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## Rural Life Sunday : Extension Circular 0-49-2

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# RURAL LIFE SUNDAY



PLANNING



PARTICIPATION



EXTENSION SERVICE  
UNIVERSITY OF NEBRASKA COLLEGE OF AGRICULTURE  
AND U. S. DEPARTMENT OF AGRICULTURE  
COOPERATING  
W. V. LAMBERT, DIRECTOR E. W. JANIKE, ASSOC. DIRECTOR



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### INTRODUCTION

Christ set the example. 4-H members and leaders are doing their best to follow Him by taking part in activities which strengthen the "Heart H" of their pledge.

The most important "Heart H" activity of the year is the observation of Rural Life Sunday, also called 4-H Sunday, the fifth Sunday after Easter each year.

This bulletin is prepared with the hope that it will provide material and ideas to help 4-H clubs plan and conduct a Rural Life Sunday Service.

### RURAL LIFE SUNDAY

Rural Life Sunday is a day set apart for emphasizing the meaning of Christianity for rural life. This celebration had its origin in a day when the vast majority of people were tillers of the soil, society was relatively simple in structure, and the lines separating rural and urban were rather distinct. In such a day, the invocation of God's blessing upon the tiller, the seed, and the soil, was meaningful and highly relevant.

In recent years, however, rural life has changed. To continue the original emphasis of man's dependence upon God and to make the observance more relevant to the lives of people presently living in rural society, yet employed outside of agriculture, the Church must broaden the emphasis of Rural Life Sunday. It must take into account the vast complexity of present-day rural America (including agriculture) as being under the sovereignty of God and in need of His blessing.

From a policy statement recently adopted by the General Board of the National Council of Churches

### HOW TO OBSERVE RURAL LIFE SUNDAY

Both rural and city churches may observe Rural Life Sunday, for all men are dependent upon Mother Earth for their food, homes, and all material possessions. Life is a unity and is a result of the trinity of God, man and nature, dependent one upon the other.

How shall Rural Life Sunday be observed? The usual way is to set aside the Sunday morning hour for a worship service and sermon or address centered about the spiritual realities of rural life and upon the teachings of Christianity for rural life.

4-H clubs may observe Rural Life Sunday in many ways. Each club should discuss and vote on how the club will take part. All clubs will want to discuss their plans with the county agents and local church officials.

Some clubs may want to hold a service at a single local church while others may want to join in a county-wide evening service as has been done in Valley County. Whatever type of service is planned, much thought and discussion must take place to lay the proper foundation for the service. 4-H members have prepared some effective sermonettes, candle lighting services, and musical numbers.



## PLANNING COUNTY-WIDE RURAL LIFE SUNDAY

1. If program is to include clergymen of different denominations, you must refrain from any denominational ceremony, ritual, or words and phrases (check this by discussion with individual clergymen).
2. The clergymen in the program should be contacted 4-to 5 weeks ahead of the desired date. Personal contacts will gain the most satisfactory results. .
3. Distributing literature to the clergymen concerning the values and ideals of 4-H is helpful. Example: "Highlighting the Heart H in 4-H."
4. For an outdoor program a well known location with natural shelter should be used. Pick an alternate place in case of inclement weather.
5. Seating facilities may be considered but are not a necessity.
6. If time permits and individuals are willing, an interdenominational choir is very impressive.
7. Sending Thank You notes to those who helped is a matter of courtesy and should help in gaining cooperation for another year's program.

### PRAYERS

O God, whose love is infinite and in whose will is our peace, be pleased to be present in our service this morning and bestow upon us Thy peace which passeth understanding. Help us to keep open the windows of our souls to Thee in prayer, that in the midst of the restlessness and complexity of life, we may possess something of the peace of those whose minds are stayed on Thee. Grant that renewed by Thy grace we may go forth to meet whatever comes to us with courage and serenity through Jesus Christ, the Prince of Peace. Amen.

x x x

Our Father, we are beginning to understand at last that the things that are wrong with our world are the sum total of all the things that are wrong with us as individuals. Most of us know perfectly well what we ought to do; our trouble is that we do not want to do it. Thy help is our only hope. Make us want to do what is right and give us the ability to do it. In the name of Christ. Amen. (Peter Marshall)

x x x

Gracious God, in Thee we live and move and have our being. In Thy presence is fullness of joy. Break the spell of that which blinds our minds. Purify our hearts that we may see Thee. Renew our inward life through the unseen and eternal. Visit our spirits and witness with them that we are Thy children. Amen.

