . . insecticide sprays, powders, pastes
naphtha . . paint & paint thinners
carbon tetrachloride & other cleaners . . paint removers
bleaches . . brush cleaners

naphthalene (moth ball, crystals) . . varnish
fabric dyes . . turpentine
disinfectants & sanitizers . . vaporizers for insects
metal polishes . . kerosene
Christmas decorations . . gasoline
glues, household cements . . lubricating oil
hobby supplies . . solvents
boric acid . . garden pest poisons
camphor . . some seeds & plants
prescriptions (overdose & over-aged) . . anti-freeze
corn remover . . batteries (lead poisoning)
digitalis . . denatured alcohol

strong cough medicines . . animal & pet medications

Notice that the possibilities of poisoning are both inside and outside the house. How many of these do you have right now? How many do you really need right now? How safely are they stored right now? How safe do you feel if your child is out of your sight right now? Check up on it---yes, right now! Get rid of surplus poisons. Store products you do use and need in such a way that there can be no mistake made, and children cannot get into them. It isn't necessary to worry yourself into a frenzy over the safety and effectiveness of these household products, but do take sensible precautions to avoid poisoning. Enjoy today's miracle products.

JUST BE CAREFUL!
American Druggist COUNTERDOSES For The Home

**POISONS**
- Acids . 18
- Bichloride of Mercury . 6
- Camphor . 1
- Carbon Monoxide . 16
- Chlorine Bleach . 8
- Disinfectant with chlorine . 8
- with carbolic acid . 12
- Food Poisoning . 11
- Furniture Polish . 17
- Gasoline, Kerosene . 17
- Insect & Rat Poisons with arsenic . 2
- with sodium fluoride . 14
- with phosphorus . 5
- with DDT . 11
- with strychnine . 15
- Iodine Tincture . 4
- Lye . 10
- Mushrooms . 11
- Oil of Wintergreen . 9
- Paint (Lead) . 11
- Pine Oil . 17
- Rubbing Alcohol . 9
- Turpentine . 17
- Washing Soda . 10

**OVERDOSES**
- Alcohol . 9
- Barbiturates . 3
- Belladonna . 15
- Bromides . 11
- Codeine . 13
- Headache & Cold Compounds . 9
- Salicylates (aspirin) . 9
- Iron Compounds . 7
- Morphine, Opium . 13
- Paregoric . 13
- 'Pep' Medicines . 2
- Sleeping Medicines . 3

**DO THIS FIRST**
- Send for a doctor — immediately.
- Keep the patient warm.
- Determine if patient has taken
  (1) A POISON: something not meant to be taken internally . . . or
  (2) AN OVERDOSE: a food or drug taken in excessive quantity.
- While waiting for physician, give appropriate counterdose below.

**To Find the Correct Counterdose**
- In one of the lists printed at left, find substance causing the trouble.
- Next to that substance is a number. This refers to counterdose bearing same number in the section below.

Keep all poisons and medicines out of reach of children

1. Induce vomiting with an emetic such as:
   - Tablespoon of mustard in half glass of water, or
   - Soap & warm water, or
   - Salt & warm water, or
   - Finger in throat.

2. Give a mixture of:
   - 2 teaspoons of activated charcoal.
   - 1 tablespoon of milk of magnesia.
   - 6 tablespoons of strong tea.
   - AID vomiting. (See #1)

3. Give mixture as in #2.
   - Induce vomiting. (See #1)
   - Give 2 teaspoons of epsom salt in 2 glasses of water.
   - Then give large quantities of hot coffee or strong tea.

4. Give 2 oz thick starch paste — made by mixing cornstarch & water.
   - Then give 2 ozs salt in quart of warm water, Drink until vomit fluid is clear.
   - Finally, give glass of milk.

5. 4 oz hydrogen peroxide.
   - 1 tablespoon sodium bicarb in quart of warm water.
   - Induce vomiting. (See #1)
   - Then give 4 oz mineral oil. Positively do NOT take vegetable or animal oil.

6. Give mixture as in #2.
   - Induce vomiting. (See #1)
   - Tablespoon sodium bicarb in quart of warm water.
   - Give strong tea or coffee.

7. Induce vomiting. (See #1)
   - Give 2 teaspoons of sodium bicarb in a glass of warm water.

8. Give 1 teaspoon of aromatic spirit of ammonia in glass of water.
   - Hot coffee or strong tea plus white of raw egg.

9. Give mixture as in #2.
   - Induce vomiting. (See #1)
   - Tablespoon sodium bicarb in quart of warm water.
   - Give strong tea or coffee.

10. Give 2 tablespoons vinegar in 2 glasses of water.
    - Give white of 2 raw eggs or 2 ounces of olive oil.
    - Do NOT Induce vomiting!

11. Induce vomiting. (See #1)
    - Give 2 tablespoons epsom salt in 2 glasses of water.
    - Then give large quantities of hot coffee or strong tea.

12. Give mixture as in #2.
    - Induce vomiting. (See #1)
    - Then give 2 ounces of castor oil.
    - Next give glass of milk or whites of 2 raw eggs.

13. Give mixture as in #2.
    - 2 tablespoons epsom salt in 2 glasses of water.
    - Keep patient awake.

    - Give glass of milk.
    - Induce vomiting. (See #1)

15. Give mixture as in #2.
    - Induce vomiting. (See #1)
    - Give artificial respiration.
    - Keep patient quiet.

16. Carry victim into fresh air.
    - Make patient lie down.
    - Hot coffee or strong tea.

17. Give 4 oz mineral oil.
    - Then give hot coffee or strong tea.

18. Give 1 oz milk of magnesia in large quantity of water.
    - Do NOT Induce vomiting!

Seal this chart inside medicine cabinet door for quick reference.

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**TELEPHONE NUMBERS**

Record these numbers here, in your telephone directory and on any memorandum you keep near your telephone.

**DO IT RIGHT NOW!** When you need them you won't have time to hunt them!

- Your own doctor
- An alternate doctor
- Nearest hospital
- Poison Control Center
- Public Health Dept.
- Pharmacist
- Nearest relative
- Ambulance service
- Police Dept.
- Fire Dept.

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Circular prepared by Mrs. Clara N. Leopold, State Extension Specialist, University of Nebraska Extension Service, College of Agriculture, Lincoln. Chart for Counterdoses courtesy of American Druggist Magazine and Don-mar Plaza Pharmacy, Lincoln.

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