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## Growth Curve for 4-H Members : Extension Circular 0-25-2

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1955

E.C. 0-25-2

# Growth Curve For 4-H Members



Charting your height and weight on a growth curve can give you an accurate reliable picture of your present and future health and growth.

Name \_\_\_\_\_ Age \_\_\_\_\_ January 1, 19 \_\_\_\_\_

Parent \_\_\_\_\_ Address \_\_\_\_\_

Name of Club \_\_\_\_\_ Leader \_\_\_\_\_

EXTENSION SERVICE  
UNIVERSITY OF NEBRASKA COLLEGE OF AGRICULTURE  
AND U.S. DEPARTMENT OF AGRICULTURE  
COOPERATING  
W. V. LAMBERT, DIRECTOR





Keep this growth curve for several years. It can be  
your 4-H HEALTH CRYSTAL BALL

- [illegible]

## MY RECORDS

[illegible]