x x x

Our Father, who hast set a restlessness in our hearts, and made us all seekers after that which we can never fully find; forbid us to be satisfied with what we make of life. Draw us from base content, and set our eyes on far-off goals. Keep us at tasks too hard for us, that we may be driven to Thee for strength. Deliver us from fretfulness and self-pity; make us sure of the goal we cannot see, and of the hidden good in the world. Open our eyes to simple beauty all around us, and our hearts to the loveliness men hide from us because we do not try hard enough to understand them. Save us from ourselves, and show us a vision of a world made new. May thy Spirit of peace and illumination so enlighten our minds that all life shall glow with new meaning and new purpose; through Jesus Christ our Lord. Amen.



## RESPONSIVE READING

Leader: And now, O Father, conscious that from Thee comes all we have, we give thanks to Thee for the coming again of spring, for the fertile soil and the promise of rain.

Member: Let us praise God for the day, for the glory and warmth of the sun, for honest toil that brings food and rest, and for the earth, sustainer of life.

Leader: For the educational institutions that enlarge our knowledge of Thy ways for our life.

Member: God wants a man of action and of faith who lives each day providing his faith by a consistent walk.

Leader: For the community organizations, for the home and fellowship of factory, field, store and kitchen.

Member: God wants a man honest, true and brave. A man who hates wrong and loves the right, who will courageously fight for the truth.

Leader: For the shelter and joy of our homes, for fathers and mothers who have provided for us, for brothers and sisters and all who share our common life and for the large vision which prompts us to receive all men as brothers.

Member: Behold, I stand at the door and knock, if any man hear My voice and open the door I will come in.

Leader: Blessed are they who have good homes.

Member: For to them come the heritage of the ages.

Leader: Blessed are they who are good friends of their families.

Member: For out of cooperation come strength and peace.

Leader: Blessed are they who bring enthusiasm of youth to their home life.

Member: For out of enthusiasms come great visions.

Leader: Blessed are they whose parents understand them.

Member: For theirs is the job of freedom.

Leader: Blessed are the homes that offer hospitality.

Member: For oftentimes they entertain angels unawares.

Leader: Blessed are they who see home as a symbol of heaven.

Member: For out of those homes great leaders arise.

Leader: In this service we are thinking of our homes and the homes of others. We wish to give thanks for our homes and to pray for those who do not have homes today. We wish to think about our homes and how we can help to make them places where ties of family-love reach into the past and the future, binding us in fellowship with one another and with God.



## 4-H SUNDAY PROGRAM

The following county-wide program was developed by Valley County. By studying it you may get some ideas for your own program.

### Junior Leader:

1. Short welcome
2. Lead group in Pledge of Allegiance and 4-H Pledge
3. Introduce first clergyman

### Minister:

1. Invocation or opening prayer
2. Introduce the following clergyman as they explain "The Relationship of 4-H to Sunday Observance."

4-H - Four Leaf Clover: Head, Heart, Hands and Health.

S - Service to Others.

U - Unity in Home Community, etc.

N - Nation (Importance of Strong Individuals for a Strong Nation.

D - Democracy (Youth organizations like scouts and 4-H work on democratic principles).

A - Adulthood (Responsibilities in Modern America).

Y - Youth (Responsibilities in Modern America).

### Minister:

1. Lead in song - "For the Beauty of the Earth"  
(Junior Leaders spaced within the crowd will pass out song sheets as people arrive.)

### Minister:

1. Candle Ceremony - (The minister will read both the leader and candle bearer parts. Ten junior leaders will hold candles and another junior leader will light the candles as the minister reads each candle bearer's part.

Each candle bearer will represent two or more 4-H clubs in the county. 4-H clubs being represented by each candle will light their candles simultaneously with the aid of other junior leaders stationed throughout the crowd. Each 4-H club will not be required to sit together as a group. The minister in charge of the candle ceremony should give these instructions to the group before beginning the ceremony.)

(Junior Leader, \_\_\_\_\_ steps to the table and lights two candles on the table.)

Leader: It was a colonial custom to place a lighted candle in the window to guide absent loved ones home. Today, let us revive the custom and place in the windows of our hearts a candle to guide our own thinking in understanding the many bounties God has given us in this world. As we review some of these bounties, we will add ten candles to brighten the beacon and help impress upon our hearts the trust which is placed upon us.

Candle Bearer 1: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for the power we have of striving together to make it better for all of us.

Candle Bearer 2: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for the homes lived in and loved and for the unafraid affection of mothers and fathers for each other and for their children.

Candle Bearer 3: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for the open doors of schools, for the teachers in them, skilled, devoted, kindly, and for the free inner growth that we as children and youth find there.

Candle Bearer 4: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for the open doors of our churches, and the free faith of all who may kneel inside, or stand with an uplifting song in their minds and hearts.

Candle Bearer 5: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for our 4-H clubs, other youth and farm organizations, and for their services to our community and to the general welfare of all.

Candle Bearer 6: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for the good and holy earth and for the working hands of free men and free women who sew, cultivate, and reap the harvest we enjoy.

Candle Bearer 7: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for long rows of freely chosen books, old and new, in libraries everywhere and with the hope that their words of wisdom, courage, and delight may be more widely used.

Candle Bearer 8: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for the right to free discussion, the right to say what we as loyal Americans believe at our meetings, in country stores, in newspapers, and wherever else we may gather, so long as our words do not endanger the welfare of our community or of our nation.

Candle Bearer 9: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for a hope - a hope that some day every man, woman and child in America and in the rest of the world will have adequate food, clothing, shelter, and the opportunity for creative growth. The hope that all may have music, drama, art, crafts and the right to follow his own heart's desire.

Candle Bearer 10: ( \_\_\_\_\_ ) representing \_\_\_\_\_  
4-H Clubs. I light this candle for a hope - a hope that the time will come when the American dream of respect and justice for all will come true; when we will not hurt one another by word or deed because of differences in race, national origin, color or a faith.



Leader: These candles symbolize the many bounties God has given us. There are two ways of spreading light: to be the candle or the mirror that reflects it. Let us make our candles a lighthouse on the hill - a beacon to guide us in appreciating the many things God has given us and in helping us to be worthy trustees of these great bounties.

Minister:

1. Closing prayer
2. Song: "Now the Day Is Over"

(The minister can close with something to the effect, "As we concentrate on this part of the program, shall we stand for a closing prayer and follow with a song together. Upon finishing the song, let us leave this program in silence.")

## PROGRAM EVALUATION

### Observations

1. This type of program seemed to provide all 4-H'ers of different church denominations with something in common.
2. An attendance of 225 4-H'ers and parents made the efforts worthwhile. Most who attended were pleased with the program.
3. The candlelighting ceremony was unusual and impressive. The ten junior leaders who represented the county 4-H clubs held torches (these were made from instructions sent from the Ag College). By having the 4-H members participate through lighting their own candles as their respective clubs were named, they actually felt an important part of the program.
4. The junior leaders may use this as one of the leadership jobs.

## SUGGESTED SERMONETTES

Other sermonettes may be found in the book, Three Hundred Five-Minute Sermons For Children, by Harper Brothers Publishers, New York and London.

### IN RURAL LIFE SUNDAY

#### FINDING HAPPINESS

by Betty Joyce Eastlick

Thank God I'm alive!  
That the skies are blue,  
That a new day dawns  
For me and for you.

The sunlight glistens  
On field and tree  
And the meadowlark sings  
To his mate and me;  
The whole world glows  
With a heavenly glee!

I know there are heartaches,  
A world full of strife,  
But thank God, O thank God,  
Thank God just for life!

Ralph Spaulding Cushman

Yes, God gives meaning to life; not just to the minister, the priest and the rabbi, but to everyone in every walk of life. God shows Himself in many ways - He has given us Nature. You can plant a seed, but can you make it grow? You can irrigate and even cause rain by sprinkling ice in the clouds, but can you control the wind or stop the hail? You can feed grain to animals, but can you regulate the tiny cells that produce the flesh of the finished purple ribbon winner. No.

These are some of the ways in which God shows himself to us.

He has given us treasures on earth. Once there was a man who wanted very much to go to heaven. When he died, an angel took him by the hand and led him to many wonderful places. He saw majestic mountains lifting their lofty peaks to the blue sky. He walked through great forests where spire-like trees lifted their heads far above the green meadows below. He saw rushing rivers fed by creeks and streams from the secret places of the land. Fragrant flowers lifted their heads everywhere. Wild animals ran about unafraid and content. Children were happy and laughed and sang and played together. Everywhere there was peace, joy, and serenity.

The man feasted his weary soul on these things, and at last he said, "Ah, so this is heaven! How magnificent it is!"

But the angel replied, "No, this is the world in which you lived, and which you never saw."

Religion should make us happy. Some people seem to think that religion is a burden which makes the bearer sad and long-faced. But just the opposite is true. Throughout all times and even today, every man has searched for the magical thing called happiness. What is happiness? And how can we find it?

According to one definition, happiness is doing right as you think is right, of being useful as you have the opportunity and ability to be useful. If we are happy, we should give others the incentive to live as we have lived, to want to be happy as we are happy.

But the actual way to happiness is hard to find; we do not know just where to go. Fortunately, there are guideposts along the way. The 4-H Pledge contains several of these guideposts.

I pledge

My head to clearer thinking,  
My heart to greater loyalty,  
My hands to larger service,  
My health to better living,

For my club, my community, and my country.

The gospel of Luke speaks of Jesus as a young man: "He increased in wisdom, and in stature, and in favor with God and man." How closely this four-square life parallels with the four-fold pledge of the 4-H club! He increased in wisdom - I pledge my head to clearer thinking; and in stature - my health to better living; and in favor with God -- my heart to greater loyalty; and man -- my hands to larger service. We have these guideposts to help us find our way to happiness.

Happiness is a state of mind, a peace of mind, really. We can find peace of mind as we grow to realize that each person has his place in the world and that no one can take the place of another.



We find some measure of happiness when we take our places without complaining, without rivalry. When we let our neighbors choose their own philosophy without entering in or criticizing, we are helping them to find peace of mind, and are gaining it ourselves by not discouraging others or taking on false responsibility.

Peace of mind can come to us if we realize that all things can work together for good -- all things. Even when times are difficult and painful, they may be helping us come closer to our God. Peace of mind can be ours if we will give up planning and earthly thoughts and listen for direction.

To be sure, obstacles will beset our way. There will always be hills and valleys; hills of doubt and despair; hills of discouragement and pride and selfishness. This generation is faced with steeper and more complex hills than ever before. Some of the hills will be leveled, some of the valleys raised, but always there will be hills to climb. How shall we meet these obstacles and climb these hills? Shall we pray that some of them will shrink or disappear? Phillips Brooks suggests:

Do not pray for easy lives,  
Pray to be stronger men.  
Do not pray for tasks equal to your powers,  
Pray for powers equal to your tasks.  
Then the doing of your work will be no miracle,  
But you will be a miracle.  
And every day you will wonder at yourself  
And at the richness of life  
Which has come to you by the grace of God.  
And you'll thank God you're alive!

#### BETTER LIVING IN OUR HEARTS

by

Charlie Britnell, Rt. 5, Russelville, Ala.

Alabama 4-H Delegate to National 4-H Conference

Let's take a look in the glass, a look that will reflect a true image of our way of living. Are we living in such a way that our glass reflects an image of "Better Living in our Hearts for a Better World?" As 4-H'ers and leaders, are we living in such a way that our glass reflects an image of "greater loyalty?" What is this glass? Where will we look to find this glass? As you have guessed, this glass is your heart.

The world is a stage and we are the actors, and each performance is reflected in the mirror of our hearts.

Every actor has his own glass, and it reflects his particular type of living. What can we do in order to have "Better Living in Our Hearts?"

First, we must polish our glass with the spirit of service, service above self. When our mirror shines with this spirit of service, then we will live more like the Master, and we will love our neighbor as ourself. We will reach our hands across the seven seas and will join with our neighbors to make better living in our hearts.

Second, we should "build a bridge of Christian living." We, the 4-H'ers of today, whether we realize it or not, have reached an important milestone in life. We have built a bridge of 4-H work that has given us the right to represent our respective states and nations.

The fact that we have made these accomplishments is evidence that we can reach other milestones.

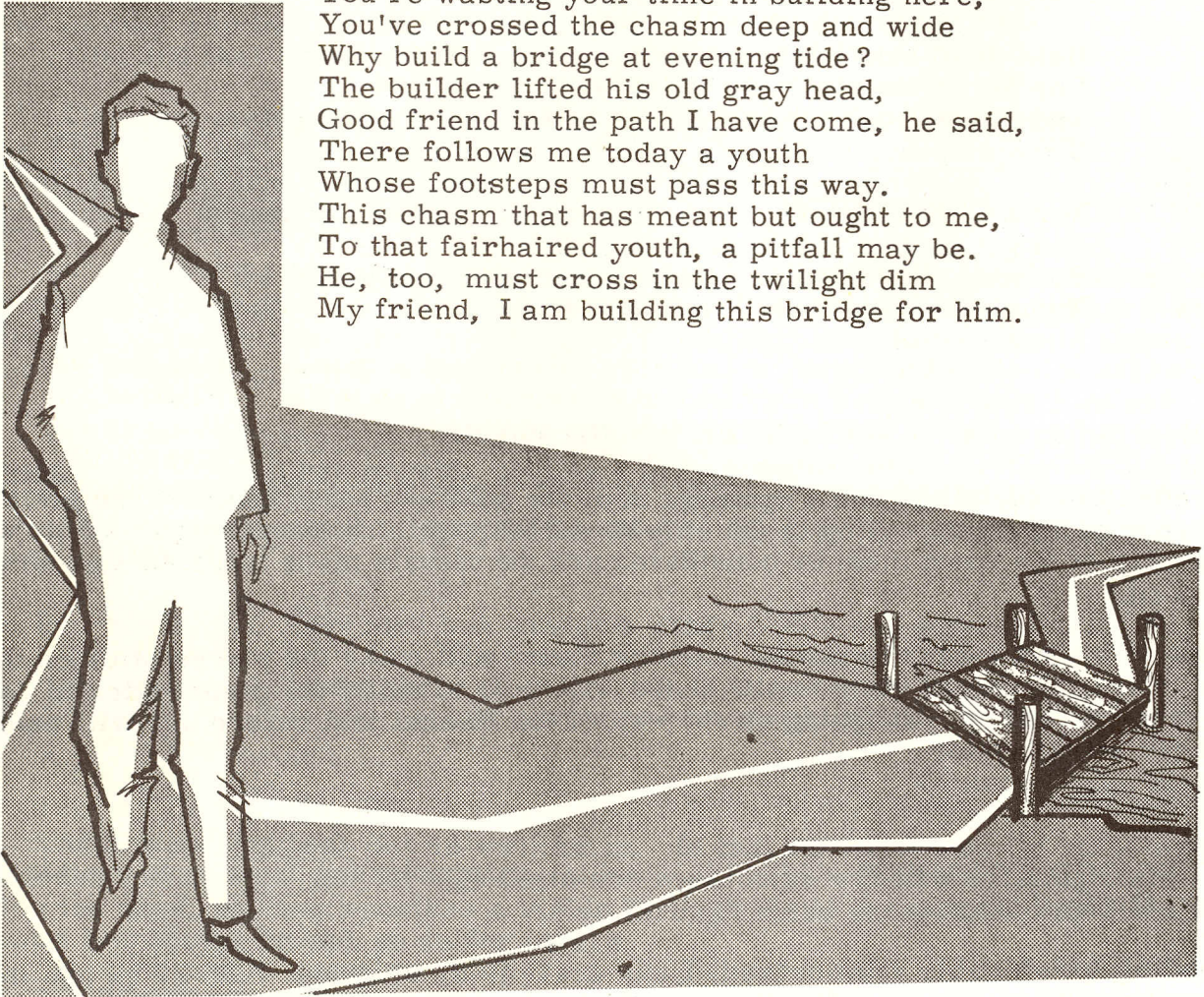


We can have better living in our hearts by directing our aims toward these milestones and by working diligently to reach our goals.

We should observe the great accomplishments of our forefathers and be thankful for their contributions. It is through their unceasing building that we, the youth of today, are privileged to enjoy our great country. They worked, sacrificed, suffered and died to build this great nation of ours. We owe it to them, to ourselves, our posterity, and to our God, to work to make this nation even greater. As our forefathers built a bridge of Christian living for us to enjoy, so should we build a bridge for our children to enjoy.

### THE BUILDER

An old man was traveling a lone highway  
When he came in the evening cold and gray  
To a chasm, vast, deep, and wide,  
Through which was flowing a swollen tide.  
The old man crossed in the twilight dim,  
For the swollen stream held no fear for him  
And turned when safe on the other side  
To build a bridge to span the tide.  
Said a fellow traveler near, Why-ere'--  
You're wasting your time in building here,  
You've crossed the chasm deep and wide  
Why build a bridge at evening tide?  
The builder lifted his old gray head,  
Good friend in the path I have come, he said,  
There follows me today a youth  
Whose footsteps must pass this way.  
This chasm that has meant but ought to me,  
To that fairhaired youth, a pitfall may be.  
He, too, must cross in the twilight dim  
My friend, I am building this bridge for him.





Third, add the **spirit of friendship** and temper it with love. We now have a glass that will reflect a true image of our way of living. An image that rings clear like the tone of a Swiss bell.

Now that we have the right kind of a glass, let's look into it and see if we have "Better Living in Our Hearts."

### THE MAN IN THE GLASS

When you get what you want in your struggle for self  
And the world makes you king for a day,  
Just go to the mirror and look at yourself,  
And see what that man has to say.

For it isn't your father or mother or wife  
Whose judgment upon you must pass,  
The fellow whose verdict counts most in your life  
Is the one staring back from the glass.

You may be like Jack Horner and chisel a plum  
And think you're a wonderful guy,  
But the man in the glass says you're only a bum  
If you can't look him straight in the eye.

He's the fellow to please - never mind all the rest  
For he's with you clear to the end,  
And you've passed your most dangerous difficult test  
If the man in the glass is your friend.

You may fool the whole world down the pathway of years  
And get pats on the back as you pass,  
But your final reward will be heartaches and tears  
If you've cheated the man in the glass.

### FLANNEL BOARD TALKS

An effective way to present a message is to use a flannel board and hold the attention of your group by appealing to not only sound but sight. In preparing this type of talk the size of the room must be considered and the visuals made large enough to be easily seen.

Flannel or sandpaper on the back of the visual will make the pieces stick on the flannel board. A slight slant to the board will tend to make the pieces stick to the board more securely. Brushing up the nap of the flannel just before use will make the pieces stick tighter.

### BUILDING GOD'S TEMPLE

-- Mrs. Mildred Wagner

Reading (preferably memorized) Luke 6:47-49 or Matthew 7:24-27 or use the Chorus of the Wise Man and The Foolish Man.

1. **CORNERSTONE:** The cornerstone marks the point of beginning for the Architect; from it he measures all of his building. Christ has set the example for



us; by Him we can measure all life. To the Ephesians Paul wrote, "Ye are.... built upon the foundation of the apostles and prophets, Jesus Christ being the chief cornerstone." (Ephesians 2:19-20) Isaiah spoke of a stone laid in Zion for a foundation, a tried stone, a precious cornerstone, a sure foundation. (Isaiah 28:16-17)

2. FOUNDATION: The wise builder builds upon a firm foundation, exploring, if need be, to find a solid rock, which is the Word of God. "In the beginning was the Word and the Word was with God and the Word was God." (John 1:1) "For other foundation can no man lay than that is laid in Jesus Christ." (I Cor. 3:11) "The foundation of the Lord standeth sure. (II Tim. 2:19)

CHOIR SING: verse 1 "How Firm A Foundation"

3. FRAMEWORK: We build up our spiritual house by coming to this "Living Stone".... "chosen of God and precious" (I Peter 2:4) and erecting a framework of faith. (compare Isaiah 28:16-17) Paul in his letter to the Ephesians tells us that Jesus is the chief cornerstone "in whom all the building framed together groweth unto an Holy Temple unto the Lord." So we must grow by faith in Him who redeemed us; and we build up our spiritual house by erecting a framework of faith.

4. COVERING: In the covering over the framework of faith the personality of the builder is most evident as he adds wood, brick, stone, paint or trim in delicate or bold finish where all men may see his choice and his skill. From it others judge the kind of man who built it so. The covering reminds us that this is the temple of the Holy God and that the Spirit of God dwells within. (I Cor. 3:16)

(Alternate method: Have the bricks, stone, clapboards, or.. labeled and named for Christian virtues or characteristics and practices as: sympathy, worship, humility, truthfulness, joy, peace, patience, gentleness, kindness, purity, meekness, temperance, sincerity.....)

5. ROOF: As the roof of this house, prayer becomes a thing of beauty, a protection to the dweller when temptations and evil outside are like a storm. Prayer, like a roof, is an integral part. Without it, building and dweller would suffer. This roof is prayer supported by faith.

(Alternate presentation at this point might place the roof in place, shingle by shingle, on by each participant, quoting a prayer verse before laying each shingle or section of shingles; as: 1. Pray without ceasing. (I Thess. 5:17). 2. Watch and pray that ye enter not into temptation (Matt. 26:41). 3. (John 16:24) (Matt. 7:7) (I Chron. 16:11)

6. WINDOWS: "My soul has windows where God's sun streams in,  
They never, never shuttered are,  
Lest their closed blinds hide in my soul some sin  
And keep some lovely thing afar."

-- Anna Blake Mesquida

These windows look out as well as in. In that outward look let us name them, "Windows of mercy" for through them one sees those who are building their houses upon the sand; so, one receives a vision through these same windows, a vision that shows him things he can so do for others.

7. DOOR: (Rev. 3:20) Jesus said, "I am the DOOR." The door is the door to love. Through it the Holy Spirit enters when invited by the dweller who loves God. From this door of love goes errands of love to one's fellow men.



(Optional FLOOR: all who enter this house stand upon the flooring that is trust. This trust is in the Word of God as foundation and Christ the cornerstone.)

We do not build alone "for we are laborers together with God; ye are God's husbandry, ye are God's building." (I Cor. 3:9) "Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you." (I Cor. 3:16)

Sing: (tune, "We are Climbing Jacob's Ladder") softly.

We are building Holy Temples

" " " " "

Workmen of the Cross.

Every Bit goes Higher, Higher

" " " " "

We are building Holy Temples,  
Workmen of the cross.

(This building may be made on a flannelboard using different colored flannel for each part of the building. Have each piece cut to fit so that the hymn "Bless This House" can be used at the close of the building.)

#### THE 4-LEAF CLOVER SYMBOL OF 4-H

Jr. Leader: As we pause for a quiet moment at the close of day surrounded by the realization of the beauties of nature, let us think of the four leaf clover which is the symbol of this organization of which we are a part. These 4-H members with me represent the four leaf clover with an H on each leaf. The H's stand for Head, Heart, Hands and Health. These are symbols of the teaching of 4-H clubs by which we endeavor to become better citizens of this world of today and builders of the world of tomorrow.

Let us now hear from the H's

HEAD: The Head is the governing body of our lives. It represents knowledge and wisdom. Knowledge is learning facts but wisdom is knowing how to use those facts wisely and scientifically. A clean mind trained to function and directed by proper impulses of the heart is an essential to success and right living.

HEART: The Heart is the citadel of the soul. "As a man thinketh in His Heart so is he." All our ideals and dreams come from the heart. The Heart is the spring from which flows the motive power of life. If the course is impure then life will also be impure. "Create in me a clean Heart, O God, and renew a right spirit within me."

HANDS: The Hands represent our service to others. The Hands can do no evil for themselves--they are merely the tools of the brain and heart. Let the Hands, therefore, become the symbol of expression of our ideals and dreams and the creative power guided by an alert mind and a clean Heart.

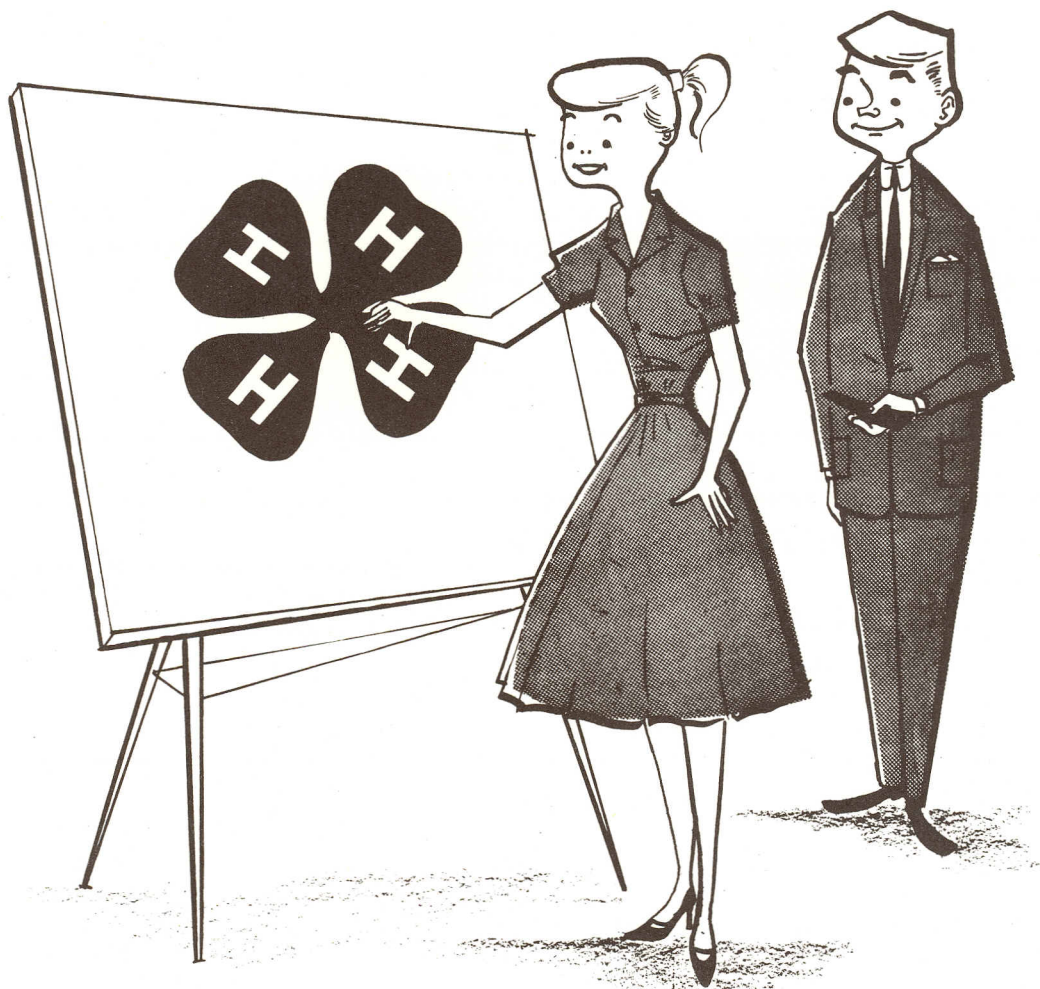
HEALTH: Good Health is an essential factor. It consists not only of a body free from disease and infirmities but of a clean mind and pure heart. Sick minds and sick hearts produce sick bodies. Health is a symbol of a well personality.

STEM: The beauty of the leaf cannot develop and would be incomplete without the life giving force of nature. God gives the life and Jesus is the stem through which flows the power of life. We must abide in Him as He abides in us.

Jr. Leader: No other group of boys and girls are in a position to know God first hand as you who work with Him so close to nature. Wake up and know Him and let Him direct your ways. If it is good luck to find a four leaf clover, then it is far better luck to know and live each H on this leaf.

#### 4-H Pledge in unison

Note: Each of the four H's mount a green leaf on the white background board as they speak. The stem of green is added last to complete the clover.





PLEASE REPORT

REPORT ON RURAL LIFE SUNDAY OBSERVANCE

Please send a report on your Rural Life Sunday Service to the county Extension office at once, giving the information listed below. Attach a copy of the printed program (or hand written program). If possible, take appropriate pictures of the service, or participating group and include with this report.

Name of Club \_\_\_\_\_ County \_\_\_\_\_

Local Leader \_\_\_\_\_

State briefly how your club observed Rural Life Sunday \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Did you cooperate with other clubs? \_\_\_\_\_

If so, which clubs? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Where was service held? \_\_\_\_\_

Date \_\_\_\_\_

Church or churches participating \_\_\_\_\_

\_\_\_\_\_

Name and address of pastor or speaker \_\_\_\_\_

\_\_\_\_\_

Approximate number present \_\_\_\_\_

Other remarks \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signed \_\_\_\_\_

County office please forward all reports to State 4-H office.